

February Menu

DMS

Week C Feb. 3-7

Monday

Pizza
Broccoli Salad
Fresh Carrots
Fresh Fruit

Monday

Chicken Sandwich or
BBQ Sandwich
Baked Beans
Coleslaw
Fresh Fruit

Monday

Bonless Buffalo Chicken
Garlic Toast
Sweet Potato
Leafy Green Salad
Fresh Fruit

Monday

Chicken Fajita Nachos
Fresh Pico & Salsa Verde
Shredded Lettuce
Black Bean Salad
Fresh Fruit

Monday

Chicken Sandwich or
Pizza or
Yogurt Box
A la Carte Items
Fresh Fruit

Tuesday

Pizza
Spinach Salad
Jalapenos
Corn
Fresh Fruit

Tuesday

Chicken Sandwich or
Cheeseburger
Sweet Potato Fries
Lettuce/Tomato/Pickle
Fresh Fruit

Tuesday

Lasagna
Garlic Toast
Leafy Green Salad
Roasted Garbanzo Beans
Fresh Fruit

Tuesday

Tacos
Soft/Crunchy
Fresh Pico & Guacamole
Corn
Shredded Lettuce
Fresh Fruit

Tuesday

Chicken Sandwich or
Pizza or
Yogurt Box
A la Carte Items
Fresh Fruit

Wednesday

Pizza
Pasta Salad
Roasted Garbanzo Beans
Fresh Fruit

Wednesday

Chicken Sandwich or
Sub Sandwich
Lettuce/Tomato/Pickle
Tator Tots
Fresh Fruit

Wednesday

Breakfast for Lunch
Biscuit
Colby Cheese Omelet
Steak/Chicken/Sausage
Apple Crisp
Seasoned Potatoes

Wednesday

Rice Bowl
Queso Sauce
Fresh Pico & Salsa Verde
Shredded Lettuce
Pinto Beans
Fresh Fruit

Wednesday

Chicken Sandwich or
Pizza or
Yogurt Box
A la Carte Items
Fresh Fruit

Thursday

Pizza
Leafy Green Salad
Jalapenos
Fresh Fruit

Thursday

Chicken Sandwich or
Philly Beef Sub
Lettuce & Tomato
Broccoli
Fresh Fruit

Thursday

BBQ Plate W/ Diced Potatoes
Garlic Toast
Baked Beans
Coleslaw
Fresh Fruit

Thursday

Buffalo Dip
Tortilla Chips
Sour Cream
Celery & Carrot Sticks
Broccoli
Fresh Fruit

Thursday

Chicken Sandwich or
Pizza or
Yogurt Box
A la Carte Items
Fresh Fruit

Friday

Pizza
Leafy Green Salad
Jalapenos
Fresh Fruit

Friday

ChickenTenders w/Sauces
Hot Dog W/Chips
Garlic Toast
French Fries

Friday

Chicken Tenders or Fish
Garlic Toast/Hush Puppies
French Fries
Glazed Carrots
Fresh Fruit

Friday

Walking Tacos
Pinto Beans
Shredded Lettuce
Fresh Pico/Salsa Verde
Fresh Fruit

Friday

Chicken Sandwich or
Pizza or
Yogurt Box
A la Carte Items
Fresh Fruit

Week A Feb. 10-14

Monday

Pizza
Broccoli Salad
Fresh Carrots
Fresh Fruit

Tuesday

Pizza
Spinach Salad
Jalapenos
Corn
Fresh Fruit

Wednesday

Pizza
Pasta Salad
Roasted Garbanzo Beans
Fresh Fruit

Thursday

Pizza
Leafy Green Salad
Jalapenos
Fresh Fruit

Friday

Mid-Winter Break

Monday

Chicken Sandwich or
BBQ Sandwich
Baked Beans
Coleslaw
Fresh Fruit

Tuesday

Chicken Sandwich or
Cheeseburger
Sweet Potato Fries
Lettuce/Tomato/Pickle
Fresh Fruit

