

Monta Vista High School Mandarin Parenting Workshop

- Date : 3/5, 3/12, 3/19, 3/26, 4/2 (Thursday) 2020
- Time : 6 - 8 pm
- Location: Monta Vista High School – Career Center
- Register:
• <https://2020mvparenting.eventbrite.com>
- Facilitator:
• Ya-Huei Chi M.A, LMDT, RDT
• Student Advocate at MV
• Licensed Marriage and Family Therapist # 102859
- If you have questions, please contact YaHuei
• by email at ya-huei_chi@fuhsd.org

Topics explored

- (1) Understanding parenting styles and teens' behavior
- (2) Listen and communicate effectively
- (3) Set boundaries and allow consequence to build responsibility

This workshop is 5-weeks long and discussed in Mandarin Chinese. It is focused on supporting parents and strengthening the parent-teen relationship. You might find parenting more challenging when faced with raising your child in a different culture from your own. We will also explore the culture difference and generation gap, which you might encounter during parenting. Through group discussion and interactive practice, we will learn together and support each other to make parenting an exciting and enjoyable experience!