



DARIOUSH
Epicurus
FINE SCHOOL CATERING



FEBRUARY LUNCH MENU

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
03 Grilled Sandwich Cheese or Ham & Cheese Tomato Soup Seasonal Vegetable	04 Chicken or Mushroom Chow Mein Seasonal Vegetable	05 Burritos Beef or Bean & Cheese Fresh Salsa Seasonal Vegetable	06 Pasta Bar Marinara or Meat Sauce Caesar Salad Seasonal Vegetable	07 Quesadillas Chicken or Cheese Refried Beans Seasonal Vegetable
10 Pizza Pepperoni or Cheese Seasonal Vegetable	11 Hot Dogs Beef or Veggie Roasted Potatoes Seasonal vegetable	12 Oven Baked Tenders Chicken or Tofu Pasta Carrots & Celery Sticks	13 Mac & Cheese <i>optional</i> Crispy Bacon Seasonal Vegetable	14 Grandparents & Special Friends Day Half Day/Noon Dismissal
17 Mid-Winter BREAK	18 Mid-Winter BREAK	19 Mid-Winter BREAK	20 Mid-Winter BREAK	21 Mid-Winter BREAK
24 Oven Baked Pasta Cheese or Sausage Seasonal Vegetable	25 BBQ Sandwich Turkey or Lentil Sloppy Joe Citrus Coleslaw Seasonal Vegetable	26 Chile Verde Pork or Chickpea Rice Refried Beans Seasonal Vegetable	27 Teriyaki Chicken or Tofu Steamed Rice Seasonal Vegetable	28 Baked Potato Bar Chili, Cheddar, Sour Cream, Green Onion Seasonal Vegetable

Available daily:

Organic Yogurt, Organic Seasonal Fresh Fruit; Chicken Soup and Vegetarian Soup;
Salad Bar with Seasonal Organic Veggies, Seeds, Legumes, Tofu and House-made Chicken Salad, or Tuna Salad
Daily Sandwich with Zoe's Turkey or Ham, and Organic Sprouted Whole Wheat Bread

*Our ingredients are sourced from organic, local, and sustainable producers whenever possible.
Proteins are mainly sourced from Marin Sun Farms, Zoe's Meats, Mary's Chickens, and Dairy from Clover & Strauss*

Vegetarian option is always available; Gluten-Free and Dairy-Free available through advance request