Wednesday

Chicken Sandwich or
Sub Sandwich
Lettuce/Tomato/Pickle
Tator Tots
Fresh Fruit

Thursday

Chicken Sandwich
Philly Beef Sub
Sauteed Onions & peppers
Sun Chips
Broccoli

Friday

Mid-Winter Break

DMS

Monday

Country Fried Steak w/Gravy
Mashed Potatoes
Seasoned Green Beans
Biscuit
Fresh Fruit

Tuesday

Spaghetti
Garlic Toast
Steamed Broccoli
Leafy Green Salad
Fresh Fruit

Wednesday

Fried Chicken
Baked Beans
Mashed Potatoes
Biscuit
Fresh Fruit

Thursday

Mozzarella Cheese Sticks
Marinara Sauce
Lima Beans
Steamed Broccoli
Fresh Fruit

Friday



Monday

Chicken Fajita Nachos
Fresh Pico & Salsa Verde
Shredded Lettuce
Black Bean Salad
Fresh Fruit

Tuesday

Tacos
Soft/Crunchy
Fresh Pico & Guacamole
Corn
Shredded Lettuce
Fresh Fruit

Wednesday

Pork Queso Nachos
Shredded Lettuce
Fresh Pico
Fresh Fruit
Rice

Thursday

Buffalo Dip
Tortilla Chips
Sour Cream
Celery & Carrot Sticks
Broccoli/Fresh Fruit

Friday

Mid-Winter Break

Monday

Chicken Sandwich or
Pizza or
Yogurt Box
A la Carte Items
Fresh Fruit

Tuesday

Chicken Sandwich or
Pizza or
Yogurt Box
A la Carte Items
Fresh Fruit

Wednesday

Chicken Sandwich or
Pizza or
Yogurt Box
A la Carte Items
Fresh Fruit

Thursday

Chicken Sandwich or
Pizza or
Yogurt Box
A la Carte Items
Fresh Fruit

Friday

Mid-Winter Break

Week B Feb. 17-21

Monday

Mid-Winter Break

Monday

Mid-Winter Break

Monday



Tuesday

Sweet -N- sour Chicken
Fried Rice
Egg Roll
Oriental Vegetables
Fresh Fruit

Monday

Mid-Winter Break

Monday

Mid-Winter Break

Tuesday

Pizza
Spinach Salad
Jalapenos
Corn
Fresh Fruit

Tuesday

Chicken Sandwich or
Cheeseburger
Sweet Potato Fries
Lettuce/Tomato/Pickle
Fresh Fruit

Tuesday

Tacos
Soft/Crunchy
Fresh Pico & Guacamole
Corn
Shredded Lettuce
Fresh Fruit

Tuesday

Chicken Sandwich or
Pizza or
Yogurt Box
A la Carte Items
Fresh Fruit

Wednesday

Pizza
Pasta Salad
Roasted Garbanzo Beans
Fresh Fruit

Wednesday

Chicken Sandwich or
Sub Sandwich
Lettuce/Tomato/Pickle
Baked Beans
Fresh Fruit

Wednesday

Bonless Buffalo Chicken
Garlic Toast
Sweet Potato
Leafy Green Salad
Fresh Fruit

Wednesday

Pork Queso Nachos
Shredded Lettuce
Fresh Pico
Fresh Fruit
Rice

Wednesday

Chicken Sandwich or
Pizza or
Yogurt Box
A la Carte Items
Fresh Fruit

Thursday

Pizza
Leafy Green Salad
Jalapenos
Fresh Fruit

Thursday

Chicken Sandwich
Philly Beef Sub
Sauteed Onions & peppers
Sun Chips
Broccoli/Fresh Fruit

Thursday

Chicken Casserole
Garlic Toast
Stemed Broccoli
Black Eyed Peas
Fresh Fruit

Thursday

Buffalo Dip
Tortilla Chips
Sour Cream
Celery & Carrot Sticks
Broccoli/Fresh Fruit

