From Audee Gregor:

Happy New Year! It’s hard to believe that we’ve entered 2020! Time continues to pass by so quickly. We are now just two weeks away from the end of first semester, marking the halfway point to the school year.

I hope each of you had a wonderful break! I know I certainly did. It was such fun spending time with family, taking advantage of the quiet time to celebrate family traditions, catch up on some much-needed rest, and simply unplug from the busyness of a typical day. I hope you were able to do the same. Additionally, I have to admit that even though I thoroughly enjoy taking time off to reinvigorate, returning to school is always so exciting. I absolutely LOVE what I do, especially working with your amazing children. There is no greater joy than watching students learn, grow, and thrive educationally, socially, and emotionally.

To feed some of the social and emotional side of our school, this past week we had hot cocoa socials, next week will be spirit week (see the themes under Upcoming Events below), and the theme for the whole month of January is “Kindness Month” spearheaded by our ASB.

Please be sure that you and your family are prepared for possible inclement weather in the forecast. In the event of inclement weather, school closures or late starts will be posted on the NSD website.

Thank you for always sending us the very BEST students in the district! Have a wonderful weekend!
**Upcoming Events:**

Jan. 13 – 17  
**Spirit Week: See Themes Below**

Monday, January 13  
Spring Play Rehearsal (3:10-4:40)

Tuesday, January 14  
Spring Play Rehearsal (3:10-4:40)  
Star Time: Library (3:15-4:40pm)

Wednesday, January 15  
PTSA Staff Appreciation Luncheon: Healthy Start Early Release

Thursday, January 16  
Spring Play Rehearsal (3:10-4:40)  
Star Time: Library (3:15-4:40pm)

Friday, January 17  
PTSA Community Café: Staff Lounge (7:30-8:15am)  
MLK Assembly: Adjusted Schedule 4,5,6 + PRIDE

**Spirit Week Themes:**

Monday: What if we practice positivity?  *(wear neon)*  
Tuesday: What if we serve others?  *(dress as a superhero)*  
Wednesday: What if we don’t judge others by how they look?  *(wear funky hats)*  
Thursday: What if we work hard?  *(wear college gear)*  
Friday: What if we stand up for one another?  *(school spirit shirt & jeans)*

**Algebra Readiness Assessment Notification**

The Northshore School District is beginning the process of screening students for Algebra Readiness. This year as we did last year, we are going to screen 5th grade students that are identified as highly capable in math in their EAP/math class, and 6th and 7th grade general math students in their math classes. Your child will be assessed on the 8th grade ITBS the week of January 27th. Once tests are scored, scores will be sent home to families. Please know that it will take a few weeks for us to receive student’s scores.

Students that receive a score of the 80th percentile or higher on the 8th grade ITBS math assessment and scored a 2600 scale score or higher in their previous Smarter Balanced Assessment are considered ready for Algebra for the 2020-21 school year.

Students who are not considered ready for Algebra will receive valuable information as they continue preparing for Algebra in the future.
Students that score close to the 80th percentile on the ITBS and near the 2600 scale score on their most recent SBA math assessment, will receive a comprehensive file review on an individual student basis.

Fifth graders who are not considered ready for Algebra will be enrolled in 7th grade Challenge Math. Sixth graders that are not considered ready for Algebra should register for 7th grade Challenge Math for the 2020-21 school year. Seventh graders that are not ready for Algebra should register for 8th grade math. Registration of current 6th and 7th graders at Leota will begin the week of March 16th.

**ASB and Leadership Drive**

This week, ASB kicked off Kindness Month to emphasize the importance of kindness in our community. In addition, ASB and one of our Leadership classes has partnered to announce two drives, which will run simultaneously until the 17th of January: ASB's Sock Drive, with the goal to emphasize the importance of kindness toward people, and Leadership's Reused Packaging Drive, to encourage environmental care and awareness -- fitting with our Earth-based ASB Theme. Details are below:

**Sock Drive:** Your ASB is proud to partner with our friends at Canyon Park Middle School in support of their Threads and Treads program, which provides free clothing to families in our area. Please donate NEW socks of all sizes and varieties. Donations can be placed in the Sock Drive Collection Bin in the Main Office or outside Room 609. Thank you for your continued support in ensuring everyone is comfy and warm this winter season!

**Reused Packaging Drive:** Wasteful packaging contributes largely to damaging environmental factors. Let’s reduce a bit of what we Leotians are putting in our landfills and donate our USED, padded envelopes to UPS. Please see Ryan’s and Yousuf’s message below for more information about this drive.

The drive for socks and padded envelopes lasts this coming Monday through Friday, 1/13-1/17. However, we may delay the end date by a few days in case of inclement weather.

We look forward to a successful drive with your support! Thank you.

**National Junior Honor Society News**

If your child is interested in becoming an NJHS member, please check out the Leota website under "activities" for more information. Volunteer forms are due the week of Feb. 10 through Feb. 14. **No late forms will be accepted**, so please plan ahead. Last year we had lots of snow that created some difficulty for students attempting to complete their hours. This year could be similar, so please ensure your child's volunteer hours are not put off to the last minute. Students should check with their teachers to complete their Leota volunteer hours or even the main office (more info on the website). You must submit your paperwork in person either
directly to Mrs. Hurley after school in Room #623, or to a designated representative in the cafeteria during all three lunches. **PAPERWORK WILL NOT BE ACCEPTED IN THE LEOTA OFFICE.** All students will be required to sign-off on paperwork turned in; paperwork cannot be left without a signature to verify it was received.

