



# FUTURE FRESHMEN NIGHT

CLASS OF 2024

# WELCOME & INTRODUCTIONS

- ◉ Christina Thomas, Principal
  - [cthomas@lwsd.org](mailto:cthomas@lwsd.org)
- ◉ Denise Campbell, PTSA President
  - [president@lwhsptsa.org](mailto:president@lwhsptsa.org)
- ◉ Rick O'Leary, Athletics
  - [roleary@lwsd.org](mailto:roleary@lwsd.org)
- ◉ Cameron Miller, Counselor
  - [cammiller@lwsd.org](mailto:cammiller@lwsd.org)
- ◉ Lenore Gallucci, Counselor
  - [lgallucci@lwsd.org](mailto:lgallucci@lwsd.org)
- ◉ Dawn Lamance, Counselor
  - [dlamance@lwsd.org](mailto:dlamance@lwsd.org)
- ◉ Taylor Reuhl, Counselor
  - [treuhl@lwsd.org](mailto:treuhl@lwsd.org)
- ◉ Jeff Dennis, Counselor
  - [jdennis@lwsd.org](mailto:jdennis@lwsd.org)
- ◉ Marilyn Hargraves, Counselor
  - [mhargraves@lwsd.org](mailto:mhargraves@lwsd.org)

# AGENDA

- ◉ PTSA
- ◉ Vision and Expectations
- ◉ District Vision and Beliefs, Attendance, Discipline
- ◉ Graduation Requirements
- ◉ State, District, and Credit Requirements
- ◉ Scheduling & Registration
  - Dates, Course Catalog, Planner, Registration Form, Advanced Courses, and Sample Schedules
- ◉ Athletics
- ◉ Questions

# LWHS PTSA

## PARENT TEACHER STUDENT ASSOCIATION

- ◉ The main role of our PTSA is to build strong working relationships among parents, teachers and schools, in support of students.
- ◉ We provide funding to the school, and run support programs for students and parents in order to:
  - Enrich educational experiences
  - Build community
  - Facilitate communication
- ◉ We provide opportunities for family and community engagement within our school
- ◉ We advocate for students and parents at the district, state and nation level

# WHAT PTSA CONTRIBUTES TO LWHS

- ◉ \$9,000 for Enrichment and Program Grants
- ◉ \$7,000 for Classroom mini-grants
- ◉ \$2,000 for Social & Emotional Support Grants
- ◉ \$2,500 for Students In Need
- ◉ \$2,600 for Emergency Preparedness
- ◉ College Application Workshops
- ◉ “Fear-Free” SAT/ACT Practice Exams
- ◉ Staff Appreciation events
- ◉ School Beautification
- ◉ Senior Salute & Senior Party
- ◉ And more....



# HOW TO GET INVOLVED AT SCHOOL

- PTSA Officer roles or Committees -see list on website
  - *Recruiting for new officers and chairs NOW!*
- One-time or as needed volunteer opportunities - examples are photo day, laptop roll out, College App Essay mentors, food for staff appreciation (sign up on PTSA website)
- Boosters - support your student's team or club
- LINKS - district volunteer system - can be placed in LWHS
- Field-trip chaperones or other classroom needs (look for teacher requests)

# HOW WE COMMUNICATE

- ◉ Via our website: [www.lwhsptsa.org](http://www.lwhsptsa.org)
  - Join our PTSA and/or donate to Pass-the-Pouch
  - Calendar of events, information & forms
  - Sign up to be a volunteer - *Recruiting now for next year!*
- ◉ Bi-monthly newsletter - *The Kang Crier*
  - *Sign up on [lwhsptsa.org](http://lwhsptsa.org) now!*
- ◉ Kang Cards - email reminders or updates
- ◉ Facebook & closed discussion group - *LWHS PTSA*
- ◉ PTSA General Meetings with Parent Ed topics
- ◉ “Coffee with Christina” gatherings
  - Parents of Incoming Freshman - *Tues., May 12 at 9am*

# THINGS YOU CAN DO BEFORE SEPTEMBER

- ◉ Sign up for the Kang Crier now
- ◉ Visit our website to check out our support programs & volunteer opportunities
- ◉ Attend our “Coffee with Christina” especially for parents of incoming freshmen on May 12, 9-10am
- ◉ Watch for information about back to school events in August
- ◉ Join LWHS PTSA and be informed, involved & invested in the success of our school community!





