

# High School Breakfast Menu

## Breakfast Pricing

Full Price: \$1.75  
 Reduced Price: \$0.30  
 Milk Only: \$0.50  
 Staff Breakfast: \$2.75

Enjoy a **HOT Chocolate**  
 with your breakfast,  
 available every day.

Freshly Blended Smoothies  
 served daily

**REMINDER:** Children qualifying for free  
 or reduced-price lunch also qualify for  
 free or reduced-price breakfast.  
**Join us today!**

The *Application for  
 Free & Reduced-Price Meals* is  
 available at [GrotonSchools.org](http://GrotonSchools.org) on the  
 Food Services page.



Mon	Tue	Wed	Thu	Fri
3 Assorted Cereal Non-Fat Yogurt Applesauce Cup	4 Egg, Steak & Cheese on a Croissant Strawberries	5 Freshly Baked Cinnamon Muffin Fresh Banana	6 Egg & Cheese on a Wheat Bagel Diced Pineapple	7 Fruit & Yogurt Parfait with Cinnamon Granola Assorted Cereal Apple Slices
10 Assorted Cereal Non-Fat Yogurt Fresh Mac Apple	11 Freshly Baked Cinnamon Roll String Cheese Applesauce Cup	12 Egg, Cheese & Ham on an English Muffin Mandarin Oranges	13 Egg, Chicken Sausage & Cheese on a Croissant Red Seedless Grapes	14 Freshly Baked Chocolate Chip Muffin Strawberries
17 <b>No School Today</b>  <b>Presidents' Day</b>	18 <b>No School Today</b>  <b>Winter Break</b>	19 Egg & Cheese on a Wheat Bagel Fresh Banana	20 Freshly Baked Cinnamon Muffin Fresh Florida Orange	21 French Toast Sticks Non-Fat Yogurt Diced Peaches
24 Assorted Cereal Non-Fat Yogurt Applesauce Cup	25 Egg, Bacon & Cheese on an English Muffin Fresh Florida Orange	26 Banana Bread Non-Fat Yogurt Red Seedless Grapes	27 Egg, Steak & Cheese on a Soft Wheat Roll Raisins	28 Freshly Baked Blueberry Muffin Mandarin Oranges

8 oz. low fat or fat-free milk and 100% fruit juice are offered **every day** with breakfast.  
 \*\*Please note: Menu is subject to change.\*\*