



## Dear Parents,

The goal of our Meadows After-school ProgramS (MAPS) is to meet the needs of our families and provide as many quality opportunities as possible. From Division I athletes working with our basketball players, to current working actors leading our drama programs, the expertise of our staff is unmatched. So in an effort to continue to grow and expand our program, I am excited to announce several changes to our after-school programs for the 2019-2020 school year:

- We are transitioning to trimester offerings as a means to include more athletic opportunities this year. The dates of each trimester will be:
  - Fall August 19 to November 15
  - Winter November 18 to February 21
  - Spring February 24 to May 22
- Enrichment classes and athletics will begin after Lower School dismissal, unless otherwise noted.
- Registration for all activities will be at themeadowsschool.org/maps. Families who were with us last year simply
  need to "claim" their account in which your household information has already been imported. New families
  will need to create an account.
- Early Drop-Off, starting at 7:00 a.m. for Lower School and 7:35 a.m. for Beginning School, will be offered daily. Students may be signed up in advance for the entire trimester or for daily drop-in.
- Extended Day, with a 4:30 p.m. pick-up, will be offered daily for both Lower School and Beginning School. Students may be signed up in advance for the entire trimester or for daily drop-in.
- Late Pick-Up, until 6:00 p.m., will be offered for Lower School. Students may be signed up in advance for the entire trimester or for daily drop-in.

Spring 2020 MAPS Registration will open Saturday, February 1, and close Monday, February 17, at themeadowsschool.org/maps.

Drop-In options for Early Drop-Off and Late Pick-Up will always be available to access online.

We look forward to having your child join us this trimester in our Meadows After-school ProgramS!

Courtney Friedman Meadows After-school Programs Administrator



Register online at themeadowsschool.org/maps

# **MAPS Course Descriptions**

### **EVERY DAY**

Early Drop-Off - 7:00 a.m.

Grades: K-5 Instructor: Faculty Tuition: \$100

Location: Lower School

Drop-off: Between 7:00 and 7:20 a.m. at Lower School

Students arriving at school early will receive a snack and have the opportunity to engage with educational games and activities.

## Extended Day

Grades: K-5

Instructor: Lower School Faculty

Tuition: \$150

Location: Lower School Common

Pick-up: By 4:30 p.m. in the Lower School

After dismissal, students will have a short time to play, eat a snack, and then work on completing his/her homework for the evening. If time allows, your child will work on an activity that involves problem solving and critical thinking.

### Late Pick-Up

Grades: K-5

Instructor: Lower School Faculty

Tuition: \$115

Location: Lower School

Pick-up: By 6:00 p.m. at Lower School - call 702-283-0683

Students coming from MAPS or Extended Day will have a short time to play and eat a snack. Students will then have time to finish homework and the opportunity to participate in educational and problem solving activities that promote critical thinking until they are picked up.

Early Drop-Off - 7:35 a.m.

Grade: PreK Instructor: Faculty Tuition: \$100

Location: Lower School

Drop-off: Between 7:35 and 7:55 a.m. at Lower School

Students arriving at school early will receive a snack and enjoy discovery learning centers until they are walked to Beginning School at 8:00 a.m.

#### Extended Day

Grade: PreK

Instructor: Lower/Beginning School Faculty

Tuition: \$150

Location: Lower School Library

Pick-up: By 4:30 p.m. in the Lower School

After dismissal, students will have a snack, and then participate in discovery learning centers.

## **MONDAYS**

Beginning Band

TMS Instructor: Ms. Jenny Tolen

Location: Peccole CFA

Grades: 3 - 5
Tuition: \$225

Pick-up: 4:30 p.m.

This course is for 3rd, 4th, and 5th grade students who would like to learn to play a woodwind (clarinet, flute, oboe, bassoon, or saxophone), brass (trombone, tuba, baritone, French horn, or trumpet), or mallet percussion (marimba or xylophone) instrument. Students will need to supply their own instruments.

Coding

TMS Instructor: Mr. Brad Slominski

Location: Middle School

Grades: 3 - 5
Tuition: \$225

Pick-up: 4:30 p.m.

Students will learn computer programming skills and dive into the language of technology. This class is perfect for students who are interested in more than block coding and want to start creating their own projects by mastering formal coding skills.

French Language & Culture - Français

TMS Instructor: Mrs. Ginnae Stamanis

Location: TBD

Grades: 1 - 5

Tuition: \$225

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Pick-up: 4:30 p.m.

