



SUMMER *at the Academy 2020*

Week 1 (6/15-6/19)	Week 2 (6/22-6/26)	Week 3 (6/29-7/2)	Week 4 (7/6-7/10)	Week 5 (7/13-7/17)	Week 6 (7/20-7/24)
ACT Prep	Bulldog Boost		Fairytale STEM for Girls	Bulldog Boost	Lower School Study Skills
Creative Writing, 1/2 day p.m.	SAT Prep		Junkyard Chlg. w LEGO®, 1/2 day a.m.	Genius at Work	Middle School Study Skills
Fun with Phonics	Sea Explorers Marine Camp		Magic of Math	Lower School Study Skills	
Robotics	STEM Ninjaneering w LEGO®		Tynkering, 1/2 day p.m.		
Gesture Drawing	Crafts for Kids	Crafting Author Camp	Acro Dance	Acro Dance	Dance/Centuries, 1/2 day a.m.
Literature to Life, 2 week camp				Beginning Strings, 1/2 day a.m.	
Mixed Media	Glee		Clay	Dance/Centuries, 1/2 day a.m.	Fashion Design & Sewing
Photography	Mixed Media 1/2 day a.m.		Photography	Digital Photography	Strings Attached 1/2 day a.m.
Raising the Barre, 2 week camp				Mixed Media	
				YPTP, 2 week camp	
Basketball, Boys	Cheerleading	Bike Camp	Junior Sports for Girls	Baseball	Basketball, Co-ed
Field Hockey	Field Hockey, 1/2 day a.m.	VA Outside: Adventure Fishing	Soccer, Bulldog	Basketball, Bulldog Girls, 1/2 day p.m.	Junior Sports
Learn to Play/Fly Hockey & Lacrosse	Flag Football		Surfing I	Basketball, Girls, 1/2 day a.m.	Surfing II
Rowing, 1/2 day a.m.	Learn to Play/Basketball & Tennis			Junior Sports	Volleyball, Girls
Sports in the Sand	Soccer, Girls, 1/2 day p.m.			Volleyball, Bulldog Girls, 1/2 day a.m.	
	Softball				
	Sports in the Sand				
	Surfing I				
Chess & 3D Printing, 1/2 day a.m.	Board & Video Game Developers	Designing with LEGO®	Around the World in 5 Days	Around the World in 5 Days	Creepy Crawlers
I love the Earth	Drone Escape	Minute to Win It	Hogwarts, First Years	Babysitting	Driver's Ed./Classroom, 1/2 day
Junior Pilots-Drobots	Fairytale Princess		Mini Medical School, 1/2 day a.m.	Beneath Rainforest Canopy	Dungeons & Dragons, 1/2 day p.m.
Life in the Bay	Incredible Race		Rock & Roll Club, 1/2 day p.m.	Driver's Ed./Classroom, 1/2 day	Food Science
Ninja Warrior	Madden		Survivor	Ground School, 1/2 day p.m.	Hampton Roads Adventures
RC Car	Warhammer – Recruits		Warhammer – Recruits	Hobbits	Hogwarts, OWL Level
Sports Broadcasting				Medical Careers, 1/2 day a.m.	Superheroes (Rock It Science)
				Survivor	Space Camp
				Warhammer Veteran	
Academy Day Camp, Full-day	Academy Day Camp, Full-day	Academy Day Camp, Full-day	Academy Day Camp, Full-day	Academy Day Camp, Full-day	Academy Day Camp, Full-day
Academy Day Camp, 1/2 day a.m.		Academy Day Camp, 1/2 day a.m.	Academy Day Camp, 1/2 day a.m.	Academy Day Camp, 1/2 day a.m.	Academy Day Camp, 1/2 day a.m.
Academy Day Camp, 1/2 day p.m.		Academy Day Camp, 1/2 day p.m.	Academy Day Camp, 1/2 day p.m.	Academy Day Camp, 1/2 day p.m.	Academy Day Camp, 1/2 day p.m.

● Academic

● Fine Arts & Drama

● Sports

● Specialty

● Day Camp

Welcome to SUMMER at the Academy 2020!

Whether your interest is sports, academics, arts, technology, or a little bit of everything in our Academy Day Camps, at SUMMER at the Academy we are committed to providing a summer filled with fun and adventures! Our high-quality camps are led by talented and enthusiastic teachers and coaches who are passionate about what they do! Located on the beautiful 70-acre campus of Norfolk Academy, SUMMER at the Academy promises to provide a positive and rewarding day camp experience for your child.

A FEW CAMP HIGHLIGHTS:

- Free bus service
- Free Lunch included in *most* camps
- Swim time offered in most programs
- Before and aftercare
- Field trips in many camps
- Before and After Camp Swim Academy sessions
- New friends and memories for a lifetime!

This brochure includes all of our camp descriptions. If you need additional information or have any questions, please visit our website or call the SUMMER at the Academy office at 757-461-1787. Thank you for your interest in our camps. We look forward to another exciting, fun-filled summer!

Register online at www.norfolkacademy.org/summer.

SUMMER at the Academy OFFICE HOURS: 8:00 a.m. – 4:00 p.m.

Anita Pozin, Director of Summer at the Academy
apozin@norfolkacademy.org | 757-461-1787

As the Director of SUMMER at the Academy, I have the privilege of working with some of the most talented teachers and coaches in our area. These educators provide a summer filled not only with fun, but they inspire our campers mentally, physically, and socially! It has been an amazing experience to work in an environment where creativity and passion are the driving forces to provide our campers a summer they will not soon forget!

Anita Pozin
Director of Summer at the Academy
apozin@norfolkacademy.org
757-461-1787



***Don't miss Parents' Night Out and Swim Academy information on page 32.**

Week One: June 15-19

page # K 1st 2nd 3rd 4th 5th 6th 7th 8th 9th 10th 11th 12th

Academic Camps												
	ACT Prep	12										11th 12th
12:15 -3:00 p.m.	Creative Writing >> HALF-DAY CAMP P.M.	12			2nd	3rd	4th	5th				
	Fun with Phonics	13	K	1st	2nd							
	Robotics	13							6th	7th	8th	9th
Fine Arts & Drama Camps												
	Gesture Drawing	16					4th	5th				
	Literature to Life (weeks 1 & 2)	16		1st	2nd	3rd						
	Mixed Media	17	K	1st	2nd	3rd						
	Photography	17						5th	6th			
	Raising the Barre (weeks 1 & 2)	17					4th	5th	6th	7th	8th	9th
Sports Camps												
	Boys Basketball	18								7th	8th	9th
	Field Hockey	19		1st	2nd	3rd	4th	5th	6th			
	Learn to Play / Floor Hockey & Lacrosse	20		1st	2nd	3rd	4th					
9:00-11:45 a.m.	Rowing >> HALF-DAY CAMP A.M.	21								7th	8th	9th
	Sports in the Sand	22					4th	5th				
Specialty & Themed Camps												
9:00-11:45 a.m.	Chess & 3D Printing >> HALF-DAY CAMP A.M.	24			2nd	3rd	4th	5th				
	I love the Earth	27	K	1st	2nd	3rd						
	Junior Pilots-Drobots	27		1st	2nd	3rd						
	Life in the Bay	28					4th	5th	6th			
	Ninja Warrior	29					4th	5th	6th			
	RC Car	29						5th	6th	7th		
	Sports Broadcasting Camp	29							6th	7th	8th	9th 10th 11th
	Academy Day Camp, Full-day	31	K	1st	2nd	3rd	4th	5th	6th	7th	8th	
9:00-11:45 a.m.	Academy Day Camp >> HALF-DAY CAMP A.M.	31	K	1st	2nd	3rd	4th	5th	6th	7th	8th	
12:15 -3:00 p.m.	Academy Day Camp >> HALF-DAY CAMP P.M.	31	K	1st	2nd	3rd	4th	5th	6th	7th	8th	

Full-day camp 9:00 a.m.-3:00 p.m. | Half-day camp 9:00 a.m.-11:45 a.m. or 12:15-3:00 p.m. | All half-day campers will eat lunch at 11:45 a.m.

Week Two: June 22-26

		page #	K	1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th	11th	12th
Academic Camps															
	Bulldog Boost	12		1st											
	SAT	14												11th	12th
	Sea Explorers Marine Camp	14	K	1st	2nd										
	STEM+ Ninjaneering with LEGO®	14	K	1st	2nd										
Fine Arts & Drama Camps															
	Crafts for Kids	15	K	1st	2nd										
	Glee	16			2nd	3rd	4th	5th							
	Literature to Life (weeks 1 & 2)	16		1st	2nd	3rd									
9:00-11:45 a.m.	Mixed Media >> HALF-DAY CAMP A.M.	17							6th	7th	8th	9th			
	Raising the Barre (weeks 1 & 2)	17					4th	5th	6th	7th	8th	9th			
Sports Camps															
	Cheerleading	19		1st	2nd	3rd	4th								
9:00-11:45 a.m.	Field Hockey >> HALF-DAY CAMP A.M.	19							6th	7th	8th	9th			
	Flag Football	19					4th	5th	6th						
	Learn to Play Basketball & Tennis	20		1st	2nd	3rd	4th								
12:15-3:00 p.m.	Soccer, Girls >> HALF-DAY CAMP P.M.	21							6th	7th	8th	9th			
	Softball	21		1st	2nd	3rd	4th	5th	6th	7th	8th				
	Sports in the Sand	22							6th	7th					
	Surfing I	22						5th	6th	7th	8th	9th			
Specialty & Themed Camps															
	Board & Video Game Developers	24					4th	5th	6th						
	Drone Escape	25				3rd	4th	5th							
	Fairytale Princess	26	K	1st											
	Incredible Race	27						5th	6th	7th	8th	9th			
	Madden	28					4th	5th	6th	7th	8th	9th			
	Warhammer Recruits	30								7th	8th	9th	10th		
	Academy Day Camp, Full-day	31	K	1st	2nd	3rd	4th	5th	6th	7th	8th				
5:00-10:00 p.m.	Parents' Night Out: Olympiad	32		1st	2nd	3rd	4th	5th	6th	7th					

Full-day camp 9:00 a.m.-3:00 p.m. | Half-day camp 9:00 a.m.-11:45 a.m. or 12:15-3:00 p.m. | All half-day campers will eat lunch at 11:45 a.m.

Week Three: June 29-July 2

		page #	K	1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th	11th	12th
Fine Arts & Drama Camps															
	Crafting Author Camp	15	K	1st	2nd										
Sports Camps															
	Bike Camp	19			2nd	3rd	4th	5th							
	Virginia Outside: Adventure Fishing Camp	23								7th	8th				
Specialty & Themed Camps															
	Designing with LEGO®	25					4th	5th	6th						
	Minute to Win It	28			2nd	3rd	4th								
	Academy Day Camp, Full-day	31	K	1st	2nd	3rd	4th	5th	6th	7th	8th				
9:00-11:45 a.m.	Academy Day Camp >> HALF-DAY CAMP A.M.	31	K	1st	2nd	3rd	4th	5th	6th	7th	8th				
12:15 -3:00 p.m.	Academy Day Camp >> HALF-DAY CAMP P.M.	31	K	1st	2nd	3rd	4th	5th	6th	7th	8th				

This four-day week is packed with great adventures! **Academy Day Camp** will be celebrating our great nation, while **Virginia Outside: Adventure Fishing Camp** will have campers out on our area's waterways! From riding bikes (**Bike Camp**) to creating personal masterpieces in both **Crafting Author Camp** and **Designing with LEGO® Camp**, to playing against the clock in **Minute to Win It**, there is something for everyone in this action packed four-day week!

