## **NOTRE DAME ATHLETICS**





2009

#### **TEAM ACCOMPLISHMENTS**

**State Champions** 

**Boys Golf** 

Frozen Four Hockey

Elite Eight Volleyball

Sweet Sixteen

Girls Basketball Boys Basketball

Girls Soccer

**Regional Champions** 

Volleyball Girls Ski Hockey Boys Golf



**District Champions** 

Volleyball Boys Basketball Girls Basketball **Boys Golf** Girls Soccer Softball

State Qualifiers

Boys Cross Country (2nd at regional) Girls Cross Country (2nd at regional) Girls Ski (1st at regional, 7th at state finals)



Academic All State

Boys Tennis (5th consecutive year) Volleyball (every year in school history) Competitive Cheer (#1 in Division 3) Hockey Wrestling Boys Ski (#1 in Division 2) Girls Ski (#6 in Division 2) Softball

**CHSL Champions** 

Boys Lacrosse Girls Lacrosse

Girls Tennis (Co-Champions)

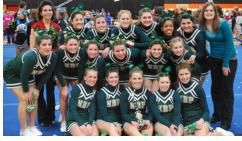
**CHSL Sectional Champions** 

**Boys Soccer** JV Boys Soccer JV Volleyball Freshman Volleyball JV Boys Basketball Freshman Boys Basketball Freshman Girls Basketball Varsity Girls Lacrosse Varsity Boys Lacrosse JV Boys Lacrosse Varsity Girls Soccer

Tournament/Relay Champions

Girls Swim/Dive—Royal Oak Relays, Romeo Relays JV Volleyball—Detroit Country Day Tournament Freshman Volleyball—Waterford Kettering Tournament Competitive Cheer—CCCAM @ Wyandotte Roosevelt, Lapeer East Classic, Marine City Invitational Girls Tennis—Warren Woods Tower Invitational Softball—Corunna Invitational