This class is not only an introduction but it will provide a deeper knowledge of French language and culture. The necessities of French pronunciation, grammar, and culture are presented through a balanced development of all four skills: listening, speaking, reading, and writing. The importance of communication and cultural awareness is stressed through a wide variety of activities (video, music, food tasting, games, projects, etc.). This course is designed for students with some or no knowledge of French language or culture.

Soccer - Recreational League (co-ed)

Instructors: Mr. Adam Siqueiros & Ms. Jenna Soule

Location: Varies

Grades: PreK - 1 (Ages 3 - 6)

Tuition: \$225

Pick-up: 4:30 p.m.

Students will be provided an opportunity to play organized soccer at the recreational level for players ages 3–6 years old. We offer challenging programs that place the focus on the development of the whole player within a team environment. We are dedicated to helping players reach their full potential while fostering a love of the game.

Students will be divided into teams based on age, and registered through the City of Las Vegas Recreational League. Commitment to this Monday class includes a commitment to games on Saturdays (dates to be provided). The Meadows School will facilitate the league registration and no additional fees will be charged to parents.

Suzuki Violin - Beginner Group Class

TMS Instructor: Ms. Denitza Larsen

Location: Peccole CFA Orchestra Room

Grades: PreK - 2 (PreK students must be at least 4 years old)

Tuition: \$225

Pick-up: 4:30 p.m. (leave with accompanying adult)

This exciting course is designed to give students the opportunity to begin their musical journey on the violin in a fun and supportive group setting. The Suzuki Strings program is one of the fastest growing music programs at The Meadows School. An adult must be in attendance for all lessons. Students must supply their own violin and the necessary accompanying equipment and will be contacted after enrollment is received.

Tennis - Beginner Skills Clinic (Red Ball)

Instructor: Meadows Varsity Tennis Coaching Staff
Location: TMS Lincy Tennis Complex

Grades: K - 2
Tuition: \$225
Pick-up: 4:30 p.m.

This course is also offered Wednesday. Students may register for one or two days.

This course is for students having varying levels of experience or no formal experience at all. This course will concentrate on giving students a set of basic tennis skills while having fun! Ideas about sportsmanship and effort will be emphasized. Students will be divided into small groups for instruction. Students wear school uniforms with tennis shoes and should bring their own tennis rackets for this class.

Track & Field Grades: 3 - 5

Instructor: TMS Coaching Staff

Tuition: \$225 (Includes both Monday & Thursday sessions)

Location: Varies Pick-up: 4:30 p.m.

Students will be provided an opportunity to participate in Track & Field events including individual races, long jump, and shot put. We are offering conditioning and skills based sessions to develop endurance. We are dedicated to helping competitors grow individually while supporting their peers.

Students will participate in the NCSAA league alongside our middle school athletes. By registering for this program, there is a commitment to attending practices on both Mondays and Thursdays including five meets (on Mondays). The Meadows School will facilitate the league registration and no additional fees will be charged to parents.

## **TUESDAYS**

Art - Primary Grades

Grades: K - 2 TMS Instructor: Ms. Rachel Martin Tuition: \$225 Location: Peccole CFA Pick-up: 4:30 p.m.

This course is project based. Students will explore a variety of art media including watercolor, oil pastel, chalk pastel, acrylic painting, ceramics, and sculpture while learning about artists and various art techniques. No previous art instruction is necessary.

Chinese Language & Culture - Beginner

Tuition: \$225 Instructor: Ms. Maggie Chen Location: Lower School Pick-up: 4:30 p.m.

This beginning level course is designed to introduce students to the Chinese language and culture. Students will learn and practice basic Chinese language skills while enjoying a rich cultural experience. Instruction will include writing, listening, speaking, singing, and projects.

Grades: K - 5

Drama - Intermediate Grades TMS Instructor: Mr. Tim Burris Location: Peccole CFA

Grades: 3 - 5 Tuition: \$225 Pick-up: 4:30 p.m.

Students will explore movement, improvisation, proper vocal production, and stretch their creativity. They will be exposed to literature appropriate for performance. They will tour our theatre facility and learn about the importance of lighting, sound, set construction, make-up, and costuming.

First LEGO League Jr. Grades: 2 - 4 TMS Instructor: Ms. Mary Pap Tuition: \$225 Location: Lower School Pick-up: 4:30 p.m.

Students will research a topic, develop a solution, and also use basic engineering concepts to build a model made of LEGO elements. Then students will use computer software to program the models to perform various tasks. They will present the information they learned to their peers. We encourage teamwork skills and will work to build selfconfidence. This course is great for students interested in STEM and will be a lead in to First Lego League which is available to 4th-6th grade students.

