# 2023-24 HIGH SCHOOL COURSE REGISTRATION MANUAL



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#### **INTRODUCTION:**

This registration manual is designed for use by students, parents, and teachers. It contains information about course offerings, graduation requirements, and registration procedures. It has been prepared by the Senior High staff with the following purposes in mind:

- 1. To give students an organized summary of courses offered at Albany Area High School,
- 2. To assist them in the very important process of registration and,
- 3. To familiarize parents with the classes their students have available to them.

This catalog will help students build a program that is consistent with their goals, interests, and abilities. It should be read carefully, and then counselors, teachers and parents should be consulted before any final decisions are made. Students must know the graduation requirements of the school and understand the general requirements of post-secondary institutions they may be attending.

Students will be pre-registering in January/February for the upcoming school year. They should be fairly certain of what electives they want to take because the master schedule will be built based on the preregistration requests. Classes will not be offered if a sufficient number of students have not registered for it. Changes will only be made after all students have registered and as determined necessary by the principal or counselors.

We sincerely hope parents will take the time to become involved in this registration process. We welcome the opportunity to answer any questions about subjects offered or about the registration process. Please feel free to call the offices of the individuals listed below with any questions.

Eric Bubna, High School Principal 845-2171 x5043 Jessica Savolainen, High School Counselor 845-2171 x5039 Katie Rusch, High/Middle School Counselor 845-2171 x5047

#### **GENERAL REGISTRATION INFORMATION**

Please read carefully the requirements of the particular grade level you will be entering in the upcoming year. The school board has authorized all of the elective courses listed in this booklet to be "offered." This means that a sufficient number of students must register for the class before it will be actually taught. If a course you select is not taught because of insufficient numbers, your alternate selections will be substituted.

#### **DISTANCE LEARNING THROUGH CMETs**

Eight schools: Albany, Melrose, Sauk Centre, Osakis, Alexandria, Minnewaska, Brandon-Evansville, and Parkers Prairie have entered into an agreement to work together to provide students with flexible learning opportunities.

Distance Learning allows Albany HS to offer classes which traditionally only have a few students in them by combining them with students from other schools. Class sizes fluctuate and are limited based on the availability of seats from the host school.

Distance Learning allows us to expand our curriculum in a fiscally reasonable manner, but it may not be the best option for every student. Students and parents are encouraged to look closely at the classes offered on the system. They must also determine if this method of delivery will suit them and allow them to succeed in the class.

Students who register for a Distance Learning class must be certain that they want the class, because we will be billed for all slots requested. A student who drops after the April 1st deadline will be billed for the cost of the class.

Please see a counselor for courses offered through CMETs.

#### **INFINITY ONLINE**

Infinity Online is a collaborative effort of 27 districts including Albany. Member districts are involved in determining course offerings, providing future direction for the program, work closely with Infinity staff to support students, and receive discounted tuition for all student enrollments. It is strongly recommended that students wishing to take an online course understand the challenges and expectations, and therefore we request parents and students meet with a counselor to determine if this is a good option. Once a student enrolls in an online course they must complete it or receive a failing grade. (Students may not drop the course once it has begun.) We strongly recommend students take only one course when first attempting an online course.

Please see a counselor for available courses and registration information.

#### POST-SECONDARY ENROLLMENT OPTION (PSEO)

Post-secondary Enrollment Options (PSEO) is a program that allows 10th-, 11th- and 12th-grade students to earn both high school and college credit while still in high school, through enrollment in and successful completion of college-level, nonsectarian courses at eligible participating postsecondary institutions. Most PSEO courses are offered on the campus of the postsecondary institution; some courses are offered online. Each participating college or university sets its own requirements for enrollment into the PSEO courses. 11th and 12th-grade students may take PSEO courses on a full- or part-time basis; 10th graders may take one career/technical PSEO courses. If they earn at least a grade C in that class, they may take additional PSEO courses.

There is no charge to PSEO students for tuition, books or fees for items that are required to participate in a course. Students must meet the PSEO residency and eligibility requirements and abide by participation limits specified in Minnesota Statutes, section 124D.09. Funds are available to help pay transportation expenses for qualifying students to participate in PSEO courses on college campuses. Students must notify the school no later than May 30 if they want to participate in PSEO for the following school year. For current information about the PSEO program, visit the Minnesota Department of Education's <u>Postsecondary Enrollment Options</u> (PSEO) webpage.

#### **COLLEGE ENTRANCE REQUIREMENTS**

The requirements for entrance to college may be more demanding than the Albany Area Senior High School requirements for graduation, depending upon the college and the course of study which the student expects to follow. Areas of concern often include:

- Language Arts Even though AHS requires four credits in English, students need strong grammar, vocabulary and writing skills to be successful in college. Therefore, students with even a remote possibility of attending college are urged to consider taking rigorous English courses to be prepared.
- World Language World Language is recommended for all students planning to attend a four year college since many colleges and universities require or strongly encourage one to two years of a foreign language for admission. If a college does not require it for admission, they may require credits in world language for completion of some degree programs.
- Mathematics Algebra, Geometry, Algebra II, and Algebra III are considered minimum general college preparation. For students attending a four year college, it is recommended that you take math all four years of high school. Pre- Calculus (or College Algebra) is strongly encouraged.
- Science Students are urged to check carefully with the catalog of the colleges they may be interested in attending so their high school program may be planned to include subjects which the colleges require for admission or in order to pursue desired major or minor degrees.

#### **GRADUATION REQUIREMENTS**

Students at Albany Area High School are required to have 30 credits in order to graduate plus successful completion of the College and Career Readiness Program. Students have the opportunity to pick up 32 credits in their four years of high school. Credits are accumulated in grades 9-12 and included in those credits must be:

- Four credits of English
- Four credits of Social Studies
  - American History for 2 credits
  - World Studies
  - Government
  - Economic
- Three credits of Mathematics including Algebra II
- Three credits of Science including 9th grade Physical Science, Chemistry, and Biology
- One credit of Physical Education, (PE 9 and an elective PE)
- One credit of Fine Arts,
- One-half credit in each of the following:
  - Health
  - Speech and Media Literacy
  - $\circ$   $\:$  Intro to Tech 9 or Intro to Family and Consumer Science 9  $\:$
  - 9th grade Career Exploration
- Twelve elective credits

In addition to the required and elective credits, students must meet requirements prescribed by the Minnesota Department of Education.

As part of the graduation requirements students must document participation through a portfolio in the school's College and Career Readiness Program. All necessary requirements are provided during the school day for students including service learning opportunities. Students will present their portfolios to their adviser or counselor in their senior year prior to graduation. A portfolio template is provided for the students for their use.

#### SUBJECT LOAD

All students will be required to take four classes each quarter. Each quarter class is worth a 1/2 credit.

#### DROP/ADD POLICY

The purpose of this policy is to deal consistently with course drop and add requests. Change in registration is discouraged but may happen in situations that warrant it. We recognize the need for students to drop an elective course when it is found that

- 1. the class does not meet the students' career goals
- 2. the student's abilities do not match those required for the course

3. the teacher, counselor, principal and parent determine such action is in the best interest of the student.

All schedule changes must be made before the start of each quarter, and a required schedule change form must be filled out.

#### **BLOCK SCHEDULE**

Albany Area High School operates under an 85-minute block schedule. Students will register for four classes each quarter. (In some cases a course may be offered in a half block format.) A class that lasts nine weeks or one quarter will be worth one-half (1/2) credit.

#### **TEST OUT / ASSESS OUT OPTION**

Under state law, students are provided the opportunity to demonstrate their knowledge in a particular subject without taking the course. Students who wish to test-out of a course must complete the "Request to Test Out" form from the counseling office. Please see a school staff member for more information.

#### DISCLAIMER

CIRCUMSTANCES MAY REQUIRE CHANGES IN COURSE OFFERINGS, COURSE CONTENT OR SCHOOL REGULATIONS ANNOUNCED IN THIS REGISTRATION GUIDE.

### **COURSE OFFERINGS BY DEPARTMENT**

### **CAREER AND TECHNICAL EDUCATION**

#### AGRICULTURE

**Shop Safety**: Students taking hands-on classes in Agriculture are hereby informed that they will be required to follow the shop rules set up by the instructor. This includes, but is not limited to, the following: students will wear safety glasses for eye protection at all times while working in the shop area or while working with chemicals, students will follow the rules for machine-tool operation as specified by the instructor, students will pass the machine-tool and shop safety test before being allowed to operate machine-tools in the shop or before working in the shop areas. Students who do not follow the rules established for working in shop areas will be excluded from the privilege of working in the shop areas until they indicate a willingness to follow the rules. The safety of all students working in the shop absolutely requires all students to follow safety rules.

#### #1: INTRODUCTION TO AGRICULTURE FOOD AND NATURAL RESOURCES (AFNR) 1/2 credit

#### Elective grades 9-10 (Meets 9th Grade Requirements for CTE)

AFNR introduces students to the range of agricultural opportunities and the pathways of study they may pursue. Science, mathematics, reading, and writing components are woven in the context of agriculture and students will use the introductory skills and knowledge developed in this course. Students will experience hands-on activities, projects, and problems. Student experiences will involve the study of communication, the science of agriculture, plants, animals, natural resources, and agricultural mechanics. While surveying the opportunities available in agriculture and natural resources, students will learn to solve problems, conduct research, analyze data, work in teams, and take responsibility for their work, actions, and learning. For example, students will work in groups to determine the efficiency and environmental impacts of fuel sources in a practical learning exercise.

#### **#2 AGRICULTURAL SCIENCE**

1/2 Credit

#### Elective for grades 10-12 Prerequisite: None

As an art, agriculture is necessary for a civilized society. As a science, it consists of a working knowledge of the different laws of nature, their cause and effect. The student enrolled in Agriculture Science will be further introduced to the areas of agriculture and society, agriculture and the environment, production agriculture, agribusiness, crop production, equine science, livestock production, meat and animal science. A MAJOR portion of this class will occur in the greenhouse.

#### **#3: NATURAL RESOURCES AND ECOLOGY**

#### 1/2 Credit

#### Elective for grades 10-12

This course provides students a variety of experiences in the fields of natural resources and ecology. Students will explore hands-on projects and activities while studying topics such as land use, water quality, stewardship, and environmental agencies. Study of the natural world including biomes, land, air, water, energy, use and care as well as a focus on issues surrounding man's interaction with the Earth will be addressed in this course. Students will select an ecosystem to study throughout the course and apply principles of natural resources and ecology from each unit of study to that ecosystem.

#### #4 HORTICULTURAL MANAGEMENT AND GREENHOUSE PRODUCTION A 1/2 credit

Elective for grades 10-12

#### **#5 HORTICULTURAL MANAGEMENT AND GREENHOUSE PRODUCTION B**

#### 1/2 credit

#### Elective for grades 10-12

#### Prerequisite: Completion of Horticulture 5A with a minimum grade of B

Horticulture Management and Greenhouse production is a hands-on course where we will be utilizing the greenhouse to experiment with growing a variety of plants including vegetables, flowers, succulents and more in a controlled environment. A portion of the course will focus on landscape management where students will outline landscape plans to beautify locations such as yards, public areas, and industrial sights. They will choose appropriate shrubs, trees, and flowers to incorporate in the plan and create a landscape blueprint. We will be covering plant biology, plant growth and development, environmental conditions for growth, soils and media, plant nutrition, seed propagation, and landscape management. The course will include several labs to discover soil nutrients, best growing conditions, and testing seed propagation.

