



Mt. Lebanon School District

#415
(rev. 1-20)

New Student Health Packet

Dear Parent(s)/Guardian:

Welcome to our school district. We are pleased that you will be joining our school community and hope that your family finds this to be a healthy and supportive learning environment. Please take a moment to read the following information about the nursing services provided at school. If your child has special health care needs, requires medication or health treatments during the school day, or has a chronic health condition, please contact your child's certified school nurse so that we can prepare for his/her entry into school.

EMERGENCY INFORMATION: Parents/Guardians are required to complete the **Emergency Medical Contact/Release Information** page on the parent/guardian Dashboard account for their child. This will need to be done when your child's registration is complete and your child has started school in the Mt. Lebanon School District. This will ensure that we have most current contact information. Please follow these tips:

1. You must go into the parent/guardian Dashboard account, not the account belonging to your child
2. Emergency Medical Contact/Release Information is located under the "account preferences" tab.
3. **Please include parents/guardian (in priority order) as part of your 4 (four) contact options if you wish to be contacted – if you do not – you will not be contacted.**
4. Please enter this information for each student. You may utilize the "copy" form: feature to expedite the process
5. Students with more than one parent/guardian account or families who do not have computer access will need to contact their child's school secretary to request a hard copy of the Emergency Medical Contact/Release Information sheet. The Parent/Guardian will then need to complete the form and return it to their child's building. The building staff will then transfer the information electronically.

IMMUNIZATIONS: All students are required to be in compliance with Pennsylvania and Allegheny County Health Department's immunization regulations for school attendance. Please see the attached form (**408-D**) for specific immunization regulations. To comply with these regulations, a copy of your child's immunization record must be submitted, reviewed and approved by the certified school nurse **before** your child can attend school. (Please see attached).

KINDERGARTEN: All students entering Kindergarten in Allegheny County will be required to have had **LEAD** testing completed prior to the first day of school. Parents/guardians will need to submit written proof, signed by their child's health care provider of such testing, to their child's certified school nurse.

HEALTH HISTORY: Please complete both sides of the attached health history form (**415-A**) and return to your child's nurse's office. This information is kept confidential and shared with appropriate school and medical personnel as deemed medically necessary.

HEALTH CARE TREATMENTS: Emergency care is available in the nurse's office for any illness or injury that is sustained during school hours. The nurse cannot address injuries that occur at home. By law, a nurse is not permitted to make a diagnosis or prescribe treatment.

Children with an elevated temperature (100 or above), vomiting or diarrhea will need to stay home until symptom free for **24 hours without the use of fever reducing medication. Also, if started on antibiotics – will need to be on them for a full 24 hours prior to returning to school.**

The School District adheres to Allegheny County Health Department Guidelines for readmission following a student's communicable disease diagnosis. We are not equipped to provide advanced emergency care. Children needing urgent medical attention will be transported to an emergency care facility by an Ambulance Service. Please notify the nursing office if your child has any health concerns that could result in the need for emergency services, or that need to be communicated to emergency personnel.

HEALTH INSURANCE: If your child does not have health insurance, free or low cost coverage is available through Pennsylvania Children's Health Insurance Program (CHIP). CHIP is administered by the Pennsylvania Insurance Department and the coverage is for quality medical services through private health insurance companies. For more information, please visit www.chipcoverpakiksa.com or call 1-800-986-KIDS. Applications are also available in your child's school health office.

HEALTH SCREENINGS: The certified school nurse completes health screenings annually. The schedule is as follows:

- Vision, height & weight, BMI percentile in Grades K-12
- Hearing in grades K thru 3rd grade, grade 7 & grade 11, as well as at parent and teacher requests.
- Scoliosis Screening in grades 6 & 7

Referral forms are mailed home for students who do not pass a school screening and require a more thorough examination by his/her private health care provider.

MEDICATIONS: If a licensed health care provider deems it medically necessary for a student to take medication, either prescription or nonprescription during the school day, the Authorization for Medication Form (#440) signed by the parent/guardian and completed by the licensed healthcare provider, must be returned to the nurse's office with the medication in a pharmacy labeled container, or an unopened over the counter bottle, dated July 1st of the current school year or after. **A separate form is required for each medication. A new, completed form by both the physician and parent is required for each medication change, dose change and for each new academic school year, dated July 1st or after.**

Emergency medications (Epinephrine auto injector, rescue inhalers and diabetic supplies) are the only medications that may be self carried and self administered by students and only after completion of the Authorization for Medication Form #440; Self Carry Form #440F and signed off by the certified school nurse.

PHYSICAL EXAMINATIONS: Pennsylvania Department of Health requires all students in K, 6, 11 and any NEW students with incomplete health records to have a physical examination dated no earlier than September 1 of the previous school year.

DENTAL EXAMINATIONS: Pennsylvania Department of Health requires all students in K, 3, 7 and NEW students with incomplete health records to have a dental examination dated no earlier than September 1 of the previous school year.

The school doctor & dentist are available to perform the physical examination or dental examination in school on a limited basis throughout the school year. These school exams are at no cost to you. You may also choose to have your private health care practitioner complete these examinations at your expense.

If you have any questions concerning the preceding topics or other areas pertaining to health services, please contact your child's nurse.

Thank you

The Health Services Department#