

Appendix E Request for Excuse from Physical Education

Minimum state and district graduation requirements require that all students earn one and one half (1.5) credits in the area of physical education, which shall be met by coursework in physical education.

In accordance with WAC 180-51-210, individual students may be excused from participating in physical education (PE) otherwise required on account of physical disability, employment, or religious belief, or because of participation in directed athletics or military science and tactics or for other good cause.

In accordance with WAC 180-51-067, such excused students shall be required to demonstrate competency/mastery of the knowledge portion of the physical education requirement through participation in a district-approved and administered assessment or a district approved fitness plan based upon addressing physical education learning standards as well as alternative means of engaging in physical activities.

Request for Excuse from Physical Education

To be completed by student and parent/guardian

Student Name (please print)	Student's Graduation Year
Student Signature	Date
Parent/Guardian Signature	Date

Reason for Excuse Request (check one):

- | | | |
|--|--|---|
| <input type="checkbox"/> Physical Disability | <input type="checkbox"/> Employment | <input type="checkbox"/> Religious Belief |
| <input type="checkbox"/> Participation in Directed Athletics | <input type="checkbox"/> Participation in Military Science and Tactics | |
| <input type="checkbox"/> Other good cause | | |
- Please Explain:

Action – To be completed by principal/designee:

Request for excuse from PE approved
A student is still required to demonstrate competency/mastery of the knowledge portion of the physical education requirement by taking and passing the district-approved and administered assessment or completing a district approved fitness plan. More information can be found at www.lwsd.org Physical Education Credit Options

Request for excuse from PE is not approved.
Reason: _____

Principal or Designee Signature	Date
---------------------------------	------