Week Four: July 6-10

		page #	K	1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th	11th	12th
Academic Camps															
	Fairytale STEM for Girls	12	K	1st	2nd										
9:00-11:45 a.m.	Junkyard Challenge w/ LEGO® >> HALF-DAY CAMP A.M.	13				3rd	4th	5th	6th						
	Magic of Math	13	K	1st	2nd										
12:15 -3:00 p.m.	Tynkering >> HALF-DAY CAMP P.M.	14				3rd	4th	5th	6th						
Fine Arts & Drama Camps															
	Acro Dance	15	K	1st	2nd										
	Clay	15						5th	6th	7th					
	Photography	17				3rd	4th								
Sports Camps															
	Junior Sports for Girls	20	K	1st	2nd	3rd	4th								
	Soccer, Bulldog	21			2nd	3rd	4th	5th							
	Surfing I	22						5th	6th	7th	8th	9th			
Specialty & Themed Camps															
	Around the World	24	K	1st	2nd	3rd									
	Hogwarts – First Years	27							6th	7th					
9:00-11:45 a.m.	Mini Medical School >> HALF-DAY CAMP A.M.	28	K	1st											
12:15 -3:00 p.m.	Rock & Roll Club >> HALF-DAY CAMP P.M.	29	K	1st											
	Survivor	30					4th	5th	6th						
	Warhammer – Recruits	30								7th	8th	9th	10th		
	Academy Day Camp, Full-day	31	K	1st	2nd	3rd	4th	5th	6th	7th	8th				
9:00-11:45 a.m.	Academy Day Camp >> HALF-DAY CAMP A.M.	31	K	1st	2nd	3rd	4th	5th	6th	7th	8th				
12:15 -3:00 p.m.	Academy Day Camp >> HALF-DAY CAMP P.M.	31	K	1st	2nd	3rd	4th	5th	6th	7th	8th				

Full-day camp 9:00 a.m.-3:00 p.m. | Half-day camp 9:00 a.m.-11:45 a.m. or 12:15-3:00 p.m. | All half-day campers will eat lunch at 11:45 a.m.

Don't miss Parents' Night Out and Swim Academy information on page 32.

Week Five: July 13-17

page # K 1st 2nd 3rd 4th 5th 6th 7th 8th 9th 10th 11th 12th

Academic Camps													
	Bulldog Boost	12			2nd								
	Genius at Work	14				3rd	4th	5th					
	Lower School Study Skills	13						5th	6th				
Fine Arts & Drama Camps													
	Acro Dance	15	K	1st	2nd								
9:00-11:45 a.m.	Beginning Strings >> HALF-DAY CAMP A.M.	15				3rd	4th						
9:00-11:45 a.m.	Dance through the Centuries >> HALF-DAY CAMP A.M.	15								7th	8th	9th	10th
	Digital Photography	16								7th	8th		
	Mixed Media	17				3rd	4th	5th					
	YPTP (weeks 5 & 6)	17			2nd	3rd	4th	5th	6th				
Sports Camps													
	Baseball	18			2nd	3rd	4th	5th					
12:15-3:00 p.m.	Basketball, Bulldog Girls >> HALF-DAY CAMP P.M.	18					4th	5th					
9:00-11:45 a.m.	Basketball, Girls >> HALF-DAY CAMP A.M.	18							6th	7th	8th		
	Junior Sports	20		1st	2nd	3rd							
9:00-11:45 a.m.	Volleyball, Bulldog Girls >> HALF-DAY CAMP A.M.	23					4th	5th					
Specialty & Themed Camps													
	Around the World	24	K	1st	2nd	3rd							
	Babysitting	24						5th	6th	7th	8th		
	Beneath the Rainforest Canopy	24	K	1st	2nd								
9:00 a.m.-12:30 p.m.	Driver's Ed./Classroom >> HALF-DAY CAMP	25										10th	11th
12:15 -3:00 p.m.	Ground School >> HALF-DAY CAMP P.M.	26					4th	5th	6th				
	Hobbits	26							6th	7th			
9:00 a.m.-11:45 a.m.	Medical Careers >> HALF-DAY CAMP A.M.	28										9th	10th
	Survivor	30					4th	5th	6th				
	Warhammer Veteran	30								7th	8th	9th	10th
	Academy Day Camp, Full-day	31	K	1st	2nd	3rd	4th	5th	6th	7th	8th		
9:00-11:45 a.m.	Academy Day Camp >> HALF-DAY CAMP A.M.	31	K	1st	2nd	3rd	4th	5th	6th	7th	8th		
12:15 -3:00 p.m.	Academy Day Camp >> HALF-DAY CAMP P.M.	31	K	1st	2nd	3rd	4th	5th	6th	7th	8th		

Full-day camp 9:00 a.m.-3:00 p.m. | Half-day camp 9:00 a.m.-11:45 a.m. or 12:15-3:00 p.m. | All half-day campers will eat lunch at 11:45 a.m.

Week Six: July 20-24

		page #	K	1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th	11th	12th
Academic Camps															
	Lower School Study Skills	13						5th	6th						
	Middle School Study Skills	14								7th	8th	9th			
Fine Arts & Drama Camps															
9:00-11:45 a.m.	Dance through the Centuries >> HALF-DAY CAMP A.M.	15								7th	8th	9th	10th		
	Fashion Design & Sewing	16						5th	6th	7th					
9:00-11:45 a.m.	Strings Attached >> HALF-DAY CAMP A.M.	17						5th	6th	7th	8th				
	YPTP (weeks 5 & 6)	17			2nd	3rd	4th	5th	6th						
Sports Camps															
	Basketball, Co-ed	18					4th	5th	6th						
	Junior Sports	20		1st	2nd	3rd									
	Surfing II	22						5th	6th	7th	8th	9th			
	Volleyball, Girls	23							6th	7th	8th	9th			
Specialty & Themed Camps															
	Creepy Crawlers	25		1st	2nd	3rd									
9:00 a.m.-12:30 p.m.	Driver's Ed./Classroom >> HALF-DAY CAMP	25											10th	11th	12th
12:15 -3:00 p.m.	Dungeons and Dragons >> HALF-DAY CAMP P.M.	25						5th	6th	7th					
	Food Science	26					4th	5th	6th						
	Hampton Roads Adventures	26							6th	7th	8th				
	Hogwarts at the Academy: OWL Level	27									8th	9th			
	Superheroes (Rock It Science)	29	K	1st	2nd	3rd									
	Space Camp	29	K	1st	2nd										
	Academy Day Camp, Full-day	31	K	1st	2nd	3rd	4th	5th	6th	7th	8th				
9:00-11:45 a.m.	Academy Day Camp >> HALF-DAY CAMP A.M.	31	K	1st	2nd	3rd	4th	5th	6th	7th	8th				
12:15 -3:00 p.m.	Academy Day Camp >> HALF-DAY CAMP P.M.	31	K	1st	2nd	3rd	4th	5th	6th	7th	8th				

Full-day camp 9:00 a.m.-3:00 p.m. | Half-day camp 9:00 a.m.-11:45 a.m. or 12:15-3:00 p.m. | All half-day campers will eat lunch at 11:45 a.m.

General Information

SUMMER at the Academy OFFICE HOURS:

8:00 a.m. – 4:00 p.m. Monday-Friday.

TELEPHONE: (757)461-1787

FAX: (757)455-3191

EMAIL: apozin@norfolkacademy.org

DIRECTOR: Anita Pozin

Please note: registrations will not be accepted over the weekend prior to a session starting. Walk-ins may be accepted on Monday morning each week IF there is availability in camps.

SUMMER PROGRAMS 2020:

JUNE 15 – JULY 24

Week 1: June 15-19 | Week 2: June 22-26

Week 3: June 29-July 2 | Week 4: July 6-10

Week 5: July 13-17 | Week 6: July 20-24

CLOSED FRIDAY, JULY 3RD

CAMP HOURS:

Most of our camps are 9:00 a.m. – 3:00 p.m. Please check the camp descriptions carefully as we do offer several half-day camps.

HALF-DAY CAMP TIMES:

9:00 a.m. – 11:45 a.m.

12:15 p.m. – 3:00 p.m.

Note: All half-day campers will eat lunch at 11:45 a.m.

HALF-DAY CAMPS:

If a camper is attending a *morning camp only*, parents may pick up at 12:15 p.m. If a camper is attending an *afternoon camp only*, parents may drop off at 11:45 a.m. for lunch. Pick ups and drop offs will be at the SUMMER at the Academy office located in the Lower School.

AGES:

Please see camp descriptions for grade level requirements. Our youngest campers must be at least 5 years old by September 1, 2020, in accordance with Virginia state licensing requirements.

REQUIRED DOCUMENTS:

A copy of your child's birth certificate and most recent physical or health form (State of Virginia: MCH-213E) are required. Please email both documents to summer@norfolkacademy.org.

MEDICAL:

We have a registered nurse on campus from 8:45 a.m. – 3:00 p.m. Medications needed during camp must be brought to the clinic in their original containers, by a parent or guardian, along with documentation signed by a physician indicating administration and dosage.

REGISTRATION & FEES:

Applications may be completed online: www.norfolkacademy.org/summer. You will be prompted to enter the "Campwise Registration System." \$100 deposit per camp is due at the time of registration. Payment plans will be set up in equal payments to be fully paid by June 1st, 2020, and charged automatically to the credit card on file. If registering after June 1st, camp registrations must be paid in full. Campers with an outstanding balance will not be permitted to participate in SUMMER at the Academy. Visa, American Express, MasterCard, and Discover are accepted.

BEFORE/AFTER CAMP CARE:

This program is a service provided for parents requiring extended care for their children. We offer quality supervision from 7:30 a.m. – 9:00 a.m. and from 3:00 p.m. – 6:00 p.m. A snack is provided in the afternoon. Parents are required to sign their children in and out each day using the Kinderlime Registration System. New users will be directed to create an account.

FEES:

Before and After Care (Weekly): \$100.00

Before Care Only (Weekly): \$40.00

Before Care Drop In (as needed/daily): \$10.00

After Care Only (Weekly): \$70.00

After Care Drop In (as needed/daily): \$18.00

REFUND POLICY:

A refund will not be given unless requested in writing two weeks prior to the opening date of the session(s) for which your camper is enrolled. No refund will be given for a camper dismissed due to disciplinary action. Camp fees will also not be prorated for illness or other reasons camper is unable to attend the full week(s).

- Cancellations before June 1st, 50% of the per camp deposit is non-refundable.
- Cancellations after June 1st, 100% of the per camp deposit is non-refundable.

All camps and course offerings are subject to maximum and minimum enrollments. Under-enrolled programs may be cancelled.

LUNCH:

Lunch is included in most of the camp registrations. SAT, ACT, and Driver's Education may purchase lunch. Campers may bring a bagged lunch or eat a hot lunch in our Refectory. Lunch service includes an entree, side, dessert, and

drink. We also have a deli bar available and a fruit and yogurt bar. The Summer lunch menu will be available online June 1st, 2020.

SWIMMING:

The Norfolk Academy indoor pool (depth 4' to 13') is used for both swimming lessons and free-swim periods. The pool staff consists of certified lifeguards and instructors. Lifeguards will review the pool rules at the start of each week.

CLOTHING:

All clothes and equipment should be labeled with your camper's name. Most camps include a swim period so campers should pack a swimsuit and towel daily. Campers must wear athletic shoes for both indoor and outdoor activities. Norfolk Academy will not be responsible for any items lost while participating in summer camps.

T-SHIRTS:

Each camper will receive one T-shirt with his or her summer registration. Please remember to indicate size preference on the application.

FIELD TRIPS:

Your online signature on the camp registration form gives your child permission to participate in sponsored field trips and to travel in authorized Norfolk Academy owned or contracted vehicles. Participation on field trips and riding in camp transportation is a privilege. Please review the bus conduct rules with your child.

Norfolk Academy does not discriminate on the basis of race, sex, religion, color, national or ethnic origin.

CAMP TRANSPORTATION:

BUS TRANSPORTATION SERVICE: FREE!

Round-trip bus service is available for full-day campers. Registration is required. Bus service is available on a first-come, first-serve basis. Transportation is not guaranteed to campers who do not register. Half-day campers may ride the bus one-way as applicable. Mid-day transportation is not provided.

PLEASE NOTE: All campers under the age of 11 must be met at the bus by an adult. Permission to walk from the bus stop must be submitted in writing for children older than 11.