#### **#6 SUMMER AGRICULTURE**

#### 1/2 credit

#### Elective for grades 9-12

Summer Agriculture introduces students to the range of agricultural opportunities and the pathways of study they may pursue. A major focus of the course is utilizing the shop space for student projects and greenhouse facilities. Students will experience hands-on activities, projects, and problems. While surveying the opportunities available in horticulture and agriculture structural and mechanical systems. Students will learn to solve problems, conduct research, analyze data, and work in teams. They will also learn to take responsibility for their work, actions, and learning through inquiry based-learning.

#### **#7 COMPANION ANIMALS**

1/2 Credit Elective for grades 10-12 This course is for those interested in companion animals; dogs, cats, fish, etc. We will look at different breeds, care and management, disease and health, and more. The class will also be responsible for the care and maintenance of the class animals. Veterinary medicine for companion animals will also be discussed and contact with local professionals will be made.

#### **#8 COLLEGE ANIMAL SCIENCE**

#### 1/2 Credit

#### Elective for grades 10-12

Prerequisite: Students must be in the top 50% of their class.

This course is 4 college credits and fulfills U of M Requirements for degree credit requirements, such as departmental major requirements or elective requirements. ANSC 1101 is sponsored by the U of M Academic Department: Department of Animal Science (College of Food, Agricultural and Natural Resource Sciences). CIS Animal Science is taught concurrently through the University of Minnesota TC Campus as an introduction to animal science and fulfills the science requirement for most Minnesota colleges and universities. The class emphasizes fundamental concepts of physiology, nutrition, animal breeding, and management as they apply to production systems of livestock, poultry, and companion animals. College Animal Science is taught in the classroom, online, and through site visits where required labs occur off school grounds.

#### **#9 SMALL ENGINES**

#### 1/2 credit

#### Elective for grades 10-12

In this course students will learn the principles of the two and four cycle combustion engine and lawn and garden automated tools. Students will be given the opportunity to recondition, repair, and overhaul small engines and lawn and garden tools. Each major engine component will be studied with special emphasis on the proper maintenance and servicing of these components. Troubleshooting, tune-up and major engine overhaul or repair will be emphasized during the second half of the semester. Practical laboratory work will make-up about one half of the course time.

#### **#12 ADVANCED MECHANICS**

#### 1/2 credit

#### Elective for grades 11-12

#### **Prerequisite:** Small Engines

This course is designed for students who want to work in the agricultural mechanics, Diesel technician, or automotive service industry. Laboratory experiences include projects in maintenance and repair of power equipment, engine service, engine controls, drivetrain configuration, brakes, fuel systems, cooling system, and electrical systems. Students should be prepared to provide engines, automobiles, and equipment for laboratory exercises.

NOTE - there is a \$15 lab fee for materials used in this course.

#### **#13 BASIC PRINCIPLES OF ELECTRICITY**

1/2 credit

#### Elective for Grades 10-12

In this course students will study the basic principles of electricity, Electronics, magnetism, direct and alternating current. Students will learn basic wiring design and how to wire for their own needs. Students will be given instruction in the use of electronic controls and sensing devices. This course will also give an introduction to the field of electronics which encompasses almost everything we come in contact with throughout our daily lives. This course will give the student theory and hands-on experience including circuits, meters, various electronic components, plus an opportunity to actually build a combination of circuits.

#### **#14 PAINT AND AUTO BODY**

#### 1/2 credit

#### Elective for grades 11-12

This course will enable students to develop entry-level skills as auto body repair and refinish technicians. Students will learn the importance of safe work practices in the body shop. Students will develop a basic understanding of automobile construction (unibody, body-over-frame, frame space) and will learn basic repair techniques. Students will learn to identify and use power and hand tools necessary to perform basic repairs. This course offers a combination of in-class instruction and hands-on shop activities. \*NOTE - there is a \$15 lab fee for materials used in this course.

#### **BUSINESS EDUCATION**

The Business Education Department provides courses for the exploration and development of occupational skills needed for initial employment and advancement in business careers and for the development of economic understanding needed for intelligent participation in a free enterprise system.

#### **#17 MICROSOFT OFFICE**

#### 1/2 credit

#### Elective for Grades 9-12

Some of us learn by reading, some by watching, some by doing. How about a way to take advantage of all three styles of learning? This is an introductory course designed to improve a student's knowledge of the Microsoft Office software. Students will create and format documents using Microsoft Word. Students will learn to use formats, formulas and functions to create a worksheet using Microsoft Excel. Microsoft PowerPoint will be used to create and deliver presentations. This course offers the learner opportunities to follow step-by-step textbook activities, watch and listen to teacher directions and complete independent projects and assignments.

#### **#18 INTRODUCTION TO THE BUSINESS WORLD**

#### 1/2 credit

#### Elective for Grades 9-11

This course relates to a student's personal, business, and economic interests. This course will serve as a background for other business courses the student may take in high school and will better prepare students to make decisions as consumers, wage earners, and citizens.

#### **#19 INTRO TO MARKETING ESSENTIALS**

#### 1/2 credit

#### Elective for Grades 10-12

#### (Offered in school years beginning with even numbers)

Students interested in pursuing a career in business, especially small business ownership, sales, advertising, hospitality, and marketing careers need to gain a solid background in what influences consumers to purchase products or services. The consumer buying process is a complex matter. How do marketers attempt to sway the consumer decision-making process? What strategies do they employ? Introduction to Marketing Essentials introduces the students to the four main points of marketing: Product, Price, Place and Promotion. Students will learn more about effective techniques and strategies to entice customers to make purchases.

#### **#20 SMALL BUSINESS PRACTICES**

#### 1/2 credit Elective for Grades 11-12 Prerequisite: Minimum of one prior business education class

This course offers instruction in small business practices. Small business management helps students understand various management theories, basic management functions and their interrelationships, and the organization of business. Students will simulate a variety of businesses that might be found in a small town environment.

#### **#21 PERSONAL FINANCE**

#### 1/2 credit

#### **Elective for Grades 11-12**

It's Your Paycheck! Budget it wisely! Goal-Setting, Cash Flow Monitoring, Checking/Savings Accounts, Proper Use of Credit, and Income Tax are important topics and skills for you NOW and in the FUTURE! For you, the future may just be a weekend away. Don't let that stop you from taking steps to being financially secure. This course stresses the importance of budgeting and long-term personal money management as it relates to living independently. Topics of the course include budgeting, banking, credit, risk management, investing, and taxes.

#### **#22 BUSINESS LAW**

#### 1/2 credit

#### Elective for Grades 11-12

Knowledge of business law is useful for students because all students eventually assume roles as citizens, workers, and consumers in their communities and in society at large. Business owners and managers enter into contracts on a daily basis and need basic knowledge of business law to protect themselves and their business. This course addresses topics and issues affecting businesses, families, and individuals. A field trip to the Stearns County Law Enforcement Center and Stearns County District Court is a highlight of this course.

#### #23 ACCOUNTING I (Hybrid)

#### 1/2 credit

#### Elective for Grades 10-12

This course is designed to provide an opportunity to learn the fundamentals of accounting. Accounting is an essential aspect of every business institution and organization. As future workers, small business owners, and entrepreneurs, students who understand basic accounting principles will more knowledgeably manage their companies' financial resources. Accounting principles of a service organization will be studied. The accounting equation, journals, ledgers, and financial statements are topics covered in Accounting I. Accounting I is offered in a hybrid format so students need to be able to work independently for a portion of the coursework.

#### #24 ACCOUNTING II (Hybrid)

1/2 credit Elective for Grades 10-12 Prerequisite: Accounting I This course advances the accounting process to include procedures for a merchandise partnership business. It is also designed as an introduction of computerized systems and has made the mastery of technology skills an integral part of the accounting curriculum. Students will complete a practice set as reinforcement of textbook learning. Accounting II is offered in a hybrid format so students need to be able to work independently for a portion of the coursework.

#### **# 25 ENTREPRENEURSHIP**

#### 1/2 credit

#### Elective for Grades 11-12

**Prerequisite:** Any ONE of the following courses: Accounting I, Marketing, Computer Applications

Entrepreneurship focuses on recognizing a business opportunity, starting a business based on the recognized opportunity, and operating and maintaining that business. All students should develop an appreciation for, and understanding of, entrepreneurship in our economy, especially since most of the jobs created in the early 1990's were in the small business sector. This has been true for not only professional types of positions, but technical ones as well. Forecasters have indicated that this trend will continue. This means that more and more people should develop the thinking pattern of an entrepreneur since many will start their own business or work closely with an entrepreneur. Being able to recognize new business opportunities is not only necessary for the entrepreneur, but for the individual working in the corporate world which is increasingly competitive.

#### # 26 COMPUTER APPLICATIONS: WEB PAGE DESIGN

#### 1/2 credit

#### Elective for Grades 10-12

This course offers continuous instruction in emerging and current technology. HTML and Dreamweaver formats with other programs will be taught as well as online web design programs for developing and maintaining websites. Web page design skills will be taught in which students will design, create and maintain websites. Students will create websites about family, business, or other interests.

#### **#27 INTRODUCTION TO INVESTING**

#### 1/2 credit

#### Elective for Grades 11-12

Who Wants to Be A Millionaire?! This course offers students the opportunity for an in-depth exploration of the wide variety of investment vehicles that exist and may be encountered throughout their lifetime. Topics will include stocks, bonds, mutual funds, 401K, 403B, and other retirement plans. The course will include an opportunity to practice investment decisions using a simulation and examine the challenge of becoming a millionaire!

### FAMILY AND CONSUMER SCIENCES

#### #176 INTRO TO FAMILY AND CONSUMER SCIENCE

1/2 credit

Elective for grades 9-12

#### (Meets FCS or Tech Ed requirement)

Introduction to FACS will consist of four and one-half weeks of foods (recipe reading, nutrition and various food preparations). There are also four and one-half weeks of sewing skills. This involves constructing a product by reading pattern directions, making minor alterations and safe use of sewing equipment including sergers. (Note: Students will be required to purchase supplies for their projects) Students will also explore colleges and organizations associated with family and consumer sciences. This or nutrition is a prerequisite for Culinary Arts and Basic Baking.

#### #186 COLLEGE CHILD AND ADOLESCENT DEVELOPMENT

1/2 high school credit

#### Elective for grades 11-12

#### Prerequisites

- Students must have at least a 3.0 GPA to register for this course.
- Students must also "meet standards" in both Math and Reading for the state standards.

#### This is a 3 credit college course through the University of Minnesota - Crookston.

ED 2100 is a liberal arts course that meets the Minnesota Transfer Curriculum Goal Area 5, but it also meets the MN Teaching Standards of PELSB. Study of principles and major theories of development from birth through adolescence. Age trends, individual/group differences, factors which affect development/learning. Evidence-based applications.

NOTE: Students will do individual offsite visits and need to provide their own transportation. Students who have taken Child Development as a separate class, that choose to take College Child and Adolescent Development will have a lot of repeat information.

#### **#184 COLLEGE LIFESPAN DEVELOPMENT**

#### 1/2 high school credit Elective for grades 11-12 Prerequisites

- Students must have at least a 3.0 GPA to register for this course.
- Students must also "meet standards" in both Math and Reading for the state standards.

**This is a 3 credit college course through the University of Minnesota - Crookston.** Human life span perspective: Integrates developmental principles through research of social issues. Theories of major developmental theorists, recent challenges from changes in society/family interrelationships. Total environmental issues: Progress in genetics/medicines toward a better understanding of human development. So they can apply these to everyday practical situations in the growth and development of an embryo to an elderly adult.

