

KIDS YOGA

AT BONNY SLOPE ELEMENTARY



REGISTER ONLINE:
WWW.YOGAPLAYGROUNDS.COM

yoga 
playgrounds

Packed with playfulness, positivity and fun, these classes give kids the tools they need to manage their behaviors to lead happier, healthier and more peaceful lives.

Bonny Slope Elementary

Grades K-3

March 30 - May 18

Mondays 3:05-4:00

\$111

- Improve focus and concentration
- Increase confidence and self esteem
- Learn self calming techniques
- Have fun!



Register online: www.yogaplaygrounds.com
hello@yogaplaygrounds.com / 541-778-4541