



Lyme Old Lyme ES Lunch Menu: February 2020

Monday	Tuesday	Wednesday	Thursday	Friday
WE SERVE	BOAR'S HEAD	DELI MEATS	AT ALL OUR SCHOOLS	IN REGION 18
3 Chicken Nuggets Honey Mustard or BBQ Sauce Seasoned Potato Wedges Savory Green Beans, Roll	4 Beef Nachos Shredded Cheddar, Salsa Lettuce, Tomato, Light Sour Cream, Mex Corn	5 Corn Dog Baked Beans French Fries	6 Golden Toasty Cheese Sandwich Campbell's Tomato or Chicken Noodle Soup	7 Classic Cheese OR Pepperoni Pizza Colorful Tossed Salad
Week 1: Hummus, Veggies & Tostitos Fun Lunch/Boar's Head Maple Honey Ham & Swiss w/Lettuce on Potato Slider Rolls				
10 Classic Cheeseburger On WG Bun Baked French Fries Glazed Carrots	11 Chicken Tacos Shredded Cheddar, Salsa Lettuce, Tomato, Light Sour Cream, Mex Corn	12 Pasta with Meatballs Seasoned Green Beans Toasted Whole Grain Garlic Bread	13 Breakfast for Lunch Pancakes, Syrup Sausage Patties and Tator Tots	14 Early Dismissal Classic Cheese Pizza Colorful Tossed Salad
Week 2: Sliders, Ham, Cheddar, & Grapes Fun Lunch/Boar's Oven Gold Turkey & Provolone w/Lettuce on WG Wrap				
17 PRESIDENT'S DAY	18 WINTER BREAK	19 WINTER BREAK	20 WINTER BREAK	21 WINTER BREAK
Week 3: Turkey, Ham, Cheddar, & Grapes Fun Lunch/Boar's Oven Gold Turkey & Provolone w/Lettuce on WG Wrap				
24 Cheese Filled Breadsticks Warm Marinara Sauce Seasoned Broccoli	25 Cheese Quesadilla w/Chicken on the Side Salsa, Light Sour Cream Mexican Corn, Fiesta Rice	26 Macaroni and Cheese w/Ham, Cheddar Glazed Carrots Herb WG Breadstick	27 Roast Turkey w/Gravy Mashed Potatoes Mixed Veggies Whole Grain Dinner Roll	28 Classic Cheese OR Pepperoni Pizza California Veggie Blend
Week 4: Pizza Bagel Fun Lunch/Boar's Head Chicken Breast & American w/Lettuce on WG Roll				
Farm Fresh Fruit and Vegetables featuring Local Farms and Orchards				
Power Peas Fresh Baby Carrots Assorted Fresh Fruit (LG) Assorted Chilled Fruit	 Garbanzo Beans  Green Pepper Strips Assorted Fresh Fruit (LG) Assorted Chilled Fruit	 Power Peas  Fresh Baby Carrots Assorted Fresh Fruit (LG) Assorted Chilled Fruit	 Garbanzo Beans  Green Pepper Strips Assorted Fresh Fruit (LG) Assorted Chilled Fruit	 Power Peas  Fresh Baby Carrots Assorted Fresh Fruit (LG) Assorted Chilled Fruit
We Serve Boar's Head Deli Meats At All Our Schools	Build Your Tray the Healthy Way!	Take at Least 3 Food Groups. A Full Student Lunch	Includes an Entrée Supplying Grain and/or Protein	Vegetable and Fruit Fruit Side Dishes And a Choice of Milk



Vegetarian

Locally Grown

THE GREAT AMERICAN ROADTRIP – Discover New Flavors in Your Cafeteria This Month

A Full Student Lunch includes an entrée supplying grain and/or protein, two (2) vegetable and one (1) fruit side dishes, and a choice of milk: skim, 1%, or fat free chocolate. Full Paid \$3.00, Reduced \$0.40, Free to those that qualify. Applications for Free and Reduced Meals are available at the Main Office of each school and on the District website. Questions: Call Gary Holland at 860-434-4442. This Institution is an Equal Opportunity Provider.