BUS CONDUCT RULES:

No fighting, swearing, or abusive behavior. Children must remain properly seated with seat belts (when available) at all times. Children must not have any part of their bodies out of the vehicle. No eating or drinking on the vehicles. Potentially dangerous actions will not be tolerated.

CARPOOL:

Morning Drop Off: Cars will be loaded and unloaded on the curb between 8:35 a.m. and 8:55 a.m. Please follow all directions given by staff and traffic guards on campus.

Afternoon Pick Up (Full day camps):

Campers should be picked up no later than 3:15 p.m. All campers with last name A-L will be in the lanes closest to Norfolk Academy (odd lanes). Campers with last names M-Z will be in the lanes closest to Virginia Wesleyan (even lanes). Children remaining after 3:20 p.m. will be supervised in our After Camp Program. A fee of \$18.00 may be charged for supervision.

*Half-day campers please refer to the paragraph regarding half-day camps for your pick up and drop off information located on page 10.

SPECIAL PICK-UP DURING CAMP HOURS:

We appreciate advance notification when a parent/guardian wishes to pick up a camper during camp hours. Any child leaving camp during camp hours must be picked up from the **SUMMER at the Academy** office and must be signed out by the parent/guardian.

DASHBOARD CARDS:

Every registered camper will receive a "Dashboard Card" to be placed in their vehicle. Each card is color coded by weekly session and is printed with camper's last name and camp. Please have visible for both our security and staff to help with easier on campus arrival and afternoon pick up.

PARENT HANDBOOK:

Parents, please visit www.norfolkacademy.org/summer to download the parent handbook for additional tips and guidelines, and to find the most up-to-date information regarding camps.

PLEASE NOTE! **TRANSPORTATION CHANGES:**

If the parent/guardian needs to change transportation arrangements during a camp session, we require written notice. You may either send a note to camp with your child or email the **SUMMER at the Academy** office: apozin@norfolkacademy.org.

Academic Camps **NEW!**

Please register online.
www.norfolkacademy.org/summer.

ACT Prep Course

ENTERING
GRADES
11-12

week 1

Cost: \$345

Director: Trudeau ACT Staff

This course is designed for anyone preparing to take the ACT. It is intended to strengthen test-taking skills in order to increase scores. Focus is on familiarization with ACT-type questions, develop test-taking strategies, managing test panic, increasing confidence and speed. A review of test content includes algebra, geometry, trigonometry, science, reading comprehension, grammar, and essay writing.

Students attending the ACT prep course may pack a lunch or purchase onsite for \$5.00 a day or \$25.00 for the week.



Norfolk Academy is excited to launch its new "Bulldog Boost" series of Academic camps. These camps were created to provide instruction in a fun and creative environment! Participants will develop a foundation of learning to best prepare them for the fall. Please read below for additional details.

Bulldog Boost into First Grade

week 2

Cost: \$365

Director: Kendell Griffin,

**Old Donation Episcopal Day teacher,
and former Norfolk Academy teacher**

Welcome to Bulldog Boost for any rising 1st grader. Join us for a week filled with activities, games, and hands-on exploration all dedicated to enhancing your student's preparation for entering first grade. Students will engage in one-on-one instruction in reading and writing foundations, fine motor-skill building, and number awareness with teachers and counselors. All of this will take place in our play-based, day camp environment. Students will also enjoy a daily swim session, recess time, and a trip to the canteen. Come Bulldog Boost with us!

Bulldog Boost into Second Grade

week 5

Cost: \$365

Director: Shim Richardson,

Norfolk Academy teacher

This is a one-week academic boost program for any rising second grader. Students will focus on reading, written communication skills, and math facts to better prepare them for second grade. There will be lots of one-on-one

learning time with teachers and counselors, and students will leave at the end of the week with tips so they may be a proactive learner! We will also have a daily swim, recess and trips to the canteen!

Creative Writing

Half-Day

ENTERING
GRADES
2-5

week 1

Cost: \$200 | Half-day 12:15 p.m. – 3:00 p.m.

Director: Phillip Call,

Norfolk Academy teacher and coach

Do you love to read and imagine your own stories? Come join us to talk about how you can become an author! We'll read a variety of stories and poems, and you'll write some of your own with narration, pictures, and dialogue. By the end of the week you'll have created several pieces to share with friends and family! Hope to see you there!

Fairytale STEM Camp FOR GIRLS!

ENTERING
GRADES
K-2

week 4

Cost: \$365

Director: Jennifer Warsaw,

**The Williams School Math and
Science teacher**

Once upon a time... The best stories always start that way, but why does it seem some princesses are always in distress? Well, no more! Through daily challenges and experiments, we will save those young maidens from the fire breathing dragons, evil witches or from being locked in those tall towers! Who needs a handsome prince when you girls are here to save the day! Fairytale STEM Camp is a week filled with challenges, discovery, and fun that all girls will enjoy completing. No experience necessary!

Fun with Phonics

ENTERING
GRADES
K-2

week 1

Cost: \$365

Directors: Jackie Diamonstein,
Norfolk Academy first grade
teacher
Jackie Evelyn,
Norfolk Academy first grade
teacher

Hip, hip, hooray for reading! Fun with Phonics is an interactive program designed to explore phonemic awareness and emergent reading. Children will enjoy “eating” their way through the difference between long and short vowels, and understanding the proper sounds that all letters and blends make. This camp is targeted for rising K and 1st grade learners, but could also be an excellent review tool for rising 2nd graders. Our learning time will be in the first grade classrooms at Norfolk Academy, but there will be plenty of fun in the sun and swimming each day to enjoy the beautiful summer.

NEW!

Junkyard Challenge

with LEGO® Half-Day

ENTERING
GRADES
3-6

week 4

Cost: \$200 | Half-day 9:00 a.m. – 11:45 a.m.

Director: Play-well Teknologies staff

Use Play-Well’s massive LEGO® “junkyard” and apply real world STEM concepts to design innovative solutions for our custom challenges. Launch a container over shark infested waters, rescue an explorer stranded in the mountains, and design a car that drives upside down. Our Play-Well instructors help you engineer unique design solutions to fun filled activities.

Lower School Study Skills

ENTERING
GRADES
5-6

week 5 week 6

Cost: \$365

Directors: Kathlyn Loneragan,
Norfolk Academy teacher
(July 15-July 19)
Phillip Call,
Norfolk Academy teacher and coach
(July 22-July 26)

Take control of your own learning! This study skills/keyboarding course will enable students to explore and discover their own unique learning styles and preferences in order to become more efficient learners. Students will learn a variety of study strategies and skills, including organization, communication, time management, test preparation, stress management, and how to create an effective study environment. Keyboarding instruction will take place during a portion of each day and focus on correct finger placement and methods in order to build speed and accuracy. This course will help students become independent learners and achieve greater success in the classroom by building positive habits that can last a lifetime!



Magic of Math

ENTERING
GRADES
K-2

week 4

Cost: \$365

Directors: Jan Poole,
Norfolk Academy Aftercare Director
and Beach Day School teacher
Elizabeth Weston,
Beach Day School Assistant
Director

Come explore the magic of math! A variety of math games, computer activities, math manipulatives, videos, and math-related edible snacks will be offered each day. On our thrilling magical journey we will explore money and time; weights and measures; addition and subtraction; geometry; and much more! A math-filled adventure field trip to local businesses will show campers how math helps people make decisions every day.

ENTERING
GRADES
6-9

Robotics

week 1

Cost: \$430

Director: Afek Taragan,
Norfolk Academy Math and
EDI teacher and coach

Do you dream of self-driving cars or using robots to colonize Mars? The future is not as far as you might think, and robotics and programming are an integral part of this not-so-distant future! Crack open the door to this amazing world by joining us on a robotics adventure. Throughout this camp, participants will work in pairs to assemble, program, test and revise their robot as they complete increasingly challenging tasks. Can you teach your robot to navigate through a maze on its own, rescue an item from a disaster area, or shoot a basket? If you are up to the challenge, let’s see how far your sense of adventure, curiosity, and resilient attitude will take you!

SAT Prep Course

ENTERING
GRADES
11-12



Cost: \$345

Director: Trudeau staff

This course will teach you how to successfully take the SAT! You will become familiar with SAT questions, develop test-taking strategies, manage test panic, increase your confidence and speed, and get a review of test content. A review of test content includes basic math, algebra, geometry, data analysis, statistics, and probability. Reading comprehension, grammar, and essay writing will be covered as well. Practice with real, timed SAT test sections is an integral part of the course. Students attending SAT prep course may pack a lunch or purchase onsite for \$5.00 a day or \$25.00 for the week.

NEW!

Sea Explorers Marine Camp

ENTERING
GRADES
K-2



Cost: \$365

**Director: Jan Poole,
Norfolk Academy Aftercare Director
and Beach Day School teacher**

Let's travel under the sea! Explore the wonders of the sea and the creatures that call it home by joining us for a hands-on experience. Along with arts and crafts, campers will read books and participate in activities and games to learn about life in the sea. Remember to bring your swimsuit for a dip in the Norfolk Academy Ocean that we call the pool!

STEM: Caution! Genius at Work!

ENTERING
GRADES
3-5



Cost: \$365

**Directors: Jennifer Warsaw,
The Williams School teacher
Kristin Poulin,
The Williams School guidance
counselor**

Are you a scientific sleuth prepared for puzzling predicaments? Are you a genuine genius in search of complicated conundrums? If so, then this is the place for you! Come join us for a week of playful problem solving, tenacious teamwork, and contagious creativity! Just a few of the activities include building a towering tower of gumdrops, wind powered vehicles, and rainbows in a jar! The choice is yours: Are you up for the challenge of learning more and playing more than you ever thought possible? We hope you accept this mission!

NEW!

STEM plus Ninjaneering with LEGO®

ENTERING
GRADES
K-2



Cost: \$365

Director: Play-Well Technologies staff

Prepare for a full-day LEGO® camp packed with hands-on and minds-on STEM fun! Build projects inspired by cool machines such as: chugging Steamboats, enchanting Moon Bridges, and bustling Airports. Then learn the way of Spinjitzu, ride your Elemental Dragon, and face the Great Devourer! Engineering and Ninjanuity are the focus of this new full-day themed camp for LEGO® fanatics! !

Study Skills: Middle School

ENTERING
GRADES
7-9



Cost: \$365

**Director: Susie Coker,
Norfolk Academy teacher**

This course is specially designed for the middle school student. Brain-based research will be introduced to students to help them learn in a more effective, meaningful way. Campers will examine how their dominant learning style is used to make significant connections between understanding a skill's relevance and application in order to build both confidence and positive attitudes toward learning. They will also practice organizational and time management skills, active reading and note-taking techniques, listening and memory skills, test-taking strategies, and other practical tips for studying more efficiently to become an active, proactive learner. Fees include all materials and texts.

NEW!

Tynkering with Computers Half-Day

ENTERING
GRADES
3-6



Cost: \$200 | Half-day 12:15 p.m. – 3:00 p.m.

**Director: Dr. Robert Call,
Norfolk Academy Physics
teacher and coach**

Campers will learn basics of block coding using the online platform Tynker. This self-paced activity will allow campers to work through learning modules or create their own projects (individually or as a group) to share with their peers! Projects could be an illustrated story, a game, a digital music production, or anything in between! If you ever wondered how much you could create using coding, this camp is for you! So bring your imagination and let's get tynkering!

Fine Arts & Drama Camps

Acro Dance



July 6-10, grades K-2 | July 13-17 grades K-2

Cost: \$365

Director: Richard Corbin,
Professional acro and
dance instructor

Bring your happy feet to Norfolk Academy and come dance with us! Be part of an amazing week of dance and acrobatics. The day will include conditioning and stretching, tumbling, hip hop, ballet, jazz, and contemporary dance. There will be a performance on Friday to showcase all that work you've put in throughout the week.

Beginning Strings

Half-Day

ENTERING
GRADES
3-4



Cost: \$200 | Half-day 9:00 – 11:45 a.m.