Thursday

Chicken Sandwich or
Pizza or
Yogurt Box
A la Carte Items
Fresh Fruit

Friday

Pizza
Leafy Green Salad
Jalapenos
Fresh Fruit

Friday

ChickenTenders w/Sauces
Hot Dog W/Chips
Garlic Toast
Mashed Potatoes

Friday

ChickenTenders w/Sauces
Fish/Hushpuppies
Mashed Potatoes
Garlic Toast

Friday

Walking Taco
Pinto Beans
Shredded Lettuce
Fresh Pico/Salsa Verde
Fresh Fuit

Friday

Chicken Sandwich or
Pizza or
Yogurt Box
A la Carte Items
Fresh Fruit

Week C Feb. 24-28

Monday

Pizza
Broccoli Salad
Fresh Carrots
Fresh Fruit

Monday

Chicken Sandwich or
BBQ Sandwich
Baked Beans
Coleslaw
Fresh Fruit

Monday

Bonless Buffalo Chicken
Garlic Toast
Sweet Potato
Leafy Green Salad
Fresh Fruit

Monday

Chicken Fajita Nachos
Fresh Pico & Salsa Verde
Shredded Lettuce
Black Bean Salad
Fresh Fruit

Monday

Chicken Sandwich or
Pizza or
Yogurt Box
A la Carte Items
Fresh Fruit

Tuesday

Pizza
Spinach Salad
Jalapenos
Corn
Fresh Fruit

Tuesday

Chicken Sandwich or
Cheeseburger
Sweet Potato Fries
Lettuce/Tomato/Pickle
Fresh Fruit

Tuesday

Lasagna
Garlic Toast
Leafy Green Salad
Roasted Garbanzo Beans
Fresh Fruit

Tuesday

Tacos
Soft/Crunchy
Fresh Pico & Guacamole
Corn
Shredded Lettuce
Fresh Fruit

Tuesday

Chicken Sandwich or
Pizza or
Yogurt Box
A la Carte Items
Fresh Fruit

Wednesday

Pizza
Pasta Salad
Roasted Garbanzo Beans
Fresh Fruit

Wednesday

Chicken Sandwich or
Sub Sandwich
Lettuce/Tomato/Pickle
Tator Tots
Fresh Fruit

Wednesday

Breakfast for Lunch
Biscuit
Colby Cheese Omelet
Steak/Chicken/Sausage
Apple Crisp
Seasoned Potatoes

Wednesday

Pork Queso Nachos
Shredded Lettuce
Fresh Pico
Fresh Fruit
Rice

Wednesday

Chicken Sandwich or
Pizza or
Yogurt Box
A la Carte Items
Fresh Fruit

Thursday

Pizza
Leafy Green Salad
Jalapenos
Fresh Fruit

Thursday

Chicken Sandwich or
Philly Beef Sub
Lettuce & Tomato
Broccoli
Fresh Fruit

Thursday

BBQ Plate W/ Diced Potatoes
Garlic Toast
Baked Beans
Coleslaw
Fresh Fruit

Thursday

Buffalo Dip
Tortilla Chips
Sour Cream
Celery & Carrot Sticks
Broccoli
Fresh Fruit

Thursday

Chicken Sandwich or
Pizza or
Yogurt Box
A la Carte Items
Fresh Fruit

Friday

Pizza
Leafy Green Salad
Jalapenos
Fresh Fruit

Friday

ChickenTenders w/Sauces
Hot Dog W/Chips
Garlic Toast
French Fries

Friday

Chicken Tenders or Fish
Garlic Toast/Hush Puppies
French Fries
Glazed Carrots
Fresh Fruit

Friday

Walking Tacos
Pinto Beans
Shredded Lettuce
Fresh Pico/Salsa Verde
Fresh Fuit

Friday

Chicken Sandwich or
Pizza or
Yogurt Box
A la Carte Items
Fresh Fruit