# PTSA CONTACT

Comments or questions?

- Denise Campbell - [president@lwhsptsa.org](mailto:president@lwhsptsa.org)
- Or contact us via our website [www.lwhsptsa.org](http://www.lwhsptsa.org)

***Thank you for your support!***  
***GO KANGS!***

# DISTRICT VISION

## Every Student Future Ready:

- *Prepared for College*
- *Prepared for the Global Workplace*
- *Prepared for Personal Success*

# Lake Washington School District

## Mission

*Each Student will graduate prepared to lead a rewarding, responsible life  
as a contributing member of our community and greater society*

## Vision

### Every Student Future Ready:

*Prepared for College   Prepared for the Global Workplace   Prepared for Personal Success*

## Strategic Pillars

### Effective Teaching

## Defining Documents

*The Framework for Teaching  
Guiding Principles*

### Standards- Based Teaching, Assessing and Reporting Systems

*Student Profile  
Curriculum & Assessment Framework*

### Continuous Improvement Processes Focused on Results

*Key Performance Indicators*

## Culture of Professional Learning Communities

1. What is it we expect our students to learn?
2. How will we know if each student has learned it?
3. How will we respond when some students do not learn it?
4. How will we respond when some students already know it?

# HIGH SCHOOL BELIEF STATEMENTS

## ◉ Connection

- Providing choice for students to explore a variety of pathways to be career ready
- Providing regular opportunities to collaborate with peers around meaningful work

## ◉ Value

- Engaging students in project-based learning with real-world connections
- Ensuring open access to honors, AP and other high level courses

## ◉ Challenge

- Provide rigorous standards-based courses of study
- Provide multiple opportunities for students to show proficiency
- Use frequent formative assessments of student skills and knowledge to guide instruction

# LW MISSION

LWHS students will graduate as lifelong learners demonstrating resilience, respect, integrity and compassion.

# SCHOOL SCHEDULE

- ◉ 7 period day
  - Provide Exploration, Acceleration, and Remediation
- ◉ Roo Time
  - Currently every Wednesday and Thursday
  - Homeroom

# 7 PERIOD DAY

- ◉ **Exploration** - Enrolling of different or additional elective courses
- ◉ **Acceleration** - Taking accelerated courses such as Advanced Placement (AP), or dual credit opportunities like Running Start or College in the High School
- ◉ **Remediation** - Getting additional support or making up credit
- ◉ All students will register for 7 classes



Learn necessary academic, social, emotional, problem-solving, and organizational skills.



Equip students with integral skills to succeed in high school and life after high school.



Essentially, we study what you wish you would have learned in high school.

# SKILLS FOR SUCCESS



# SKILLS

Academic Skills	Professional Skills:	Social-Emotional Learning Skills:
Maintaining an organized planner Effective group project skills Proper communication with teachers Study habits Note-taking skills Understanding failure Classroom and school culture Memorization skills	GRIT Professional correspondence Digital organization How to ask for help Creating a budget Preparing for the future Goal-setting Problem Solving Valuing solutions over excuses	Self-Awareness Self-Management Social Awareness Relationship Skills Responsible Decision-Making Interdependence Social Responsibility Perspective-Taking Multicultural Literacy Community Engagement

# GRADUATION PATHWAYS

- ◉ House Bill 1599 changes graduation requirements.
  - Students must complete a high school and beyond Plan, meet all district and/or high school requirements and meet the state 24 credit requirement.

# GRADUATION PATHWAYS

- ◉ Meet or exceed the Smarter Balanced Assessment in ELA and Math
- ◉ Complete and qualify for college credit in dual credit courses identified as Running Start or College in the High School Courses.
- ◉ Earn credit in a high school transition course like Bridge to College.
- ◉ Earn high school credit with a c+ grade or a score of 3 or higher on a math and ELA AP exam.
- ◉ Meet or exceed the scores on SAT or ACT as established by State Board of Education.
- ◉ Meet Standard on the Armed services vocational aptitude Battery
- ◉ Complete a sequence of CTE courses that are relevant to a students post secondary pathway.

# GRADUATION PATHWAYS

- ◉ Take SBA in sophomore year. Most of our students pass ELA.
- ◉ In junior and senior year, start looking at other options if necessary.