Soccer - Recreational League (co-ed)

Grades: 1 - 5 (Ages 7 - 11) Instructors: Mr. Adam Siqueiros & Ms. Jenna Soule Tuition: \$225

Location: Varies Pick-up: 4:30 p.m.

Students will be provided an opportunity to play organized soccer at the recreational level for players ages 7-11 years old. We offer challenging programs that place the focus on the development of the whole player within a team environment. We are dedicated to helping players reach their full potential while fostering a love of the game.

Students will be divided into teams based on age, and registered through the City of Las Vegas Recreational League. Commitment to this Monday class includes a commitment to games on Saturdays (dates to be provided). The Meadows School will facilitate the league registration and no additional fees will be charged to parents.

Grades: 1 - 5 Tennis - Intermediate Skills Clinic (Orange Ball) Instructor: Meadows Varsity Tennis Coaching Staff Tuition: \$225 Pick-up: 4:30 p.m. Location: TMS Lincy Tennis Complex This course is also offered Thursday. Students may register for one or two days.

This course is for students having varying levels of experience. This course will concentrate on giving students a set of basic tennis skills while having fun! Ideas about sportsmanship and effort will be emphasized. Students will be divided into small groups for instruction. Students wear school uniforms with tennis shoes and should bring their own tennis rackets for this class.

Grades: 1 - 5 (Ages 7 - 11) (Girls Only)

Volleyball - Recreational League

TMS Instructor: Ms. Stephanie Heller Tuition: \$275 (Includes both Tuesday & Friday sessions) Location: Richardson-Beckley Gymnasium

Pick-up: 4:30 p.m.

This program will focus on fundamental training and individual skills. We will teach each athlete the fundamentals of passing, serving (overhand and underhand), setting, and hitting. Each player will receive numerous reps with personalized feedback throughout each session on a weekly basis. Overall goals for each player are as follows: gain more skill knowledge, develop consistency in all fundamentals, and compete with enthusiasm and passion for the game. This program will be progressive, so attendance is important.

Students will be divided into teams based on age, and registered through NYS. By registering for this program, there is a commitment to attending practices on both Tuesday and Fridays, as well as games on Saturdays (dates to be provided). The Meadows School will facilitate the league registration and no additional fees will be charged to parents.

### WEDNESDAYS

Art - Primary Grades

Grades: K - 2 TMS Instructor: Ms. Rachel Martin Tuition: \$225 Location: Peccole CFA Pick-up: 4:30 p.m.

This course is project based. Students will explore a variety of art media including watercolor, oil pastel, chalk pastel, acrylic painting, ceramics, and sculpture while learning about artists and various art techniques. No previous art instruction is necessary.

Basketball - Recreational League (co-ed) Grades: 1 - 5 TMS Instructor: Ms. Kalee Whipple Tuition: \$225 Location: Richardson-Beckley Gymnasium Pick-up: 4:30 p.m.

Students will be provided an opportunity to play organized basketball at the recreational level for players ages 7-12 years old. We offer challenging programs that place the focus on the development of the whole player within a team environment. We are dedicated to helping players reach their full potential while fostering a love of the game. Our Meadows coaching staff will work to coach our students to strengthen our cross-campus athletic community.

Students will be divided into teams based on age, and registered through NYS. By registering for this program, there is a commitment to attending practices on Wednesdays, as well as games on Saturdays (dates to be provided). The Meadows School will facilitate the league registration and no additional fees will be charged to parents.

Chess - Intermediate Grades: 1 - 5 Instructor: Mr. Tomer Yitzhaki Tuition: \$225 Location: Lower School Pick-up: 4:30 p.m.

This class is designed for intermediate players, and is centered on thinking patterns and endgame techniques. The main learning objectives are evaluations and tactics training. In addition to demonstration analysis and lecture games, students will continue to work on positional play perception and the ability to reason their moves' choices. Throughout the semester there will be opportunities to participate in scholastic tournaments and optional homework assignments.

Grades: 1 - 5 Chinese Language & Culture - Intermediate Tuition: \$225 Instructor: Ms. Maggie Chen Location: Lower School Pick-up: 4:30 p.m.

Past students or those with basic knowledge of Chinese only.

Not for beginners, this course is designed to introduce students to the Chinese language and culture. Students will learn and practice basic Chinese language skills while enjoying a rich cultural experience. Instruction will include writing, listening, speaking, singing, and projects.

Grades: 1 - 3 Cooking & Crafts TMS Instructor: Ms. Allie Hersh Tuition: \$225 Location: Varies Pick-up: 4:30 p.m.

