



STEELE HIGH SCHOOL					FEBRUARY				
3		4		5		6		7	
Waffle fries or baked Potato topped	Mexican Straw Hats	Sriracha chicken	Lasagna with meat sauce w/breadstick or	BBQ pork or Toasted Cheese					
Pulled pork or Chili and toppings or	Fritos with meat beans and cheese	Brown rice or lo mein noodles	Ravioli	Sweet Potato & Regular Tater Tots					
Meatloaf Sandwich	Shredded lettuce and toppings	Stir fry vegetables	Sicilian vegetables	Tomato soup with					
waffle fries	or Taco Salad Bowl	Fortune Cookies	Salad bar	Spicy Crackers					
Salad Bar	Snickerdoodle Cookie	Salad bar	Fruit bar	Salad bar					
Fruit Bar	Salad and Fruit bar	Fruit bar	Milk	Fruit bar					
Milk	Milk	Milk		Milk					
10		11		12		13		14	
Chicken tenders	Chicken quesadillas	Cherry blossom chicken	Spaghetti with meatballs or	Conferences					
Mashed potatoes	Fiesta rice and beans, WG tortilla	Brown rice or lo mein noodles	Chicken Parmesan						
Sweet potato soufflé	Chips and Salsa	Sesame broccoli	Italian green beans						
Apple crisp	Snickerdoodle cookie	fortune cookies	WG cheese bosco stick						
Salad bar	Salad Bar	Salad bar	Salad bar						
Fruit bar	Fruit Bar	Fruit bar	Fruit bar						
Milk	Milk	Milk	Milk						
President's Day 17		18		19		20		21	
	Beefy cheese nachos or	Sweet Chili Thai chicken	Hot Italian sub sandwich or	Cavatappi mac and cheese with					
	Taco salad bar	Brown rice or	Italian toasted cheese	whole grain dinner roll or					
	Snickerdoodle cookie	Lo Mein noodles	Tomato basil soup w/spicy goldfish	Loaded Footlong Hot Dog					
	Refried beans	Stir fry vegetables, Fortune cookies	Spiral fries	French Fries & baked beans					
	Salad Bar	Salad bar	Salad bar	Salad Bar					
Fruit Bar	Fruit Bar	Fruit bar	Fruit bar	Fruit Bar					
Milk	Milk	Milk	Milk	Milk					
24		25		26		27		28	
Chicken Tenders	Chipotle chicken or beef	Tangerine chicken with	Fettuccine w/ Chicken Alfredo or	Comet Burger Bar					
Mashed Potatoes, carrot coins	Cilantro rice, black beans	Asian brown rice or Lo mein	Lasagna rolls	Seasoned potato wedges					
Berry Crisp	Corn, salsa and cheese	or Macaroni and Cheese w roll	Sugar snap peas	Topping Bar to include chili, cheese					
Eight Grain dinner roll	Snickerdoodle cookie	Sesame broccoli	WG dinner roll	lettuce, onions, pickles or					
Salad Bar	Salad bar	Salad bar	Salad bar	Toasted Cheese Sandwich					
Fruit Bar	Fruit bar	Fruit bar	Fruit bar	Salad and Fruit Bar					
Milk	Milk	Milk	Milk	Milk					
		<p style="text-align: center;"><i>Lunch price of \$3.50 includes 5 components: Protein, Grain, Fruit, Vegetable & Milk. Students must choose 3-5 components, one being a fruit or vegetable.</i></p>							

This institution is an equal opportunity provider and employer

Email Deanne Pastva, RD, LD with any questions about the National School Breakfast & Lunch Programs: deanne_pastva@amherstk12.org