# HIGH SCHOOL CREDIT IN MS

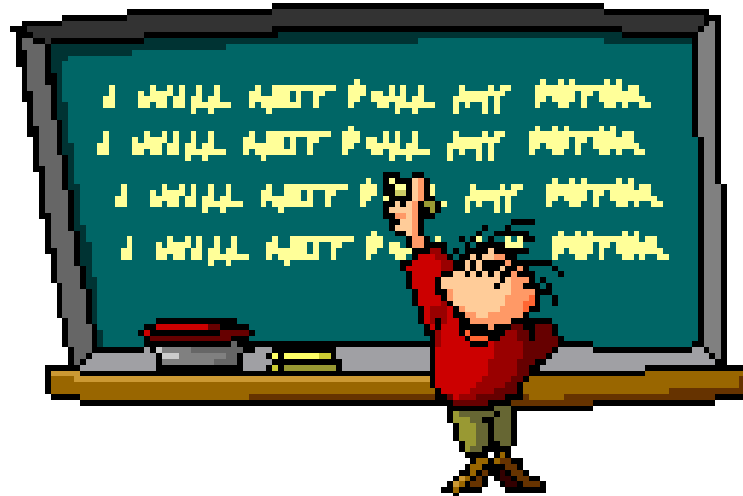
- Students who have completed high school courses before attending high school shall be given high school credit which will be applied to fulfilling high school graduation requirements. Students and parents may request this not be added to transcript.

# ATTENDANCE

- ◉ Consistent attendance = academic success.
- ◉ Students with excessive absences fail classes.
- ◉ Parents must excuse absences within 48 hours.
- ◉ By the Washington Administrative Code:  
Excused absences are defined as illness, doctor appointments, legal appointments and religious holidays.
- ◉ Students who are tardy will receive detentions.

# DISCIPLINE

- ◉ Regular (LWSD) Policy
- ◉ Bullying / Harassment
- ◉ Truancy
- ◉ Non compliance
- ◉ Cell phones



# WHAT IS SIMILAR ABOUT EVERY HIGH SCHOOL IN THE DISTRICT?

Common district high school graduation requirements:

- State Requirements
  - Smarter Balance Assessments
  - High School and Beyond Plan
  - Washington State History
- Credit-Based Requirements
  - 24 total credits



# *DEFINITION OF CREDITS:*

In high schools in the United States, where all courses are usually the same number of hours, often meeting every day, students earn one credit for a course that lasts all year, or a half credit per course per semester. Credits are earned each semester for a course if the course is passed. Passing grades are A's, B's, C's and D's. An F grade is failing and will not earn credit and the course will need to be repeated and passed to earn credit.

Parents will receive a report card notifying them of the courses and grades students have earned at the quarter and the semester.

Students need to earn 24 credits to graduate from high school. Students can earn 3.5 credits per semester or 7.0 credits per year. A 7 period day schedule will provide the opportunity to earn a total of 28 credits.