#### #177 NUTRITION (AND FOOD SCIENCE)

#### 1/2 credit

#### Elective for grades 10-12

This course is a nutrition study of the relationship of nutrition to good health. The following topics will be taught: calorie/energy needs, my plate, the six major nutrients, composition of food, food labeling, nutritional needs of children, adults and the elderly, and Servsafe. Lab activities will be incorporated to reinforce the above topics. NOTE: This can qualify for the one credit Servsafe course at SCTCC if the student passes the Servsafe Manager exam administered by a Servsafe proctor. This certificate will also allow the student to work at a management level at a facility handling food. Another option is to take the Servsafe handler exam administered by a Servsafe proctor. This normally leads to a higher wage.) This or Introduction to Family and Consumer Science is a prerequisite for Culinary Arts and Basic Baking.

#### **#178 CHILD AND HUMAN DEVELOPMENT**

#### 1/2 credit

#### Elective for grades 11-12

Human reproduction, pregnancy, and birth are covered in Child and Human Development, along with special situations such as multiple births, physical and mental disabilities and birth defects. Students will study different theories of discipline, raising children, along with ways to help the child develop physically, socially, and emotionally. Observing and working with children (newborns through fifth grade) will take place in this class.

NOTE: Students will do individual offsite visits and need to provide their own transportation.

NOTE: Do not take this class if you plan to take College Child and Adolescent Psychology, there is a lot of overlap.

#### #179 FAMILY LIVING SKILLS AND RELATIONSHIPS

#### 1/2 credit

#### Elective for grades 10-12

#### (Offered in school years beginning with odd numbers)

Family living stresses communication and dealing with feelings around family and friends. Topics of concern include dating, parent/teen conflicts, types of marriage, preparation for marriage, conflicts and adjustments in marriage, crisis situations and family support systems. Students will do individual research projects of their choice in such areas as death, divorce, remaining single, marriage, ethnic groups, family violence and nonviolent alternatives used in resolving differences.

NOTE: Do not take this class if you are going to take Lifespan Development, there is a lot of overlap.

#### **#180 APPAREL AND TEXTILE DESIGN**

#### 1/2 credit

#### Elective for grades 10-12

#### (Offered in school years which begin in odd numbers)

This course includes trends in fashion, fashion careers, and fashion cycles. It will also look at trends in the pattern and fashion industry. Students study clothing budgets, wardrobe planning and buying using the principles and elements of design. Textile study includes knit and weave identification, dying and printing. One large sewing project will be constructed using the skills learned. The students learn skills like knitting, crocheting, embroidery and quilting.

NOTE: Students will be required to purchase material, notions and a pattern for their projects.

#### **#181 INDEPENDENT LIVING**

#### 1/2 credit

#### Elective for grades 10-12

#### (Offered in school years beginning in even numbers)

This course stresses the consumer's role in managing income and buying and spending wisely through the use of consumer magazines, advertising etc. Lab experiences include testing and comparing a variety of food products. Other studies include apartment hunting, paying bills, consumer rip-offs, use of credit, credit laws, guidelines for buying house wares, furniture and other major purchases. Students will be able to effectively handle consumer complaints in a variety of ways. Students also explore future interests and abilities.

#### **#182 CULINARY ARTS (AND BASIC BAKING)**

#### 1/2 credit

#### Elective for grades 10-12

(Offered in school years beginning with even numbers.)

#### Prerequisite: Introduction to Family Consumer Science OR Nutrition

Food preparation and studies include egg and cheese, meats, fish and poultry, entertaining, foreign foods, pastries, pressure cooking, breads, soups, cakes, cookies, pies and candies. Studies include nutrition through the life cycle, consumerism, meal service, and etiquette. Two major projects, the graduation meal and a meal for two, involves planning, preparing, and figuring costs and calories of meal.

#### #183 HOUSING/INTERIOR DESIGN

1/2 credit Elective for grades 10-12 (Offered in school years which begin in even numbers) Housing/ Interior Design includes a look at many different types of homes. Other units of study include architecture, reading a blueprint, construction of a home, evaluating floor plans, and drawing kitchen elevations. Interior design studies include color schemes, traffic patterns, storage, safety, versatility, and principles and elements of design. Furniture studies include construction, upholstery, cost quality, and style identification. This course includes projects in budget furnishings for an apartment, furnishing and decorating a home, and remodeling. We take walking tours through town to observe architectural features in homes and businesses.

#### **#185 FACS LEADERSHIP**

1/2 credit Elective for grade 12

(Offered on teacher approval)

- After taking **Child and Human Development and Family Living Skills and Relationships OR Lifespan Development Psychology**, a student can design an independent study in a human service field. Examples would be shadowing a teacher or several teachers, chiropractor, nurse, or physical therapist.
- After taking Nutrition (and Food Science) and Culinary Arts (and Basic Baking), a student can design an independent study in a dietetic or hospitality field. Examples would be shadowing a dietician or food service manager.
- After taking **Housing/Interior Design and Apparel and Textile Design**, a student can design an independent study in a related field. Examples might be to shadow a clothing designer or to shadow someone at a cabinet shop.

### **TECHNICAL EDUCATION**

Lab Safety: Students taking hands-on classes in Career & Technology Education are hereby informed that they will be required to follow the lab rules set up by the instructor. This includes, but is not limited to, the following: students will wear safety glasses for eye protection at all times while working in the lab area or while working with chemicals, students will follow the rules for machine-tool operation as specified by the instructor, students will pass the machine-tool and lab safety test before being allowed to operate machine-tools in the lab or before working in the lab areas. The students who do not follow the rules established for working in lab areas will be excluded from the privilege of working in the lab areas until they indicate a willingness to follow the rules. The safety of all students working in the lab absolutely requires all students to follow safety rules.

#### #201 Woods I

1/2 credit

#### Elective for grade 9-12

#### (Meets 9th grade requirements for CTE)

The purpose of Intro to Technology is to expose the students to the processes required to produce a product. In this course students' creative abilities will be engaged in the production of an individual product. Students will gain basic woodworking skills. The production process will give the students exposure to selected power tools and hand tools available in our modern woodworking laboratory.

#### #208 EXPLORING TECH ED: An Introductory Course for Women

#### 1/2 credit

#### Elective for grades 10-12

This course has a specific focus on introducing young women to the exciting world of woodworking, metals, and more. Today the future has never been brighter for those thinking about a career in woodworking, metals, construction, and manufacturing. In this course students will have the opportunity to build/create projects in the woodshop and metal shop, and also gain valuable experience using CAD (Computer Aided Design). In each area we will be covering general shop safety, use of tools, and proven techniques to complete a high quality project. In addition to all the practical hands-on skills, students will develop a heightened ability to plan, organize, and problem-solve.

#### #202 Woods II

#### 1/2 credit

#### Elective for grades 10-12

In this course students will gain intermediate woodworking skills which will be integrated in the production of an individual product. Students will also gain a basic understanding of the materials used in today's market for building with wood. Students will be able to identify various woods and finishing products. The production process will give the students exposure to elected power tools and hand tools available in our modern woodworking laboratory.

#### #209 ADVANCED WOODWORKING A

1/2 credit Elective for grades 11-12

#### #210 ADVANCED WOODWORKING B

1/2 credit

#### Elective for grades 11-12

NOTE: Students must register for two quarters of this course

**Prerequisite:** Must have passed Intro to Woodworking with a C- or better In this course students will gain advanced woodworking skills which will be integrated in the production of an individual product. This is an advanced course in production related to the woodworking industry. Emphasis is placed on safety, product design, production planning, wood and material identification, hand and machine tool procedures, and finishing techniques.

#### **#211 CONSTRUCTION A**

#### 1/2 credit

#### Elective for grade 11-12

To get into Construction B you need to have obtained the grade of at least B- in Construction A

#### **#212 CONSTRUCTION B**

#### 1/2 credit

#### Elective for grade 11-12

**NOTE:** Students must register for two quarters of this course **Prerequisite:** Must have passed Introduction to Woodworking with a C- or better The Construction Technology class is designed for students who want to learn the basic skills necessary for the building trade. This course offers training and practical experience in safety, planning, basic carpentry, rough carpentry, finish carpentry, electrical, plumbing, insulation, and other techniques. The main project will be a constructed building. This is an excellent course for students interested in carpentry or any of the many related jobs, and also for any future homeowner.

#### **#213 INTRO TO METALWORKING TECHNOLOGY**

#### 1/2 credit (Meets 9th grade requirements for CTE) Elective for Grades 9-12

In this course students will gain exposure to textbook studies reinforced with hands-on activities in sheet-metal work, threading, sand casting, use of hand tools, machines, basic welding techniques and project layout. We will also tour a business to see the many different careers that are associated with the metalworking industry.

#### #214 INTRO TO MACHINING/FLUID POWER

1/2 credit Elective for grades 10-12

#### Prerequisite: Must have passed Intro to Metalworking Technology with a C-

If you drive to work or school, if the building you're in is climate controlled, if you're reading this course description, fluid power and machining has touched your life. This course introduces basic concepts, terminology, applications, and automation processes used throughout the fluid power and machining industry. Students in this course can expect to learn basic operating procedures on lathes and milling equipment. Fluid power will be taught through hands-on labs in designing and implementing fluid power circuits that can be found in virtually all aspects of life.

#### #215 WELDING I

#### 1/2 credit

#### Elective for grades 10-12

**Prerequisite:** Must have passed Intro to Metalworking Technology with a C- or better This course covers basic welding procedures using arc welding and oxy-fuel equipment. One of the major topics of discussion will be safe use of this equipment. Time will be spent in the lab completing welds in various positions with different processes and electrodes. The processes to be covered in this class will be stick welding (SMAW), wire feed (GMAW), oxy-acetylene welding, cutting and brazing along with an introduction to other equipment used in welding shops.

#### #216 WELDING II

#### 1/2 credit

#### Elective for grades 11-12

**Prerequisite:** Must have passed Welding I with a C- or better and completed all the work orders in Welding I

This course focuses on the technology and skills used in the welding and fabrication industry. Students will concentrate on the following welding technologies; shielded metal arc, metal inert gas (MIG), oxy-fuel (gas), plasma arc cutting, and oxyacetylene cutting. An emphasis is placed on safe tool and equipment operations.

#### **#217 MACHINE TOOL TECHNOLOGY**

#### 1/2 credit

#### Elective for grades 11-12

**Prerequisite:** Must have passed Introduction to Machining/Fluid Power with a C- or better. Intro to Engineering is also recommended.

This course focuses on the technology of the machine tool industry. Students will study machine lathe operations, milling operations, power sawing, drill press operations and grinding and abrasive operations. The class will tour a high tech precision manufacturing facility in the area for a better understanding of what is being used in industry. Students that are thinking about studying to be a machinist, a mechanical designer or engineer will benefit from this course.

#### #203 AUTO AND HOME CARE

#### 1/2 credit

#### Elective for grades 10-12

Auto and Home Care is a class for anyone who owns, or plans on owning a car and/or home. Students will problem solve unexpected home and auto situations that may arise as a home and auto owner. Skills developed in this course will help you gain confidence in maintaining your home and vehicle. You will learn how a car works and the maintenance it needs to keep your vehicle running. Automobile areas covered include: change engine oil, cooling system maintenance, battery care, tire care, and car interior and exterior maintenance. Home maintenance areas covered include: how to install ceramic/porcelain tile, roof and siding repair, mounting door hinges, finishing concrete, simple home wiring, home plumbing repairs, hanging and finishing drywall, and trim work.

