



# WOODINVILLE HIGH SCHOOL

*Mrs. Krochmalny*  
*Running Start Counselor*  
*College and Career Counselor*

*19819 136<sup>th</sup> Avenue NE*  
*Woodinville, WA 98072-8798*  
*425.408.7400 phone 425.408.7402 fax*

**For 2020-2021 School Year**

**Dear Student and Parent/Guardian**

**Please read the following WHS steps for Running Start Program!**

New Running Start Students		
Step	Who	Action
Step 1	Student/Parent	Read through Woodinville High School Running Start Packet
Step 2	Student/Parent	a. Go to Community College Running Start webpage, sign- up for orientation meeting, b. Apply on line
Step 3	Student	Student must assess at College Level in order to be in program. There are two ways to meet this requirement: 1. Accuplacer Test (taken at college) 2. SBAC scores (see your counselor for scores)
Step 4	Student	Student schedules an appointment with their Counselor
Step 5	Student/Counselor	Counselor and Student review Counselor Approval Form <b><i>Counselor will sign and submit to Mrs. Krochmalny</i></b>
Step 6	Mrs. Krochmalny	<b>Mrs. Krochmalny will send you a notification to your classroom and also an email to student/parent. (check your emails!)</b>



# WOODINVILLE HIGH SCHOOL

## “Counselor Running Start Approval Check list”

Student Name \_\_\_\_\_ No. \_\_\_\_\_ Class of \_\_\_\_\_ GPA \_\_\_\_\_

Fall 20\_\_ Winter 20\_\_\_\_ Spring 20\_\_\_\_ Counselor met with: \_\_\_\_ Student \_\_\_\_ Parent

**Waiver** - is student on a waiver? (If yes, must return to their school of domain) Yes. No

**Graduation** - Does student plan on Graduating from WHS?  
If no please have student fill out Non-Grad form. Yes. No

**504 or IEP** – Does student have accommodations?  
(circle one) Yes. No

### Counselor did you review....

1. **Assessment** - Student has assessed at English 101 Yes. No  
Math 107 Yes. No

\_\_\_\_ SBAC English \_\_\_\_ SBAC Math \_\_\_\_ Accu-English \_\_\_\_ Accu-Math

2. **Transcript** - If student is coming from out of district, has transcript been Yes. No  
Posted to WHS Transcript? (mark yes if student is current WHS)

3. **Educational Plan** - Complete to assure all Running Start requirements Yes. No  
can fully be met by **Winter Quarter Senior Year**.

4. **WHS Running Start Contract** - Review with student and/or parent Yes. No

5. **Counselor** - supports student to participate in Running Start Yes. No  
Comments: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### Counselor:

If you have **answered** questions **1- 5** as “**Yes**” Please give this form to Mrs. Krochmalny who will contact Student and Parents for a meeting.

\_\_\_\_\_  
Counselor Signature

\_\_\_\_\_  
Date

**\*Counselor** - If student is not given an approval, please give student Appeal Form.

## WHS Running Start Contract 2020-2021

\_\_\_\_\_  
Last Name

\_\_\_\_\_  
First Name

\_\_\_\_\_  
Student Number

\_\_\_\_\_  
Class Of

ALL students must meet with Mrs. Krochmalny before each quarter (Fall, Winter & Spring) to review educational plan and Quarterly Release Form must signed. Watch for Remind notifications for appointment times.

a) **Running Start Courses** - District will pay for all “**College Level**” courses usually numbered 100 or above. Ex: Math 141, Psy 101, Biol 101..etc.

b) **Student Status:**

i) Must maintain Full-Time status(FT)- Running Start(RS) or Part-time (PT)- RS/WHS

ii) If FT/RS is “**NOT**” maintained and “**ALL**” graduation requirements have been met, s/he will earn an NSD Diploma and will “**NOT**” be able to participate in graduation ceremonies.

iii) **FT/RS student “MUST” register for all quarters (Fall, Winter, Spring) 15 credits per quarter.** If student fails to register for quarter and graduation requirements have “**NOT been met**”, s/he will be withdrawn from WHS after 20 days of non-attendance.

