


SD HAVERFORD TOWNSHIP- Elementary Menu

February 2020

		Choice of Milk with Lunch: Skim White, 1% White, 1% Chocolate or Strawberry, Lactose Free or Soy Milk		Eliminate lost or forgotten money? Pre-pay using School Café or pay by check.					
Monday Featured Fruit of the Month!! Grapefruit Powerhouse for Vitamin C & Low in calories Citrus fruit related to the orange Pink & red are sweetest Discovered in Barbados in 18th Century		Tuesday Daily Lunch Offerings PB&J Grab & Go Brunch Lunch Hummus Platter		Wednesday Will the Groundhog see his shadow on February 2?? 		Thursday Lunch Meal Prices Elementary Lunch \$2.75 Reduced Lunch \$.40		Friday LUNCH - Select 1 Entrée Choose 1 or 2 Veggies and/or 1 or 2 Fruits, Select Favorite Milk Your lunch must have 3 food components, 1 must be a 1/2 cup of vegetable or fruit.	
February 3 Lunch Select 1 Entrée Chicken Tenders w/ Roll Pizza <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> Oven Baked Emoji Fries Steamy Green Beans Apples, Banana, Orange, Applesauce		February 4 Lunch Select 1 Entrée MAX Cheese Sticks w/ Marinara Hot Dog on Roll <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> Tater Tots BBQ Baked Beans Apples, Banana, Orange, Peaches		February 5 Lunch Select 1 Entrée Chicken Nuggets w/ Bread Stick Turkey Hoagie <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> Steamy Broccoli Red Pepper Strips w/ Dip Apples, Banana, Grapefruit Slices		February 6 Lunch Select 1 Entrée Popcorn Chicken Bowl w/ Roll Ham and Cheese on Roll <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> Steamy Golden Corn Fluffy Whipped Potatoes Apples, Banana, Orange, Juice Rush		February 7 Lunch Select 1 Entrée Hamburger on a Roll Grilled Cheese Sandwich <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> Tater Tots & Tomato Soup Baby Carrots w/ Ranch Dip Apples, Banana, Orange, Pears	
February 10 Lunch Select 1 Entrée Mega Minis Chicken Nuggets w/ Roll Pizza <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> Side Salad w/ Dressing Golden Waffle Fries Apples, Banana, Orange, Applesauce		February 11 Lunch Select 1 Entrée Taco w/ Beef & Cheese Hot Dog on Roll <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> Steamy Corn Zesty Fiesta Beans Apples, Banana, Orange, Peaches		February 12 Lunch Select 1 Entrée Meatball Sub w/ Marinara & Cheese Turkey Hoagie <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> French Fries & Green Beans Fudge or Orangesicle Treat Apples, Banana, Grapefruit Slices		February 13 Lunch Select 1 Entrée French Toast Sticks w/ Sausage Ham and Cheese on Roll <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> Crunchy Baby Carrots Steamy Broccoli Apples, Banana, Orange, Mixed Fruit		February 14 Early Dismissal No Lunch Served 	
February 17 School Closed 		February 18 Lunch Select 1 Entrée Macaroni & Cheese w/ Bread Stick Hot Dog on Roll <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> Zesty Baked Beans Crunchy Fresh Veggies w/ Dij Apples, Banana, Orange, Peaches		February 19 Lunch Select 1 Entrée Sloppy Joe on Mini Kaiser Roll Turkey Hoagie <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> Steamy Mixed Veggies & Baby Carrots/Dip Oven Baked Fries Apples, Banana, Grapefruit Slices		February 20 Lunch Select 1 Entrée Pasta w/ Meatballs & Bread Stick Ham and Cheese on Roll <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> Green Beans, Side Salad Mini Ice Cream Sandwich Apples, Banana, Orange, Mixed Fruit		February 21 Lunch Select 1 Entrée Chicken Patty Sandwich Grilled Cheese Sandwich <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> Creamy Tomato Soup Steamy Broccoli Apples, Banana, Orange, Pears	
February 24 Lunch Select 1 Entrée Chicken Patty Sandwich Pizza <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> Oven Baked French Fries BBQ Baked Beans Apples, Banana, Orange, Applesauce		February 25 Lunch Select 1 Entrée French Toast Sticks w/ Sausage Hot Dog on Roll <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> Fluffy Whipped Potatoes Steamy Corn Apples, Banana, Orange, Peaches		February 26 Lunch Select 1 Entrée Nachos w/ Beef & Cheese Turkey Hoagie <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> Steamy Green Beans Side Salad Apples, Banana, Grapefruit Slices		February 27 Lunch Select 1 Entrée Buffalo Chicken Flatbread Ham and Cheese on Roll <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> Fresh Broccoli & Baby Carrots w/ Dip Craisins and Apple Wedges Apples, Banana, Orange, Mixed Fruit		February 28 Lunch Select 1 Entrée Popcorn Chicken Bowl Grilled Cheese Sandwich <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> Oven Baked Waffle Fries Tomato Soup & Celery & Dip Apples, Banana, Orange, Pears	

We are an equal opportunity provider and employer. Menu subject to change without notice!