#### #218 INDEPENDENT STUDY RESEARCH AND DEVELOPMENT

#### 1/2 credit

#### Elective for grade 12

**Prerequisite:** Successful completion of an upper level Technology Education course. Must meet application requirements.

The primary aim of an independent study is to enable a student to investigate a subject more thoroughly than the regular course may permit. It should not be a substitute for a course that is already offered. The contract application will be reviewed by the instructor and counselor and at that time they will either accept or reject the application for the desired course of study.

SPECIAL REQUIREMENTS: Limited to six students. Must contract with the instructor and counselor.

#### **#219 ENGINEERING AND DESIGN I**

#### 1/2 credit

#### Elective for grades 9-12

Students dig deep into the engineering design process, applying math, science, and engineering standards to hands-on projects. They work both individually and in teams to design solutions to a variety of problems using 3D modeling software, and use an engineering notebook to document their work.

#### #220 ENGINEERING AND DESIGN II

#### 1/2 credit

#### Elective for grade 9-12

**Prerequisite: Students must pass Engineering and Design A with a C- or better** Take your design skills to the next level, learn how to create complex parts, assemblies and drawings using Autodesk Inventor 3D modeling software. Students design products,

engage in design challenges and learn about automated manufacturing processes.

#### #200 AUTOMATED MANUFACTURING PROCESSES

### 1/2 credit

#### Elective for grades 10-12

**Prerequisite: Students must pass Engineering and Design B with a C- or better** Ever wonder how CNC controlled machines work? This course covers automated systems like pick and place robotic arms, CNC controlled machines, and other automated manufacturing processes. Students design and build a pick and place robotic arm and program it. Students also design products using Autodesk Inventor and cut them out using the CNC router and CNC plasma cutter.

#### **EXPERIENTIAL LEARNING OPPORTUNITIES**

#10 ON THE JOB TRAINING - Work Based Learning #11 ON THE JOB TRAINING - Work Based Learning

#### 1/2 credit per quarter Elective for Grade 12

This on-the-job program allows students to learn in the workplace and get an idea if they have an interest in a certain career. Work sites may vary from sales, service, banking retail, construction, farming, and home business opportunities. Records, training agreements and training plans are required of all students. Weekly assignments and time sheets are required. All students enrolled must currently be employed. A student must work a minimum of 7.0 hours Monday through Friday (weekend hours do not count). Numbers may be limited. This course is a pass/fail course;those who fail will be removed from the program for the remainder of the year.

#### #408 CAREER INTERNSHIP PROGRAM - Work Based Learning

#### 1 credit (Semester class)

#### Elective for grades 11 and 12

This program is for students who have a career objective in mind or want to explore aspects of a potential career. The course will require independent study modules and job related activities, weekly journaling of worksite experiences, independent reading, ongoing conferences with other students in the program, employer, and the work-based learning coordinator. Students will be required to apply and interview for acceptance into this program.

### #699 CREATING ENTREPRENEURIAL OPPORTUNITIES (WEST STEARNS CEO)

#### 2 credits (Year-long class)

#### Elective 11-12

The West Stearns CEO course is a collaborative program in which students learn how to create a business. Students will work as a group on a small business venture and finally create their own business with the help of mentor business owners in the community. Students from Sauk Centre, Melrose, and Albany may apply for acceptance into the program and the course if funded by over 50 area business partners. Please go to <a href="https://www.stearnsceo.com/">https://www.stearnsceo.com/</a> for more information.

### LANGUAGE ARTS

#### #31 ENGLISH 9A

1/2 credit

**Required Grade 9** 

#### #32 ENGLISH 9B

#### 1/2 credit

#### **Required Grade 9**

English 9 curriculum uses selections by William Shakespeare, John Steinbeck, Sandra Cisneros, Jacqueline Woodson, and Laurie Halse Anderson to develop students' close reading and literary analysis skills. Student writing objectives focus on sentence structure, grammar, and paragraph and essay development.

#### #33 ENGLISH 10A

1/2 credit

**Required Grade 10** 

#### #34 ENGLISH 10B

#### 1/2 credit

#### Required Grade 10

Prerequisite: English 9A and 9B

English 10 curriculum is based upon the critical reading of nonfiction and fiction texts. In addition to reading current nonfiction of varying lengths, contemporary poetry, and *Frankenstein* by Mary Shelley, students read selections intended to introduce them to the primary influences in Western Literature including Greek and Roman mythology, and *Julius Caesar* by William Shakespeare.

#### Important note for 11th grade students:

Students who did not score as "Meets Standards" on their most recent MCA-III reading test or score the correlating "No Current Risk" on their most recent FastBridge aReading test must take English 11A and English 11B.

Students whose MCA-III reading score "Meets Standards" or FastBridge aReading test shows "No Current Risk" will choose one R elective (courses 41, 42, 43, 44, or 45) and one W elective (course 35 or 46).

#### #37 ENGLISH COMMUNICATIONS 11A

#### 1/2 credit

#### #38 ENGLISH COMMUNICATIONS 11B

1/2 credit

**Prerequisite**: **S**uccessful completion of English 10. English 11A must be completed prior to English 11B.

English 11 (A and B): English 11 focuses on developing reading and writing skills necessary to succeed in the workplace and in life. English 11A focuses on basic writing skills and correct English usage as well as research projects, informational and persuasive writing, and personal narration. English 11B is a literature course. Students will continue to develop reading skills with fiction and non-fiction texts (essays, a novel, short stories, poetry, and drama) as well as collaborative, critical thinking, communication, and listening skills.

#### **#35 INTRODUCTION TO COMPOSITION (W)**

#### 1/2 credit

#### Elective for grades 11-12

Prerequisite: Successful Completion of English 10

Introduction to Composition is a writing class that prepares students to be proficient at diverse communication tasks. In addition to the study of grammar, sentence structure, style, paragraphs, and essay form, instruction focuses on the importance of understanding audience and purpose in both traditional and digital writing.

#### **#36 ADVANCED COMPOSITION (W)**

#### 1/2 credit

#### Elective for grades 11-12

**Prerequisite:** Successful Completion of Introduction to Composition Advanced Composition will take the writing student beyond the basics into more complex application of the skills learned in Introduction to Composition. This course will answer the question "Why?" Concentration will be centered on the following types of writing: Cause and Effect, Classification, Comparison and Contrast, Analogies, and Argumentation. Research-centered academic writing will complete the course.

#### #41 AMERICAN LITERATURE I: Beginnings to 1865 (R)

#### 1/2 credit

#### Elective for grades 11-12

Prerequisite: Successful completion of English 10

American Literature I is a survey course of writing from the Colonial Period through the Civil War Era. Students examine the relationship between the development of a nation and the development of its culture. Class texts range from the historical accounts of colonists to the passionate and articulate arguments of America's founding leaders to the sophisticated poetry and fiction of the American Renaissance.

#### #42 AMERICAN LITERATURE II: 1865 to the Present (R)

#### 1/2 credit

#### Elective for grades 11-12.

Prerequisite: Successful completion of English 10

American Literature II is a survey course of American poetry, fiction, and drama written since the end of the Civil War. Major authors include Dickinson, Frost, Hughes, Cather,

Hemingway, Faulkner, Fitzgerald, Williams, and Hansberry. In addition to whole-class readings, students chose one text to study independently.

#### #43 BRITISH LITERATURE (R)

#### 1/2 credit

#### Elective for grades 11-12

#### (Offered in school years beginning with an odd number)

Prerequisite: Successful completion of English 10

British Literature is a survey of English Literature from the Anglo-Saxon Period to Contemporary Britain. Student preference is considered for the text selections in the course which will begin with Beowulf and end with Zadie Smith. The most frequently studied authors in this course at AHS are Chaucer, Marlowe, Donne, Herrick, Pepys, Swift, Blake, Burns, Wollstonecraft, Keats, Barrett Browning, Wilde, Yeats, Thomas, and Heaney.

#### #44 CONTEMPORARY GLOBAL LITERATURE (R)

#### 1/2 credit

#### Elective for grades 11-12

Prerequisite: Successful completion of English 10

The critical study of socially and culturally diverse literature to expand students' understanding of themselves and others in relation to the world. Includes minority, indigenous and other literature that highlights local or national culture, communities and regions. In addition to class novels, students will choose books from a pre-selected set and form groups to discuss and analyze reading.

#### #45 INTRODUCTION TO SHAKESPEARE (R):

#### 1/2 credit

#### Elective for grades 11-12

#### (Offered in school years beginning with an even number)

Prerequisite: Successful completion of English 10

In Introduction to Shakespeare, students study six plays with their classmates and choose one play to read and study independently. Student preference is considered for the whole-class plays; the most frequently studied plays at AHS include *As You Like It, A Midsummer Night's Dream,The Tempest, King Lear, Hamlet,* and *Antony and Cleopatra*.

#### #46 CREATIVE WRITING (W):

#### 1/2 credit

#### Elective for grades 11-12

Prerequisite: Successful completion of English 10

Creative Writing is an elective course for proficient writers seeking to improve the overall quality of their writing by reading and writing works of poetry, prose, and drama. Daily writing assignments and active participation are critical components of this course.

#### **#39 ENGLISH COMMUNICATIONS 12A**

1/2 credit

Elective for grade 12

#### #40 ENGLISH COMMUNICATIONS 12B

1/2 credit

#### Elective for grade 12

**Prerequisite:** English 12A must be completed before English 12B English Communications 12 is both a literature course and one which will provide the knowledge and skills necessary to succeed in the workplace of today and tomorrow. Through the study of American literature, students will better understand our country's literature. Special focus is placed on technical writing, team problem solving, the client-customer relationship, the supervisor-worker relationship, leadership skills, presentation skills, and performance evaluation. The class will operate using a "hands on" approach giving students the opportunity to directly apply the English skills in real-life situations.

### #53 COLLEGE ENGLISH (English 1101)

#### Elective grade 12

#### #54 COLLEGE ENGLISH (English 1205, English 2235)

#### Must have ENG1101 prior

**Prerequisite:** Successful completion of Introduction to Composition and one literature elective (courses 41, 42, 43, 44, or 45).

This suite of courses is offered through M-State Fergus Falls. Nine college credits are awarded upon successful completion. Consult the counselor for details. Students must have a minimum 3.30 GPA and teacher approval to qualify for these courses. (Note: Students who have scored proficient on the MCA Reading assessment in 10th grade automatically qualify for the eligibility for this suite of courses.)

- English 1101: College Writing. College Writing is an introductory writing course designed to prepare students for later college and career writing. The course focuses on developing fluency through a process approach, with particular emphasis on revision. Students will consider purpose and audience, read and discuss writing and further develop their own writing processes through successive revisions to produce polished drafts. Course work will include an introduction to argumentative writing, writing from academic sources and a short research project.
- English 1205: Writing about Literature. This course builds on the foundations of College Writing and provides students with additional opportunities to develop fluency in their writing through a process approach. Students will read critically from a variety of literary genres, explore meaning through academic research and respond through discussion and writing.
- English 2235: Intro. to Literature: Drama. This literature course will introduce students to the growing interdependence of the people of the world through a close study of drama. Studying drama written by various writers around the world

will allow students to develop an understanding of and an appreciation for the human condition and culture. The course will also cover the basic elements and concepts of drama.

