

SWIMMING POOL SCHEDULE

WEEK 20 Jan 18 ~ Feb 2

| | 6:15-7:45 am | 7:45-9:30 am | 9:30-10:30am | 10:30am-2:30pm | 2:30-3pm | 3:00-3:30pm | 3:30-4pm | 4:00-4:15pm | 4:15-4:30pm | 4:30-5:00pm | 5:00-6:00 pm | |
|-----|--|--------------|--------------|------------------------------------|----------|-------------|---|----------------------------|-------------------------------------|---|-------------------------|------------------------|
| Sat | | | | 11:30 - 12 Adults Fitness Improver | | | | | | | | |
| | | | | Lap Swim 9:30am - 3pm | | | | | | | | |
| | | | | Leisure Swim 9:30am - 3pm | | | | | | | | |
| Sun | Closed | | | | | | | | | | | |
| Mon | Swim Squad G & S | School | | | | | Swim Squad Bronze | | Swim Squad Transition & Development | | | |
| Tue | 6:30am Lap Swim | School | | | | | Swim Squads Gold & Silver | | Swim Squads Gold & Silver Dryland | | Pk-Gr1 Aquatics L1 | |
| | | | | | | | | | | Pk-Gr1 Aquatics L2 | | |
| | | | | | | | | | | L.T.S (Pk-Gr1) | | |
| Wed | | | School | | | | | Swim Squads Bronze/Dryland | | Adult Improving Swimming Skills & Strokes | | Aqua Aerobics 5-5:45pm |
| | | | | | | | | | | | Lap Swim 5:15 - 6pm | |
| | | | | | | | | | | | Leisure Swim 5:15 - 6pm | |
| Thu | 6:30am Lap Swim | School | | | | | Lifeguard Theory Gr11-12 & Lifeguard Water Skills Gr11-12 4:15 - 5:00pm | | | | | |
| | | | | | | | | Swim Squads Gold & Silver | | | | |
| Fri | <p style="text-align: center;">Pool Closure</p> <p style="text-align: center;">Swimming pool is closed from Friday January 24th - February 2nd, 2020 due to the Chinese New Year Holiday</p> | | | | | | | | | | | |
| Sat | | | | | | | | | | | | |
| Sun | | | | | | | | | | | | |