

THE COUNSELING CORNER @ KJH

• DECEMBER 2019 •

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CCA Classes – Counselors will be teaching in CCA classes on Wednesday, December 11 & Thursday, December 12. Topics will include Stress Management Strategies and Exploring Costs & Needs of Different Education Programs.
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"You Can Do Hard Things" (Community Outreach Night) – Viewmont High School presents Ben Kjar & Foreign Figures. Please see attached flyer for more details.
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Hope For the Holidays – This is a three week long course offered by Safe Harbor. Learn how to prepare for the holidays, create a holiday budget and learn the best holiday hacks. Registration is due by November 25. Please see the attached flyer for more details.
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DSD Intervention Finder – For the month of December we will focus on Academics. Academic struggles can stem from a number of issues. In some cases, the student has the requisite skills, but may not be motivated. Please click on the following link and select "Academic" to find out more about some of the interventions that can be taken to help students reach their academic goals. <https://www.davis.k12.ut.us/departments/student-family-resources/lcmt/intervention-supports>
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Schedule Changes – Schedule changes for 2nd Semester will close January 16, 2021 @ 3pm. Third term begins Tuesday, January 21, 2020.
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Summer P.E. – We are making plans for our summer P.E. class. The class will be open to all students who will be in the 8th or 9th grade for the 2021 school year. This class will be on a first come first serve basis. (Please note there are 70 openings for this class.) Please see the attached flyer for more details!
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Sophomore Orientation & Registration – All 9th graders that will be attending Davis High School mark your calendars and plan to attend Sophomore Orientation on Monday, January 13, 2020 @ DHS from 5:30-7pm.
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• Dates to Remember •

December 11 – Parent Teacher Conferences 3:45-7:15pm

December 23 January 3 – Winter Break

Wishing you a wonderful holiday season!!



Need help with your homework?

Come to Knight Discovery!!

Knight Discovery is held every Tuesday, Wednesday, & Thursday from 3:15-4:15 pm. In the Media Center.



If you have any questions or are in need of any assistance, please feel free to contact the KJH Counseling Center @ 801-402-7207.

- Mr. Brown (A-H)
- Mrs. Stephens (I-R)
- Mrs. Erickson (S-Z)

YOU CAN DO

VIEWMONT H.S.

COMMUNITY

OUTREACH NIGHT

HARD

PRESENTING:

BEN KJAR &

FOREIGN FIGURES

THINGS:

RESILIENCY

NOVEMBER 25, 2019

7:00 PM • VHS AUDITORIUM

ADMISSION IS FREE, BRING THE FAMILY!



HOPE FOR THE HOLIDAYS

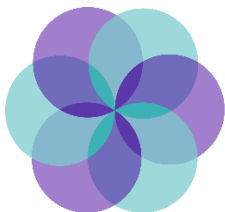
Economic Empowerment Group

Beginning Nov. 26

In this three week long group, learn how to prepare for the holidays, create a holiday budget, and learn the best holiday hacks. We will meet once a week for one hour. Join us in learning how we can make the most out of this holiday season! We will learn ways to stretch our pennies, get creative, and still enjoy the season with friends and family.

Please register by Nov. 25th to
Mariah at
mariah@safeharborhope.org or
call 385-515-4055

All services are free and confidential.



Safe Harbor

Offering hope. Ending the silence.