



Pre-K Lunch Menu February 2020



<p>3</p> <p>Ham & Cheese sandwich ½ & Cheese Stick</p> <p><i>Applesauce Baby Carrots Low-Fat Milk</i></p>	<p>4</p> <p>Rice Chex w/ Hard Boiled Egg</p> <p><i>Mandarin Oranges Sweet Peas Low-Fat Milk</i></p>	<p>5</p> <p>Turkey sandwich ½ w/ Cheese Stick</p> <p><i>Banana Fresh Cucumbers Low-Fat Milk</i></p>	<p>6</p> <p>Cinnamon Breakfast Round Trix Yogurt & Cheese Stick</p> <p><i>Mixed Berry Cup Garbanzo Beans Low-Fat Milk</i></p>	<p>7</p> <p>Apple Slices with Sun Butter & Pretzel Rod</p> <p><i>Celery Sticks Low-Fat Milk</i></p>
<p>10</p> <p>Banana Muffin Trix Yogurt Cheese Stick</p> <p><i>Mandarin Oranges Sweet Peas Low-Fat Milk</i></p>	<p>11</p> <p>Diced Ham w/ Cheese Cubes & Goldfish Colors</p> <p><i>Diced Pears Fresh Baby Carrots Low-Fat Milk</i></p>	<p>12</p> <p>Popcorn Chicken w/ Pretzel Rod</p> <p><i>Applesauce Garbanzo Beans Low-Fat Milk</i></p>	<p>13</p> <p>SBJ Sandwich ½</p> <p><i>Banana Red Pepper Strips Low-Fat Milk</i></p>	<p>14</p> <p><u>No School</u></p> <p><u>Parent Teacher Conferences</u></p>
<p>17</p> <p><u>No School</u></p> <p><u>President's Day</u></p>	<p>18</p> <p>Chex Cereal Yogurt Cheese Stick</p> <p><i>Diced Pears Green Pepper Strips Low-Fat Milk</i></p>	<p>19</p> <p>Turkey & Cheese Cubes Saltine Crackers</p> <p><i>Applesauce Fresh Peas Low-Fat Milk</i></p>	<p>20</p> <p>Ham Wrap 1/2 with Cheese Stick</p> <p><i>Banana Fresh Broccoli Low-Fat Milk</i></p>	<p>21</p> <p>Apple Slices with Sun Butter & Pretzel Rod</p> <p><i>Celery Sticks Low-Fat Milk</i></p>
<p>24</p> <p>Blueberry Muffin Trix Yogurt Cheese Stick</p> <p><i>Diced Peaches Sweet Peas Low Fat Milk</i></p>	<p>25</p> <p>Turkey Sandwich ½</p> <p><i>Applesauce Fresh Baby Carrots Low Fat Milk</i></p>	<p>26</p> <p>Apple Cinnamon Cheerios Hard Boiled Egg</p> <p><i>Strawberry Cup Garbanzo Beans Low Fat Milk</i></p>	<p>27</p> <p>Ham & Cheese Sandwich ½ Cheese Stick</p> <p><i>Diced Pears Fresh Celery Sticks Low Fat Milk</i></p>	<p>28</p> <p><u>No School</u></p> <p><u>Teacher's Institute</u></p>



What Makes a Meal?

Lunch meals consist of a serving of fruit, vegetable, whole grains, meat/meat alternate and unflavored low-fat milk.

