



KISD SHAC MINUTES DECEMBER 3, 2019

Meeting Called to order by S. Reeves, BSN,RN at 4:03pm

Members Present: Stephanie Reeves, Arcenia Urquiza, Daneekia Leonard, Katie Sotzing, Kennan Dealy, Patricia Rivera, Anita Hurtado, Lydia Bushnell, J.Williamson, and Keisha Diera

1. **SHAC** members vote in **New Parent Co-Chair Keisha Diera** (S.Reeves nominate, K.Sotzing 2nd)
2. **Health and Wellness-** KISD SHAC is promoting and supporting KISD employee health and wellbeing with participation in Texas Mobile Imaging starting Dec. 4th on various campuses throughout the District. Texas Mobile Imaging are solely screening exams offered at a great rate. They include the following screenings: Internal Carotid Artery; Abdominal Aorta Aneurysm; Ankle Brachial Index; AFIB; Bone Density; and Vital Organ Screenings. See attachment for KISD Screening Pathology Results.
3. **KISD ANNUAL BACK TO SCHOOL HEALTH FAIR-** The SHAC Committee recommends we proceed with planning for August 2nd Health Fair and to start contacting Vendors from last year. We will discuss more at the next meeting.
4. **Physical-Walk Across Texas recommendations Katie Sotzing Speaker:** Student participation Numbers down this session with HEECC< PES<NES. MES had high participation. Total 981 students walking 9,080 miles. Ideas to increase participation for 2020-2021 are to meet with PE teachers of each campus in May prior to school getting out; Offer Incentives, advertise more to Staff and families to make sure parents aware, use FB, Remind, technology etc. Texas A&M provided 17,000 copies of papers for the Walk Across Texas program this semester to KISD campuses. Thank you so much to Katie Sotzing and Lisa P. for their assistance.
5. **Vaping- Patricia Rivera with TDHS speaker:** Mrs. Rivera touched on the latest update and 3 programs: Catch My Breath has the JUUL information: [CATCH My Breath E-Cigarette & JUUL Prevention](#)

Another program is called ASPIRE: ASPIRE | MD Anderson Cancer CTR & our Regional Tobacco Prevention Coordinator highly recommends Stanford Medicine Tobacco Prevention Toolkit. Please see attachments.

6. **KISD Safety**- Stop the Bleed program initiation for HB 496with District wide training in regards to traumatic injury and bleeding control initiated by each Campus RN-who are Stop the Bleed instructors. Each campus now has stocked Stop the Bleed kits with each AED site.
7. Meeting adjourned at 5:03pm. Next meeting February 18th, 2020 4pm KISD Administration Building