Director: Jeff Danielson,
Norfolk Academy Fine Arts Chair
and Orchestra teacher

Is it possible to work AND have fun? Yes! Come make some new friends and learn how to play a violin, viola or cello in this fun half-day camp! By the end of one week you will be able to correctly hold the bow, have a proper left hand position, keep a steady beat, and play some tunes. We will also learn to count rhythms, do some rhythmic dictation (listen to rhythms then write them down), learn simple note reading, and explore the basics of improvising!

***Instruments will be provided.**

Clay

ENTERING
GRADES
5-7



Cost: \$365

Director: Robert Davis,
local artisan and retired
Norfolk Public School art teacher

School is over, but that doesn't mean you can't be creative this summer! Channel your creativity by joining us for a week of clay creations! Campers will use clay to develop multiple motor skills by using tactile materials as they become familiar with the supplies and the clay. Enjoy learning various techniques to create one-of-a-kind clay treasures that will be bisque fired and glazed. Campers will have an art gallery on Friday to showcase their art to parents and other campers.

Crafting Author Camp

ENTERING
GRADES
K-2



Cost: \$292 (no camp July 3rd)

Director: Sarah Turgeon '91,
Norfolk Public School teacher

Corduroy the Bear!? *Pete the Cat!?* *Chicka Chicka Boom Boom!?* Do you love books AND love to craft?? Then come spend the week with us as we do fun crafts and learning activities while reading these books and more! You never know where your imagination will take you while creating book inspired projects! Don't forget your swim suit and towel for our daily swim time!



Crafts for Kids

ENTERING
GRADES
K-2



Cost: \$365

Director: Sarah Turgeon '91,
Norfolk Public School teacher

Imagine a room full of crayons and colored pencils, glitter and glue, paints and pom-poms, beads and baubles! We have just that for your little artist! Using a variety of mediums, we will employ literature as a springboard for our projects, learning safe and proper craft techniques. This crafty camp will provide young campers an avenue to express themselves with different materials to create their own beautiful treasures. Each day will include an outdoor recreational period of supervised games and play.

Dance through the Centuries

Half-Day

ENTERING
GRADES
7-10



Cost: \$400 | Half-day 9:00 – 11:45 a.m.

Director: Joél Casanova,
Dance instructor and freelance
choreographer

Want to time travel this summer?! Widen your understanding of dance history as Joél Casanova teaches a century's worth of different styles! During this two week half-day camp, you will learn prominent dances that shaped culture from 1920 to 2020: The Charleston, Lindy Hop, Jive, Locking, Breakdancing, Urban, and Viral Trends. Parents and friends are welcome on the last day for a chronological showcase of each style.

Digital Photography

ENTERING
GRADES
7-8



Cost: \$365

Director: Warren Warsaw,
Norfolk Academy teacher

Don't just take photos, make art! In this camp we will learn about the basics of photography in order to take better photos. Every day, campers will learn to edit and enhance their photos using Paint.net. On the final day, campers will present their work in a PowerPoint presentation and also receive one of their photos matted and framed. Campers will need to bring a digital SLR camera or smart phone.



Fashion Design & Sewing

ENTERING
GRADES
4-6



Cost: \$365

Director: Itsje Rowson,
Professional seamstress

Fashion Design Camp is a week full of creativity! Using your imagination and instruction from a professional seamstress, you will make fashionable clothes and dazzling accessories. Join us for an exciting opportunity to learn basic sewing skills and different ways to repurpose used items. Only eight spaces available, so sign up today!



Gesture Drawing

ENTERING
GRADES
4-5



Cost: \$365

Director: Robert Davis,
local artisan and retired
Norfolk Public School art teacher

Discover a new passion through observation! Gesture drawing is a fun way to draw creatively. All people have a natural tendency to observe things in life, and gesture drawing allows for unique images to emerge into our visual perspective. As images are revealed, we will use a fast drawing method to stimulate rapid eye and hand development. This method allows campers to focus on viewed shapes and forms. Campers will study and look for images in their work and the work of others.

Don't miss
Parents' Night Out!
See page 32 for details!

Glee

ENTERING
GRADES
2-5



Cost: \$365

Director: Becky Peterson,
Norfolk Academy music teacher

If you love to perform in front of your mirror, then this camp is for you! It will encompass all the best parts of performing... singing solos and group numbers, choreography, and dressing the part! With the help of a talented team of musicians and performers, campers will find the perfect performance piece and put on a great show at the end of the week!

NEW!

Literature to Life Drama Club

ENTERING
GRADES
1-3



Cost: \$730

Director: Valerie Thornton,
Norfolk Academy teacher

Participants in the Literature to Life Drama Club will share in nearly every facet of producing a play as we bring much-loved literature to life! We will work together to develop scenery, props, costumes, and of course, the play itself! This dynamic program will help young thespians take to the stage and shine as we will present "A Dr. Seuss Trilogy!" Many Dr. Seuss books teach a lesson or address a social issue and we will bring three of those books to life. They are *The Sneetches*, *The Lorax*, and *Horton Hatches an Egg*. You will not want your child to miss out on this radical and affirming two-week experience.

Mixed Media

week 1 week 2 week 5

Cost: \$365 | June 15-19, grades K-3

Cost: \$200 | June 22-26, grades 6-9

Half-day 9:00 a.m. – 11:45 a.m.

Cost: \$365 | July 13-17, grades 3-5

Director: Kristen Turrietta,

Norfolk Academy teacher

Join us in making an amazing variety of mixed media two and three dimensional artworks! We will use different materials each day to make one-of-a-kind works of art (and slime)! Plan on a fun experience exploring different techniques, both traditional and unusual, including painting, collage, printmaking, sculpture, and fiber arts. Campers will have flexibility in choosing projects. On the last day of each camp there will be an exhibit in the refectory during the lunch hour. Individual creativity will be encouraged and celebrated!

Photography

week 1 week 4

June 15-19, grades 5-6 | July 6-10, grades 3-4

Cost: \$315

Director: Mike Sarino,

Professional Photographer and
Norfolk Academy coach and
substitute teacher

This camp will help students obtain a working knowledge of cameras, lenses, and light. Campers will become acquainted with principles of composition, color, and perception, all while learning to utilize the camera as an image creation tool. In addition to daily assignments, campers will conceptualize, shoot, edit, process, present, and discuss their work during camp. The program culminates with a final body of finished photographs. Campers will need to bring a digital camera, supporting cables (usb,

power, etc.), a card reader, battery charger, and a 16 Gigabyte (minimum) thumb drive.

Raising the Barre

ENTERING
GRADES
4-9

weeks 1 & 2

Cost: \$730

Director: Elbert Watson,

Norfolk Academy teacher and coach

Led by Dance Master Elbert Watson, former principal dancer with Alvin Ailey Dance Theater, and Norfolk Academy's famed dance instructor, this is the perfect opportunity to further advance your technical and performance skills in dance and acting. You will be challenged in contemporary dance, jazz, hip hop, classical ballet technique, and miming and story-telling. If you are motivated for the challenge, Raising the Barre is the camp for you! This two-week camp will culminate with a larger-than-life performance for friends and family!

***Bring your instrument. School instruments available on a limited basis. Campers must have at least two years experience.**



Young People's Theatre Program (YPTP)

ENTERING
GRADES
2-6

weeks 5 & 6

Cost: \$730

Director: Charlotte Zito '99,

Norfolk Academy teacher

Join YPTP 2020 and be a part of our production of "The Legend of Mulan"! We will create costumes, build sets, learn all about acting and dancing, and have a great time for two weeks this summer. Based on Disney's 1998 cartoon, this adaptation of one of China's most famous ancient folk tales is the story of a girl struggling to find her identity and facing the looming threat of war. When the army forcibly recruits one boy from every family to defend China from an invasion, Mulan, an only child, fears her ailing father won't make it back — so she disguises herself as a boy and goes in his place. But Mulan can't do it alone. The spirits of Mulan's ancestors send her Mushu, a spunky little dragon, to help Mulan on her journey. A powerful story with comedy, drama, and beautiful songs, our live-action version of Mulan will be lots of fun for campers entering grades 2-6.

Strings Attached

Half-Day

ENTERING
GRADES
5-8

week 6

Cost: \$200 | Half-day 9:00 a.m. – 11:45 a.m.

Director: Jeff Danielson,

Norfolk Academy Fine Arts Chair
and Orchestra teacher

Refine your technique through the creative use of scales and arpeggios while learning to improvise! Learn some new music and meet new friends in this half-day string camp! Violinists, violists, cellists, and bassists will be exploring different bowing techniques while working scales and arpeggios in D, G, C major, and E minor, and using the music accompaniment program "Band-in-a-Box" to help develop improvising skills. Ensemble music will be part of the session.

Sports Camps

Baseball

ENTERING
GRADES
2-5



Cost: \$365

Director: Tim LaVigne,
Norfolk Academy teacher and
varsity baseball coach

Get ready for a week of top-level instruction with Coach LaVigne and his staff of current and former Norfolk Academy players! Camp will begin each morning with a focus on fundamentals, including hitting, pitching, infield, outfield, catching, base running, bunting, cut-offs & relays, rundowns, and sliding. In the afternoon, it's game time and a chance for campers to put the techniques learned in the morning to the test! Players will need to bring a bat, glove, athletic shoes, and water bottle. Cleats are optional.

Basketball Camps: Boys, Bulldog Girls, Co-ed, Girls

Boys

ENTERING
GRADES
7-9



Cost \$365

Director: Justin Brandt,
Former NBL coach and current USA
certified NBA basketball coach, and
current Princess Anne High School
coach

Do you want to learn from a true basketball professional? A USA basketball certified coach with NBA, collegiate, and high school

experience? Come to **SUMMER at the Academy** where you will work with Camp Director Justin Brandt. Our technical instruction, rigorous drill sequences, and guided game-situational play approach, combined with physical and mental conditioning, helps campers between the ages of 12-16, of any skill level, evolve their game to play at their highest potential. Establish and enrich shooting form and technique, ball-handling skills, defensive and offensive concepts, and philosophy in a developmental athlete-first setting, ideal for every skill-set. Learn dynamic stretching, conditioning, shooting and shot-fake techniques, passing, ball handling, and finishing techniques to level up your basketball intelligence.

Bulldog Girls Half-Day

ENTERING
GRADES
4-6



Cost: \$200 | Half-day 12:15 p.m. – 3:00 p.m.

Director: Mike Sarino,
Norfolk Academy basketball coach
and substitute teacher

This camp will focus on individual skill development, the importance of fundamentals, and the important aspects of basketball that are specific to a girls' game. Campers will take part in a variety of competitions and fundamental drill work with emphasis on ball handling, dribbling, passing, shooting, and defense. This unique camp experience will build basketball skills and confidence as campers prepare for 3-on-3 and 5-on-5 games by the end of the week. Pair this afternoon camp up with Bulldog Volleyball for a fun-filled day of basketball and volleyball!

Co-ed

ENTERING
GRADES
4-6



Cost: \$365

Director: LaTasha Chambers,
The Williams School Director of
Athletics, Health and P.E.

This camp will focus on individual skill development, the importance of fundamentals, and the development of a healthy team attitude. Campers will take part in a variety of competitions and fundamental drill work with emphasis on ball handling, dribbling, passing, shooting, and defense. This unique camp experience will build basketball skills and confidence as campers prepare for 3-on-3 and 5-on-5 games by the end of the week.



Girls Half-Day

ENTERING
GRADES
6-9



Cost: \$200 | Half-day 9:00 a.m. – 11:45 a.m.

Director: Neil Duffy,
Norfolk Academy teacher and girls
varsity basketball head coach

Join Coach Duffy and other current and former Norfolk Academy coaches and players for a great week of basketball development! This camp is designed for players who are serious about improving their game and will include an up-tempo, rigorous program of skills, drills, tactics, conditioning, and game play. Campers should wear basketball shoes and bring a water bottle each day.

