

What does the Bible
say about... *Your Worth?*

*She is clothed
with strength &
dignity, & she
laughs without
fear of the future!*

Psalm 139

For you created my inmost being: you knit me together in my mother's womb.

I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well.

My frame was not hidden from you when I was made in the secret place, when I was woven together in the depths of the earth.

Your eyes saw my unformed body; all the days ordained for me were written in your book before one of them came to be.

How precious to me are your thoughts, God! How vast is the sum of them!

Were I to count them, they would outnumber the grains of sand - when I am awake, I am still with you.

Other passages

1 Corinthians 12:12-30

Now you are the body of Christ and each of you is part of it

Romans 8:31-39

We are more than conquerors through him who loved us

1 Thessalonians 1:1-5

He has chosen you

Luke 15:3-7

Doesn't he leave the ninety nine in the open country and go after the lost sheep until he finds it?

Isaiah 49:8-26

I have engraved you on the palm of my hand

*You are loved
beyond measure*

ROMANS 8:38-39

Verses

*I will make your name great and you will be a **blessing**.*

Genesis 12:2

*If anyone is in Christ, the **new creation** has come.*

2 Corinthians 5:17

*People look at the outward appearance but **the Lord** looks at the heart.*

1 Samuel 16:7

*Since you are **honoured** and **precious** in my sight.*

Isaiah 43:4

*For we are God's **masterpiece**, created in Christ Jesus to do good works which he planned for us long ago*

Ephesians 2:10

Music

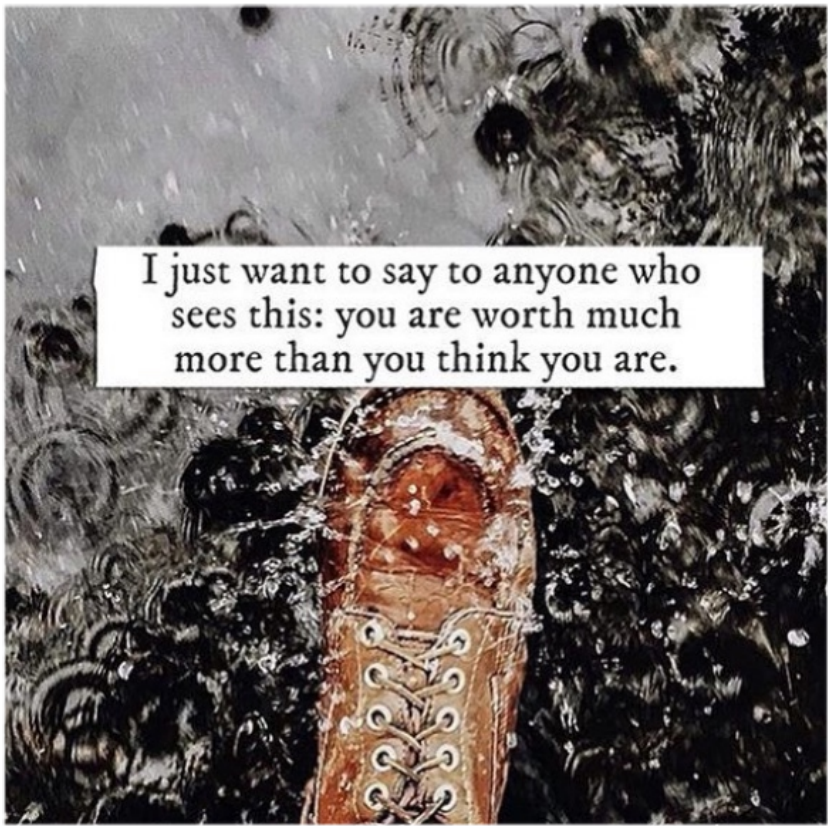
Reckless Love - Cory Asbury

Blinded By Your Grace - Stormzy

Good Good Father - Chris Tomlin

Since Your Love - United Pursuit

You Say - Lauren Daigle



I just want to say to anyone who sees this: you are worth much more than you think you are.

Contemporary Reading

*Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our light, not our darkness that most frightens us. We ask ourselves, Who am I to be brilliant, gorgeous, talented, fabulous? Actually, who are you not to be? **You are a child of God.** Your playing small does not serve the world. There is nothing enlightened about shrinking so that other people won't feel insecure around you. We are all meant to shine, as children do. We were born to make manifest the glory of God that is within us. It's not just in some of us; it's in everyone. And as we let our own light shine, we unconsciously give other people permission to do the same. As we are liberated from our own fear, our presence automatically liberates others.*

Marianne Williamson