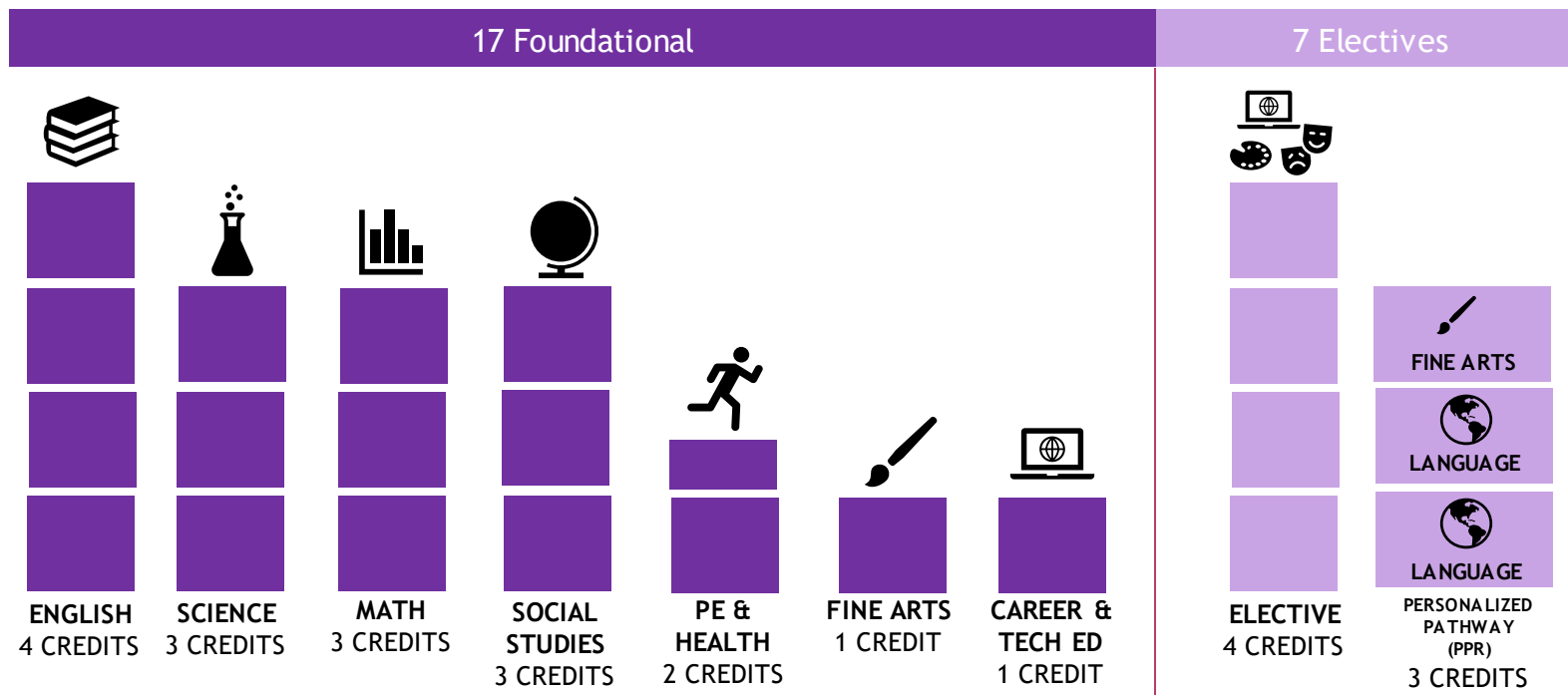
# LWSD CLASS OF 2024

	LWSD Credit Requirements for the Class of 2024
English/Language Arts	4.0
Mathematics*	3.0 (Alg I, Geo, 3 <sup>rd</sup> year of math)
Science	3.0
Social Studies	3.0
World Language*	2.0 (same language)
Fine, Visual, or Performing Arts*	2.0
Health	0.5
Fitness (PE)	1.5
Career and Tech Education (CTE)	1.0
Electives in Career/Interest Concentration	4.0
<b>Total</b>	<b>24</b>

\*Algebra II, 1.0 Fine Art credit, and World Language credit may be subbed per High School and Beyond Plan

# CREDIT OPTIONS / PPR

## High School



## Post-High School



# AP CAPSTONE PATHWAY (NEW)

## AP Capstone Pathway:

(Available to Sophomores-2021/Juniors-2020/Seniors-2019)

- ▶ Earn a AP Capstone diploma **AND** your high school diploma
- ▶ The program includes a two-course sequence: AP Seminar and AP Research, **PLUS** 4 other AP courses of your choice
- ▶ Students must score at least a level 3 on all 6 AP exams to earn the AP Capstone Diploma
- ▶ Students must be co-currently enrolled in AP Seminar/AP Research **AND** another AP course
- ▶ Students who only take AP Seminar and AP Research, but not 4 other AP courses, will earn an AP Capstone Research Certificate
- ▶ AP Seminar=Sophomores/Juniors
- ▶ AP Research=Juniors/Seniors
- ▶ AP Seminar is the prerequisite
- ▶ Both **VERY** large group and individual, projects required
- ▶ College-level research courses
- ▶ **TALK WITH YOUR COUNSELOR ABOUT THIS IF YOU ARE INTERESTED!**

# WHAT IS THE HIGH SCHOOL AND BEYOND PLAN?

- ◉ A plan for a 4-year high school program of study, aligned to a student's interests, goals, and plans for post high school
- ◉ A plan that gets revised and updated through a student's high school experience
- ◉ A process that requires students, parents, and school personnel to review and potentially revise a student's program of study regularly over the course of high school

# COMPLETING THE HIGH SCHOOL & BEYOND PLAN

- Our district uses Xello which is an internet based career exploration & planning tool to develop a post-high school plan
- Starts in 8<sup>th</sup> grade
- In high school, students are assigned activities each year that they are required to complete
- Grade level advisors help with: completion of activities, meeting with students to develop a plan, support students through the process
- We are supportive of all post-high school plans and look forward to working along side your students to find the right fit