Bike

ENTERING
GRADES
2-5

week 3

Cost: \$292

Director: Rich Peccie,

Norfolk Academy teacher and coach

Know how to ride a bike? Comfortable riding without training wheels? Then bring your bike and spend a week having fun and getting some exercise! We will introduce young riders to bicycle safety and teach them skills that will keep them safe while on the road. We will have some challenges and games and take longer rides around campus. With a high counselor-to-camper ratio, safety is our main priority, but we'll be sure to have lots of fun, too. Bring your bike (we'll keep them secure at camp until the end of the week), a helmet, sunscreen, and a water bottle, and get ready to ride! *Bikes may be dropped off any time prior to the start of camp, including the morning of. Bikes are not permitted on Tranquest buses. Please contact Anita Pozin at apozin@norfolkacademy.org for further details.



Cheerleading

ENTERING
GRADES
1-4

week 2

Cost: \$365

Director: Stephanie Cress,

Norfolk Academy teacher

G-O-B-U-L-L-D-O-G-S!

Calling all spirited campers to Cheer Camp! Join Norfolk Academy teacher Stephanie Cress and some fantastic counselors for a fun-filled week learning cheers and a short dance routine. Campers will perform what they've learned for their parents on the last day of camp at their very own "pep rally." Get excited for a week filled with fun and spirit!

Field Hockey

ENTERING
GRADES
1-6

week 1

Cost: \$365

Director: Kelly Dewey,

Norfolk Academy teacher and coach

This camp will benefit experienced players as well as girls who are just learning the sport. We will focus on basic and intermediate skills including dribbling, driving, defensive channeling, dodging, and shooting! Advanced skills such as lifting and other 3-D skills will be added in as developmentally appropriate. In all that we do, we will always have tons of fun! Camp will provide sticks, shin-guards, and protective eye-wear when needed, but campers are encouraged to bring their own if they have them!

Field Hockey Half-Day

ENTERING
GRADES
6-9

week 2

Cost: \$200 | Half-day 9:00 a.m. – 11:45 a.m.

Director: Kelly Dewey,

Norfolk Academy teacher and coach

This camp will be valuable for sub-varsity level players who want to build their skills to get ready for fall tryouts. We will work on stick skills, shooting, defensive and offensive skills, off-ball movement, and decision-making. We welcome goalkeepers and will provide position-specific training for them. Come prepared to play with your own equipment, including protective eye-wear and water bottle.



Flag Football

ENTERING
GRADES
4-6

week 2

Cost: \$365

Director: Michael Cress,

Virginia Beach Public School
teacher and coach

Join us as we take to the field to promote the development of basic football skills in a non-contact environment! We will offer instruction to strengthen skills such as handing off, passing, receiving, running proper pass patterns, and other fundamentals of the game. The daily schedule will emphasize individual drills and skills development during the morning, while the afternoon sessions will focus on applying the learned skills in game settings.

Junior Sports

ENTERING
GRADES
1-3



July 13-17, grades 1-3 | July 20-24, grades 1-3

Cost \$365

Director: Rich Peccie,

Norfolk Academy teacher and coach

Using Norfolk Academy's playing fields and air-conditioned gymnasiums, campers will participate in activities such as flag football, basketball, kickball, volleyball, prison ball, dodgeball, capture the flag, wiffleball, and soccer. Our counselors will provide instruction on a variety of athletic activities while emphasizing sportsmanship, teamwork, and cooperation. We will encourage and promote the enjoyment of sports in a healthy, competitive environment. Remember to wear athletic shoes and come prepared to have fun!

NEW!

Junior Sports FOR GIRLS! K-4

ENTERING
GRADES
K-4



Cost \$365

Director: Charlotte Zito,

Norfolk Academy teacher

Come play with us! In this warm and caring environment, girls develop their physical skills while practicing good sportsmanship and working together as a team. This week-long camp will introduce girls to the basics of basketball, cross country, lacrosse, softball, and soccer. We will work on our flexibility with daily yoga and stretching sessions. We will even create "vision boards" to represent our athletic dreams and goals in an artistic form! Junior Sports for Girls emphasizes teamwork and basic skills. Girls will participate in age-appropriate challenges in all of the sports offerings. Classroom leadership sessions of "Play BEYOND the Game" help build char-

acter and sportsmanship. Campers utilize these lessons while participating in fun games – building a marshmallow tower, working together to escape a "string maze", and more. Girl athletes of all skill levels are welcome, including beginners or those with a few seasons under their belt.

Learn to Play Camps: Basketball and Tennis, Floor Hockey and Lacrosse

Basketball and Tennis

ENTERING
GRADES
1-4



Cost: \$365

Director: Laura Gibson, Norfolk Academy
teacher and coach

Under the guidance of Norfolk Academy's coaches, campers will explore the fundamentals of both games. Tennis instruction will focus on hitting forehands, backhands, serves, and volleys, as well as keeping score. Basketball instruction will focus on dribbling, shooting, and defense. In addition to fun and dynamic drills, campers will also enjoy competitions such as king/queen of the tennis court, jailbreak, and half-court basketball games such as knockout. Campers will use age appropriate equipment (racquets and balls) and courts (quick start tennis and low rims). We will stay out of the summer heat and humidity by utilizing the NA Pavilion, which has three, full-size tennis and basketball courts. After this fun-filled week of first-rate instruction, your child will be challenging you to a match or a game of one-on-one!

Floor Hockey and Lacrosse

ENTERING
GRADES
1-4



Cost: \$365

Director: Garrett Bird,

**Norfolk Academy teaching associate
and coach**

Under the guidance of our camp directors, campers will explore the fundamentals of both sports. All campers will be instructed on lacrosse skills (passing, catching, shooting, scooping ground balls) and floor hockey skills (passing, stick handling, wrist shots) throughout the day. Age-appropriate equipment will be used for both sports including "soft" sticks for lacrosse and youth sized floor hockey sticks. In addition to learning skills, campers will enjoy fun "mini-games", sport specific relay races and scoring competitions. An additional focus will be placed on a "Sportsmanship Theme of the Day" so that our campers begin to learn the best ways to show respect toward teammates, coaches and officials. We will also stay out of the summer heat by utilizing the NA Pavilion which has ample space for all our activities. After this camp, don't be surprised if your child becomes a big fan of the Major League Lacrosse (MLL) or the National Hockey League (NHL)!



NEW!

Rowing (Developmental)

Half-Day

ENTERING GRADES
7-9

week 1

Cost: \$300 | Half-day 9:00 a.m. – 11:45 a.m.

Director: Nick Connors, Norfolk Academy
varsity crew coach

Rowing: The ultimate team sport! Each camper will be introduced to rowing on Lake Whitehurst at the beautiful Norfolk Botanical Gardens. NA Rowing coaches will guide campers to the basics of sweep rowing technique in eight man boats. They will learn how to handle equipment and participate in fitness strength training. Most importantly, campers will learn how to work as a team. This camp is perfect for those campers who are considering rowing in middle or high school. No prior rowing experience is required! Campers will return to Norfolk Academy in time for lunch! Please bring a water bottle, hat and sunscreen. All campers are required to take a swim test in the Norfolk Academy pool on the first day of camp.



Soccer Camps: Bulldog Soccer, Girls

Bulldog Soccer

ENTERING GRADES
2-5

week 4

Cost: \$365

Director: Rich Peccie,
Norfolk Academy teacher and
girls varsity soccer coach

This popular camp will introduce youngsters to the world's most popular sport. Each camper will receive an appropriate-sized soccer ball, and our counselors will lead them through numerous and enjoyable soccer related activities, including line soccer, knockout, keep-away, and sharks and minnows. Campers will learn and practice individual skills and play in small-sided games. At this level, the emphasis is on fun and participation with small teams so that everyone gets many chances to be successful. A water bottle is required, and both cleats and shin guards are highly recommended but optional. Please arrive wearing athletic shoes for indoor play.

Soccer, Girls Half-Day

ENTERING GRADES
6-9

week 2

Cost: \$200 | Half-day 12:15 p.m. – 3:00 p.m.

Director: Rich Peccie,
Norfolk Academy teacher and
girls varsity soccer coach

For female athletes thinking about playing soccer in junior high and high school, come to Norfolk Academy and train with Coach Peccie, the Bulldogs' head varsity coach for twenty years. We will work on individual technical and ball control skills, and we will utilize competitive small-sided games to increase our tactical understanding of the game of soccer. The

training will be competitive in nature, but the overall atmosphere will be one of fun and enjoyment of the game. Bring a size 5 soccer ball, a water bottle, sunscreen, shin guards, cleats, and gym shoes for indoor training.



NEW!

Softball

ENTERING GRADES
1-9

week 2

Cost: \$365

Director: Cari Huffman, Norfolk Academy
varsity softball coach

Bulldog Softball Camp is in its inaugural year welcoming all campers from grades 1-9. This full day of camp will be packed with learning the fundamentals of softball and team building. You will have the opportunity to work with Coach Huffman and her outstanding staff of current and past NA athletes. Our philosophy is based on hard work, discipline, and more! Becoming the best Bulldog softball player can be a challenge, but dedicating yourself to this process is the first step to becoming a better ball player! Coach Huffman and her team want to help you get there. Let's play ball!!!

Sports in the Sand

week 1 week 2

June 15-19, grades 4-5 | June 22-26, grades 6-7

Cost: \$365

Director: Kathlyn Lonergan,
Norfolk Academy teacher

Sports in the Sand highlights the very best things about Virginia Beach in the summertime: the beach and fun with friends! In this high-energy camp, campers will have the chance to go to the beach every day and play different sports. We stress the importance of hydration and sunscreen application to keep our campers performing at their best. Some sports we will play include soccer, speedball, relay races, football, pro kadima, corn hole, and more. If you would like to spend your summer outside enjoying all that Virginia Beach has to offer, then this is the camp for you! Campers need to wear closed-toe shoes to camp and bring a water bottle, bathing suit, towel, sunscreen, and a change of clothes. Campers may pre-order a bagged lunch or pack their own. All campers are required to take a swim test in the Norfolk Academy pool on the first day of camp.



Surfing

ENTERING
GRADES
5-9

week 2

week 4

week 6

Level I : June 22-26 | Level I: July 6-10

Level II: July 20-24

Cost: \$430

Director: Rich Ingram,
Virginia Beach Public School
teacher and coach;
Billabong Surf Camp Manager

Want to learn to surf? Come ride local waves with experienced instructors, and learn to be efficient in and out of the water! Norfolk Academy is proud to partner with Billabong Surf Camp VB, the longest-running and most respected surf camp in Virginia. Camp founder Jason Borte, an author and teacher, was recently inducted into the East Coast Surfing Hall of Fame. Camp Director Rich Ingram brings 22 years of surf experience from around the globe. Between the two, they have taught thousands of people to ride waves and become responsible watermen. All equipment is provided, and each session culminates with a slide show and pizza party at 17th Street Surf Shop.

Level I Surfing will focus on the beginner surfer. The beginner surfer includes anyone who desires to learn the basics. Topics include water safety, basic surf mechanics, paddling, catching waves, surf etiquette, where waves come from,

surfboard knowledge, and how to continue to improve. Surfers in Session I will be provided with a foam/soft top surf board that will improve balance, increase wave catching ability, and provide the surfer with a safer environment. Swimming skills and knowledge of the open water will be reviewed in our campus pool before proceeding to the beach. Campers may pre-order a bagged lunch or pack their own. All campers must bring water, towel, sunscreen, and most importantly, the desire to surf!

Level II Surfing will focus on the intermediate/advanced surfer. The intermediate/advanced surfer will include any surfer who completes level I or would consider themselves self-sufficient in the water (able to paddle out, catch waves, and have basic surf mechanics mastered). Topics include: surf maneuvers, tracking swell, surfboard shaping, surf competition, sponsorship, and surf travel. Surfers may use their own surfboards but may also use a provided foam/soft-top surfboard. Swimming skills and knowledge of the open water will be reviewed in our campus pool before proceeding to the beach. Campers may pre-order a bagged lunch or pack their own. Also, water, towel, and sunscreen are a must!