iv) If student drops below FT Status at any given time, on time graduation could be at risk.

a) **Absences** - Students may “**NOT**” be late or leave early for running start classes. Failure to attend current WHS classes will result in an “F” for the courses missed. Colleges will not communicate attendance or academic issues to the parent or to the high school.

b) **Students may “NOT”** - continue RS if they complete all graduation requirements before **Fall Senior year. There is NO RS summer program.**

c) **Non-Graduate** - If a student fails to graduate on-time, s/he may return to RS and take “**only graduation required course(s).**”

d) **Withdraw** - If college drops student due to GPA (or students withdraws), this could jeopardize **on-time graduation.** **Student must immediately return to WHS.** Prior approval must be given before dropping a RS course. Student is responsible for officially dropping any RS classes.

e) **Course Equivalency** - Students **MUST** select courses from “College Meeting Subject Area Graduation Requirements for Northshore School District High Schools” sheet to full-fill **graduation requirements.**

f) **Transfer RS Credits** - **Not** all post-secondary schools, especially those out of state will accept RS courses for college credit. Please check with university or colleges.

\_\_\_\_\_  
Student name (print)

\_\_\_\_\_  
Student signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Guardian name (print)

\_\_\_\_\_  
Parent/Guardian signature

\_\_\_\_\_  
Date

## STUDENT/PARENT RESPONSIBILITY:

- a) **Additional FTE** - Student must get prior approval and pay if more than 1.20FTE.
- b) **Taking off campus courses!** To preserve the integrity of Northshore high school diploma
  1. 85% of the required credits for graduation shall be earned through the student's comprehensive high school course offerings (this includes Running Start).
  2. No more than 50% of the graduation requirements in any discipline may be obtained from approved accredited sources outside the Northshore School District.
  3. Students who earn more than 15% of the total required credits or more than 50% of the required credits in any discipline from outside sources, and who complete all district requirements for graduation, shall receive a generic Northshore School District diploma.
- c) **Financial Responsibility** - Students responsible: Books, registration, fees, parking, transportation.
- d) **Future Financial Aid** - RS courses could impact your future financial aid. Contact FAFSA.
- b) **Grades** - All RS courses must be taken for a letter grade (A,B,C,D,F) and will become a permanent part of the student's high school transcript.
- c) **Deadlines** - RS student must "Monitor" all Deadlines!!! Ex: College applications, ACT, SAT & state testing deadlines!!!!
- d) **Students with Disabilities** - Students with a 504 or Individual Education Plan (IEP) are responsible for informing and providing documentation to RS disabilities office.
- e) **WIAA Eligibility** - RS students who participates in a WHS sport, must meet WIAA eligibility standards. Athletic Director Ms. Boyce or 425.408.7415
- f) **Graduation Requirement** - Student is required to pass all graduation requirements by Winter Quarter Senior year. Parent Vue or Student Vue can be used to track graduation status.
- g) **Academic Indicator** - If student must take a graduation requirement during Spring Quarter of Senior year, they must submit an "**Academic Indicator**" form to all professors (June) showing they are passing in order to participate in graduation ceremonies.
- h) **On-Campus** - RS Students are only allowed during the periods they are scheduled at Woodinville, school-sanctioned assemblies or class meetings.
- i) **Keep up-to-date with WHS** - Emails, Online bulletins, WHS website, WHS E-News, Remind.

**We have read the Agreement for Participation in Running Start and understand all requirements.**

_____	_____	_____
Student name (print)	Student signature	Date
_____	_____	_____
Parent/Guardian name (print)	Parent/Guardian signature	Date

Junior Year Running Start		
Fall ____	Winter ____	Spring ____
Junior Year Woodinville High School		
Fall ____	Spring ____	

Senior Year Running Start		
Fall ____	Winter ____	Spring ____
Senior Year Woodinville High School		
Fall ____	Spring ____	

