

Elementary School Lunch Menu

Locally grown foods this month include

Corn on the Cob
Kale
Carrots

Lunch Pricing

Full Price: \$2.80
Reduced Price: \$0.40
Milk Only: \$0.50
Staff Lunch: \$4.25

ALTERNATE LUNCHES AVAILABLE DAILY

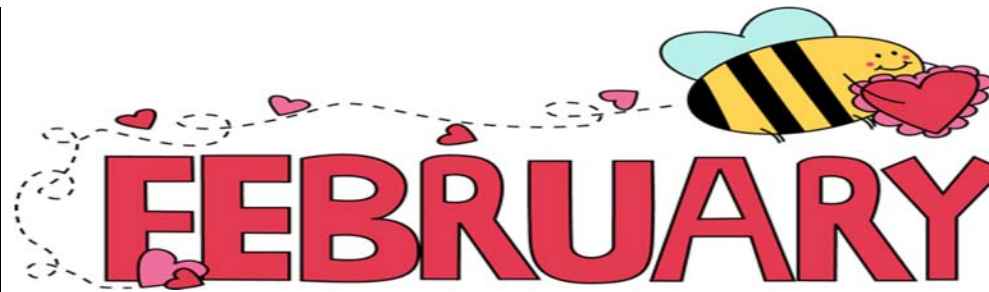
Contact your school's kitchen manager for daily options.

All meals include
2 oz. Meat / Meat Alternate
2 oz. Whole Grains
8 oz. Milk
1/2 c. Fruit
3/4 c. Vegetables

**STUDENT
NUTRITION
PROGRAM**



GROTON PUBLIC SCHOOLS



View account balances at

MyPaymentsPlus.com

Children qualifying for free or reduced-price lunch also qualify for free or reduced-price breakfast.

Begin the day with a healthy meal!

Mon	Tue	Wed	Thu	Fri
<p>3</p> <p>Teriyaki Chicken Dippers over Brown Rice Breadstick Stir Fry Veggies Fresh Florida Orange</p>	<p>4</p> <p>Cheese Stuffed Shells with Marinara Garlic Bread Sesame Roasted Green Beans Sliced Peaches</p>	<p>5</p> <p>Cheeseburger on a Wheat Roll Sweet Potato Tots Fresh Mac Apple</p>	<p>6</p> <p>Turkey & Cheese Grinder Confetti Coleslaw Nacho Cheese Doritos Assorted Fruit Cups</p>	<p>7</p> <p>Pizza Day! Cheese or Chef's Choice Strawberry Spinach Salad 100% Juice Italian Ice</p>
<p>10</p> <p>Heart -Shaped Chicken Nuggets Tater Tots Seasoned Corn Mandarin Oranges</p>	<p>11</p> <p>Elbow Pasta with Meat Sauce Wheat Breadstick Romaine Caesar Salad Diced Pears</p>	<p>12</p> <p>All Beef Hot Dog on a Wheat Roll Baked Beans Sweet Corn Pineapple Chunks</p>	<p>13</p> <p>French Toast Sticks Chicken Sausage Patty Hash Brown Patty Fresh Florida Orange</p>	<p>14</p> <p>Pizza Day! Cheese or Chef's Choice Spinach Salad with Kidney Beans 100% Juice Italian Ice</p>
<p>17</p> <p>No School Today</p> <p>Presidents' Day</p>	<p>18</p> <p>No School Today</p> <p>Winter Break</p>	<p>19</p> <p>Grilled Cheese Sandwich Seasoned Potato Wedges Applesauce Cup</p>	<p>20</p> <p>Turkey & Cheese Sandwich Cherry Tomato and Corn Salad Cape Cod Chips Assorted Fruit Cups</p>	<p>21</p> <p>Pizza Day! Cheese or Chef's Choice Kale Caesar Salad 100% Juice Italian Ice</p>
<p>24</p> <p>Crispy Chicken Croissant Sandwich Parmesan Baked Peas Fresh Mac Apple</p>	<p>25</p> <p>Macaroni & Cheese Garlic Knot Roasted Broccoli Fresh Seedless Grapes</p>	<p>26</p> <p>Beef & Cheese Nachos Brown Rice with Black Beans Salsa Cup Applesauce Cup</p>	<p>27</p> <p>Roast Turkey & Gravy over Mashed Potatoes Corn on the Cob Wheat Dinner Roll Cranberry Sauce Assorted Fruit Cups</p>	<p>28</p> <p>Pizza Day! Cheese or Chef's Choice Garden Salad with Chickpeas Fresh Florida Orange</p>

8 oz. low fat or fat-free milk and our **Rainbow Vegetable Tray** offered daily with all lunches.

Please note: Menu is subject to change.