Virginia Outside: Adventure Fishing

ENTERING
GRADES
7-8



Cost: \$475 (no camp July 3rd)

Director: Virginia Outside Staff

Our Adventure Fishing Camp provides a week full of adventure exploring fishing the extensive waterways surrounding the Norfolk/Virginia Beach area. We start our week covering the basics of fishing including rods, tackle, knots, and how to properly handle fish. Once campers are comfortable handling a fishing rod, our staff will help them progress to fishing from a kayak or canoe. Throughout the week, we will explore a different body of water each day, in hopes of catching a variety of species found in our local waters. We will even cook our catch one day! No previous experience with fishing or paddling is required. We just ask our campers to bring along their sense of adventure!

Potential fishing locations:

Lake Lawson

Sandbridge Fishing Pier

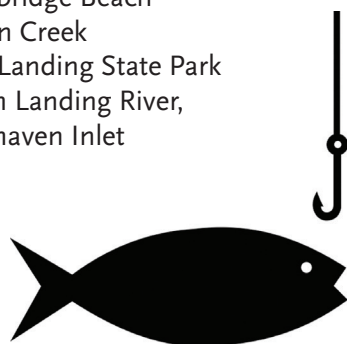
Sandbridge Beach

Indian Creek

First Landing State Park

North Landing River,

Lynnhaven Inlet



Volleyball Camps: Bulldog Volleyball, Girls

Bulldog Girls Half-Day

ENTERING
GRADES
4-6



Cost: \$200 | Half-day 9:00 a.m. – 11:45 a.m.

Director: Mike Sarino,

Norfolk Academy volleyball coach
and substitute teacher

The Bulldog Volleyball camp is designed to educate and prepare participants for the game of volleyball. Instruction will cover basic techniques, such as passing, hitting, and serving. Campers will also learn defensive and offensive positioning and concepts. This camp is suitable for those with a wide variety of experience and abilities, including those new to the sport. Required equipment: Knee pads, water bottle and positive attitude! Pair this morning camp with Bulldog Basketball for a fun-filled day of volleyball and basketball!

Volleyball, Girls

ENTERING
GRADES
6-9



Cost: \$365

Director: Susie Fleenor,

Parish Day School teacher and
former Norfolk Academy
volleyball coach

Want to learn the fundamentals of volleyball? Interested in improving your skills to prepare for middle school or club volleyball tryouts? Then this half-day camp is for you! Designed for the beginning player as well as the more seasoned player entering grades 6th-8th, this camp will introduce the skills of passing,

setting, hitting, and serving as well as cover defensive and offensive assignments. The importance of footwork, agility, and arm swing skills are incorporated, so campers should be prepared to do more than play volleyball as athletic movements are vital to the game. Players will be divided into groups based on skill level so as to ensure that they maximize their time on the floor.



Don't miss
Parents' Night Out!
See page 32 for details!

Specialty & Themed Camps

Around the World... in 5 Days!

ENTERING GRADES
K-3



Cost: \$365

Director: Barrett Hannon,

Chesapeake Public School Teacher

Explore the wonders of the world as we take a quick trip around the globe-all from the comfort of the Norfolk Academy campus! South America, Africa, Asia, and more. Campers will explore different cultures, try new foods, and even get a little crafty! So grab your passport and join us as we visit some of the most exciting places in the world!

Babysitting

ENTERING GRADES
5-8



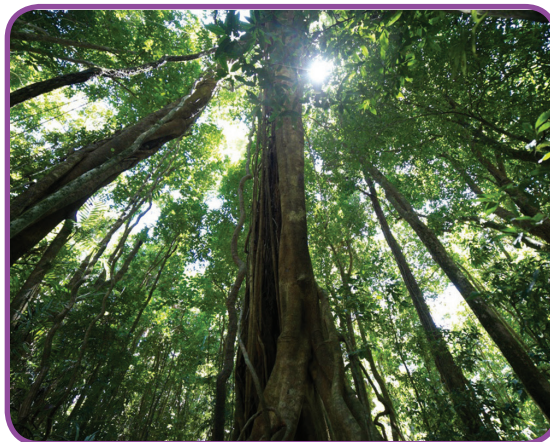
Cost: \$365

Director: Susie Fleenor,

Parish Day School teacher

This camp offers an educational opportunity that will prepare preteens and teens for working as babysitters. The schedule will include classroom instruction in child development, basic First Aid, safety training, and professionalism. Campers will finish the week with a notebook filled with resources and hand-outs, and a babysitting survival bag to take with them on jobs. Guest speakers include a firefighter, police officer, and parents with their infants and toddlers. We will also learn to make simple snacks. There will be a field trip

to Camp Turtle Trap, a nearby summer camp, where we will put our newly learned skills into practice. CPR certification will also be offered to campers who are able to pass the American Red Cross training.



Beneath the Rainforest Canopy

ENTERING GRADES
K-2



Cost \$365

Director: Elizabeth Weston,

Beach Day School Assistant Director

Have you ever heard of a Kinkajou or an Ocelot? What about an Okapi? These are just a few of the unique animals living beneath the lush green canopies of the rainforest. Join us as we explore some of the most exotic plants and animals in the world through photos, crafts, and even food. I hope you're not afraid of a little rain!

NEW!

Board & Video Game Developers

ENTERING GRADES
4-6



Cost: \$365

Director: Phillip Call,

Norfolk Academy teacher and coach

Students will learn what it takes to design a successful board, card, and video game and work throughout the week on creating their own physical and digital games. We'll play a variety of games, discuss their strengths and weaknesses, draft our own ideas, pilot them, write rule books, play-test them, and create final drafts by the end of the week.

Chess & 3D Printing

ENTERING GRADES
2-5

Half-Day



Cost: \$200 | Half-day 9:00 a.m. – 11:45 a.m.

Director: Phillip Call,

Norfolk Academy teacher

Ever had a great idea for a chess set? Come design your own with a 3D printer and hone (or learn) your chess skills at the same time! Campers will learn the basics of chess and quickly transition into different types of strategies and defenses. We'll look at historic chess games and tricky situations to see how you fare. To prepare for our end-of-the-week tournament, we'll pull out the clocks for timed games. Each day, we'll work on designing a chess set using Tinkercad, and by the end of the week, you'll have printed your own piece to take home!



Creepy Crawlers

ENTERING
GRADES
1-3



Cost: \$365

Director: Jennifer Warsaw,

The Williams School teacher

Love playing in the dirt and finding new creatures to befriend? Creepy Crawlers is for you! We will learn about all different insects that live outdoors from ladybugs to earth-worms. Come prepared to explore the great outdoors through stories, arts and crafts, and much more. We will enjoy a field trip to the Botanical Gardens as part of our adventure.

NEW!

Designing with LEGO®

Half-Day

ENTERING
GRADES
4-6



Cost: \$160 | Half-day 12:15 p.m. – 3:00 p.m.

Director: Dr. Robert Call,

Norfolk Academy teacher and coach

LEGO® Design – Learning to build a prototype or model is an essential skill for people in every field. Students will be challenged to design and construct a prototype for a project of their choosing. It might be a skyscraper, a spaceship, or a park, anything they are interested in building. They will research their idea, consult with other campers on their designs, and work with counselors to make their final products.

Driver's Education Classroom Course

Half-Day

ENTERING
GRADES
10-12



Cost: \$225

July 13-23 | 9:00 a.m. – 12:30 p.m.

Director: Jeff Fuhrmann,

Fuhrmann Driving Academy

This course meets the DMV requirements for the classroom portion of Driver's Education. You do not need to have your permit to take the class. However, you must have this class and your permit before you are eligible to take the "Behind the Wheel" portion of Driver's Education.

NEW!

Drone Escape & Rescue



ENTERING
GRADES
3-5



Cost: \$430

Director: Drobots Company Instructors

This camp introduces the enjoyment of flying drones to the real world application of learning how to use drones in emergency response situations. This is an action-packed and creative program where teams of campers (flight squads) face off, taking on both the "rescuer" and the "victim" mentality. Throughout the week, campers will participate in fun, yet realistic role-playing missions while they attempt to outsmart and out-manuever the opposing team. Flight squads also will work together to conduct mock search and rescue challenges – all in a safe and friendly competitive environment. Campers will certainly earn their wings, take pride, and gain confidence with each assignment. The key will be how well each team

works together and within their flight squads to conquer the adventures at hand. Also included in this program are the innovative Drobots Drone Games, including challenges and concepts such as: Keys To Millions; Spy Drone, Drones To The Rescue, Drone Pod-Racing, and more.

NEW!

Dungeons and Dragons

Half-Day

ENTERING
GRADES
5-7



Cost: \$200 | Half-day 12:15 p.m. – 3:00 p.m.

Director: Dr. Robert Call,

Norfolk Academy teacher and coach

Would you like to go on an adventure? Come learn to play the grandfather of role-playing games, Dungeons and Dragons. Campers will take part in adventures and learn how to craft their own. They will practice creativity and storytelling as they work with their peers to create a world of their own design. Dungeons and Dragons has been used to teach social skills, develop leadership, and even as a therapeutic tool to help children learn how to cope with challenging situations.



Fairytale Princess

ENTERING
GRADES
K-1

NEW!

Ground School:

Half-Day

ENTERING
GRADES
4-6



Cost: \$365

Director: Shim Richardson,
Norfolk Academy teacher

Imagine a royal wand, a lovely crown, and a week to be a fairytale princess. We will read princess books, play princess games, make princess crafts, and play dress-up in our own princess gowns. Campers will celebrate with a fairytale princess tea party at the end of our magical week. It's a princess party for all fairytale princesses, and you are invited!



Food Science

ENTERING
GRADES
4-6



Cost: \$365

Director: Warren Warsaw,
Norfolk Academy teacher

Like to eat? Like to do scientific experiments? Then Food Science is for you! By changing how food is cooked you change the food itself! Whether using liquid nitrogen or forcing air into liquids, interesting – and delicious – things happen to the ordinary foods we eat! So, for the cook, scientist, or cooking scientist in your family, put this camp on the front burner.

Cost: \$200

Director: Dr. Robert Call,
Norfolk Academy teacher and coach

Do you love airplanes? This is the camp for you. We will learn about the basic principles that allow man to fly, the different classes of airplanes, and how they are used. Campers will build their own planes made of paper, styrofoam, and plastic and experiment with a remote-controlled airplane. This camp will include a trip to the airport to meet with pilots and talk about flying.

Hampton Roads Adventures

ENTERING
GRADES
6-8



Cost: \$365

Director: Becky Peterson,
Norfolk Academy teacher

This camp is an adventure every day! If you want to see what Hampton Roads has to offer, then register today! We will have a daily off-campus activity – bowling, roller-skating, movies, shopping, outdoor adventures... you name it! We will decide as a group how we will spend the week and of course, trips to the canteen are a must! Campers may pre-order a bagged lunch or pack their own.

Hobbits

ENTERING
GRADES
6-7



Cost: \$365

Directors: Phillip Call,
Norfolk Academy teacher;
Heidi Pollio,
Norfolk Academy Latin teacher

"In a hole in the ground there lived a hobbit... it was a hobbit hole, and that means comfort." If you've ever wanted to climb inside a really great adventure with dwarves, goblins, dragons and elves from the comfort of a cozy room, grab your imagination and come away with us. We will give a dramatic reading of JRR Tolkien's *The Hobbit* as we explore Middle-earth with Bilbo and Gandalf, eating and cooking like a Baggins but adventuring like a Took. Learn the skills Bilbo and company needed to accomplish their mission: riding ponies; burgling dragons, trolls, and elves; fighting giant spiders; matching wits with master riddlers; riding barrels; reading dwarf runes and maps; finding magic rings and becoming a master archer. Prepare to go there and back again this summer!



Hogwarts at the Academy

The First Years: For campers entering grades 6-7, having read or listened to most of the *Harry Potter* series of books.

OWL Level: For campers entering grades 8-9 with a VERY STRONG knowledge of the *Harry Potter* series of books.