Graduation Requirements	
English 9	1.00
English 10	1.00
English 11	1.00
English 12	1.00
Math - Algebra 1	1.00
Math - Geometry	1.00
Math - 3 <sup>rd</sup> Year	1.00
Lab Science	2.00
Science - 3 <sup>rd</sup> Year	1.00
World History	1.00
U.S. History	1.00
Contemporary World	1.00
Art	1.00
Career and Technical	1.00
Physical Education	1.00
Life Fitness	0.50
Health	0.50
Flexible Credits	7.00
Test Assessments	
English Language Arts	
Mathematics Standard	
High School & Beyond Plan	
Washington State History	
Northshore Board Requirement	
Pass any 2 courses in ANY combination of: Advanced Placement (AP), International Baccalaureate (IB,) College in the High School (CHS), Technical Prep (TP) Running Start (RS) This requirement must be completed unless an alternative course of study is identified through the student's High School and Beyond Plan.	

What it takes to be considered a Full-time Student		
SEMESTERS Fall/Spring	QUARTERS Fall/Winter/Spring	Student pays credits exceeding
0 Per	15 credits	15
1 Per	15 credits	15
2 Per	12 credits	12
3 Per	10 credits	10
4 Per	06 credits	06
5 Per Plus	03 credits	03

# NORTHSHORE SCHOOL DISTRICT EQUIVALENCY GRID

## College Courses Meeting Subject Area Graduation Requirements for Northshore School District High Schools

	Bellevue College <a href="http://www.bellevuecollege.edu">www.bellevuecollege.edu</a> 425.564.2026	Cascadia College <a href="http://www.cascadia.edu">www.cascadia.edu</a> 425.352.8146	Edmonds Community College <a href="http://www.edcc.edu">www.edcc.edu</a> 425.640.1761	Everett Community College <a href="http://www.everettcc.edu">www.everettcc.edu</a> 425.388.9211	Lake WA Institute of Technology <a href="http://www.lwrtech.edu">www.lwrtech.edu</a> 425.739.8100 ext.435	Seattle Community Colleges <a href="http://www.seattlecolleges.com">www.seattlecolleges.com</a> 206.587.3836	Shoreline Community College <a href="http://www.shoreline.edu">www.shoreline.edu</a> 206.546.4591
ENGLISH	ENGL& 101, ENGL& 111, ENGL& 112, ENGL 131, ENGL 201, ENGL 210, ENGL 219, ENGL 220, ENGL 221, ENGL 226, ENGL 228, ENGL 229, ENGL& 235, ENGL 237, ENGL 238, ENGL 239, ENGL& 244, ENGL& 245, ENGL& 246, ENGL 253, ENGL 254, ENGL 255, ENGL 260, ENGL 261, ENGL 263, ENGL 264, ENGL 266, ENGL 271, ENGL 272	ENGL& 101, ENGL& 102, ENGL& 111, ENGL 211, ENGL 221, ENGL& 235, ENGL& 244, ENGL& 245, ENGL& 254, ENGL& 255, ENGL 277	ENGL& 101, ENGL& 102, ENGL& 111, ENGL& 244, ENGL& 245, ENGL& 246	ENGL& 101, ENGL& 102, ENGL 103, ENGL 105, ENGL& 111, ENGL 240, ENGL 253	ENGL& 101, ENGL& 102, ENGL& 111, ENGL& 235	ENGL& 101, ENGL& 102, ENGL& 111, ENGL& 112, ENGL 201, ENGL& 235, ENGL& 244, ENGL& 245, ENGL& 246, ENGL& 254, ENGL& 256, ENGL 257, ENGL 258	ENGL& 101, ENGL& 102, ENGL& 111, ENGL& 112, ENGL 200, ENGL& 244, ENGL& 245, ENGL& 246
	HIST& 148	HIST& 148	HIST 033, HIST& 148	HIST& 148	HIST& 148	HIST& 148	HIST& 137, HIST& 148
	POLS& 101, POLS& 202, POLS 175, POLS 204, INTST 201	POLS& 101, POLS& 202, POLS& 203, POLS& 204, GS 101, GS 150	POLS& 101, POLS& 202, POLS& 203, POLS& 204	POLS& 101, POLS& 202, POLS& 203, POLS& 204	POLS& 202	POLS& 101, POLS 112, POLS& 202, POLS& 203, POLS 220	POLS& 101, POLS& 202, POLS& 203, POLS 221, INTST 200, INTST 201
	HIST 102, HIST 103	HIST& 126, HIST& 127, HIST& 128	HIST& 117, HIST& 118, HIST& 127	HIST 111, HIST 112	HIST& 126	HIST& 126, HIST& 127, HIST& 128	HIST& 117, HIST& 118, HIST 234, HIST 235, HIST 236
	HIST& 214	HIST& 214	HIST 049, HIST& 214	HIST& 214	Not Available	HIST& 214	HIST& 214
HEALTH	HLTH 250	NUTR& 101	HLTH 100	PEHW 203	NUTR& 101	HEA 160, HEA 125	NUTR& 101
LIFE FITNESS	PE 110, PE 111, PE 112	Not Available	PE 100, PE 105, PE 162, HLTH 150	Not Available	FTNS 100	PEC 130, PEC 132, PEC 145, PEC 150, PEC 151, PEC 165	PE 134, PE 136, PE 139, PE 217, PE 236, PE 239
FINE ARTS, MATH, PE, SCIENCE	Any Fine Arts, Math, PE or Science courses level 100 or greater offered at the community college (see credit conversion information below).						
OCCUPATIONAL EDUCATION	Any Business, Technology, Vocational or Family and Consumer Education course level 100 or greater (see credit conversion information below).						
College Credit to High School Credit Conversion							
				College Credit(s)		High School Credit Applied to Transcript	
				5		1.00	
				4		.80	
				3		.60	
				2		.40	
				1		.20	
NOTE: Community College courses with "&" in the course title (shown in bold) indicate courses that are equivalent at community colleges across the state. A course with this symbol that appears on this list at one college may be taken for credit at any college, as long as it also contains the equivalency symbol (&) at the college where taken.							





