SERVICES FOR SENIORS

VETERANS SERVICES
Contact Social Services, 860-561-7561, for information and a brochure on various federal, state and local programs for veterans of all ages.

HEALTH & HOME CARE
It is the mission of the Town of West Hartford Social Services to promote a resident’s ability to live at home safely and comfortably, if that is the desire of the resident.

Many options for home care exist, with some programs providing financial assistance. Contact 860-561-7561 for further information.

CT Homecare Program for Elders
1-800-445-5394

The CT Statewide Respite Care Program
1-800-994-9422

National Family Caregiver Support
1-800-994-9422

Emergency Response Systems
(Lifeline, Life Call etc. buttons)
860-561-7561

SOCIAL WORK SERVICES
Social workers offer case management to residents age 60+ and residents with disabilities. Case management is designed to connect residents with community services that will help increase their safety, fulfillment and independence.

Social workers can make home visits or meet residents (and their families) in the office for program and service assessments. All aspects of a client’s environment (i.e. housing, mental health, physical health, mobility, access to transportation, etc.) will be considered when considering a plan that will provide the most independence while assuring safety and quality of life.

There is no charge for these services.

HOUSING
West Hartford offers a wide variety of housing for older residents.

- Independent apartments
- Subsidized apartments
- Assisted Living
- Retirement communities
- Skilled nursing facilities

Request a brochure from Social Services or visit westhartfordct.gov/socialservices or westhartfordha.org

TOWN OF WEST HARTFORD

SERVICES

HEALTH & HOME CARE

CT Homecare Program for Elders
1-800-445-5394

The CT Statewide Respite Care Program
1-800-994-9422

National Family Caregiver Support
1-800-994-9422

Emergency Response Systems
(Lifeline, Life Call etc. buttons)
860-561-7561

SENIOR CENTERS
The Department of Leisure Services offers diverse recreational, educational and social activities for those 55 and older at its two local senior centers. Both the Elmwood and West Hartford Senior Centers provide a wide array of classes, special events, trips, health programs/screenings, support services, and state-of-the-art fitness centers. The Centers also provide a variety of volunteer opportunities to area residents and Elmwood is home to the Senior Café, a noontime meal provided M-F by the Community Renewal Team.

Annual membership fees are $15.00 for West Hartford residents and $40.00 for non-residents. The fee entitles members to participation at both facilities. Information is published in a quarterly BULLETIN as well as the seasonal Leisure Services Program Guide.

FOR MORE INFORMATION:
Elmwood Senior Center
1106 New Britain Avenue
860-561-8167

West Hartford Senior Center
15 Starkel Road (Bishops Corner)
860-561-7583
**TRANSPORTATION**

West Hartford Dial-A-Ride  
860-561-7561  
Westhartfordct.gov/transportation

Existing Members:  
Call 1-855-947-4337 to schedule a pickup  
Dial-A-Ride is a membership-only service for West Hartford residents over the age of 65 and/or who have a disability. Please call or visit our website to receive additional information and an application.

MAP (Medical Access Program), offers Dial-A-Ride members more frequent rides for urgent medical care, with a physician’s statement.

Seniors Job Bank  
860-521-3210  
Sjbct.org  
The Seniors Job Bank is a non-profit employment registry for people age 50+. They maintain a listing of individuals who will drive others for a fee. The particular arrangements and fees are negotiated directly between the rider and the driver.

Additional transportation options are available. Please visit our website or call for a Transportation Options brochure:  
- Freedom Ride Accessible Taxi Program  
- Social Services Community Partnership  
- Volunteer Medical Escort Program  
- Independent Transpotation Network  
- Greater Hartford Transit District ADA Paratransit Service.

**VOLUNTEER SERVICES**  
Many West Hartford residents volunteer hours of service every year. The following programs serve older adults in town. All programs are dependant on the availability of volunteers.

**Grocery Shopping**  
Volunteer shoppers will do weekly grocery runs for homebound elders.

**Volunteer Medical Escort Program**  
Volunteers provide rides to medical appointments if the rider can no longer drive or use Dial-A-Ride or other forms of public transportation. Advanced notice is required.

**Friendly Visitor**  
Volunteers make weekly visits to be a friend, talk, play cards, knit or help with mail.

**Telephone Reassurance**  
From home or in our office, volunteers make regular phone calls to homebound elders to alleviate isolation and loneliness.

**Opportunities to Volunteer**  
In addition to the programs above, volunteers also run conversational English groups, tutor children or adults at the Hillcrest Area Neighborhood Outreach Center, or organize and conduct food drives to benefits the Town’s food pantry.

To inquire about volunteer opportunities, please call or email Barbara Roberts, Volunteer Coordinator, at 860-561-7567 or barbara.roberts@westhartfordct.gov.

**FINANCIAL RESOURCES**  
Several programs assist an older person to live independently by offering financial assistance. Call 860-561-7561 for more information and financial guidelines for eligibility.

**CT Department of Social Services**  
1-855-626-6632

**Subsidized Elderly Housing**  
Contact West Hartford Housing Authority at 860-953-0002

**Rental Rebate Program**  
Call 860-561-7563 to schedule an appointment. (April - Oct)

**Energy Assistance Programs**  
Call CRT at 860-560-5800 to make an appointment. (Sept - April)

**Elderly Tax Assistance & Tax Freeze**  
Contact the Assessment office at 860-561-7414

**Income Tax Assistance**  
Contact the Senior Centers during tax time to schedule an appointment.

**FOOD RESOURCES**  
The Elderly Nutrition Program operates meal programs Monday – Friday for a nominal fee:  
**Congregate Meal Sites:**  
Elmwood Community Center 860-233-7127

**Federation Homes**  
860-233-5441

**Meals on Wheels:**  
Community Renewal Team 860-560-5825

**Juniper House**  
860-523-1418

**VNA Meals on Wheels**  
860-249-4862

**SNAP (Formerly Food Stamps)**  
Social Services hosts Foodshare volunteers to assist with SNAP applications twice a month. Call 860-561-7561 for an appointment.

**C.H.O.I.C.E.S. COUNSELOR**  
A highly-trained C.H.O.I.C.E.S. volunteer comes one or more times per month and will review Medicare options and prescription coverage. Call 860-561-7561 for an appointment.