



NORTH CREEK HIGH SCHOOL

RUNNING START PACKET For 2020-2021 School Year



Please refer to the following steps for Running Start enrollment

Step	Who	Action
Step 1	Student/Parent	Read through this NCHS Running Start Packet
Step 2	Student/Parent	a. Go to Community College Running Start webpage, sign- up for orientation meeting, b. Apply on line
Step 3	Student	Student must place into English 101 in order to be in program. There are two ways to meet this requirement: 1. Accuplacer Test (taken at college) 2. SBAC scores (If you are in 10 th grade, you will not yet have scores)
Step 4	Student	Attend a Running Start 101 session at NCHS. YOU MUST sign up for your session on Naviance (it will appear like a college visit) in order to prove you have completed this step.
<i>If Running Start seems like a good fit continue to the next steps. If not, let your counselor know that you are not interested.</i>		
Step 6	Student	Submit the College's Running Start contract to their Running Start office.
Step 7	Student	Plan your courses for at least your first quarter. Use these choices to fill out your RSEVF. It can be helpful to plan the rest of your time in Running Start to be sure you are covering all of your high school graduation requirements. A planning sheet is provided in this packet.
Step 8	Student	Make an appointment with your counselor to turn in the following: 1. Completed Running Start Enrollment Verification Form (RSEVF) 2. NCHS Running Start Contract (the part with student and parent/guardian initials)

Final and most important step:

After all of the above is complete, you will be ready to register for classes. At Cascadia, Running Start students register for classes in what is called a "Core Planning Session" which takes place at Cascadia and is prearranged with the Running Start office. Other colleges may use a different procedure for class registration. The Running Start office will be a great resource for you while you are a student on their campus. **Full-time Running Start students commonly lose touch with their NCHS counselor and miss out on important information... make sure that is not your story!!**

North Creek High School Running Start Agreement

Printed name

Student #

Class of

The North Creek High School counselors want students to be fully informed of the added responsibilities and unique circumstances that participation in the Running Start program entails. In order to participate in the Running Start program both students and parents need to review this agreement, initialing each line item.

Student Initial/Parent Initial

- 1) ____/____ *Students are responsible for maintaining full time status. Full-time Running Start (15 credits per quarter or a combination of Running Start and NCHS classes. It is recommended students get permission from their NCHS counselor PRIOR to dropping a Running Start (RS) class. It is the student's responsibility for dropping any RS classes prior to the drop deadlines.*
- 2) ____/____ Entrance into RS varies for each community college. All students must place into English 100 and/or Math 100 or higher to be in RS. Course numbers 099 and below are not eligible for RS funding and will have to be paid for by the student. See your counselor to determine how these classes will translate into high school credits.
- 3) ____/____ Due to the fact that the grading periods are not aligned, RS is recommended to be a year-long commitment. ***Starting or ending RS mid-year may adversely impact student's credits.***
- 4) ____/____ It is the responsibility of RS students and parent/guardians to stay informed regarding Diploma Requirements, college application/testing deadlines and Graduation ceremony information. This can be done by checking emails, Remind messages, and the NCHS website.
- 5) ____/____ Colleges treat RS students as college students and will not communicate attendance or academic concerns to the parent without a signed release on file with the college.
- 6) ____/____ NCHS is on a semester (18 week) schedule and the community colleges are on a quarter (11 week) schedule. Starting, ending, and vacation dates will be different. Missing school at one facility because the other is not in session will not be accepted as an excused absence. **RS courses and transportation time cannot conflict with a student's NCHS schedule. Parents must call the attendance office to excuse any absences due to alternate schedules (assembly days, PTSA testing, etc.).**
- 8) ____/____ The earlier students register at the college, the better their chances will be to get their desired courses. There is no guarantee that students will be able to register for the classes desired at the community college. Monitoring all RS deadlines is the responsibility of the student.
- 9) ____/____ All RS grades received will become a permanent part of the student's high school **and** college transcripts. Students must take all courses for a letter grade. College academic courses frequently require a high level of self-discipline. **The college will not send progress reports or warnings; therefore, students are responsible for monitoring their own progress.**

