

Dear Robbie,

Hello, I am Brian Scheetz, the 2012 Turnbull Award recipient from Mercyhurst University. I hope you have been enjoying lacrosse as much as I have throughout my career. Lacrosse has taught me a lot in life and has helped me grow into the person I am today. I have been truly fortunate in the game, Robbie. I won a New York State high school state championship in 2009 during my senior year at Canandaigua Academy, as well as a National Championship at M&T Bank stadium in Baltimore, Maryland to conclude my sophomore campaign in 2011! The people I have met through the game of lacrosse have been a major part of my life and will continue to be a focal point in the future. The lacrosse community is very small but has rapidly shown growth across the nation. My lacrosse experience has been unbelievable and I would have never met the people I have without lacrosse in my life. I am currently attempting to give back to the game by coaching at Coker College in South Carolina.

Lacrosse is a team game but when you are recognized for your efforts individually, it is special. Receiving this award as a junior showed that all the work I had put in to the game over the years had paid off. This award would not have been possible without being on a successful team and so I have to thank my teammates for all of the work they put in as well. It truly means a lot to be recognized. Lacrosse has been on this earth for hundreds of years and is growing into one of the fastest growing sports across the nation. Jack is a legend of the game and will be remembered in the lacrosse community forever.

Coach Scott asked us to provide a couple of recommendations to you. First and foremost, I would say don't let anything hold you back from your dreams. Set goals and work hard every day to achieve those goals and do not let anyone deter you. The game of lacrosse can do a lot for you in life; you just have to put in what you want to get out of it. Learning the game of lacrosse is just as important as playing it. A player who

understands the game and its situations is a valuable asset to any team. Play fast, play hard. Use the ground on shots. And make sure you are having fun while you play because when it becomes a job it is not a game. I am 5'5." I have always been told in sports that I was too small, not big enough, and not fast enough to be great. That is what drove me to work every day and keep a chip on my shoulder. People and coaches need to look more into player's heart and what they have inside of them. Attitude and passion for the game is irreplaceable and that is what winners have inside.

Also—take advantage of the opportunities God gives you, no matter the situation, find the good and do what you can to help others. Dream big and take chances because every day that goes by, you will never get that opportunity back to improve.

I would recommend that you read *Mind Gym: An Athlete's Guide to Inner Excellence* by Gary Mack and David Casstevens.

All the best, Robbie,

Brian Scheetz

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