



# AVID

At Fremont High School

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# What is AVID?

For students who:

*(students do not need to meet ALL of these)*

- Will be **first** in their family or first generation to attend a 4-year college
- Don't have **support at home** to focus on school
- Earn **good grades** (not all As – mostly Bs/Cs – *maybe a D*)
- Are **hard workers** and want to succeed in school, but might not always know how

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## What are the benefits of AVID?

- College field trips
- Study skills [independent and collaborative]
- College and career research
- More previews and follow ups on important deadlines, resources, opportunities
- On campus support group/family/team