# NOTRE DAME ATHLETICS 2008 2009



Girls Track

Elizabeth Barron, Sara Barron,

Emily Wade, Jaclyn Wilson



	INDIVIDUAL AC	COMPLIS	SHMENTS
NDP Athletes of the Year		Academic All State	
Lauryn Hammond, Joseph Koterba		Volleyball	Lauryn Hammond, Hannah Ziegler
,		Boys Soccer	Sean Grogan, Weston Lawson,
NDP Scholar-Athletes of the Year			Bradford Woelke
Elizabeth Barron, John Gulvezan		Comp. Cheer	Molly Hall, Jenny DeLaere
NDP Dirty Dozen Award (12 consecutive seasons)		Hockey	Anthony Casali, Zachary Clarke,
Lauryn Hammond			Christopher Elston, Miles Foster, John Nida, Philip Sakalian,
Weston Lawson			Joseph Veltri, Matthew White
Michael Morrison		Wrestling	Joshua Romeo
0 seesans award (0 sensecutive seesans in aredes 0.11)		Softball	Anne Autio, Sarah Dulapa, Liz Elias
9 seasons award (9 consecutive seasons in grades 9-11) Kara Dal Bianco, Maddie Dugan, Neil Dwivedi,		Boys Track	Chris Burns
Nick Hafner, Clare Lilek, Chad Powers, Parker Via		A 11 D	
		All Region Boys Soccer	Noil Al atter Seen Gregor
All State		Volleyball	Neil Al-attar, Sean Grogan Katie Bloomgren, Lauryn Hammond,
Boys Soccer	Neil Al-attar (3rd Team)	Voncyoun	Lindsay Kander, Dalton Tolliver,
	Sean Grogan (Hon. Mention)		Destiny Tolliver, Catherine Wieczorek
Volleyball	Destiny Tolliver (2nd Team)	Comp. Cheer	Kristina Eurick (2nd Team)
Girls Basketball	Catherine Wiezcorek (Hon. Mention)	•	Megan Mulrenin (Hon. Mention)
Girls Ski	Brooke Borowski (Hon. Mention) Morganne Matheis	Girls Ski	Michelle Kolkmeyer,
OII IS SKI	(3rd Team Slalom & Giant Slalom)	- a.	Morganne Matheis, Katrina Stencel
	Katrina Stencel (Hon. Mention)	Boys Ski	John Gulvezan
Hockey	Kevin Michelcavage (1st Team)	Softball Girls Soccer	Ann Autio, Kara Dal Bianco
•	Tom Sardelli (1st Team)	Giris Soccei	Paige Aiello, Emily Gray, Celia Horak, Kacie Steinbrecher,
	Anthony Casali (2nd Team)		Hannah Ziegler
Boys Golf	Brendan Hanley (1st Team)		Trainian Ziegiei
Boys Lacrosse	Tom Sardelli (2nd Team)	Regional Champions	
	Nick Garippa (2nd Team)	Girls Ski	Morganne Matheis (slalom)
Girls Lacrosse	Brandon Beauregard (3rd Team)	Boys Track	Chris Burns (1 mile and 2 mile)
Girls Soccer	Lauryn Hammond (2nd Team) Kacie Steinbrecher (1st Team)	Boys Golf	Brendan Hanley
GII IS SUCCEI	Paige Aiello (2nd Team)	All District	
	Celia Horak (2nd Team)	Boys Soccer	Neil Al-attar, Sean Grogan,
	Emily Gray (Honorable Mention)		Weston Lawson
Boys Track	Chris Burns (1st Team)	Comp. Cheer	Kristina Eurick (1st Team)
			Clare Lilek (1st Team)
	inals Individual Qualifiers  Jackelyn Adams, Elizabeth Barron,		Megan Mulrenin (1st Team)
Swim/Dive	Mackenzie Chesley, Kaleigh Mullins,		Molly Hall (2nd Team)
	Sarah Novotney, Lauren Rao,		Jessica Karlewski (2nd Team)
	Alyssa Varsanik, Jaclyn Wilson		Kara Dal Bianco (Hon. Mention)
Boys Skiing	John Gulvezan	Baseball	Parker Via (Hon. Mention) Tom Constand, Mike Morrison,
Wrestling	Josh Romeo (145 lbs) Top 12 in state	Dascoali	Dan Owenby, Joe Veltri
Boys Track	Chris Burns 3rd in state in 2 mile	Girls Soccer	Paige Aiello, Emily Gray,
Girls Track	Elizabeth Barron Sara Barron	31115 500001	C 1' II 1 I II