Hogwarts at the Academy

NEW!

ENTERING GRADES

6-7

The First Years



Cost: \$365

Director: Heidi Pollio,

Norfolk Academy Latin teacher

First Years: Accio campers! Look for your owl inviting you to a special summer session at the Hogwarts School (temporarily located on the NA campus). Join us for a week celebrating Harry Potter! After campers are sorted into their houses, they will have the opportunity to participate in a variety of activities, including Potions classes, Wand-making, Herbology, advanced Magical Theory, Defense Against the Dark Arts, Divination, Care of Magical Creatures, transfiguration, and a Tri-wizard Tournament/Horcrux Hunt. Be ready to play Muggle Quidditch every day and take the opportunity to speak Mermish with denizens of the Black Lake (gillyweed not included). Campers are guaranteed to have a magical week. *Athletic shoes must be worn for both indoor and outdoor activities.*

ENTERING GRADES

8-9

OWL Level



Cost: \$365

Director: Heidi Pollio,

Norfolk Academy Latin teacher

OWL Level Students: In addition to many of the activities above, we will cover advanced magical theory, alchemy, and try to discover the hidden messages and meanings of spells, characters, and beasts by exploring classical mythology and the Latin underpinnings of the world of wizardry. Dig deeper into the Potterverse while you test your knowledge and broaden your literary horizons.

I love the Earth!

(Rock it Science)

ENTERING GRADES

K-3



Cost: \$365

Director: Tammy Kauffman,

Bubbles, Bugs and Butterflies

Get ready to explore this great big beautiful planet earth! This year we will be inspired by some of our natural wonders! We will mix up some Mt. Everest snow, create Aurora Borealis masterpieces, and use chemical reactions to create our own Victoria Falls. We will design a cool earth t-shirt too! If you love this planet, this is the camp for you!

Incredible Race

ENTERING GRADES

4-9



Cost: \$365

Director: Garrett Bird,

Norfolk Academy teaching
associate and coach

Fun in the sun, creative thinking, physical exercise, and adventures you will remember forever! This camp is loosely based on the hit reality TV show "The Amazing Race," where teams of two players compete against each other in a variety of tasks. Though you will not be racing for a million dollars, you will learn about many different countries and participate in small challenges based on cultural ideas from that country. No prior knowledge of geography or countries is needed. Get ready to take part in puzzles, brain teasers, physical tasks, scavenger hunts, and more!

Junior Pilots-Drobots

ENTERING GRADES

1-3



Cost: \$430

Director: Drobots Company Instructors

Designed for younger campers with little to no experience flying drones, this program fully immerses campers into an exciting narrative and experience. The mission: Captain Droby and her crew (campers) are exploring a faraway planet to discover new energy resources. The challenge: a colony of pesky aliens who will do anything to disrupt Captain Droby's crew. To conquer the aliens, campers will use a variety of flying, jumping, and rolling drones to navigate their way around the planet and successfully make it back to the mothership. Drobots use the safest and most reliable drone products on the market for enhanced safety and most of all, fun. Campers will learn all of the safety measures as they prepare to learn the basics of drone technology before taking to the air. Join our professional counselors for a week filled with excitement, games, and learning. All campers go home with plenty of Drobots keepsakes and trinkets so the memories last long beyond the summer.



Life in the Bay



ENTERING
GRADES
4-6

week 1

Cost: \$430

Director: Bob Carroll,
Norfolk Academy science teacher
and coach

Campers will use seine and dip nets to try to catch and observe 50 different kinds of aquatic organisms in the waters of the Lynnhaven River, Chesapeake Bay, and Atlantic Ocean. Stargazers, lizardfish, seahorses and stingrays are just a few of the critters we will need to find to reach our goal. We will also take time to enjoy fun beach games and play in the water as we learn about the beautiful marine environment in our area. Campers may pre-order a bagged lunch or pack their own. All campers are required to take a swim test in the Norfolk Academy pool on the first day of camp.



NEW!

Madden

ENTERING
GRADES
4-9

NEW!

week 2

Cost: \$365

Director: Steven Goldberg, Norfolk Academy
teacher and coach

Do you enjoy the sport of football AND playing video games? Then this camp is for you! Campers will receive instruction on football terminology, schematics, and game planning! In addition, campers will build their team from the ground up by participating in a mock draft, training camp and pre-season. Once the season starts, campers will become proficient in the day-to-day operations of their team—including injury reports, trades and practice! Campers will participate in the playoffs and a champion will be crowned! The goal of this camp is to provide football knowledge across a medium that kids will enjoy!

NEW!

Medical Careers School

ENTERING
GRADES
9-12

Half-Day

week 5

Cost: \$200 | Half-day 9:00 a.m. – 11:45 a.m.

Director: Dr. Rebecca Poston,
Norfolk Academy teacher

Interested in pursuing studies in the medical field but not sure what direction to go? Medical Careers School will give students a peek at the many careers available in Health Care. As a Med School camper you'll spend your day immersed in a blend of classroom lectures, field trips, hands-on activities, and group discussions. Each day will give campers an in depth look into an area of medicine such as nursing, orthopedics and biotechnology. This new and innovative camp is designed to provide campers all the information they need in order to make an effective decision about a career in the medical field.

Mini Medical School

ENTERING
GRADES
K-1

Half-Day

week 4

Cost: \$215 | Half-day 9:00 a.m. – 11:45 a.m.

Director: Little Scholars Staff

Is there a doctor in camp? Join us this summer as we bring Mini Med School to camp! Our little doctors will use stuffed animal patients to take blood pressure readings, give "stitches," put on a cast and make their own first aid kit, all while learning lots about what doctors, dentists, EMTs and other medical professionals do on a daily basis. Join us in this fun filled camp.

ENTERING
GRADES
2-4

Minute to Win It

week 3

Cost: \$292

Director: Valerie Thornton,
Norfolk Academy teacher

The TV show that has thrilled audiences in over 50 countries has now come to Norfolk Academy! Minute to Win It! is a fast-paced camp in which teams will be given daily challenges using everyday items and 60 seconds on the clock. There will be challenges that require physical power and those that require mental power. Which team will rack up the most points during the week and go on to be finalists? That will be exciting to see, but in this camp, everybody will be a winner as you and your teammates work together to advance to the next level and ultimately win the game!

Ninja Warrior

ENTERING
GRADES
3-5

week 1

Cost: \$365

Director: Laura Gibson,

Norfolk Academy teacher and coach

Calling all girl and boy ninjas! Flip, climb, swing, and jump your way into summer! We will work on agility, strength, balance, and endurance through fun obstacle course training. Our ninjas will get the opportunity to create their own ninja headbands and other ninja gear. Camp will include ninja games, parkour, stretching, creative activities, swimming, and more! We will also spend a day at a local trampoline or adventure park!

RC Car: Build Your Own

ENTERING
GRADES
5-7

week 1

Cost: \$365

Director: Steven Goldberg,

Norfolk Academy teacher and coach

It's race time! Campers will build and customize their own RC vehicles from kits while learning about each element of the construction process. Construction will be ongoing throughout the week. Once construction is complete, there will be races each day! Have you ever tried bowling, playing soccer, or designing your own courses and obstacles for a RC car? This is your chance! Campers will enjoy fun daily challenges along the way and will bring home what they build for ongoing fun!

NEW! Rock & Roll Club Half-Day

ENTERING
GRADES
K-1

week 4

Cost: \$215 | Half-day 12:15 p.m. – 3:00 p.m.

Director: Little Scholars Teachers

We are looking for the next rock and roll star this summer! We will jam out with handmade instruments, learn hip songs and dance the camp away. Your rocking scholars will build their social skills, gross motor and fine motor skills. We will show off our moves at a final performance!

Space Camp

ENTERING
GRADES
K-2

week 6

Cost: \$365

Director: Jan Poole,

Beach Day School teacher

Have you ever wondered what it would be like to be an astronaut? We will blast off each day to explore space, space travel, and our solar system. The day will be filled with space related crafts, games, books, movies, and snacks that are out of this world! Remember to bring your imagination!



Sports Broadcasting Camp

ENTERING
GRADES
6-11

week 1

Cost: \$365

Director: Ed Patterson,

Norfolk Academy Director of
Academic Technology and
film teacher

Have you ever given play-by-play commentary when you are watching a sporting event or playing a video game? In this camp, you will learn what it takes to make it in the sports broadcasting industry. Campers will develop public speaking, writing, recording, and editing skills. Create sports commentary and sideline reporting videos. Learn how to report on college and professional sports including NBA, MLB, NFL, NHL, MLS, Olympics, and esports games and practice sports podcasting.

NEW! Superheroes (Rock it Science)

ENTERING
GRADES
K-3

week 6

Cost: \$365

Director: Tammy Kauffman,

Bubbles, Bugs and Butterflies

It's a bird, it's a plane, it's Kryptonite Slime! If you love everything super hero, this is the camp for you. This year we will design and create our own superheroes inspired by our favorites! Join us as we design capes, mask, and conduct all new superhero inspired labs. Calling all boys and girls, we need your super powers! A super hero has lost something valuable and we need heroes to save the day!

Survivor

ENTERING
GRADES
4-6

			week 4	week 5	
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Cost: \$365

Director: Emma Tennant '11,

Virginia Beach Public School teacher

Have you ever thought it would be fun to be a contestant on the show "Survivor"? During this action-packed camp, you will become part of a tribe and compete for immunity just like the real contestants! You and your tribe members will maneuver through physical challenges and put your mind to the test while participating in puzzle activities and scavenger hunts. You will also have a chance to test your courage with food and water challenges. Wear clothes for playing tough. This camp will be an adventure to remember! Campers work with their teams to become the survivor champions. Teams compete in daily challenges in four categories: physical, mental, endurance, and food. "The tribe has spoken!"

Warhammer-Recruits

ENTERING
GRADES
7-10

	week 2		week 4		
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Cost: \$365

Director: Matt Wilkens,

Norfolk Academy teacher and coach

In this camp, campers will be introduced to the miniature model battle game called Warhammer 40k. This international game fosters creative imagination, and mixes crafting, painting, and an exciting dice-based battle game together into one exhilarating experience. Each camper will receive a standard unit of soldiers that they will build, paint, and develop a back story. In addition, campers will learn the basics of the battle portion by playing the game! In a wide variety of scenarios, we will strategize, fight, and conquer our enemies through friendly competition. Campers get to keep their own soldiers! Join the fight and put an end to all who oppose you! (See games-workshop.com to learn more about Warhammer 40k.)

Warhammer-Veterans

NEW!

ENTERING
GRADES
7-10

				week 5	
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Cost: \$315

Director: Matt Wilkens,

Norfolk Academy teacher and coach

The battle continues in Veteran Warhammer! Campers who have completed at least ONE previous Warhammer Camp are eligible to advance their skills as a Veteran. Campers will play full length battles with fully painted armies provided by the camp. Using a wide variety of units from many different factions such as Space Marines, Orks, Aeldari Craftworlds, Tau, Imperial Guard, and much more, campers will continue to learn the advanced rules of the game. Each day these Generals will put their skills to the test to defeat their enemies, and obtain the coveted title of "War Master!" Start sending your prayers to the "dice-gods" now, and get back in to the fight in Veteran Warhammer!



Come join the fun this summer!

Register today for
Summer at the Academy!

www.norfolkacademy.org/summer

Academy Day Camps K-9

ENTERING GRADES

SUMMER at the Academy knows that learning happens when it is experiential, purposeful, and fun! Campers will find all that and more in our Academy Day Camps! A more traditional day camp experience, campers will explore a variety of age-appropriate activities that will engage their interests, peak their curiosity, and maximize their fun! Days will be filled with arts and crafts, participation in sports and games, personal expression through music and movement, splashing in the pool, exploring outside and off campus and so much more, all while celebrating the weeks theme! Academy Day Camps are available in half-day options (morning or afternoon) as well as full-day. Come join us!

