

**DPS 2019-2020**

**Week D - Feb 3-7**

**International  
Monday**

Quesadilla w/ Rice  
Black Bean Salad  
Pico de Galo  
Fresh Fruit

**Tuesday**

BBQ Plate w/ Roll  
Roasted Potatoes  
Baked Beans  
Cole Slaw  
Fresh Fruit

**Wednesday**

Breadstick Pizza  
Marinara Sauce  
Steamed Corn  
Cucumber Salad  
Fresh Fruit

**Thursday**

Calzone  
Marinara Sauce  
Steamed Corn  
Leafy Green Salad  
Fresh Fruit

**Friday**

Chicken Tenders  
Roll  
Mac & Cheese  
Green Beans  
Fresh Fruit

**Southern Chow  
Monday**

Boneless Hot Wings  
Fresh Broccoli w/ Dip  
Celery/Carrot Sticks  
Baked Beans

**Tuesday**

Roasted Oven Fried Chicken  
Roll  
Roasted Potato  
Steamed Broccoli  
Lima Beans  
Fresh Fruits

**Wednesday**

Chicken w/ Gravy  
Roll  
Mashed Potato  
Leafy Green Salad  
Fresh Fruit

**Thursday**

Hot Dog w/ Fries  
Baked Beans  
Slaw  
Pickle Relish  
Fresh Fruit

**Friday**

Chicken Tenders  
Roll  
Mac & Cheese  
Steamed Broccoli  
Fresh Fruit

**Hot & Spicy  
Monday**

Quesadilla w/ Rice  
Mexicali Corn  
Pico de Galo  
Fresh Fruit

**Tuesday**

Cheese Nachos  
Corn  
Pico de Gallo  
Shredded Lettuce  
Black Beans Salad  
Fresh Fruit

**Wednesday**

Walking Tacos  
Corn  
Pico de Gallo  
Shredded Lettuce  
Sour Cream  
Fresh Fruit

**Thursday**

Chicken Fajita Nachos  
Rice, Salsa  
Sauteed Peppers/Onions  
Jalapeno Peppers. Lettuce  
Fresh Fruit

**Friday**

Beef Nachos  
Shredded Lettuce/Cheese  
Salsa  
Pinto Beans  
Fresh Fruit

**Grill  
Monday**

Chicken Sandwich  
Cheeseburger  
Lettuce/Tomato/Onion  
Veggie Fries

**Tuesday**

Pizza  
Marinara Sauce  
Corn  
Yogurt Box Choice  
Fresh Fruit

**Wednesday**

Chicken Sandwich  
Cheeseburger  
Lettuce/Tomato/Onion/Pickle  
Sweet Potato Fries  
Fresh Fruit  
Yogurt Box Choice

**Thursday**

Pizza  
Marinara Sauce  
Leafy Green Salad  
Steamed Broccoli  
Fresh Fruit  
Yogurt Box Choice

**Friday**

Chicken Sandwich  
Cheeseburger  
Lettuce/Tomato/Onion/Pickle  
Carrot Sticks  
Fresh Fruit  
Yogurt Box Choice

**Week A - Feb 10-13**

**Monday**  
Popcorn Chicken w/ Roll  
Steamed Broccoli  
Leafy Green Salad  
Boom boom Sauce  
Fresh Fruit

**Monday**  
Country Fried Steak w/Gravy  
Biscuits  
Mashed Potato  
Green Beans  
Fresh Fruit

**Monday**  
Cheese Nachos  
Pinto Beans  
Fresh Pico  
Shredded Lettuce  
Fresh Fruit

**Monday**  
Chicken Sandwich  
Cheeseburger  
Lettuce/Tomato/Onion/Pickle  
Black Bean Salad  
Steamed Corn  
Fresh Fruit

**Tuesday**  
Sweet & Sour Chicken  
Rice, Egg Roll  
Oriental Veggies  
Leafy Green Salad  
Fresh Fruit

**Tuesday**  
Sweet & Sour Chicken  
Rice, Egg Roll  
Oriental Veggies  
Leafy Green Salad  
Fresh Fruit

**Tuesday**  
Walking Tacos  
Fresh Pico  
Shredded Lettuce,Onions,Pepper  
Leafy Green Salad  
Fresh Fruit

**Tuesday**  
Pizza  
Marinara Sauce  
Cucumber Marinated Salad  
Leafy Green Salad  
Fresh Fruits  
Yogurt Box Choice

**Wednesday**  
Calzone  
Marinara Sauce  
Mixed Corn/Peas  
Leafy Green Salad  
Fresh Fruit

**Wednesday**  
Pizza Cheese French Bread  
Glazed Carrots  
Leafy Green Salad  
Fresh Fruit

**Wednesday**  
Chicken Fajita  
Rice  
Sauteed Onion & Pepper  
Salsa  
Fresh Fruit

**Wednesday**  
Chicken Sandwich  
Cheeseburger  
Lettuce/Tomato/Onion/Pickle  
Sweet Potato Fries  
Fresh Fruit  
Yogurt Box Choice

