

# DHS Football - June 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 7:30a – Varsity 9a - Sophomore	2 7:30a – Varsity 9a – Sophomore	3	4 7:30a – Varsity 9a – Sophomore	5 7:30a – Varsity 9a - Sophomore	6 Potential 7 on 7
7	8 7:30a – Varsity 9a – Sophomore	9 7:30a – Varsity 9a – Sophomore	10	11 7:30a – Varsity 9a – Sophomore	12 7:30a – Varsity 9a - Sophomore	13 Potential 7 on 7
14	15 <b>Football Camp 7a, 6p</b>	16 <b>Football Camp 7a, 6p</b>	17 <b>Football Camp 7a, 6p</b>	18 <b>Football Camp 7a, 6p</b>	19 <b>Football Camp (Morning Only)</b>	20
21	22 <u>Off Week</u>	23 <u>Off Week</u>	24 <u>Off Week</u>	25 <u>Off Week</u>	26 <u>Off Week</u>	27
28	29 <u>State Moratorium</u>	30 <u>State Moratorium</u>				

## DETAILS

### June Conditioning

Players are expected to attend at least 3 lifts per week. There will be 4 opportunities every week. Varsity will begin at 7:30a; Sophomore at 9a.

**Attendance will be tracked.**

### Summer Camp

Will be held June 15<sup>th</sup> to 19<sup>th</sup>. We will scrimmage twice that week versus other high schools. Times TBD. This is critical to our team development.

### Communication

It is vital that players communicate with his coach (position, head) about attendance. Please make certain this is done via text or email.