Director: Lindsay Olson,
Tabb High School teacher and
varsity field hockey coach

Half-day 9:00 a.m. – 11:45 a.m.: \$185

Half-day 12:15 p.m. – 3:00 p.m.: \$185

Full-Day: \$315

*All half-day campers eat lunch at 11:45 a.m.
Lunch is included in camp registration.*

Week of June 15-19: This camp is a Zoo!

week 1

Cost: \$315 full-day; \$185 half-day

It's time to get wild and learn about our furry and not so furry animal friends. Games, crafts, swimming, and maybe even a field trip will center around a wide variety of animals from Virginia to China, and everywhere in between!

Week of June 22-26: Museum Madness!

week 2

Cost: \$365

Hampton Roads is full of exciting adventures, and campers will spend this week discovering what our great area has to offer! Each day campers will explore an off campus museum and/or historical site. From learning how our local area helped shape America to discovering works of art, getting to know the creatures that live in our local waters and everything in between! This week guarantees to be a week of fun, learning and growth!

**Please note* This is a full day camp only.*

Week of June 29-July 2: No Camp July 3rd Stars and Stripes!

week 3

Cost: \$252 full-day; \$148 half-day

You guessed it! It's all Red, White and Blue this week as we celebrate the 244th birthday of our great land! This will be the best Fourth of July picnic ever! Everything from water balloons and bubbles to stars and stripes! Camp attire will be patriotic every day, and of course there will be both birthday cake and some history lessons as we wish the United States a very happy 244th!



Week of July 6-10: It's all Fun and Games!

week 4

Cost: \$315 full-day; \$185 half-day

This week is sure to delight your camper! From team sports to obstacle courses, and color wars, this camp is all about fun, and games! Join us this week as we play, run, jump, and enjoy all the fun and games that make summer so memorable!

Week of July 13-17: Wild Wild West!

week 5

Cost: \$315 full-day; \$185 half-day

Saddle up partner! This camp week will be devoted to living life in the western frontier, just like the cowboys did! From learning the history of America's cowboys to herding cattle, eating from the chuck wagon, and telling stories about life on the range, this camp will surely delight the cowboy in us all! So put on your hat and boots, grab your trusty horse, and let's get out to the Wild Wild West!

Week of July 20-24: Best of the Best!

week 6

Cost: \$315 full-day; \$185 half-day

This week will be filled with games and activities that campers from earlier weeks liked the best! There will be some new challenges and fun, but as the last week of SUMMER at the Academy comes to a close, we are going to enjoy all the best of Summer 2020!

Parents' Night Out!

Parents, are you in need of a date night, or just some relaxation? Well, "Parents' Night Out (PNO)" is your answer!! This evening is designed to give you a little bit of free time while your camper enjoys a summer evening on our beautiful campus making new friends and memories!

Olympiad

DATE: Thursday, June 25

Time: 5:00-10:00 p.m.

Cost: \$75

Director: Steven Goldberg, Norfolk Academy teacher and coach

Grades 1-7

Come celebrate an evening of fun as part of the 1st annual **SUMMER at the Academy** Olympiad. During this year's PNO Olympiad, campers will be split into teams to participate in intense, but fun athletic games like crab soccer, dodgeball, and kickball, as well as showcasing their talents with a karaoke and dance competition. Kids will have a chance to exercise their minds, bodies, imaginations, and independence. PNO – The Olympiad is bound to be an evening full of fun for campers, as well as their parents, as everyone enjoys a night out. Dinner (pizza, drink, and dessert) are included in the cost!

* Campers can bring extra money if they wish to purchase items from the canteen.

** If a camper is staying after from day camp for PNO, parents can register (for a small fee) for aftercare. We will make sure they get a snack and then get to their PNO event safely!

Drop-off and pick-up will take place in the **SUMMER at the Academy** office, located in the Lower School lobby.

Swimming

Swim Academy

Grades K-6

BEFORE CAMP:

8:00 – 9:00 a.m.

AFTER CAMP:

3:00 – 4:00 p.m.

Cost: \$70/week



Swim Academy and Stroke Development is a 45-minute swimming program offered Monday-Friday in two convenient sessions. This program is for beginners and advanced swimmers. We will focus on the basics of floating and water exploration to competitive stroke techniques including freestyle, backstroke, breaststroke, butterfly, starts, and turns. Students will be put in groups that best fit their needs. Swim instructors will give in-water instruction and are certified American Red Cross Lifeguards. Lesson plans are based on Norfolk Academy's Lower School swimming curriculum.

Campers attending Before Camp Swim Academy will need to provide their own transportation, and may be dropped off in the **SUMMER at the Academy** office in the Lower School. A light snack and change of clothes is suggested. Upon completion of Before Camp swim, all campers will be taken to their registered program. If a Swim Academy attendee is not staying for camp, they can be picked up in the Pool Lobby at 9:00 a.m.

Campers attending After Camp Swim Academy will be escorted to the pool. At 4:00 p.m. students may be picked up in the swimming pool lobby or can be taken to our supervised aftercare (*additional fee*).

Summer Memories...



Don't miss the fun
this summer!



Summer Planning Notes:

1. **Introduction**
 2. **Background**
 3. **Methodology**
 4. **Results**
 5. **Discussion**
 6. **Conclusion**
 7. **References**
 8. **Appendix**
 9. **Figure 1**
 10. **Figure 2**
 11. **Figure 3**
 12. **Figure 4**
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 217. **Figure 209**

Summer Bus Routes

PORTSMOUTH-NORFOLK

ROUTE 1

1. High St. & Sterling Point Rd. (GREEN ACRES PRESBY. CHURCH)	7:55	3:45
2. London Blvd. & High St. (on Potomac Ave. beside CHANELLOS)	8:03	3:40
3. Claremont Ave. & Princess Anne Ave.	8:15	3:26
4. Botetourt Gardens & Westover Ave. (West side of Botetourt Gardens)	8:20	3:21
5. Colonial Ave. & Westover Ave. (a.m. 921 Colonial Ave.) (p.m. 918 Colonial Ave.)	8:22	3:19
6. Colonial Ave. & Pembroke Ave.	8:24	3:17
7. Duke & Freemason	8:28	3:13

NORFOLK

ROUTE 2

1. Bolling Ave. & Carillo Ave.	8:00	3:17
2. Bolling & Powhatan	8:01	3:19
3. Powhatan & Magnolia	8:02	3:21
4. Magnolia & Carillo	8:03	3:23
5. Magnolia & Monroe	8:05	3:26
6. Jamestown (east side) & Magnolia	8:06	3:28
7. Jamestown (east side) & Wythe	8:07	3:29
8. Gleneagles & Maury Arch	8:11	3:10
9. North Shore & Cortlandt	8:14	3:34
10. North Shore & Barberry	8:15	3:36
11. Diven & Hedgewood	8:16	3:37
12. Newport & Talbot Hall	8:23	3:42
13. Ridgeley & Newport	8:24	3:45
14. Granby & W. Belvedere	8:26	3:46
15. Norway & N. Veaux Loop (CLUBHOUSE)	8:29	3:50

Limited School Bus Transportation is provided at no additional cost and is available on a first-come, first-serve basis.

VIRGINIA BEACH

ROUTE 3

1. Baylake Assisted Living (a.m. on Rt. 5)	3:10
2. Shore & Ocean Tides (Capt. Max) (a.m. on Rt. 5)	3:11
3. Atlantic Ave. & 85th St. (ocean side)	7:55 3:20
4. Atlantic & 75th St. (land side)	7:59 3:23
5. Atlantic & 65th St. (land side)	8:00 3:24
6. Atlantic & 62nd St. (land side)	8:01 3:25
7. Atlantic & 57th St. (land side)	8:03 3:27
8. Atlantic & 50th St. (land side)	8:05 3:29
9. Myrtle & Bay Colony	8:06 3:30
10. Bay Colony & Cedar Point Dr.	8:08 3:32
11. E. Bay Shore & Greentree Arch / Crystal Lake	8:09 3:33
12. E. Bay Shore & Bruton	8:11 3:35
13. Bruton & Brandon	8:12 3:36
14. Bruton & Ditchley	8:13 3:37
15. Bay Colony & Wythe	8:14 3:38
16. York & Wye	8:15 3:39
17. Pinewood & Holladay	8:17 3:41
18. 1120 Birdneck Rd. & Laskin Rd. (BIRDNECK OFFICE PARK)	8:22 3:46
19. Birdneck Rd. & Old Va. Beach Blvd. (501 BIRDNECK SHOPPES)	8:26 3:50

CHESAPEAKE

ROUTE 4

1. 228 Mt. Pleasant Rd. & Stadium Dr. (Beside Family Dentistry @ Colon Hall Stadium)	8:00 3:20
2. Hanbury Village next to FULTON BANK	8:04 3:25
3. Battlefield & Kempsville (AMERICAN LEGION)	8:12 3:15
4. Church of the Messiah/Kempsville Rd.	8:15 3:32
5. Kempsville Rd. & Volvo Pkwy. (Orchard Square behind AUTO ZONE)	8:18 3:34
6. APPLEBEES'S at 1426 Kempsville Rd.	8:25 3:42
7. Kempsville & Providence – Providence Square (Behind WELLS FARGO BANK)	8:29 3:46

VIRGINIA BEACH

ROUTE 5

1. Little Neck Rd. @ Saint Nicholas Catholic Ch.	8:00 3:15
2. WAVE Church (Great Neck entrance)	8:15 3:30
3. Baycliff Dr. (northeast side of traffic circle)	8:20 3:35
4. Great Neck & Godfrey	8:23 3:38
5. Great Neck & Falcon Cres.	8:24 3:39
6. Great Neck & Upper Chelsea Reach	8:25 3:40
7. Adam Keeling Rd. @ All Saints Ch.	8:27 3:42
8. Shore Dr. @ Westminster Canterbury	8:31 3:46
9. Shore Dr. & Powhatan (p.m. on Rt. 3, stop 2)	8:33
10. Shore Dr. @ Our Savior Lutheran Ch. (p.m. Rt. 3, stop 1 @ Baylake Assisted Living)	8:35

Campers should be at bus stops and out of their cars at least 5 minutes before scheduled times.

P.M. times on all routes may vary 5 minutes before or 10 minutes after scheduled time.

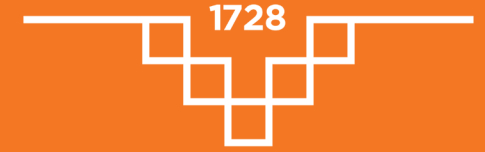


VOICES

VALUED

NORFOLK
ACADEMY

1728



EXCITING

Every day, Norfolk Academy students use their voices to make things happen. *To ask questions. To find answers. To express ideas.* And they are heard, loud and clear.

To learn about all the ways we help students in grades 1-12 develop their voice, intellect, and character, come visit.

Tours are available
all summer.
Register online
or call us!

757-455-5582
norfolkacademy.org

CHOICES



Welcome to **SUMMER** at the Academy

**NORFOLK
ACADEMY**

1728
VALUED VOICES EXCITING CHOICES



- 1 School Entrance
- 2 Welcome Center
- 3 Lower School
- 4 Summer at the Academy Office
- 5 Before care/Aftercare Entrance
- 6 Bulldog Bookstore
- 7 Middle School
- 8 Conrad Gymnasium
- 9 James B. Massey Leadership Center
- 10 Upper School

- 11 Batten Library
- 12 Vaughan Aquatic Center
- 13 Burroughs Gymnasium
- 14 Kennon Forum - "The Pit"
- 15 The Arch; Security Office
- 16 The Samuel C. Johnson Theater
- 17 The Youngkin Refectory
- 18 Price Auditorium
- 19 Athletic Pavilion
- 20 Tennis Center

- 21 JV Softball Field
- 22 JV Baseball Field
- 23 Watson Field
- 24 Varsity Softball Field
- 25 Stadium Turf Field
- 26 Wynne-Darden Stadium; Bell Tower
- 27 Varsity Soccer Field
- 28 Rixey Field
- 29 Field Hockey/Lacrosse Turf Field
- 30 Outdoor Basketball Courts