#### #47 SPEECH AND MEDIA LITERACY

#### 1/2 credit

#### Required for grades 11-12

#### DOES NOT QUALIFY AS AN ENGLISH CREDIT.

Prerequisite: Successful completion of English 10

Students will learn the basic elements of public speaking. This will include research, outlines, delivery components, how to speak using visuals, how to identify speech anxiety and ways to overcome anxiety. Also, students will evaluate their speaking skills by viewing their own speeches and critiquing others. A portion of the course will focus on being responsible consumers of media, and analyzing for bias and perspective. The types of speeches that will be delivered are introductory, informative, demonstrative, persuasive, multimedia, impromptu, panel discussion, and debate.

#### #48 SPEECH AND MEDIA LITERACY (Hybrid course)

#### 1/2 credit

#### Required for grades 11-12

#### DOES NOT QUALIFY AS AN ENGLISH CREDIT.

**NOTE:** Registration for all hybrid courses will be reviewed by departments for appropriate educational placement.

#### Prerequisite: Successful completion of English 10

This course is the same curriculum as the above Speech and Media Literacy, but offered in a different format. Students will have a combination of traditional classes and online classes. Students registering for this course should understand the responsibility to keep up with online segments of class lies with them. Students who fall behind in the online coursework will be required to attend all classes at the discretion of the classroom teacher.

### **FINE ARTS**

The following courses are recommended for students who love to be creative. The Fine Arts Department provides courses for the exploration and development of creative skills needed to pursue future personal, recreational, educational, and professional applications of Instrumental Music, Choral Music, Visual Arts, Theatre, and Graphic Arts. Students and teachers explore diverse content to advance an understanding of the arts and how it connects to their lives through examination, practice, expression, public performance, and evaluation.

### **GRAPHIC ARTS**

(Do not meet Fine Arts credit requirement for graduation)

#55 YEARBOOK PRODUCTION/PUBLIC RELATIONS MEDIA A

1/2 credit Elective grades 11-12 Elective offered first semester only; enrollment limited

#56 YEARBOOK PRODUCTION/PUBLIC RELATIONS MEDIA B

1/2 credit

Elective grades 11-12

Elective offered first semester only; enrollment limited Admitted by teacher recommendation only; must have teacher initial pre-registration form.

The Yearbook production course is designed to introduce students to the techniques of yearbook layout, composition, photography, marketing, and sales. This class will make use of the computer technology available in the field of desktop publishing and apply it to the actual production of the AHS Yearbook and the PAW Press.

#### **#57 PUBLIC RELATIONS MEDIA A**

1/2 credit Elective for grades 11-12 Offered 2nd semester only

#### **#58 PUBLIC RELATIONS MEDIA B**

1/2 credit

Elective for grades 11-12

#### Offered 2nd semester only

Students will be taught technical writing, design, graphics production information, processing and dispensing information. Students will produce a monthly newspaper, will issue press releases, create game programs for contests, design posters, dispense information to news gathering sources.

#### **#59 INDEPENDENT STUDY IN MEDIA**

#### 1/2 credit

Elective for grades 12

Prerequisite: one semester of media and instructor's permission.

In the Independent Study of Mass Media course, students will use new technology to create a video yearbook along with smaller projects using digital cameras, video cameras, and computer imaging. Students will construct a storyboard for each project, will identify materials needed and will access necessary technology to complete the project. The culmination project is a video yearbook of the current school year.

#### **PERFORMANCE ARTS**

(Does not meet Fine Arts credit requirement for graduation)

#### #60 THEATRE ARTS

1/2 credit

Elective for grades 9-12.

Theatre Arts is a class designed to introduce students to the art of theatre while developing their own skills within this art form. This class will focus on the acting element of theater with additional study given to the total production elements: set design, lighting, make-up, costumes, and theater history. Improvisational games and scenes, vocal projection and expression, and acting scenes will allow the student to explore his/her creativity and increase self-confidence. Theatre arts may include attending and critiquing a professional theatre performance. No theatre experience is necessary to take Theatre Arts.

#### **VISUAL ARTS**

#### (All visual arts courses qualify for Fine Arts requirement for graduation)

Note: Some classes in this department are offered on an alternate year basis.

#### **#81 ADVENTURES IN ART**

#### 1/2 credit

#### Elective for grades 9-12

This class is truly an adventure! Whether students are looking to build a foundational knowledge for other Art classes in their future or establish Art knowledge to use in their life outside of school, this is the class to select. We will spend studio time creating pieces in a variety of different mediums and experiment with a plethora of artistic tools. Students will also learn about art appreciation and criticism through practice and observational techniques. Your adventure awaits!

#### **#82 DRAWING**

1/2 credit Elective for grades 9-12 Lab Fee: \$10

#### **Prerequisite:** Adventures in Art

Drawing students will learn techniques such as contour, gesture, and perspective using a variety of media with emphasis on skill development, design and creativity as a means of enhancing self-expression. Students preparing for careers in art, design, engineering, drafting, architecture or who just appreciate and enjoy drawing will benefit from this course.

#### **#83 PAINTING**

#### 1/2 credit

Elective for grades 9-12

#### Lab Fee: \$10

#### Prerequisite: Adventures in Art

This course is an introduction to painting as a means of communicating three dimensional subject matter on a flat surface by the use of watercolor, acrylic and oil paint. Class time will be spent on learning various painting methods for both realistic and emotional representation. Painting will assist students interested in entering the following careers: commercial art, advertising, home and commercial decorating, photography, art education, technical illustrator, artist, or to increase your joy and appreciation of painting.

#### #84 PHOTOGRAPHY

1/2 credit Elective for grade 12 Limited to maximum of 20 students per class Lab Fee: \$10 This course is a basic photography course designed to introduce the student to the world of photographic fine art.. Each student will learn how to use digital photography in ways that demonstrate the artistry of the photographer. Students will use school digital cameras as well as their own digital cameras for various projects and demonstrate basic and more advanced features of photography. Many projects are done in conjunction with advertising the yearbook, newspaper, and the fine arts catalog.

#### **#85 POTTERY**

#### 1/2 Credit

### Elective for grades 9-12 Lab Fee: \$10

#### Prerequisite: Adventures in Art

Students will use clay to create various types of functional work. Students will use several hand built methods as well as a potter's wheel to create pieces of pottery. Students will also become aware of different types of firing techniques and their effect on clay bodies.

#### **#86 THREE DIMENSIONAL DESIGN**

#### 1/2 credit

### Elective for grades 9-12 (Offered in school years beginning in odd number) Lab Fee: \$10

#### **Prerequisite:** Adventures in Art

Experience the magic of creating sculpture in the round. Create representational and abstract forms using reed, plaster, wire and more! Study the work of historical and modern day sculptors. Students will explore a variety of additive and subtractive techniques with a focus on carving techniques and final patinas.

#### **#87 MURAL PAINTING**

1/2 credit

Elective for grades 11-12

### (Offered in school years beginning in even numbers)

Lab Fee: \$10

Prerequisite: Adventures in Art and Painting

This is an advanced art class. Students will be selected by previous arts grades. Students will paint large paintings on walls and ceilings. They will learn how to enlarge painting ideas using various methods. Students will study and view several examples of Michelangelo Buonarroti's work on the Sistine Chapel and other famous artists.

#### #88 PRINTMAKING

1/2 credit Elective for grades 9-12 (Offered in school years beginning in even numbers) Lab Fee: \$10

#### **Prerequisite:** Adventures in Art

Students will produce creative, original prints using a wide variety of methods to produce prints. They will explore methods for ink transfer, block design, and image representation. Students will study the impact of reproducible art images in the modern society.

#### **#89 ADVANCED PAINTING**

1/2 credit Elective for grades 9-12 Lab Fee: \$10 Prereguisite: Painting

This class will build upon previous painting experience and will work with oil & acrylic paints or watercolors. This class will produce one-two large scale paintings. Students will be exposed to different movements in modern art. Students will create original artworks showcasing a strong sense of self.

#### **#90 ADVANCED POTTERY**

1/2 credit

Elective for grades 10-12

#### Lab Fee: \$10

Prerequisite: Pottery

Advanced Pottery will build on the skills learned in Pottery. Students will use several hand built methods as well as a potter's wheel to create more advanced pieces of pottery. Students will also expand on the different types of firing techniques and their effect on clay bodies.

### **MUSIC**

(All music courses qualify for Fine Arts requirement for graduation)

Band and Choir are co-curricular venues providing numerous musical performance opportunities for students. **VARSITY BAND** and **VARSITY CHOIR** are semester-long courses, meet every day for 42 minutes, and are offered to 9<sup>th</sup> grade students; students are expected to register for both fall and spring semesters. **CONCERT BAND** and **CONCERT CHOIR** are quarter-long courses, meet every day for 85 minutes, and are offered to 10<sup>th</sup>-12<sup>th</sup> grade students; students must register for two quarters. Each quarter offers unique opportunities.

\*Students wishing to participate in band *and* choir at the high school level may do so; prerequisites apply.

#102 VARSITY BAND 1B

1/2 credit Elective for grade 9

#104 VARSITY BAND 2B

1/2 credit Elective for grade 9

(Students are expected to register both fall and spring)

**Prerequisite:** Successful completion of Band 8 or director's approval This year-long course provides students with an introductory high school band experience. New, engaging music is chosen each quarter to help students explore, reinforce, and improve their musical and technical abilities. Students perform eight public performances each year (two per each quarter) including traditional concerts, a Homecoming Show, Jam the Gym, Large-Group contest, and the Graduation Ceremony. Students registering for this course should understand the responsibility to keep up with assignments and maintain a personal routine of practice.

\*Students who participate in Varsity Band and maintain a "C" are also eligible for extra-curricular music ensembles such as Jazz Band, Pep Band, Competitive Marching Band, Regional and National Tours, Honor Bands, Solo/Ensemble Competitions, ROCORI Drumline, Pit Orchestra. Participants in these ensembles are also recognized with Varsity Letter Points and by our community.

#### **#105 CONCERT BAND 1A**

1/2 credit Elective for grades 10-12 #106 CONCERT BAND 1B 1/2 credit Elective for grades 10-12 #107 CONCERT BAND 2A 1/2 credit Elective for grades 10-12 #108 CONCERT BAND 2B 1/2 credit Elective for grades 10-12

## (Students must register for no less than two quarters. Recommended order by quarters: quarters 1 and 3 OR quarters 2 and 4)

Prerequisite: Successful completion of Varsity Band or director's approval

This course is recommended for experienced, dedicated, and growing instrumental musicians. Concert Band provides the opportunity for students to express themselves through new, engaging, and challenging music (grades 3-5) each quarter. Each Quarter includes two public performances, music for small ensembles, and a continuation of individual technical ability as preparation for personal, professional, or collegiate performing.

Public Performances

Quarter 1 – Homecoming Performance and Fall Concert

Quarter 2 – Winter Concert and Jam the Gym

Quarter 3 – Pops Concert and Large-Group Contest

Quarter 4 – Spring Concert and Graduation Performance

\*Students who participate in Concert Band and retain a "C" are also eligible for extra-curricular music ensembles such as Jazz Band, Pep Band, Competitive Marching Band, Regional and National Tours, Honor Bands, Solo/Ensemble Competitions, ROCORI Drumline, Pit Orchestra. Participants in these ensembles are also recognized with Varsity Letter Points and by our community.

#### #110 VARSITY CHOIR 1A: 1/2 credit, Elective for grade 9 #112 VARSITY CHOIR 2A: 1/2 credit, Elective for grade 9 (Students are encouraged to register for both fall and spring.)

