

## Required Florida High School Athletic Association Courses

As part of the state requirement all student athletes must complete three courses. Below is a list of courses along with steps on how to find, complete and turn in your courses.

Course 1: Concussion for Students

Course 2: Heat Illness Prevention

Course 3: Sudden Cardiac Arrest

### How to Order a Course:

- Go to [www.nfhslearn.com/courses](http://www.nfhslearn.com/courses)
- **Sign In** to your account. (use the username and password you created when you registered. Course must be completed in the athlete's name.)

Or **register** for a class if you have not

- Click **Courses** at the top of the page
- **Search** for the course by name in the search bar
- Click **View Course**
- Click **Order Course** (All courses are free)
- Answer all following questions

### How to Begin a Course:

- Go to [www.nfhslearn.com](http://www.nfhslearn.com)
- **Sign in** to your account
- From your **Dashboard** click **My Courses**
- Click **Begin Course**

When you are done taking your courses you will receive a Certificate of Completion for each course. Please print or download and send a copy of the completion certificate as an attachment to [asamson@hernandochristian.org](mailto:asamson@hernandochristian.org).