Softball Anne Autio, Kara Dal Bianco, Sarah Dulapa, Stephanie Karlewski,

Celia Horak, Lauren Jbara,

Hannah Ziegler

Molly Winowiecki

Kelly O'Masta, Kacie Steinbrecher,

# NOTRE DAME ATHLETICS 2008 2009





### **INDIVIDUAL ACCOMPLISHMENTS**

CHOL CI		OHOL AILI	
CHSL Champion	In the Dames (1.45 lbs)	CHSL All League	Chad Dames
Wrestling	Josh Romeo (145 lbs)	Football	Chad Powers Branch Kampe
CHSL All Catholic		Boys Tennis	Alex Horak
Boys Soccer	Neil Al-attar	Boys Soccer	John Gulvezan
,	Sean Grogan	Boys Socces	William Kaniut
	Nicholas Hafner		Lawrence Navarre
	Bradford Woelke		Francisco Padilla
Football	Chad Powers	Volleyball	Katie Bloomgren
Volleyball	Destiny Tolliver	Volleybull	Lindsay Kander
•	Catherine Wieczorek	Girls Basketball	Jane Fountain
Boys Cross Country	Chris Burns	Boys Basketball	Justin Scollin
	Brad Lorant	Hockey	Anthony Casali
Girls Cross Country	Sara Barron	Baseball	Michael Morrison
	Alex Lallier		Daniel Owenby
Girls Golf	Marisa Stroster	Girls Lacrosse	Madeline Dugan
Competitive Cheer	Kristina Eurick		Alayna Lekosiotis
	Molly Hall		Clare Lilek
	Clare Lilek		Carley Palmer
	Megan Mulrenin	Boys Lacrosse	P.J. Barron
Girls Basketball	Brooke Borowski	•	Joe Gifford
Boys Basketball	Mikal Spann		Tim Robertson
Hockey	Kevin Michelcavage		Chris Thieda
Wrestling	Josh Romeo	Girls Soccer	Stephanie Accurso
Baseball	Thomas Constand		Celia Horak
D C 10	Joe Veltri		Katie Hynan
Boys Golf	Matt Sheperd		Kelly O'Masta
Ciula I aguaga	Aaron Knutson	Softball	Molly Winowiecki
Girls Lacrosse	Gina Carnago	Girls Tennis	Alison Ho
	Lauryn Hammond	CHSL All Academic	
	Brooke Ingraham Shivani Radia	Boys Soccer	Weston Lawson
Boys Lacrosse	Brandon Beauregard	Football	Joe Koterba
Doys Laciosse	Nick Garippa	Boys Tennis	Andrew Anderson
	Joe Koterba	Volleyball	Lauryn Hammond
	Tom Sardelli	Girls Basketball	Lauryn Hammond
Girls Soccer	Paige Aiello	Boys Basketball	Bradford Woelke
GHIS SOCCCI	Emily Gray	Hockey	Matthew White
	Lauren Jbara	Baseball	Kevin Azoury
	Kacie Steinbrecher	Girls Lacrosse	Rebecca Sidor
Softball	Kara Dal Bianco	Boys Lacrosse	Miles Foster
2 7 - 10 11 - 1	Sarah Dulapa	Girls Soccer	Kacie Steinbrecher
Girls Tennis	Lisa Savagian	Softball	Anne Autio
Boys Track & Field	Chris Burns	Girls Tennis	Alison Ho
Girls Track & Field	Liz Barron	CHCL Hamanda Mark	
	Sara Barron	CHSL Honorable Menti	<u>on</u> Dalton Tolliver
	Natalie DeLave	Volleyball	
	Emily Wade	Softball	Hannah Ziegler Anne Autio
	Jaclyn Wilson	Soman	Liz Elias

## **NOTRE DAME ATHLETICS**





2009

#### INDIVIDUAL ACCOMPLISHMENTS

All Oakland County

Boys Soccer Neil Al-attar (Hon. Mention)

Sean Grogan (Hon. Mention)

Football Chad Powers (Hon. Mention)
Volleyball Destiny Tolliver (Second Team)

Katie Bloomgren (Hon. Mention)
Lindsay Kander (Hon. Mention)
Dalton Tolliver (Hon. Mention)

Catherine Wieczorek (Hon. Mention)

Hockey Kevin Michelcavage (Second Team)

Tom Sardelli (Second Team) Anthony Casali (Hon. Mention)

Girls Ski Morganne Matheis (Hon. Mention)
Wrestling Josh Romeo (Hon. Mention)

Baseball Joe Veltri (Hon. Mention)
Boys Golf Brendan Hanley (1st Team)

Matt Sheperd (2nd Team)

Girls Lacrosse Lauryn Hammond (1st Team)
Girls Soccer Kacie Steinbrecher (2nd Team)

Paige Aiello (Hon. Mention)
Emily Gray (Hon. Mention)
Celia Horak (Hon. Mention)

Softball Sarah Dulapa (2nd Team)

Kara Dal Bianco (Hon. Mention) Molly Winowiecki (Hon. Mention)

Boys Track Chris Burns (Hon. Mention)

<u>Detroit Free Press All North Boys Basketball Team</u> Mikal Spann (Hon. Mention)

Detroit Free Press All North Girls Basketball Team

Brooke Borowski (Hon. Mention)

Wendy's High School Heisman School Winners

Paige Aiello Weston Lawson

CHSL Scholar-Athlete Leader Award Winners Cheerleading Award Molly Hall

Edith Glusac Volleyball Award Lauryn Hammond

US Lacrosse Michigan Chapter Scholarship

Gina Carnago Shivani Radia MHSAA Scholar-Athlete Award Nominees

Paige Aiello Elizabeth Barron Miles Foster Emily Gray

Detroit Free Press Scholar-Athlete

Lauryn Hammond

Dr. Pepper/Oakland Press Student-Athlete of the Week

Wrestling Josh Romeo (January 8, 2009) Boys Track Chris Burns (June 4, 2009)