- 10) ___/___ RS students must maintain a minimum 2.0 GPA. If the student's GPA falls below a 2.0, the student is placed on academic probation at the community college. If the GPA is not raised above the 2.0 minimum during the next grading period, the community college will withdraw the student from the RS program which could impact on-time graduation.
- 11) ___/___ Each quarter, students must complete the Enrollment Verification Form required to register for RS classes and get their counselor's signature. **Students are responsible for making an appointment for their counselor's signature.**
- 12) ___/___ Students with disabilities who have a 504 Accommodation Plan or Individual Education Plan (IEP) are responsible for informing and providing documentation of the disability to the community college.
- 13) ___/___ Some post-secondary schools, especially those out of state, may not accept RS courses for college credit. Those who do may have special rules about specific courses and whether students can transfer their Running Start credits. It is the student's responsibility to make sure she/he understands these requirements.
- 14) ___/___ If RS students meet WIAA eligibility standards, they are eligible to participate in high school athletics and activities at NCHS. However, the scheduling of RS and athletics/activities can be challenging as RS classes vary from quarter to quarter.
- 15) ___/___ RS Students are only allowed on the NCHS campus before school, after school, and during the periods they are scheduled in NCHS classes. The only exception to this would be school-sanctioned events such as assemblies or class meetings and the student must follow sign in procedures in the main office.
- 16) ___/___ RS courses may impact future financial aid as the credits count towards the maximum allowable credits a student may receive aid for.
- 17) ___/___ Not all college credits are transferable to all post-secondary schools, especially those out of state.
- 18) ___/___ If college drops student due to GPA (or students withdraws), this could jeopardize on-time graduation. Student must immediately return to NCHS. Prior approval must be given before dropping a RS course. Student is responsible for officially dropping any RS classes.
- 19) ___/___ It is expected that all graduation requirements are completed at the college by winter quarter of senior year.
- 20) ___/___ If there are remaining graduation requirements that must be taken in spring quarter of senior year then the student must be able to prove they are passing the requirements in order to participate in graduation ceremonies.

~Continued on next page~

21) ____ / ____ Please see the chart below for the number of free classes allowed at the College through the Running Start program. Students who exceed this amount will be responsible to pay for any additional RS credits. Books, school fees, lab fees, parking fees, and transportation are the responsibility of the student.

Classes at NCHS	Free College Credits
0-1	15
2	12
3	10
4	6
5 or more	3

Please sign below verifying that you have read and understand the Agreement for participating in Running Start.

Student Name (print)

Student Signature

Date

Parent Name (print)

Parent Signature

Date

After all of the above is complete, you will be ready to register for classes. At Cascadia, Running Start students register for classes in what is called a “Core Planning Session” which takes place at Cascadia and is prearranged with the Running Start office. Other colleges may use a different procedure for class registration. The Running Start office will be a great resource for you while you are a student on their campus. Full-time Running Start students commonly lose touch with their NCHS counselor and miss out on important information... make sure that is not your story!!

☺ GOOD LUCK IN COLLEGE ☺

NORTHSHORE SCHOOL DISTRICT EQUIVALENCY GRID

College Courses Meeting Subject Area Graduation Requirements for Northshore School District High Schools

