



## A NOTE FROM YOUR SCHOOL COUNSELOR

I am excited to introduce myself as your child's school counselor! This is my second year at John J. Audubon Elementary School, and I am thrilled to be a part of this wonderful school and the community! I hope to build meaningful relationships with all our students and collaborate with families and teachers to ensure the success of all students at John J. Audubon Elementary School.

I look forward to working with you this year!

## HOW TO REACH ME



Please do not hesitate to contact me should you have any questions or concerns regarding your child's academic, personal/social, career development.

I will be available Monday through Friday in room 101K. I can be reached anytime through email.

## CONTACT INFO

Email: [yulloa@lwsd.org](mailto:yulloa@lwsd.org)

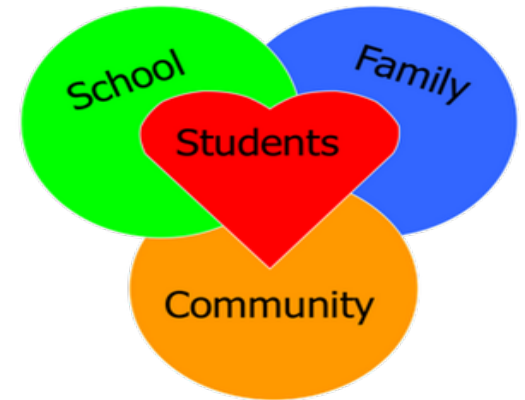
Phone: 425-936-2500 ext. 55048

## JOHN J. AUDUBON ELEMENTARY SCHOOL

3045 180th Ave. N.E.,  
Redmond, WA 98052  
(425) 936-2500

<https://audubon.lwsd.org>

**BACK 2**  
2019-2020  
SCHOOL YEAR **SCHOOL**



## SCHOOL COUNSELING PROGRAM

Yvonne Ulloa

School Counselor



## Role of the Elementary School Counselor:

School Counselors work with families, school staff and the community to help all children reach their full potential academically, socially and emotionally. In a caring way, we are helping students become aware of their own strengths, weaknesses, interests, values, and feelings. Also, we are striving to help each student to be understanding and accepting of others.

School Counselors see students for:

- Classroom Guidance
- Individual Counseling
- Small Group Counseling



## How does a student see the School Counselor?

- Self-Referrals
- Teacher Referrals
- Parent Referrals
- Administrative Referrals

## Counselors are essential to the school by...

- Helping create a safe school environment where students can learn
- Coordinating referrals to outside resources
- Assisting students in learning how school performance relates to future opportunities
- Providing support during personal crisis
- Encouraging life-long learning
- Helping students, families and teachers receive supports to cope with a large variety of issues



## ASCA National Standards

The Elementary School Counseling Program is delivered through direct and indirect services designed from the American School Counseling National Standards to address the competency domains of student development:

### Academic development:

- Classroom support
- Goal Setting
- Transition to middle school
- Study skills
- Identify strengths and areas of growth

### Personal/social development:

- Social skills
- Character building
- Strengths and resiliency
- Coping skills
- Problem solving
- Respect of self and others

### Career development:

- Education on career exploration
- Interest & Skill building
- Life skills

ASCA National Model Website:  
<http://www.schoolcounselor.org/>