Michigan High School Hockey Coaches' Association

Player of the Week

Kevin Michelcavage (Week of February 9th, 2009)

Girls Lacrosse All Star Game

Shivani Radia

Softball All Star Game

Sarah Dulapa

Hobie Baker Award (Hockey)

Anthony Casali

**COACHING HONORS** 

State Coach of the Year

Hockey Randy Campana

Regional Coach of the Year

Girls Ski Kim Stencel

District Coach of the Year

Girls Soccer Marc Frankland Softball Betty Wroubel

Catholic League Coach of the Year

Jenny Fischer Ben Ingram Peter Riley

## **NOTRE DAME ATHLETICS**



#### NOTRE DAME MARIST TEAM ACCOMPLISHMENTS

CYO District Champions Varsity Boys Basketball

<u>Tournament Champions</u> Varsity Boys Basketball—St. Genevieve Thanksgiving Tournament

2009 CYO Spirit Award (Division 3) Cheerleading







### **NOTRE DAME MARIST INDIVIDUAL ACCOLADES**

Marist Fall Scholar Athletes Kianna Eurick Francesco Munaco Marist Winter Scholar Athletes Michael Daenzer Kianna Eurick Marist Spring Scholar Athletes Alex Kurrie Eileen Plunkett

Marist Athletes of the Year Connor Cervone Eileen Plunkett Marist Scholar Athletes of the Year Kianna Eurick Francesco Munaco

CYO Track & Field Championship Karissa Gawronski (3rd in High Jump)

# NOTRE DAME ATHLETICS 2008 2009





### **NEW SCHOOL RECORDS**

Notre Dame Prep Girls Golf 9 hole score	42	Lexi Cipa (9th Grade)
18 hole score	86	Marisa Stroster (12th Grade)
Notre Dame Prep Competitive Cheer		
Round 1 Score	224.8	MHSAA Regional
Round 3 Score	303.3	Lapeer East Invite
Total Score	736.7552	MHSAA Regional
		2
Notre Dame Prep Girls Basketball		
Most Blocks in a Game	8	Adrianna Drake (11th Grade)
Most Steals in a Game	9	Lauryn Hammond (12th Grade)
Most Assists in a Game	9	Brooke Borowski (10th Grade)
Most Blocks in a Season	73	Adrianna Drake (11th Grade)
Most Blocks in a Game (Team)	11	vs. Armada
Most Blocks in a Season	115	
Most Rebounds in a Game	55	vs. Cardinal Mooney
Most Rebounds in a Season	865	
N D D W W		
Notre Dame Prep Wrestling	0.4	I I D (124 C 1)
Most Takedowns in a Season	94	Josh Romeo (12th Grade)
Most 2 Point Near Falls in a Season	25	Josh Romeo (12th Grade)
Most Team Points in a Season	228	Josh Romeo (12th Grade)
Most Points Scored in a Season	397	Josh Romeo (12th Grade)
Notre Dame Prep Girls Track and Field		
3200 Meter Relay	9:54.38	Elizabeth Barron (12th Grade)
3200 Meter Relay	7.54.50	Emily Wade (11th Grade)
		Jaclyn Wilson (12th Grade)
		Sara Barron (9th Grade)
100 Meter Hurdles	16.69	Natalie DeLave (10th Grade)
800 Meter Run	2:25.1	Sara Barron (9th Grade)
1600 Meter Run	5:24.21	Sara Barron (9th Grade)
Shot Put	33'11"	Jane Fountain (10th Grade)
Shot I dt	33 11	vane i oanam (rom Grade)
Notre Dame Prep Boys Track and Field		
1600 Meter Run	4:29.31	Chris Burns (11th Grade)
3200 Meter Run	9:31.28	Chris Burns (11th Grade)
		,
Notre Dame Marist Girls Track and Field		
High Jump	4'8"	Karissa Gawronski (7th Grade)
3200 Meter Relay	11:57.4	Ellen Green (7th Grade)
		Jessica Green (7th Grade)
		Maddie Riley (8th Grade)
		Karissa Gawronski (7th Grade)