Students will have the opportunity to tune into their creative sides with hands-on fun, baking, cooking, creating, and crafting. We will work together and individually to create masterpieces of all kinds. Each week we will tackle a new skill that can be used for a lifetime. All ability levels are welcome to spend their afternoons challenging their minds, hearts, and hands.

Guitar - Intermediate
Instructor: Mr. Edward Judd
Location: Peccole CFA

Grades: 1 - 5 Tuition: \$225 Pick-up: 4:30 p.m.

This course is for students with previous guitar experience. Instruction will include everything from the basics of solo playing to performing as an ensemble. In addition to note-reading and techniques, students will learn about self-discipline, practicing habits, teamwork, and the joy of making music together. Popular and traditional music styles will be covered. There will be one performance per semester. Students will need to purchase or rent an appropriate size guitar and bring it to class every Wednesday. The main object of this course is to further develop guitar skills, above all, and have fun playing the instrument!

LEGO ExplorationsGrades: 1-3Instructor: Ms. Mary PapTuition: \$225Location: Lower SchoolPick-up: 4:30 p.m.

Learn about structure and design through LEGOs. Students will be given challenges to create LEGO projects that have specific requirements or must have a particular feature. By working independently as well as collaboratively, students will develop building techniques and strategies that align with engineering skills. Students will become problem solvers and learn about teamwork through the construction and design of LEGO projects.

Musical Theatre (Continuation of Winter Course) Grades: 3 -5
TMS Instructors: Mrs. E'Dawn Severance & Ms. Olivia Sirota Tuition: \$275

Location: Peccole CFA Pick-up: 5:30 p.m. (Note: 2-hour program.)

Learn how to sing, dance, and act on stage! In this weekly two-hour class designed for grades 3-5, students will learn vocal technique, movement and song, and character interpretation while working on Disney's "The Aristocats" KIDS. They will build a working knowledge of musical theatre and gain confidence, self-expression, and a myriad of performance skills. Comfortable shoes and clothing are required! This class is a continuation of the winter trimester course and will culminate in a performance on Wednesday, May 20th. All students that sign up will be cast in a role in the show!

"The Aristocats" show summary: In the heart of Paris, a kind and eccentric millionairess wills her entire estate to Duchess, her high-society cat, and her three little kittens. Laughs and adventure ensue as the greedy, bumbling butler pulls off the ultimate catnap caper. Now it's up to the rough-and-tumble alley cat, Thomas O'Malley, and his band of swingin' jazz cats to save the day. Based on the beloved Disney animated film, and featuring a jazzy, upbeat score, Disney's "The Aristocats" KIDS is a non-stop thrill ride of feline fun, complete with unbelievable twists and turns.

Tennis - Beginning Skills Clinic (Red Ball)

Instructor: Meadows Varsity Tennis Coaching Staff
Location: TMS Lincy Tennis Complex

This course is also offered Monday. Students may register for one or two days.

This course is for students having varying levels of experience or no formal experience at all. This course will concentrate on giving students a set of basic tennis skills while having fun! Ideas about sportsmanship and effort will be emphasized. Students will be divided into small groups for instruction. Students wear school uniforms with tennis shoes and should bring their own tennis rackets for this class.

#### **THURSDAYS**

Art - Intermediate Grades

Grades: 3 - 5 Instructor: Ms. Casey Sage Tuition: \$225 Location: Lower School Pick-up: 4:30 p.m.

Students will learn how to draw from nature and their imaginations, paint in acrylic and watercolor, create a collage, use pastel chalk, and use oil pastels. Students will also learn about weaving and sewing, hand-building using clay, fashion designing, wood sculpturing, mask-making, found material projects, and will be able to experiment with different and unusual building materials like duct tape, balloons, or candy. The class focus is on having fun and moving at each student's pace, but it also designed to build a repertoire of art skills for those students who wish to continue with Studio Art in the Middle School program.

Grades: 1 - 5 Chess - Beginner Instructor: Mr. Tomer Yitzhaki Tuition: \$225 Location: Lower School Pick-up: 4:30 p.m.

This class is designed for beginner players or those with little play experience. The main learning objective is to introduce the game rules along with basic strategy. In addition to learning how the pieces move and their value on the board, students will develop an opening repertoire according to their preferred style of play. Throughout the semester there will be opportunities to participate in scholastic tournaments and optional homework assignments.

Drama - Primary Grades Grades: K - 2 TMS Instructor: Mr. Tim Burris Tuition: \$225 Location: Peccole CFA Pick-up: 4:30 p.m.