**Thursday**  
Spaghetti  
Garlic Toast  
Corn  
Leafy Green Salad  
Fresh Fruit

**Thursday**  
Chili w/ Grilled Cheese  
Steamed Broccoli  
Leafy Green Salad  
Fresh Fruit

**Thursday**  
Pork Carnitas w/  
Soft/Hard Tacos  
Cilantro/Onion/Lime  
Pinto Beans  
Pico de Gallo  
Fresh Fruit

**Thursday**  
Pizza  
Marinara Sauce  
Steamed Broccoli  
Leafy Green Salad  
Fresh Fruit  
Yogurt Box Choice

**Friday**  
  
No School

**Friday**  
  
No School

**Friday**  
  
No School

**Friday**  
  
No School

**Week B - Feb 18-21**

<b>Monday</b>	<b>Monday</b>	<b>Monday</b>	<b>Monday</b>
No School	No School	No School	No School
<b>Tuesday</b> Philly Beef Sub Sandwich Sauteed Pepper/Onion Sweet Potato Fries Fresh Fruit Leafy Green Salad	<b>Tuesday</b> BBQ Plate Roll Slaw Baked Beans Fresh Fruit	<b>Tuesday</b> Cheese Nachos Black Beans Pico de Gallo,Sour Cream Shredded Lettuce Fresh Fruit Leafy Green Salad	<b>Tuesday</b> Pizza Marinara Sauce Steamed Corn Leafy Green Salad Fresh Fruit Yogurt Box Choice
<b>Wednesday</b> Corndog Roasted Potatoes Steamed Broccoli Fresh Fruit Leafy Green Salad	<b>Wednesday</b> Country Fried Steak w/ Gravy & Biscuits Roasted Potato Green Beans Fresh Fruit Leafy Green Salad	<b>Wednesday</b> Walking Taco Shredded Lettuce/Cheese Pico de Gallo Black Bean Salad Fresh Fruit	<b>Wednesday</b> Chicken Sandwich Cheeseburger Lettuce/Tomato/Onion/Pickle Sweet Potato Fries Fresh Fruit Yogurt Box Choice
<b>Thursday</b> Boneless BBQ Wings Fresh Broccoli w/Ranch Celery/Carrot Sticks Baked Beans Fresh Fruit	<b>Thursday</b> Mac & Cheese Creamed Corn Black Eyed Peas Fresh Colard Green Corn Bread	<b>Thursday</b> Chicken Fajita Nachos Rice Sauteed Peppers Salsa Fresh Fruit	<b>Thursday</b> Pizza Marinara Sauce Leafy Green Salad Rosted Garbanzo Beans Fresh Fruit Yogurt Box Choice
<b>Friday</b> Chicken Tenders Roll Boom Boom Sauce Slaw Tater Tots Steamed Corn	<b>Friday</b> Chicken Tenders Roll Boom Boom Sauce Slaw Tater Tots Steamed Broccoli	<b>Friday</b> Pork & Queso Nachos Shredded Lettuce/Cheese Salsa Refried Beans Fresh Fruit Leafy Green Salad	<b>Friday</b> Chicken Sandwich Cheeseburger Lettuce/Tomato/Onion/Pickle Potato Fries Fresh Fruit Yogurt Box Choice

**Week C - Feb 24-28**

**Monday**

BBQ Stuffed Baked Potato  
Fresh Broccoli  
Celery/Carrot Stick  
Leafy Green Salad  
Fresh Fruit

**Monday**

Buffalo Chicken Dip  
Nachos  
Celery/Carrot Stick  
Sour Cream  
Fresh Fruit

**Monday**

Steak Nachos w/ Cheese  
Sauteed Peppers  
Pico De Gallo  
Shredded Lettuce  
Fresh Fruit

**Monday**

Chicken Sandwich  
Cheeseburger  
Lettuce/Tomato/Onion/Pickle  
Glazed Carrots  
Fresh Fruit  
Yogurt Box Choice

**Tuesday**

Lasagna  
Garlic Toast  
Steamed Broccoli  
Leafy Green Salad  
Fresh Fruit

**Tuesday**

Lasagna  
Garlic Toast  
Steamed Broccoli  
Leafy Green Salad  
Fresh Fruit

**Tuesday**

Cheese Nachos  
Pinto Beans  
Pico de Gallo  
Shredded Lettuce  
Fresh Fruit

**Tuesday**

Pizza  
Marinara Sauce  
Sweet Potato Fries  
Leafy Green Salad  
Fresh Fruit  
Yogurt Box Choice

**Wednesday**

Country Fried Steak w/  
Gravy & Biscuits  
Mashed Potato  
Glazed Carrots  
Fresh Fruit  
Leafy Green Salad

**Wednesday**

Oven Fried Chicken  
Roll  
Mashed Potato  
Glazed Carrots  
Fresh Fruit  
Leafy Green Salad

**Wednesday**

Chicken Fajita Nachos  
Rice  
Sauteed Peppers/Onions  
Salsa  
Fresh Fruit

**Wednesday**

Chicken Sandwich  
Cheeseburger  
Lettuce/Tomato/Onion/Pickle  
Steamed Broccoli  
Fresh Fruit  
Yogurt Box

**Thursday**

Chicken Gen TSO  
Yakisoba Noodles  
Oriental Vegetable  
Leafy Green Salad  
Fresh Fruit

**Thursday**

Cheeseburger Slider  
Steamed Corn  
Lettuce/Tomato/Onion  
Pickles  
Fresh Fruit

**Thursday**

Walking Taco  
Shredded Lettuce/Cheese  
Pico de Gallo  
Black Bean Salad

**Thursday**

Pizza  
Marinara Sauce  
Steamed Corn  
Leafy Green Salad  
Fresh Fruit  
Yogurt Box Choice

**Friday**

Chicken Tenders  
Cornbread  
Roasted Squash  
Pinto Beans  
Fresh Fruit  
Leafy Green Salad

**Friday**

Chicken Tenders  
Cornbread  
Roasted Squash  
Steamed Broccoli  
Fresh Fruit  
Leafy Green Salad

**Friday**

Beed Nachos  
Shredded Lettuce/Cheese  
Salsa  
Refried Beans  
Fresh Fruit

**Friday**

Chicken Sandwich  
Cheeseburger  
Potato Fries  
Leafy Green Salad  
Fresh Fruit  
Yogurt Box