

## Summer Camp Waiver Form

### WARNING, AGREEMENT TO OBEY INSTRUCTIONS, REPORT INJURIES, AND PARENTAL PERMISSION

I, the parent/guardian of

\_\_\_\_\_  
Student's Name

understand the dangers and risks involved in the Thornton Academy Football Camp including the risk of serious injury. I understand and acknowledge that neither Thornton Academy, the Thornton Academy Football Camp, nor anyone associated with this camp will assume responsibility for accidents and medical and dental expenses incurred as a result of participation in the camp. I attest that I have carefully explained to my child 1) the importance of obeying the coaches' instructions regarding playing and training techniques, team rules, etc., 2) the dangers of not obeying, and 3) the importance of reporting and injuries to the coaches and training staff immediately. Recognizing the dangers and risks, I give permission for my child to participate in the Thornton Academy Football Camp, including, but not limited to, participating in that sport.

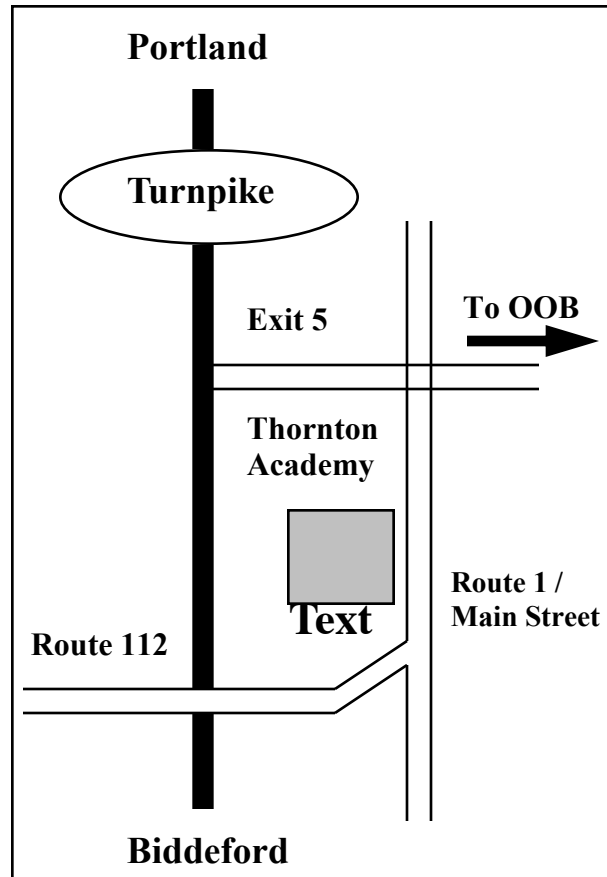
\_\_\_\_\_  
Signature of parent/guardian

\_\_\_\_\_  
Date

My parent/guardian has explained to me the importance of following the coaches' instructions and reporting and injuries. I promise to obey the coaches' instructions and to report any injuries. I realize that if I do not keep this promise, I will have to leave camp.

\_\_\_\_\_  
Signature of student

\_\_\_\_\_  
Date



### Location

**The camp will be held on the campus of Thornton Academy.** Thornton Academy is located on Main Street (Route 1) in Saco. Its accessibility from the Maine Turnpike or from Route 1 will make it convenient for all participants.

### Facilities

The camp is held at Thornton Academy's Paul S. Hill Stadium. The stadium recently went through a 2.2 million dollar renovation and is one of the finest football facilities in the state of Maine.

## 2020 Thornton Academy Football Camp

Featuring Limited Contact  
For Students  
Entering Grades 9 to 12



### June 15th - 19th

**Monday - Thursday: 8:00-11:00 am**

**Friday: 8:00-10:00 am**

**Thornton Academy Campus**

## Philosophy

The Thornton Academy Football Camp has two primary goals. The first goal is to provide a fitness and injury pre-screening test for all our incoming players. This will help access the physical fitness of each individual and discover any areas of weakness that could lead to an injury. Each player will be individually accessed and be given information for the summer conditioning program. The second goal is to expose all participants to fundamental skills, techniques, and terminology used in the Thornton Academy Football Program. The Staff is committed to proper attitude and discipline and will stress this with positive reinforcement. The atmosphere will be an integral part of the improvement and development of all participants. The week will conclude with participation in a controlled scrimmage based upon grade and skill level.

## Equipment

All participants must bring a helmet, shoulder pads, hip, thigh and knee pads. These will be provided by Thornton Academy. Each player should bring shorts for Monday through Thursday practices. A mouthpiece and cleats are required. Contact Coach Kezal with any questions at 602-4420.

## Registration

Participants should sent a \$50 check along with the application form by June 12th. Scholarships are available.

## Camp Instructors

The coaches working the Thornton Academy Football Camp are all coaches with experience in dealing with athletes of all ages. They have proven their effectiveness in developing outstanding individual performers and winning attitudes.

# 2018 CLASS A STATE CHAMPIONS

## Instruction Schedule

8:00-8:30	Upperclassmen Meetings
8:30-8:40	Upperclassmen Special Teams -PAT, FG, Short Snappers -Punt, Returners, Long Snappers
8:40-8:50	Flexibility (Grades 9-12)
8:50-9:30	Defensive Skill Period - Individual Work - Group Work
9:30-9:35	Break
9:35-10:05	Offensive Skill Period - Individual Work - Group Work
10:05-10:25	Group Offense & Defense
10:25-10:50	Team Offense & Defense
10:50-11:00	Wrap Up / Announcements

## Camp Director

Kevin Kezal

Thornton Academy Head Coach

## Camp Athletic Trainer

Tony Giordano, L-ATC

## Camp Staff

Craig Agreste - Thornton Academy Varsity  
Doug Cropper - Thornton Academy Varsity  
Brian Morrison - Thornton Academy Varsity  
Josh Pulsifer - Thornton Academy Varsity  
Steve Stinson - Thornton Academy Varsity  
Nick Tabor - Thornton Academy Varsity  
Jack Morrison - Thornton Academy Freshman  
Greg Paradis - Thornton Academy Freshman  
Kirk Agreste - Thornton Academy Freshman  
Marc Gagne - Thornton Academy Freshman  
Leon Hadiaris - Thornton Academy Freshman

\*Former TA Players will also assist the camp\*

## Thornton Academy Football Camp Application Form

Participants should supply the following information and sign, along with their parent or guardian, the waiver on the opposite side. All information and signatures must be provided for registration to be accepted. A check for \$50 made payable to **Thornton Academy** must accompany this form. Return or mail the application form and check to:

Kevin Kezal—T.A. Football Camp  
Thornton Academy  
438 Main Street, Saco, ME 04072

Please be sure to provide both an offensive and defensive position for purpose of grouping and to insure proper instruction.

Name \_\_\_\_\_  
Parent/Guardian \_\_\_\_\_  
Street \_\_\_\_\_  
City/State/Zip \_\_\_\_\_  
Home Phone \_\_\_\_\_  
Emergency Phone \_\_\_\_\_  
School \_\_\_\_\_  
Grade Next Fall \_\_\_\_\_  
Positions:   Offense \_\_\_\_\_  
                  Defense \_\_\_\_\_  
Height \_\_\_\_\_ Weight \_\_\_\_\_  
Birthdate \_\_\_\_\_  
Date last tetanus booster \_\_\_\_\_  
\*Medical insurance group number \_\_\_\_\_

Allergies, Recent Injuries \_\_\_\_\_

Other Medical Information \_\_\_\_\_

T Shirt Size: S M L XL XXL XXXL