Students will explore movement, improvisation, proper vocal production, and stretch their creativity. They will be exposed to literature appropriate for performance.

Grades: K - 5 Suzuki Violin - Books 2-3 TMS Instructor: Ms. Denitza Larsen Tuition: \$225 Location: Peccole CFA Pick-up: 4:30 p.m. Instructor approval required.

This class is for students who are able to play Suzuki Violin Book 1 repertoire. The course will cover materials in Suzuki Book 1, 2, & 3.

Tennis - Intermediate Skills Clinic (Orange Ball) Grades: 1-5 Instructor: Meadows Varsity Tennis Coaching Staff Tuition: \$225 Location: TMS Lincy Tennis Complex Pick-up: 4:30 p.m. This course is also offered Tuesday. Students may register for one or two days.

This course is for students having varying levels of experience. This course will concentrate on giving students a set of basic tennis skills while having fun! Ideas about sportsmanship and effort will be emphasized. Students will be divided into small groups for instruction. Students wear school uniforms with tennis shoes and should bring their own tennis rackets for this class.

Track & Field

Instructor: TMS Coaching Staff

Location: Varies

Grades: 3 - 5

Tuition: \$225 (Includes both Monday & Thursday sessions)

Pick-up: 4:30 p.m.

Students will be provided an opportunity to participate in Track & Field events including individual races, long jump, and shot put. We are offering conditioning and skills based sessions to develop endurance. We are dedicated to helping competitors grow individually while supporting their peers.

Students will participate in the NCSAA league alongside our middle school athletes. By registering for this program, there is a commitment to attending practices on both Mondays and Thursdays including five meets (on Mondays). The Meadows School will facilitate the league registration and no additional fees will be charged to parents.

## **FRIDAYS**

Friday Fun & Games

TMS Instructor: Mrs. Mary Beth Cleland

Location: Lower School

Grades: K - 5 Tuition: \$225

Pick-up: 4:30 p.m.

It's FUN and GAMES time! Come learn new fun games and play some of your old favorites. Sportsmanship, teamwork, and game-based skills will be emphasized in this class. Please bring a pair of sneakers to change into from your dress shoes.

Guitar - Beginner

Instructor: Mr. Edward Judd Location: Peccole CFA

Grades: 1 - 5 Tuition: \$225

Pick-up: 4:30 p.m.

This course is designed for students with little to no guitar experience. Instruction will include everything from the basics of playing to performance in an ensemble. In addition to note-reading and technique, students will learn about self-discipline, practicing habits, teamwork, and the joy of making music together. Popular and traditional music styles will be covered. There will be one performance per semester. Students will need to purchase or rent an appropriate size guitar and bring it to class every Wednesday. The main object of this course is to build basic guitar skills and, above all, and have fun with music!

Tennis - Beginner Skills Clinic

Instructor: Meadows Varsity Tennis Coaching Staff

Location: TMS Lincy Tennis Complex

Grades: PreK

Tuition: \$225 Pick-up: 4:30 p.m.

This course is for students having varying levels of experience or no formal experience at all. This course will concentrate on giving students a set of basic tennis skills while having fun! Ideas about sportsmanship and effort will be emphasized. Students will be divided into small groups for instruction. Students wear school uniforms with tennis shoes and should bring their own tennis rackets for this class.

Volleyball - Recreational League

TMS Instructor: Ms. Stephanie Heller

Location: Richardson-Beckley Gymnasium

Grades: 1 - 5 (Ages 7 - 11) (Girls Only)

Tuition: \$275 (Includes both Tuesday & Friday sessions)

Pick-up: 4:30 p.m.

This program will focus on fundamental training and individual skills. We will teach each athlete the fundamentals of passing, serving (overhand and underhand), setting, and hitting. Each player will receive numerous reps with personalized feedback throughout each session on a weekly basis. Overall goals for each player are as follows: gain more skill knowledge, develop consistency in all fundamentals, and compete with enthusiasm and passion for the game. This program will be progressive, so attendance is important.

Students will be divided into teams based on age, and registered through NYS. By registering for this program, there is a commitment to attending practices on both Tuesday and Fridays, as well as games on Saturdays (dates to be provided). The Meadows School will facilitate the league registration and no additional fees will be charged to parents.

# **MAPS Faculty Contact Information**

MAPS Administrator

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Early Drop-Off, Extended Day, and Late Pick-Up

702-283-0683

Art - Primary

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Art - Intermediate

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**LEGO** 

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Musical Theatre

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