

# HELP KEEP OUR KIDS & SCHOOLS HEALTHY

Remind students to sign-up for free or reduced-price school meals and encourage them to grab a breakfast and lunch every day! Students that eat a nutritious meal at school are more likely to behave in the classroom and the lunch line.

- **F&R applications are available at the front office or online**
- **Eligible students can eat at a free or reduced price at every food station in the cafeteria**

For each free or reduced-price meal we serve in the cafeteria, our school district is eligible to collect federal funds available for this purpose. These funds are important for our schools and to maintain our food operation.



**Healthy meals. Healthy minds. IT MAKES MEAL SENSE.**