## Running Start Enrollment Verification Form

<b>Student</b>	<b>Student Name:</b> _____ Last Name First Name MI	<input type="checkbox"/> Check if this is a revision
	<b>Home Phone:</b> _____ <b>Cell Phone:</b> _____	<input type="checkbox"/> New Student <input type="checkbox"/> Returning Student <input type="checkbox"/> Student Enrolled in Multiple Colleges
	<b>Email Address:</b> _____ <b>SSID#:</b> _____	<input type="checkbox"/> Spring Quarter Eligibility Adjustment Form (SQEAF) attached.
	<b>Responsible Parent/Guardian:</b> _____	
	<b>College:</b> _____ <b>College SID #:</b> _____	

  

<b>High School Counselor &amp; Running Start Advisor/Rep</b>	<b>Free and Reduced-Price Lunch (FRPL) Status</b> Students who are FRPL eligible may receive tuition and fee waivers from a college. Is the student currently eligible for FRPL? <input type="checkbox"/> Yes <input type="checkbox"/> No HS Counselor Initials: _____ <i>The parent or guardian signature below provides permission to share FRPL eligibility status only with the Running Start college for the purpose of ensuring access to tuition and/or fee waivers. Choosing not to sign the consent will not affect the student's eligibility for access to Running Start or free and reduced-price meals or free milk. The individuals and programs receiving the information will not share the information with any other entity or program.</i> <b>Parent/Guardian Signature:</b> _____ <b>Date:</b> _____	<b>Running Start Funding Limit Table</b>
	<b>School Yr:</b> 20-21 <b>College Term:</b> <input checked="" type="checkbox"/> College Quarter <input type="checkbox"/> College Semester <b>High School:</b> Woodinville <b>2020 FALL</b> Fall, Winter, Spring Qtr. / 1st or 2nd sem. <b>District:</b> Northshore <b>Grade Level:</b> <input type="checkbox"/> Jr <input type="checkbox"/> Sr <input type="checkbox"/> 5th Yr Sr <sup>o</sup>	

For the college term <sup>4</sup> above, the student will be enrolled in high school and skill center classes equaling \_\_\_\_\_ full-time equivalent (FTE). Student may register for a maximum of \_\_\_\_\_ college credits, without incurring college tuition costs, based on the above stated high school/skill center FTE.