# REGISTRATION DATES

## Registration materials handed out

- Kirkland MS: January 24, 2020
- Rose Hill MS: January 27, 2020
- Choice Schools: January 29, 2020
  - Environmental, Northstar, Quest, Renaissance, Stella Schola
  - Registration at LWHS in the College & Career Center

## Registration request forms due

- Kirkland MS: January 31, 2020
- Rose Hill MS: February 3, 2020
- Choice Schools: January 29, 2020
  - Environmental, Northstar, Quest, Renaissance, Stella Schola

# COURSE CATALOG



- ◉ Available online

<https://resources.finalsite.net/images/v1576855802/lwsdorg/h3j8skapnp6nzimd2iqs/LWHSCourseCatalog2020-2021.pdf>

- ◉ Courses listed by department
- ◉ Academic policies
- ◉ College entrance requirements
- ◉ Check prerequisites, course length (semester/year long), grade level requirements and course fees



# REGISTRATION REQUEST FORM

- ◉ Students will be given a form with required courses filled in.
- ◉ Students should review the course catalog and talk to their teachers and parents about their course choices.
- ◉ If necessary, students should make changes to the form so they are placed in the appropriate level of required courses.
- ◉ Help your student choose remaining elective courses that are available to freshmen.
- ◉ Think about other commitments and balance.



# EXAMPLE SCHEDULE FOR 9<sup>TH</sup> GRADE

## ◉ 7 period day

- 1<sup>st</sup> period-Algebra 1, Geometry, Algebra 2, or other math
- 2<sup>nd</sup> period-Biology
- 3<sup>rd</sup> period-Elective or World Language
- 4<sup>th</sup> period-English 9
- 5<sup>th</sup> period-Health/PE
- 6<sup>th</sup> period-Modern World History 1
- 7<sup>th</sup> period-Elective

Elective Examples for Freshman year:

- Fine, Visual or Performing Arts
- Career and Tech Education (CTE)
- Additional PE
- Social Studies electives
- English electives

# AN EXAMPLE OF THE FIRST DAY OF SCHOOL

- ◉ 9<sup>th</sup> graders arrive at 8 AM before 10-12 graders arrive on campus.
- ◉ Student will receive their schedules on the first day of school at 8 AM when then arrive.
- ◉ 9<sup>th</sup> graders attend an orientation followed by an opportunity to follow their schedule. Leadership students will be available to help students navigate the building.
- ◉ At 10 AM the 10-12 grade students arrive.

# FALL SCHEDULE ADJUSTMENT PROCESS

- ◉ Students receive final schedules on the first day of school.
- ◉ Students follow schedule for first two days of school
  - If student has “See Counselor,” is missing a period, or two classes are scheduled at same time, she/he should come to the Counseling Center during that period to select a class.
- ◉ At end of second day, students may download a Schedule Adjustment Request form.
- ◉ It’s possible that counselors will need to balance class sizes at the beginning of the second week.

# REMINDERS!

- ◉ Have your student think very carefully about course selections.
- ◉ It is very difficult to adjust schedules in the fall since any changes are subject to space availability.



# IMPORTANT CONTACTS

## 2020-2021 Counselors

Cameron Miller

[cammiller@lwsd.org](mailto:cammiller@lwsd.org)

Lenore Gallucci

[lgallucci@lwsd.org](mailto:lgallucci@lwsd.org)

Jeff Dennis

[jdennis@lwsd.org](mailto:jdennis@lwsd.org)

Taylor Reuhl

[treuhl@lwsd.org](mailto:treuhl@lwsd.org)

Dawn Lamance

[dlamanced@lwsd.org](mailto:dlamanced@lwsd.org)

Marilyn Hargraves

[mhargraves@lwsd.org](mailto:mhargraves@lwsd.org)

## Counseling Secretary-Registrar

Sarah Mebust

[smebust@lwsd.org](mailto:smebust@lwsd.org)

## Career Specialist

Melanie Conroy

[mconroy@lwsd.org](mailto:mconroy@lwsd.org)

Counseling Center Phone # (425) 936-1702

# EXTRA-CURRICULAR INVOLVEMENT

Students who engage in school activities tend to have social/emotional and academic success

- Wide selection of clubs - there's something for nearly everyone.
- All students participating in any extracurricular activities (all clubs, drama, sports) need to have an ASB card. ASB cards can be purchased online in August before school starts.
- <http://lwhs.lwsd.org/activities/activities-clubs>

# LWHS ATHLETICS PHILOSOPHY



- ◉ Sports should be a fun and rewarding experience.
- ◉ We encourage multi-sport participation over specialization in a single sport year-round.
- ◉ Coaches are committed to providing a safe, nurturing, positive atmosphere for all athletes, regardless of ability level.
- ◉ Coaches promote and expect excellence in the classroom, as well as character and integrity always.
- ◉ School administrators, the athletic director and our coaches expect LWHS student-athletes to be role models in the school, on the playing fields, and in our communities.