Prerequisite: Successful completion of Choir 8 or director's approval

**The Varsity Choir** is a Freshman ensemble. The choir meets daily for a half-block for the entire school year. The Varsity Choir serves as a training ground for students who wish to further their choral education, and provides preparation for Concert Choir. The main purpose of this group is to expose students to various styles of choral music along with teaching the art of singing, sight-reading, and music theory skills necessary to read choral music. Students involved with the Varsity Choir perform four major concerts a year (1/quarter). There are festival opportunities that arise during the school year and include (but are not limited to): In October: Real Men Sing, ACDA Men's/Women's Festival, In January: SCSU Big Sing.

#113 CONCERT CHOIR 1A

 1/2 credit
 Elective for grades 10-12

 #114 CONCERT CHOIR 1B

 1/2 credit

Elective for grades 10-12 #115 CONCERT CHOIR 2 1/2 credit Elective for grades 10-12 #116 CONCERT CHOIR 2B 1/2 credit Elective for grades 10-12

# (Students must register for no less than two quarters. Strongly recommend to take two consecutive quarters, for example quarters 1 & 2 or quarters 3 & 4)

**Concert Choir** is an auditioned group of students in grades 10-12 who are interested in singing advanced choral literature. The Concert Choir is the top vocal performance group at Albany Area High School. Students are required to audition and take 2 or more quarters of the class to participate. In the audition, students should be able to sing a major scale (without piano), have a minimum 4-note tonal memory, and be able to sight read a selection of music. Auditions will occur at the end of every school year to make preparations for next year's choirs. If a student would like to join midyear, an audition must occur before acceptance into the choir.

Concert Choir members perform four major concerts a year (one per quarter), participate in MSHSL Large Group Contest (3rd quarter), solo and ensemble competition (4th quarter), and festivals (October, January, including the Granite Ridge Conference Honor Choir). The Concert Choir students will partake in in-depth study of a variety of styles and historical aspects of choral music. Sight-singing, music theory, technical ability, stylistic interpretation, and texts in world languages are given more emphasis. Students are expected to have at least a B average in their previous years in Varsity and Concert Choir. Students may not drop below a C in any given quarter, or they will be dropped from the Concert Choir roster.

Students wishing to take both band and choir should register with course numbers provided below. A Student accepted for concert choir will register for concert band as well.

#117	VARSITY BAND 1A : 1/4 credit per quarter, Elective for grade 9-12
#118	VARSITY CHOIR 1A: 1/4 credit per quarter, Elective for grade 9-12
#119	VARSITY BAND 1B: 1/4 credit per quarter, Elective for grade 9-12
#120	VARSITY CHOIR 1B: 1/4 credit per quarter, Elective for grade 9-12
#121	VARSITY BAND 2A: 1/4 credit per quarter, Elective for grade 9-12
	VARSITY CHOIR 2A: 1/4 credit per quarter, Elective for grade 9-12

#123 VARSITY BAND 2B: 1/4 credit per quarter, Elective for grade 9-12#124 VARSITY CHOIR 2B: 1/4 credit per quarter, Elective for grade 9-12

#125 CONCERT BAND 1A: 1/4 credit per quarter, Elective for 10-12
#126 CONCERT CHOIR 1A: 1/4 credit per quarter, Elective for 10-12
#127 CONCERT BAND 1B: 1/4 credit per quarter, Elective for 10-12
#128 CONCERT CHOIR 1B: 1/4 credit per quarter, Elective for 10-12
#129 CONCERT BAND 2A: 1/4 credit per quarter, Elective for 10-12
#130 CONCERT CHOIR 2A: 1/4 credit per quarter, Elective for 10-12
#131 CONCERT BAND 2B: 1/4 credit per quarter, Elective for 10-12
#131 CONCERT BAND 2B: 1/4 credit per quarter, Elective for 10-12
#132 CONCERT CHOIR 2B: 1/4 credit per quarter, Elective for 10-12

# WORLD LANGUAGE

#### #151 SPANISH I A

1/2 credit

Elective for grades 9-12

#### #152 SPANISH I B

#### 1/2 credit

#### Elective for grades 9-12

NOTE: Students must register for two quarters of this class

Spanish I is open to all students who are eager to learn Spanish. Areas covered include reading, writing, listening, and speaking skills. Students will also be exposed to Hispanic culture.

#### #153 SPANISH II A

1/2 credit

Elective for grades 10-12

#### #154 SPANISH II B

1/2 credit

Elective for grades 10-12

NOTE: Students must register for two quarters of this class

**Prerequisite:** Students must receive a C- or better in Spanish I in order to ensure sufficient mastery to move onto level II.

This course builds on the basics learned in Spanish I. Students will further develop their reading, writing, listening and speaking skills. Additional items of Hispanic culture will be introduced to the students. Students having an interest in possibly participating in language programs outside of the school can receive information on such programs through the teacher.

#### #155 SPANISH III A

1/2 credit

Elective for grades 11-12

#### #156 SPANISH III B

1/2 credit

#### Elective for grades 11-12

NOTE: Students must register for two quarters of this class

Prerequisite: Successful completion of Spanish II

This course is geared toward the polishing and perfecting of the skills acquired in the first two levels of Spanish. This will be done through the students doing presentations, translations and other activities that will enable them to exercise their acquired skills. They will also further their knowledge of Hispanic cultures through these activities.

# **MATHEMATICS**

#### **Recommended Math Sequences**

	9th	10th	11th	12th
Sequence #1	Introduction to Algebra	Informal Geometry	Consumer Math/ Applied Algebra II	Algebra II
Sequence #2	Algebra I	Geometry	Algebra II/AlgebraIII	PreCalculus/College Algebra
Sequence #3	Enriched Geometry	Algebra II/III	PreCalculus/Coll ege Algebra	College Trigonometry/ College Calculus

NOTE: A minimum of 3 credits in high school including a Geometry course are required for graduation.

#### #261 INTRODUCTORY ALGEBRA 1A (Semester 1)

- 1/2 credit
- Grade 9

#### #262 INTRODUCTORY ALGEBRA 1B (Semester 2)

1/2 credit

#### Grade 9

Note: Students should register for Introductory Algebra 1A and 1B.

**Prerequisite:** Teacher recommendation

Introductory Algebra I will cover the basic concepts of linear Algebra with the possibility of investigating quadratic functions. This class is taught in a 1/2 block for a full year.

#### #263 ALGEBRA 1A (Semester 1)

1/2 credit

Grade 9

#### #264 ALGEBRA 1B (Semester 2)

1/2 credit

Grade 9

Prerequisite: Teacher recommendation and 8th grade Algebra I

**Note:** Students should register for Algebra 1A and 1B.

Students should register for Algebra IB if they have successfully completed Algebra IA. This Algebra course continues with the basic concepts of Algebra preparing the students for future math courses. This class is taught in a 1/2 block for a full year.

#### **#230 INFORMAL GEOMETRY A**

1/2 credit

#### Grade 10

#### **#231 INFORMAL GEOMETRY B**

1/2 credit

### Grade 10

**NOTE:** Students should register for Geometry A and Geometry B.

Prerequisite: Introductory Algebra or Algebra I

Informal Geometry is an alternative to Geometry for students who have completed Pre Algebra or Algebra I. Proof is not addressed in this course. Topics included are: language of geometry, measurement, lines, polygons, similarity and congruence, area and volumes, parallel, proportion, right triangle relations and circles. This course is recommended for students pursuing a technical education/career after high school.

#### #232 GEOMETRY A

1/2 credit

Grade 10

#### #233 GEOMETRY B

1/2 credit

Grade 10

**NOTE:** Students should register for Geometry A and Geometry B.

Prerequisite: Minimum "C" in Algebra I

Geometry is being provided for those students successfully completing Algebra I. It is one of several courses in a sequence providing experiences for those pursuing a college or technical degree or employment in a technical field. Some of the topics included are logical arguments related to geometric figures, real life problem solving which includes; area, perimeter, volume, similarity, trigonometry, and transformations.

#### #234 ENRICHED GEOMETRY A

1/2 credit

Grade 9

#### #235 ENRICHED GEOMETRY B

1/2 credit

### Grade 9

**NOTE:** Students should register for Enriched Geometry A and Enriched Geometry B. **Prerequisite:** Teacher recommendation and 8th grade Algebra I

In Enriched Geometry, students will study concepts in logical arguments related to geometric figures, real life problem solving which includes; area, perimeter, volume, similarity, trigonometry, and transformations. This class is taught in a 1/2 block for a full year.

#### #236 ALGEBRA II A

1/2 credit Grade 11 or 12 #237 ALGEBRA II B 1/2 credit

#### Grade 11 or 12

**NOTE:** Students should register for Algebra II A and Algebra II B.

Prerequisite: Minimum "C" in Geometry

Algebra II is a course required for those pursuing college degrees or employment in a technical field. Topics include linear functions, polynomial functions, inverse and radical functions, and exponential/logarithmic functions. Graphing many types of functions is also included. TI-84 graphing calculators are commonly used in this course.

#### #238 ALGEBRA III

#### 1/2 credit

#### Elective for grades 10 - 12

Prerequisite: Minimum "C" in Algebra IIB

Algebra III is a quarter course covering the concepts of rational functions, trigonometry, statistics and probability. This course is a prerequisite for Precalculus and is highly recommended as a prerequisite for College Algebra. TI-84 graphing calculators are commonly used in this course.

#### #239 ENRICHED ALGEBRA II A

1/2 credit

Grade 10

#### #240 ENRICHED ALGEBRA II B

1/2 credit

#### Grade 10

**NOTE:** Students should register for Enriched Algebra II A and Enriched Algebra II B. **Prerequisite:** Enriched Geometry

In this course a greater emphasis is given to solving problems. Topics include linear functions, polynomial functions, inverse and radical functions, and

exponential/logarithmic functions. This course is for students who completed their Enriched Geometry in grade 9. TI-84 graphing calculators are commonly used in this course.

#### #243 CONSUMER MATH/APPLIED ALG II A

1/2 credit

Grade 11 or 12

#244 CONSUMER MATH/APPLIED ALG II B

1/2 credit

Grade 11 or 12

**NOTE:** Students should register for Consumer Math/Applied ALG II A and II B.

**Prerequisite:** Intro to Algebra and Informal Geometry or Algebra I and Geometry \*Students who pass this class and Algebra 1 have successfully completed the state requirement for Algebra.

This semester course will alternate between standards-based Algebra II topics and practical applications of mathematics. Algebra II topics covered will include solving and graphing linear equations, slope, solving systems of equations, functions and relations,

and solving and graphing quadratic functions. Practical applications of this course will include managing your money and making wise financial decisions. Specific topics will be income, budgeting, savings accounts, loans, and investments.

#### **#245 PRECALCULUS A**

1/2 credit Elective for grades 11 or 12

### #246 PRECALCULUS B

1/2 credit

#### Elective for grades 11 or 12

**NOTE:** Students should register for Precalculus A and Precalculus B.

Prerequisite: Minimum "C" in Algebra III

Pre-Calculus is an extension of Algebra II & III topics and is a great course for those students pursuing a college degree. Topics covered are exponents & radicals, algebraic expressions & equations, complex numbers, inequalities, rectangular coordinate system, linear, quadratic & inverse functions, polynomial & rational functions, exponential & logarithmic functions and trigonometric functions & graphs.

#### #247 COLLEGE ALGEBRA (MATH 1114)

#### 1 credit

#### Elective for grades 10-12

**Prerequisite:** GPA Requirement: Current 10th Graders 3.2. Current Juniors 2.8 Must also meet 2 of the following requirements: minimum of C in Algebra III, 75% or higher on Algebra II Final, teacher recommendation

This course is offered through Minnesota State Community and Technical College (Fergus Falls) for 4 semester credits (MATH 1114). The course focuses on the following topics: linear and quadratic functions and their graphs, inverses of linear and quadratic functions and their graphs, exponential and logarithmic functions and their graphs, radical functions, solving linear systems of equations by substitution, elimination, and graphing, finding real and complex zeros of polynomials, function operations (including composition), and matrices.

