

VETERANS SERVICES

Contact Social Services, 860-561-7561, for information and a brochure on various federal, state and local programs for veterans of all ages.

HEALTH & HOME CARE

It is the mission of the Town of West Hartford Social Services to promote a resident's ability to live at home safely and comfortably, if that is the desire of the resident.

Many options for home care exist, with some programs providing financial assistance. Contact 860-561-7561 for further information.

CT Homecare Program for Elders
1-800-445-5394

The CT Statewide Respite Care Program
1-800-994-9422

National Family Caregiver Support
1-800-994-9422

Emergency Response Systems
(*Lifeline, Life Call* etc. buttons)
860-561-7561

SERVICES FOR SENIORS



West Hartford Social Services

50 South Main Street, Room 306

West Hartford, CT 06107

860-561-7561

www.westhartfordct.gov/socialservices

SOCIAL WORK SERVICES

Social workers offer case management to residents age 60+ and residents with disabilities. Case management is designed to connect residents with community services that will help increase their safety, fulfillment and independence.

Social workers can make home visits or meet residents (and their families) in the office for program and service assessments. All aspects of a client's environment (i.e. housing, mental health, physical health, mobility, access to transportation, etc.) will be considered when considering a plan that will provide the most independence while assuring safety and quality of life.

There is no charge for these services.

HOUSING

West Hartford offers a wide variety of housing for older residents.

- Independent apartments
- Subsidized apartments
- Assisted Living
- Retirement communities
- Skilled nursing facilities

Request a brochure from Social Services or visit www.westhartfordct.gov/socialservices or [westhartfordha.org](http://www.westhartfordha.org)

SENIOR CENTERS

The Department of Leisure Services offers diverse recreational, educational and social activities for those 55 and older at its two local senior centers. Both the Elmwood and West Hartford Senior Centers provide a wide array of classes, special events, trips, health programs/screenings, support services, and state-of-the-art fitness centers. The Centers also provide a variety of volunteer opportunities to area residents and Elmwood is home to the Senior Café, a noontime meal provided M-F by the Community Renewal Team.

Annual membership fees are \$15.00 for West Hartford residents and \$40.00 for non-residents. The fee entitles members to participation at both facilities. Information is published in a quarterly BULLETIN as well as the seasonal Leisure Services Program Guide.

FOR MORE INFORMATION:

Elmwood Senior Center
1106 New Britain Avenue
860-561-8167

West Hartford Senior Center
15 Starkel Road (Bishops Corner)
860-561-7583

TRANSPORTATION

West Hartford Dial-A-Ride
860-561-7561

Westhartfordct.gov/transportation

Existing Members:

Call 1-855-947-4337 to schedule a pickup

Dial-A-Ride is a membership-only service for West Hartford residents over the age of 65 and/or who have a disability. Please call or visit our website to receive additional information and an application.

MAP (Medical Access Program), offers Dial-A-Ride members more frequent rides for urgent medical care, with a physician's statement.

Seniors Job Bank
860-521-3210

Sjbct.org

The Seniors Job Bank is a non-profit employment registry for people age 50+. They maintain a listing of individuals who will drive others for a fee. The particular arrangements and fees are negotiated directly between the rider and the driver.

Additional transportation options are available. Please visit our website or call for a Transportation Options brochure

- Freedom Ride Accessible Taxi Program
- Social Services Community Partnership Volunteer Medical Escort Program
- Independent Transportation Network
- Greater Hartford Transit District ADA Paratransit Service.

VOLUNTEER SERVICES

Many West Hartford residents volunteer hours of service every year. The following programs serve older adults in town. All programs are dependant on the availability of volunteers.

Grocery Shopping

Volunteer shoppers will do weekly grocery runs for homebound elders.

Volunteer Medical Escort Program

Volunteers provide rides to medical appointments if the rider can no longer drive or use Dial-A-Ride or other forms of public transportation. Advanced notice is required.

Friendly Visitor

Volunteers make weekly visits to be a friend, talk, play cards, knit or help with mail.

Telephone Reassurance

From home or in our office, volunteers make regular phone calls to homebound elders to alleviate isolation and loneliness.

Opportunities to Volunteer

In addition to the programs above, volunteers also run conversational English groups, tutor children or adults at the Hillcrest Area Neighborhood Outreach Center, or organize and conduct food drives to benefits the Town's food pantry.

To inquire about volunteer opportunities, please call or email Barbara Roberts, Volunteer Coordinator, at 860-561-7567 or barbara.roberts@westhartfordct.gov.

FINANCIAL RESOURCES

Several programs assist an older person to live independently by offering financial assistance. Call 860-561-7561 for more information and financial guidelines for eligibility.

CT Department of Social Services

1-855-626-6632

Subsidized Elderly Housing

Contact West Hartford Housing Authority at 860-953-0002

Rental Rebate Program

Call 860-561-7563 to schedule an appointment. (April - Oct)

Energy Assistance Programs

Call CRT at 860-560-5800 to make an appointment. (Sept - April)

Elderly Tax Assistance & Tax Freeze

Contact the Assessment office at 860-561-7414

Income Tax Assistance

Contact the Senior Centers during tax time to schedule an appointment.

FOOD RESOURCES

The Elderly Nutrition Program operates meal programs Monday – Friday for a nominal fee:

Congregate Meal Sites:

Elmwood Community Center
860-233-7127

Federation Homes

860-233-5441

Meals on Wheels:

Community Renewal Team
860-560-5825

Juniper House

860-523-1418

VNA Meals on Wheels

860-249-4862

SNAP (Formerly Food Stamps)

Social Services hosts Foodshare volunteers to assist with SNAP applications twice a month. Call 860-561-7561 for an appointment.

C.H.O.I.C.E.S. COUNSELOR

A highly-trained C.H.O.I.C.E.S. volunteer comes one or more times per month and will review **Medicare** options and prescription coverage. Call 860-561-7561 for an appointment.