# SPORT SEASONS

- ◉ Fall (mid August - mid November): cross-country, football, boys' golf, girls' soccer, girls' swim & dive, boys' tennis, slowpitch softball, and volleyball
- ◉ Winter (mid November - late February): basketball, gymnastics, boys' swim & dive, and wrestling
- ◉ Spring (late February - end of May): badminton, baseball, girls' golf, boys' soccer, fastpitch softball, girls' tennis, track & field
- ◉ Other activities: cheer squad, dance/drill

# WHY SPORTS AND ACTIVITIES?

Studies show that students who participate in extra-curricular activities, versus those who do not, are more likely to:

- Have higher grade point averages
- Have fewer absences from school
- Graduate on time
- Have fewer discipline problems
- Have a positive self-image
- Learn to handle adversity and overcome failures
- Learn the importance of discipline, hard work, dedication and commitment

# ELIGIBILITY & PARTICIPATION FEES

Students and parents need to understand the requirements of eligibility, including:

- ✓ Pass at least 6 of 7 classes
- ✓ Be aware that playing sports has inherent risks including concussions
- ✓ LWSD drug/alcohol/tobacco and behavior policy
- ✓ Proof of insurance
- ✓ Proof of current physical exam (good for 2 yrs)
- ✓ Participation fee - \$200 per sport (\$400/\$725 cap)
- ✓ ASB fee - one time per year \$50

# REGISTERING FOR SPORTS

- Registration is done seasonally, via "Final Forms" on LWSD website.
- Summer: Some sports programs have a summer offering. They are completely optional. Incoming 9th grade students may participate beginning June 8th (after MS Season 4).
- Registration for Fall Sports begins August 3rd.
- Sports Fee payment and ASB purchase is made via online payment system or at ASB Bookkeeper window.

[Students & Families](#) ▾

[Community](#) ▾

[Board](#) ▾

[Employment](#) ▾

[Staff](#) ▾

## For Students and Families

[LWSD Student Email](#)

[PowerSchool Learning](#)

[Skyward Student  
Access/Family Access](#)

[K-5 Research and Homework](#)

[6-12 Research and Homework](#)

[Athletics](#)

[Elementary Band and  
Orchestra](#)

[Before and After School Care](#)

[Breakfast and Lunch Menus](#)

[High School Guide](#)

[New to LWSD](#)

[Registration](#)

[Summer Programs](#)

[Transfer Options](#)

[Welcome Event](#)

ct

[ABOUT US](#)

[SCH](#)

# SCHOOL

## clement Weather

ITS

- [SNOW BUS ROUTE INFORMATION](#)
- [TRACK YOUR BUS WITH MY STOP APP](#)

# For Students and Families

This page contains the student resources that were formerly on the Student and Parent Access Portal.

**Online Payment access for LWS to pay fees, fines, and athletic registration has changed for all families. First time visitors to the new Online Payment access will need to create a new password as a first time user.**

DOWNLOAD GUIDE TO PARENT LOGINS

SKYWARD STUDENT  
ACCESS/FAMILY ACCESS

POWERSCHOOL  
LEARNING

SCHOOL & BUS  
FINDER

ONLINE PAYMENTS (FEES, FINES &  
ATHLETICS)

FINALFORMS (ATHLETIC  
REGISTRATION)

MYSCHOOLBUCKS (MEAL  
PAYMENTS)

# QUESTIONS?

- ▣ Rick O'Leary - Director of Athletics
- ▣ 425-936-1740
- ▣ E-mail: [roleary@lwsd.org](mailto:roleary@lwsd.org)
  
- ▣ Jo Dee Hull- Athletic Secretary
- ▣ 425-936-1732
- ▣ E-mail: [jhull@lwsd.org](mailto:jhull@lwsd.org)