	Bellevue College www.bellevuecollege.edu 425.564.2026	Cascadia College www.cascadia.edu 425.352.8146	Edmonds Community College www.edcc.edu 425.640.1761	Everett Community College www.everettcc.edu 425.388.9211	Lake WA Institute of Technology www.lwrtech.edu 425.739.8100 ext.495	Seattle Community Colleges www.seattlecolleges.com 206.587.3836	Shoreline Community College www.shoreline.edu 206.546.4591
ENGLISH	ENGL 101, ENGL 111, ENGL 112, ENGL 131, ENGL 201, ENGL 210, ENGL 219, ENGL 220, ENGL 221, ENGL 226, ENGL 228, ENGL 229, ENGL 235, ENGL 237, ENGL 238, ENGL 239, ENGL 244, ENGL 245, ENGL 246, ENGL 253, ENGL 254, ENGL 255, ENGL 260, ENGL 261, ENGL 263, ENGL 264, ENGL 266, ENGL 271, ENGL 272	ENGL 101, ENGL 102, ENGL 111, ENGL 211, ENGL 221, ENGL 235, ENGL 244, ENGL 245, ENGL 254, ENGL 255, ENGL 277	ENGL 101, ENGL 102, ENGL 111, ENGL 244, ENGL 245, ENGL 246	ENGL 101, ENGL 102, ENGL 103, ENGL 105, ENGL 111, ENGL 240, ENGL 253	ENGL 101, ENGL 102, ENGL 111, ENGL 235	ENGL 101, ENGL 102, ENGL 111, ENGL 112, ENGL 201, ENGL 235, ENGL 244, ENGL 245, ENGL 246, ENGL 254, ENGL 256, ENGL 257, ENGL 258	ENGL 101, ENGL 102, ENGL 111, ENGL 112, ENGL 200, ENGL 244, ENGL 245, ENGL 246
US HISTORY	HIST& 148	HIST& 148	HIST 033, HIST& 148	HIST& 148	HIST& 148	HIST& 148	HIST& 137, HIST& 148
SENIOR SOCIAL STUDIES	POLS& 101, POLS& 202, POLS 175, POLS 204, INST 201	POLS& 101, POLS& 202, POLS& 203, POLS& 204, GS 101, GS 150	POLS& 101, POLS& 202, POLS& 203, POLS& 204	POLS& 101, POLS& 202, POLS& 203, POLS& 204	POLS& 202	POLS& 101, POLS 112, POLS& 202, POLS& 203, POLS 220	POLS& 101, POLS& 202, POLS& 203, POLS 221, INST 200, INST 201
WORLD HISTORY	HIST 102, HIST 103	HIST& 126, HIST& 127, HIST& 128	HIST& 117, HIST& 118, HIST& 127	HIST 111, HIST 112	HIST& 126	HIST& 126, HIST& 127, HIST& 128	HIST& 117, HIST& 118, HIST 234, HIST 235, HIST 236
WASHINGTON STATE HISTORY	HIST& 214	HIST& 214	HIST 049, HIST& 214	HIST& 214	Not Available	HIST& 214	HIST& 214
HEALTH	HLTH 250	NUTR& 101	HLTH 100	PEHW 203	NUTR& 101	HEA 160, HEA 125	NUTR& 101
LIFE FITNESS	PE 110, PE 111, PE 112	Not Available	PE 100, PE 105, PE 162, HLTH 150	Not Available	FTNS 100	PEC 130, PEC 132, PEC 145, PEC 150, PEC 151, PEC 165	PE 134, PE 136, PE 139, PE 217, PE 236, PE 239
FINE ARTS, MATH, PE, SCIENCE	Any Fine Arts, Math, PE or Science courses level 100 or greater offered at the community college (see credit conversion information below).						
OCCUPATIONAL EDUCATION	Any Business, Technology, Vocational or Family and Consumer Education course level 100 or greater (see credit conversion information below).						
		NOTE: Community College courses with "&" in the course title (shown in bold) indicate courses that are equivalent at community colleges across the state. A course with this symbol that appears on this list at one college may be taken for credit at any college, as long as it also contains the equivalency symbol (&) at the college where taken.		College Credit to High School Credit Conversion			
				College Credit(s)		High School Credit Applied to Transcript	
				5	1.00		
				4	.80		
				3	.60		
				2	.40		
				1	.20		

Running Start Planning Sheet

Junior Year		
<i>NCHS Fall Semester</i>	<i>NCHS Spring Semester</i>	
RS Fall Quarter	RS Winter Quarter	RS Spring Quarter
Senior Year		
<i>NCHS Fall Semester</i>	<i>NCHS Spring Semester</i>	
RS Fall Quarter	RS Winter Quarter	RS Spring Quarter

# of NCHS semester classes	Free credits allowed through RS
1	15
2	12
3	9/10
4	6
5-6	3
Additional Graduation Requirements	
SBAC- Reading	
SBAC- Writing	
Math EOC or SBAC Math	
Biology EOC or Next Generation Science	
High School and Beyond Plan	
Washington State History	
Successful completion of 2 courses in any combination of the following: AP, IB, CHS, TP, RS unless an alternative course of study is identified through the student's HS&B Plan.	

24
CREDITS

COLLEGE AND CAREER READY GRADUATION REQUIREMENTS FOR THE CLASS OF 2019 AND BEYOND

17
CORE
CREDITS

Core Credits

Courses necessary for every graduate to be college and career ready



3
PPR
CREDITS

Personalized Pathway Requirements (PPR)

Classes that further students' own interests and align with each student's High School and Beyond Plan



4
ELECTIVE
CREDITS

Elective Credits

Exploratory classes of interest



24
TOTAL
CREDITS

College & Career Ready Credits

Graduation requirements for the class of 2019 and beyond.

Flexible Credits

Core Credits plus Personalized Pathway Requirements (PPR)		
4 English	3 Math	3 Science
3 Social Studies	2 Health & Fitness	1 Career & Technical Education
2 Arts	-or- 1 Arts + 1 PPR Course	
2 World Language	-or- 2 PPR Courses	
4 Elective credit courses chosen by the student		

Northshore
School District



Strengthening Our Community Through Excellence in Education