

After School Snack Menu

February 2020

3

Cheddar Goldfish Crackers

100% Fruit Juice

4

Fresh Apple

String Cheese

5

Strawberry PopTart

1% White Milk

6

Butterscotch Bar

100% Apple Juice

7

Blueberry Muffin

Chocolate Milk

10

Animal Crackers

Trix Yogurt

11

Cheerios

1% White Milk

12

Pretzel Goldfish

100% Orange Juice

13

Cocoa Puffs Cereal Bar

1% White Milk

14

No School

Parent Teacher Conferences

17

No School

President's Day

18

Cinnamon Elf Grahams

Chocolate Milk

19

Cheez-It Crackers

100% Fruit Juice

20

Trix Cereal Bar

1% White Milk

21

Heartzel Pretzels

String Cheese

24

Chocolate Elf Grahams

Trix Yogurt

25

Cheerios

1% White Milk

26

Fresh Apple

String Cheese

27

Banana Muffin

Chocolate Milk

28

No School

Teacher's Institute

Choose a nutritional after school snack to keep your heart healthy!



Low Fat Dairy: Healthy & Delicious!

~Calcium for Strong Bones

~Protein for Healthy Muscles