**NOTE**: Graphing calculator (TI-84) strongly recommended. Flexible learning days for students are a part of this college course.

#### #248 COLLEGE FUNCTIONS / TRIGONOMETRY (MATH 1115)

#### 1 credit

#### Elective for grades 11-12

**Prerequisite:** Minimum of a "C" in College Algebra (MATH 1114)

This course is offered through Minnesota State Community and Technical College (Fergus Falls) for 4 semester credits (MATH 1115). The course focuses on the following topics: trigonometric functions, right triangle trigonometry, radian measure and circular functions, proving identities, solving trig equations, solving applications using trig, solving oblique triangles, complex numbers, vectors, polar coordinates & graphs, and conic sections.

**NOTE**: Graphing calculator (TI-84) strongly recommended. Flexible learning days for students are a part of this college course.

#### #249 COLLEGE CALCULUS I (MATH 1134)

#### 1 credit

#### Elective for grades 11-12

**Prerequisite:** Minimum "C" in College Functions / Trigonometry (MATH 1115) This course is offered through Minnesota State Community Technical Colleges (Fergus Falls) for 5 semester credits (MATH 1134). The course focuses on the following topics: limits and continuity, derivatives, definite and indefinite integrals of algebraic and trigonometric functions, including applications of derivatives and definite integrals. **NOTE**: Graphing calculator (TI-84) strongly recommended. Flexible learning days for students are a part of this college course.

# **PHYSICAL EDUCATION AND HEALTH**

One credit of Physical Education is required for graduation. Physical Education 9 is required in 9th grade ( $\frac{1}{2}$  credit), as well as one more elective course in grades 10-12 ( $\frac{1}{2}$  credit). In block scheduling, students should be aware that they will take only one quarter of PE. Students can take more than one physical education elective, but not in the same year. Students cannot repeat physical education electives. One-half credit of Health is required in grade 10.

#### **#276 PHYSICAL EDUCATION 9**

#### 1/2 credit

#### **Required in grade 9**

This course is designed to incorporate physical activity into the students day and expose them to a variety of activities that could be enjoyed for a lifetime. The goal of the course is to enhance students cardio-respiratory endurance, strength, flexibility, balance, and coordination through team and dual sports, and individual lifelong fitness activities. Students will also learn rules and strategies of each activity, and incorporate teamwork and sportsmanship on a daily basis. Fitness testing is conducted at the beginning and end of each quarter to measure improvement. The course will include the following activities: swimming, basketball, volleyball, floor hockey, tchoukball, soccer, speedball, softball (seasonal), fitness testing, weight training, pickleball, ultimate frisbee, and modern/social dance. Activities will be offered as seasonal conditions permit.

#### **#277 RECREATIONAL SPORTS**

#### 1/2 credit

#### Elective for grades 10-12

Recreational Sports is a course designed to give students the opportunity to learn and participate in a variety of activities, mostly held outdoors. Some outdoor team sports are included, but most activities are individual, with an emphasis on activities that can be done for a lifetime. The class will only be held during quarter one for weather reasons. Activities will include archery, sand/3-way volleyball, biking, kayaking, disc golf, golf, in-line skating, flag football, tennis, ultimate frisbee, softball, soccer, walking, kin-ball, kan jam, and bean bags. Students will also be required to write a reflection paper on their experience in class. Fees may apply for the archery unit. Students must be able to ride a two wheeled bike a minimum of 2 miles.

#### **#278 COMPETITIVE SPORTS**

#### 1/2 credit

#### Elective for grades 10-12

Competitive Sports class is designed to give students the opportunity to participate in a fast paced competitive atmosphere through team, dual, and individual sports. Students will be exposed to a variety of sports, rules, and strategies, and apply them to competitive game play. The activities in this class are designed to enhance students' overall fitness and expose them to a variety of activities they could participate in in their future. Sportsmanship and teamwork will be emphasized throughout this course.

Activities in this class include badminton, basketball, floor hockey, pickleball, softball (seasonal), spikeball, tchoukball, speedball, soccer, ultimate frisbee, volleyball, kan jam and lacrosse. These units may vary depending on the time of year and gym space. Students will also be required to write a reflection paper on their experience in class.

#### **#279 WEIGHT TRAINING & CONDITIONING**

#### 1/2 credit

#### Elective for grades 10-12

Weight Training and Conditioning class is a workout course designed to give students the opportunity to improve their overall fitness levels through participation in a weight training program provided for them. The weight program is based on four core lifts which target large muscle groups within the body, and auxiliary lifts which target smaller muscle groups. The course consists of learning the principles of weight training, learning and executing proper lifting and spotting techniques, learning how to target specific muscle groups through various lifts, and improving muscular strength and muscular endurance. Students will also participate in a variety of conditioning activities designed to enhance cardiorespiratory endurance, speed, and agility. Students will also use goal setting as a motivational tool throughout the course. A pre and a post test is used to measure improvement in both the core lifts and selected conditioning activities.

#### **#283: COLLEGE WEIGHT TRAINING AND CONDITIONING**

#### 1/2 credit

#### Elective for grades 11-12,

#### Prerequisite: Weight training and Conditioning.

**NOTE:** Seniors are required to have a GPA. of 2.5; juniors are required to have a GPA of 3.0. Minnesota State Colleges and Universities policy requires all students take the Accuplacer Placement Test prior to enrollment in CIS courses.

College Weight Training and Conditioning is a workout course based on principles learned in Weight Training and Conditioning. Students will lift in the weight room three days per week. The other two days per week will consist of conditioning activities that benefit cardiorespiratory endurance, speed, agility, and overall fitness. Students will design and implement their own approved weight training program to accomplish their fitness goals they set for themselves. Students will also design and implement a conditioning activity for the whole class to participate in. An emphasis will be placed on lifting and spotting techniques, setting realistic fitness goals, and developing and executing a plan to meet those goals. Students will also be required to give a small presentation to the class on a specific muscle or muscle group.

#### #281 AEROBICS

#### 1/2 credit

#### Elective for grades 10-12

Through participation students will learn the basics of a variety of aerobics programs. Activities may include high and low impact aerobics, step aerobics, water aerobics, yoga, pilates, kickboxing, tae-bo, bosu ball, fitness videos, stability ball, and cardio and body bar training. Full participation for all activities are required. Modifications to individual exercises are permitted to allow for safety.

#### #282 HEALTH 10

#### 1/2 credit

#### Required grade 10

The course focuses on topics to promote positive lifelong skills and the well being of the student over their entire life. Content areas covered deal with areas of family and social health, physical health, chemical health, consumer health and sexual health. Aspects of grief and death will be discussed along with symptoms of mental health problems. This course also concentrates on the health areas that are of the greatest concern for today's teenagers such as STDs, problem solving, relationships, etc.

# **SCIENCE**

Science Safety: Students participating in science courses will be required to follow all lab safety rules set down by the instructor of the course. These rules shall include but not be limited to: proper eye protection during all labs, caution and common sense in the handling of all laboratory equipment, as well as chemicals. Before being allowed to perform any laboratory activities, students must meet the instructor's requirements for handling laboratory apparatus safely. Students who violate safety rules will be excluded from using the laboratory.

#### **#301 GENERAL SCIENCE 9 A**

1/2 credit Required for grade 9 #302 GENERAL SCIENCE 9 B

1/2 credit

#### **Required for grade 9**

This course provides students with opportunities to explore and learn about a broad range of science concepts. Topics include laws of motion, properties of matter, periodic table, chemical reactions, energy transfers, light, sound, electricity, universe, solar system, & earth systems.

#### #311 CHEMISTRY A

1/2 credit

Required for grade 10

### #312 CHEMISTRY B

### 1/2 credit

#### Required for grade 10

#### Prerequisite: Successful completion of Science 9

Chemistry is the study of the properties of materials and the changes that materials undergo. Topics of study include: classification of matter, chemical changes, physical changes, the periodic table, chemical equations, and calculations. Laboratory experiments will be performed to reinforce these concepts. This course is intended for college-bound students with an interest in the sciences or medical fields.

NOTE: This course meets the state requirements for Chemistry/Physics.

#### #303 BIOLOGY A

1/2 credit
Requirement for grade 11

#304 BIOLOGY B
1/2 credit
Requirement for grade 11
Prerequisite: Successful completion of Science 9 and Chemistry
In this course, the learner will analyze the living world from simple cells and their

processes to complex organisms and their relationships with other organisms within a

variety of environments. This will be accomplished through laboratory experiments, cooperative group learning, inquiry-based projects, and discussion.

#### **#305 BIOTECHNOLOGY**

#### 1/2 credit

#### Elective for grade 11-12

**Prerequisite:** Students must have teacher approval and successfully completed Biology A and Biology B

This course introduces the student to the rapidly growing area of biotechnology. During this course, the students will enhance their knowledge of detailed biological systems and learn new information about the following concepts: human genome, gene regulation and testing for expression, epigenetics, cloning, stem cells, DNA profiling, genetic engineering, synthetic biology, and fields of biotechnology ranging from medical to aquatic. Practice using sterile laboratory techniques and analyzing bioethical issues will also be included throughout the course.

#### #306 HUMAN ANATOMY AND PHYSIOLOGY A

1/2 credit

Elective for grades 11-12

#### #307 HUMAN ANATOMY AND PHYSIOLOGY B

1/2 credit

#### Elective grades 11-12

NOTE: Students must register for two quarters of this class

**Prerequisite:** Teacher approval needed for this class

This course examines the anatomy and physiological processes of the human body. This will be accomplished through the use of lecture discussions, experimentation, and small group discussions. Medical careers will also be discussed and a series of speakers and site visits will be part of this curriculum.

#### **#308 FORENSIC SCIENCE**

#### 1/2 Credit

#### Elective for grades 11-12

**Prerequisite:** Teacher approval and successful completion of Chemistry What is the connection between crime and science? Forensic science applies scientific principles to solve crimes using the evidence at hand. In this laboratory based course, the student will analyze physical and chemical evidence using microscopy, measurement, instrumentation and comparison. Topics in this course include analysis of fingerprints, blood, handwriting, DNA, fabric, and casts. The information gathered in this course is used in occupations such as criminal justice, law enforcement, insurance investigation, forensic science, and law.

#### #313 PHYSICS A

1/2 credit Elective for grades 11-12

#### #314 PHYSICS B

#### 1/2 credit

#### Elective for grades 11-12

**NOTE:** students must register for two quarters of this class

Prerequisite: Successful completion of Algebra II

This course offers the student explanations and analysis of the physical world. Areas of study include: one and two-dimensional motion, forces, momentum, work, energy, static electricity, wave motion, and electromagnetism. Laboratory experiments will be used to demonstrate these physical concepts. Physics in technology will be analyzed including the important scientists involved in the development of technology. The student will also apply problem solving skills to daily life and develop an increased appreciation for the physical world.

\*This course meets the state requirements for Chemistry/Physics.

#### **#315 MINNESOTA WILDLIFE**

#### 1/2 credit

#### Elective for grades 10-12

This course will examine Minnesota mammals, fish, birds, and herptiles. Students will learn identification, classification, and ecosystem requirements of our native wildlife and their interactions with each other.

