

Monday	Tuesday	Wednesday	Thursday	Friday
3 Italian Combo California Blend Vegetables Crisp Romaine Salad Garlic & Herb Breadstick Apple Slices 100% Juice	4 WG Nacho Chips Seasoned Beef or Fajita Chicken Cheddar Cheese, Brown Rice Refried Beans, Salsa & Lettuce Strawberries & 100% Juice	5 Early Release No Lunch Served	6 Boneless Wings Roasted Ranch Potato Wedges Carrot Sticks & Celery Sticks Garlic Knots Orange Wedges & 100% Juice	7 French Bread Pizza Sweet Potato Fries Cucumber Dippers Diced Peaches & 100% Juice
10 Cheese Bites Marinara Sauce Garlic Knot Seasoned Broccoli Crisp Romaine Salad Fruit Cocktail & 100% Juice	11 WW Tortilla Seasoned Beef or Fajita Chicken Cheddar Cheese Brown Rice Refried Beans Salsa & Lettuce Orange Wedges & 100% Juice	12 Spicy Chicken & Waffles Tater Tots Orange Glazed Carrots Frozen Strawberries & 100% Juice	13 Cherry Blossom or Firecracker Chicken Vegetable Fried Rice Oriental Blend Vegetables Applesauce & 100% Juice	14 National No One Eats Alone Day Homemade Pizza Sweet Potato Fries Cucumber Dippers Baked Apples & 100% Juice
17  President's Day No School	18 WG Nacho Chips Seasoned Beef or Fajita Chicken Cheddar Cheese Brown Rice Refried Beans Salsa & Lettuce Strawberries & 100% Juice	19 Chicken Tenders Mashed Potatoes Steamed Carrots Garlic Knot Apple Slices & 100% Juice	20 Chicken or Cheese Quesadilla Corn & Black Bean Salad Lettuce & Tomato Banana Split Boats & 100% Juice	21 French Bread Pizza Sweet Potato Fries Cucumber Dippers Diced Peaches & 100% Juice
24 Italian Combo California Blend Vegetables Crisp Romaine Salad Garlic & Herb Breadstick Apple Slices & 100% Juice	25 WG Tortilla Seasoned Beef or Fajita Chicken Cheddar Cheese Brown Rice Refried Beans Salsa & Lettuce Pineapple Cups & 100% Juice	26 Pancakes or French Toast Sticks Hash Brown Cinnamon Carrots Chicken Sausage or Bacon Egg Patty Clementines & 100% Juice	27 Boneless Wings Roasted Ranch Potato Wedges Carrot Sticks & Celery Sticks Garlic Knots Grapes & 100% Juice	28 Homemade Pizza Sweet Potato Fries Cucumber Dippers Mixed Berry Crisp & 100% Juice NATIONAL CHILI DAY Enjoy our Turkey and Black bean Chili!

February is National Chili Month! Join us on 2/28 for Chicken & Black Bean Chili for National Chili Day or have lunch with friends old & new on 2/14 for National No One Eats Alone Day.

- All meals include a minimum of 2 oz protein, 2 oz whole grains, 1 cup fruit, 1 cup vegetable, and 8 fl oz fat-free flavored milk or 1% unflavored milk
- Please make checks payable to Stonington Public Schools Food Service or SPS Food Service
- Menu subject to change as needed.
- WG=Whole Grain, WW=Whole Wheat
- This institution is an equal opportunity provider