**Comments:** \_\_\_\_\_

College Course (Dept. & Number)	# of College Credits	=	High School Equivalency	# of HS Credits
_____	_____	=	_____	_____
_____	_____	=	_____	_____
_____	_____	=	_____	_____
_____	_____	=	_____	_____

<b>Signature of High School Counselor</b> RUTH KROCHMALNY	<b>Date</b> 425.408.7428	<b>Signature of College Running Start Advisor/Rep</b> _____	<b>Date</b> _____
<b>High School Counselor Printed Name</b>	<b>Phone Number</b>	<b>College Running Start Advisor/Rep Printed Name</b>	<b>Phone Number</b>

  

<b>Student &amp; Parent/Guardian</b>	<b>I understand that:</b> <ul style="list-style-type: none"><li>• The student is responsible for understanding when his or her choice of schedule will result in tuition charges. If the student enrolls for more high school and college credits than are identified in the Running Start State Funding Limit Table, the student is responsible for:<ol style="list-style-type: none"><li>1) paying all college tuition and fees associated with exceeding the college credits identified in the table; or</li><li>2) withdrawing from the excess college or high school course(s).</li></ol></li><li>• The student is required to pay any class/lab fees charged for college classes.</li><li>• Enrollment in specific college classes cannot be guaranteed – even if the classes are needed to fulfill high school graduation requirements.</li><li>• To add/withdraw from a course, the student must complete the college Add/Drop process by the college deadline and notify the high school counselor.</li><li>• The student is responsible for ensuring that college courses completed as part of the Running Start program will meet high school graduation requirements.</li><li>• If the student plans to transfer, it is the student's responsibility to determine college admissions policies/deadlines and whether credits will transfer.</li><li>• The student and parent's signatures below provide permission for the high school and college to share the Running Start student's academic records, which can include the student's grades, billing, registration, and attendance records regardless of whether FERPA rights belong to the student or parents.</li><li>• After completing the college coursework, students are responsible for requesting official college transcripts through the college's registrar office.</li></ul> <b>I acknowledge that I have read and understand both sides of this form, and will comply with the conditions of Running Start participation and the expectations of college course enrollment.</b>	
	<b>Student Signature (REQUIRED)</b> _____ <b>Date</b> _____	<b>Parent/Guardian Signature (REQUIRED)</b> _____ <b>Date</b> _____



## Class of 2021

### Sign up for important updates from Mrs. Krochmalny

- A** If you have a smartphone, get push notifications.

On your iPhone or Android phone, open your web browser and go to the following link:

[rmd.at/8k3g6g](http://rmd.at/8k3g6g)

Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.

Smartphone screen showing the sign-up form for the Class of 2021. The form includes fields for Full Name, First and Last Name, and Phone Number or Email Address. The phone number is (555) 555-5555. The form is titled "Join RS Class of 2021".

- B** If you don't have a smartphone, get text notifications.

Text the message @8k3g6g to the number 81010.

If you're having trouble with 81010, try texting @8k3g6g to (425) 274-2532.

\* Standard text message rates apply.

Smartphone screen showing the text message interface for the Class of 2021. The "To" field is 81010 and the "Message" field is @8k3g6g.

Don't have a mobile phone? Go to [rmd.at/8k3g6g](http://rmd.at/8k3g6g) on a desktop computer to sign up for email notifications.



## CLASS OF 2022

### Sign up for important updates from Mrs. Krochmalny.

Pick a way to receive messages for RS Class of 2022:

- A** If you have a smartphone, get push notifications.

On your iPhone or Android phone, open your web browser and go to the following link:

[rmd.at/9cckc8](http://rmd.at/9cckc8)

Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.

Smartphone screen showing the sign-up form for the Class of 2022. The form includes fields for Full Name, First and Last Name, and Phone Number or Email Address. The phone number is (555) 555-5555. The form is titled "Join RS Class of 2022".

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