#### **#316 MINNESOTA OUTDOORS**

#### 1/2 credit

#### Elective for grades 10-12

This course will examine Minnesota terrestrial ecosystems with a focus on plants. Students will learn tree, shrub, and plant identification and ecosystem types. Additional topics include orientation, ecological interactions, classification, and population ecology.

#### #318 AP BIOLOGY

#### 1 credit

#### Elective for grades 11-12

**Prerequisite:** Successful completion of General Science and Chemistry with a grade of "B" or better.

Advanced Placement Biology is a semester long course that students can take in place of regular Biology or in addition to it. Students will cover Biology concepts at a faster pace and will be working to prepare for the AP exam in May which allows the students to earn possible college credit at universities across the nation. Concepts will be covered through laboratory experiments, cooperative group learning, inquiry-based projects, and discussion.

#### **#320 CURRENT SCIENCE ISSUES (CSI)**

### 1/2 credit Elective for grades 11-12

This seminar-based course will include an overview of current news, innovations, issues, careers, and ethics in various fields of science. Students will practice analyzing sources of information for accuracy and credibility while learning about what is going on in science, both in public view and behind closed doors, and defend their views in class discussion and debates.

## **SOCIAL STUDIES**

#### **#347 WESTERN CIVILIZATION**

#### 1/2 credit

#### Required for grade 9

This course will trace the background and heritage of Western Civilization from antiquity to 1800 America. The goal of this course is to develop a foundation to study American History in the context of World History. The material is divided roughly into six major sections 1) Early Civilizations, 2) Greece & Rome, 3) Medieval Europe, 4) Renaissance & Reformation, 5) Ages of Enlightenment & Exploration and 6) Revolutions. We will examine some of the political structures, ideas, religions, events, movements, social and economic developments, and personalities that have shaped western culture and identity. Current issues will be included throughout the class.

#### **#351 EARLY AMERICAN HISTORY**

#### 1/2 credit

#### **Required for grade 9**

#### Prerequisite: Western Civilization

Students will begin their study with a review of the principles of the American Revolution, then the creation of the American Government and the development of the American Nation. The class will study the westward movement from the original colonies, and will learn how the nation became divided, North and South. The topic of slavery, causes of the Civil War, and the immediate results of the war will also be studied. Students will begin by understanding the Reconstruction Era that followed the Civil War, followed by learning about Native American history and culture west of the Mississippi River and U.S. expansion to the Pacific Ocean. They will also study immigration and minority issues and turn of the century society. The end of the course will look at how the US begins to look beyond its borders to other areas of the World. Current issues will be included throughout the class.

#### **#354 MODERN AMERICAN HISTORY A**

#### 1/2 credit

Required for grade 10

#### **#350 MODERN AMERICAN HISTORY B**

#### 1/2 credit

#### **Required for grade 10**

NOTE: Students need A and B to complete the graduation requirement.

Prerequisite: Early American History and Western Civilization

This course continues the studies of the Western Civilization/Early American Studies class (9th grade). This course examines the USA's growth at home and internationally. Units include World War I, followed by studies in the 1920s and 1930s. World War II, its causes, events and aftermath, are emphasized. "Post-war" U.S. society and the USA's role in global affairs are studied throughout the 1950s, 1960s, 1970s, 1980s, 1990s and

the latest "Turn of the century" (2000) including the first decade of the current century. Contemporary U.S. society/current events are included.

#### **#356 WORLD STUDIES A**

1/2 credit Required for grade 11 #366 WORLD STUDIES B

#### 1/2 credit

#### Required for grade 11

**NOTE**: Students need A and B to complete the graduation requirement.

#### Prerequisite: Modern American History

World Studies is designed to educate students about their cultural past, contemporary issues and future needs. Students will learn about state and worldwide issues including the developing nations and economic problems. The study of world geography will constitute a major area of study in this course. The course will attempt to develop the student's critical thinking skills as well as problem solving and decision making skills.

#### **#357 COLLEGE GEOGRAPHY**

#### Elective for Grade 11 - 12

Prerequisite: B or above in World Studies B

Theme of socioeconomic development, broadly defined, used to organize and present a variety of geographic concepts in relation to selected major regions of the world. Students will gain an understanding and appreciation of the spatial relationship of the physical and human elements of our world with an emphasis on the interdependence of nations and peoples. Geography describes the earth's environments and gives character to places through words, maps and graphics, and this course will explore these elements and their contributions to the diversity of world geography. Students will become aware of how the world and the earth's people interact in local regions and in patterns around the globe.

#### #358 U.S. GOVERNMENT

#### 1/2 credit

#### Required for grade 12

This course contains the study of the government at the federal, state, and local levels. Each level of government is broken into the three branches for intensive study. Also studied is the basic philosophy of democracy and other governments. Election procedures, political parties, and voting are taught for intended future political involvement.

#### **#359 COLLEGE POLITICAL SCIENCE**

#### 1/2 credit Elective for grade 12 Prerequisite: Proficient score on the MCA Reading assessment

This course is part of the College In High School program and satisfies the senior US Government requirement. Students will also receive 4 college credits through University of Minnesota - Crookston. This class is set in a block schedule for one quarter and students must participate in the "We The People" activity in St. Paul in order to receive college credit. Students must qualify for this course. Please see School Counselors for details.

#### **#360 ECONOMICS**

#### 1/2 credit

#### Required for grade 12

This course will be an overall look at economics, a little bit of general economic theory, an introduction to microeconomics with supply and demand and economic system, an introduction to macroeconomics with inflation, unemployment, and GDP, a little global trade and personal finance with investing, money, stocks and taxes.

#### #367 ECONOMICS (Hybrid Course)

#### 1/2 credit

#### Required for grade 12

**NOTE:** Registration for all hybrid courses will be reviewed by departments for appropriate educational placement.

This course is the same as course #360, but is offered in a hybrid format. Students will have a combination of traditional classes and online classes. Students registering for this course should understand the responsibility to keep up with assignments presented in an on-line format and may be assigned to daily traditional attendance if they fall behind.

#### #349 COLLEGE MICROECONOMICS: APEC 1101 (College Credit)

#### 1/2 credit

#### Elective for grade 12

#### Prerequisite: Economics

This course introduces economic analysis of individual, business, and industry choices in the market economy. Topics include the price mechanism, supply and demand, optimizing economic behavior, costs and revenue, market structures, factor markets, income distribution, market failure, and government intervention. Upon completion, students should be able to identify and evaluate consumer and business alternatives in order to achieve economic objectives efficiently. This course has been approved by the University of Minnesota for 3 College Credits.

#### #361 20TH CENTURY WORLD HISTORY

#### 1/2 credit

#### Elective for grades 11-12

This is an elective course examining the causes and interrelationships of major events of the 20th Century. Topics to be explored include the World Wars, genocide, the Cold

War, the rise and fall of communism, Vietnam, and other events that shaped today's world, such as the Middle East Conflict, terrorism and current events.

#### **#362 INTRODUCTION TO PSYCHOLOGY**

#### 1/2 credit

#### Elective for grades 11-12

This course is designed to give students a fundamental knowledge of the basic concepts in the field of psychology. Students will study explanations and theories which can help them understand their own behavior and the behavior of others. Units of study include: personality development, mind and body connections, lifespan development, sleep and dreams, and psychological disturbances.

#### **#363 ADVANCED PSYCHOLOGY**

#### 1/2 credit

#### Elective for grades 11-12

Prerequisite: Introduction to Psychology

This course will be more detailed than the introductory course, but will develop many of the same ideas. Included in the course will be research methods and analysis. Discovery learning through experiments and surveys is emphasized. Other units of study include treatment of psychological disturbances, emotion & motivation, personality testing, principles of learning, cognitive processes and aspects of social psychology.

#### **#364 HISTORY OF MEDIA**

#### 1/2 credit

#### Elective grades 10-12

This course examines the history and development of Mass Media with an emphasis on communication such as print media, radio, film, music, advertising, social media, and new innovative technology uses. The course also studies Mass Media's influences on society and will aim to increase a student's media literacy skills.

#### **#365 CONTEMPORARY ISSUES**

#### 1/2 credit

#### Elective for grades 10-12

This course will utilize the concepts of change, global interdependence and current trends as a framework to analyze the causes, consequences and solutions to persisting local, state, national and global issues. A variety of media resources will be used to examine today's world events in relationship to the lives of students. This course will require each student to complete a quarter long project.

#### **#370 DIVERSITY ISSUES IN AMERICA**

#### 1/2 credit

#### Elective for grades 11-12

This course will address such diversity issues as racism, sexism, classism, ageism, and disability rights. The course will look extensively at these issues, the history of them,

and how these issues have played a divisive role in American society. Students will ponder the question, "Can America survive with these issues so evident in society?"

# **MISCELLANEOUS COURSES**

#### **#353 CAREER EXPLORATION**

#### 1/2 credit

#### **Required for grades 9**

In this course students will be exposed to numerous occupational fields. They will visit the different types of post-secondary schools and have guest presenters from different occupational fields. Students will complete numerous assessment tools to assist them in identifying their personal strengths, aptitudes, and personality tendencies. They will create a 4-year plan for graduation standards and for possible occupational pathways. In addition to career exploration activities, study skills and techniques to help them succeed in high school course work will be addressed. The course will also focus on important personal development topics and teen issues.

#### #400 SCHOOL SERVICE CREDIT

#### 1/2 credit

#### Elective for grade 12

# \*\* Students may choose School Service or Independent Study once during their high school career unless extenuating circumstances apply.

Students may receive high school credit for services performed within the school or for a nonprofit organization. In order to earn a school service credit, a student must work at a school or volunteer task one block each day for the quarter. Students will receive a Pass (P) or No pass (N) grade on the report card for the experience. This grade is not used when computing grade point averages. Students may choose a school service elective only once for a total of one-half credit during the senior year of high school. Each school service credit will require that a contract be drawn up between a teacher or staff member in the system and the student requesting the credit approval. A weekly log sheet must be completed by the student for every week of that quarter.

#### #401 COMMUNITY SERVICE CREDIT

#### 1/2 credit per 60 hours of service Elective for grades 11-12

#### Maximum of 1 credit

Students are eligible to receive high school credit for services performed for a community or volunteer organization. In order to earn community service credit, a student must work at least 60 hours of volunteer service (non-paid) to earn 1/2 credit. Students will receive a pass (P) as a grade on the report card for their experience. This grade is not used when computing grade point average. A student will be allowed to earn a maximum of one community service credit toward completion of their graduation requirements. Each community service credit will require a contract between the student and the supervisor. Contracts will be evaluated at the end of each quarter. This contract must contain a job description, goals, evaluation process and specific location of service.

All community service is done outside of school hours and does not substitute for courses at Albany High School.

#### #402 INDEPENDENT STUDY

#### 1/2 credit

#### Elective for grade 12

(This class is a substitute for a school service. Students should not pre-register for this course.)

This is a course designed for the student who has a special interest or talent in a given subject area. Students taking Independent Study will work on their own in a subject with the support of the chosen faculty in that subject. For students to qualify for this class they must; have a 3.0 or better in that given area, have a good attendance record, have a good record of discipline, completed all courses offered in the given content area, and have permission from the instructor. Students must also submit a learning plan for teacher and administrative approval.

#### #404 ACT PREP

#### 1/2 credit

Elective for grade 11 \*NOTE: students must register for and take the ACT to be in this course.

ACT Prep is a course designed to prepare students to take the ACT college entrance exam. A computer based program will be used to review learning from the four areas of the test; English, Science, Reading, Math. Students will also be taught test taking skills to help them prepare for the nuances of the test.