



# Health Guidelines

## If your child is sick, please follow these guidelines for when to keep your child home:

- A temperature of 100 degrees or above
- Students must be fever-free without fever-reducing medication (such as Tylenol or Motrin) for at least 24 hours before returning to school
- Vomiting and/or diarrhea. Student may return to school 24 hours after last episode
- Uncontrollable cough or wheezing or shortness of breath
- Suspected communicable disease (i.e. chicken pox)
- Suspected infections
- A rash of unknown origin – student may return to school when written authorization is received from the health care provider
- Students must stay home for the first 24 hours on antibiotic therapy

## Centers for Disease Control and Prevention and OCHCA Guidance



Travelers who are sick should stay home and call health care providers.



Stay home when you are sick.



Avoid close contact.



Cover your mouth and nose.



Clean your hands.



Practice other good health habits.