Also, there is an important correction to the Activity Information Form --- turn in date for forms is NOT 3/10/20-3/14/20 --- this should read **2/10/20-2/14/20**. This is stated correctly on the website main page, but is **incorrect** on the form itself.

Justine L. Hurley  
*Leota Middle School*  
*Art Studio Instructor*  
(425) 408-6553

**Yearbook Sales**

Yearbooks are on sale now!  
If you have not purchased a yearbook for your student. You can purchase one on-line or in the office through January 24th.

*If you are not sure if you have already purchased a yearbook please contact Mrs. Spencer in the office 425 408 6503.*

**From The Nurse:**  
We have had a high incidence of cold and flu viruses in both King and Snohomish County, and our Leota community lately. With both of these circulating it is more important than ever to check your child every morning for signs of illness, and if they are ill to keep them home.

Contagious illness is always with us and can be spread in a variety of ways. For example, the flu is spread when a person who has a virus coughs, sneezes or speaks and sends the virus into the air. The virus enters the nose, throat or lungs of another person and multiplies. It is important to teach everyone not to share personal items such as food, drink containers, water bottles, lipstick etc. as these items can harbor and transfer germs between people.

We are trying to ensure that all of our students and staff stay as healthy as possible. **Hand washing is the number one way to reduce spread of illness.** We are reminding students to be diligent in washing their hands while at school. Hand gel will be available to students in rooms that do not have access to sink and water. In order for hand gel to be effective, it must contain at least 60% alcohol. We are also reminding students to cover their coughs and sneezes. Getting enough sleep at night and good nutrition also play a role in staying healthy. **Flu shots are recommended for all children age 6mo to 19yrs and adults, especially those with chronic health conditions.**
When your child is ill, he/she is more likely to contract other illnesses. Your child also exposes other students and staff when he/she comes to school sick. If your child has any of these symptoms, please keep him/her at home until the symptoms subside.

These are the same guidelines that the school nurse uses to evaluate students who may need to go home:

- **APPEARANCE/BEHAVIOR:** unusually tired, difficult to wake, pale, skin rash, lack of appetite; these are often signs of underlying illness.
- **FEVER:** temperature of 100 degrees or higher. Child may be sent home without a fever if other symptoms are present.
- **SORE THROAT:** especially with fever and/or swollen glands.
- **VOMITING/DIARRHEA:** within the past 24 hours.
- **NASAL DRAINAGE/COUGH:** yellow or green nasal drainage and/or chronic coughing may prevent your child or other students from being able to concentrate. They may expose others to illness, especially if they cannot control their secretions. Severe coughs should be evaluated by a health care provider to rule out Pertussis or “whooping cough”.

**Students should be fever-free without fever reducing medication and no vomiting/diarrhea for 24 hours before returning to school.**

It is not unusual for students to feel better in the morning and then worse as the day goes along. The school is not equipped for prolonged care of your sick child. We require that you or an emergency contact will pick up your sick child within the hour that you are called. It is important for the school to have a list of local emergency contacts that are available to pick up your child in the event that we are not able to reach you. Please notify the school if there are changes to your contacts.

We need everyone’s cooperation, to be better able to provide a healthy learning environment for our students and staff members. Please contact me if you need any additional information.

Thank you for your cooperation,

Debbie Park RN, BSN
Phone: 425 408-6506
Fax: 425-408-6502
dpark@nsd.org
### Weekly Update

**January 10, 2019**

**Upcoming Events**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
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<tbody>
<tr>
<td>1/10</td>
<td>Lyon Ski School Bus (Storage provided by Leota PTSA)</td>
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</table>
| 1/11  | **Reflections Reception**: Leota Middle School Cafeteria @ 2:30-5:00pm  
VOLUNTEERS NEEDED! |
| 1/15  | **January Staff Appreciation**: VOLUNTEERS NEEDED! |
| 1/17  | **PTSA Community Café**: Leota Teacher’s Lounge @ 7:30am  
Topic is NEXT YEAR CLASS REGISTRATION for Leota and High School |
| 1/20  | **Martin Luther King Jr Day**: No School |
| 1/28  | **Parent Education Night @ Inglemoor High School**  
**5:30pm** Screenagers Screening  
**6:30pm** School & Home Emergency Prep  
**8:00pm** Screenagers, the Next Chapter |
| 3/19  | **Career Day 2020**: VOLUNTEERS NEEDED! |

**Ski School Storage at Leota, Fridays January 10 – February 14**
Ski & Snowboard Storage
At Leota Middle School

For those traveling on the Lyon Ski Bus leaving from Leota MS, Leota PTSA is offering storage during the day.

**Drop Off:** 7:30-8:30am
**Pick Up:** 3:10pm — 3:25pm (students must pick up)
**Location:** Side entrance to 600 building behind school
**Dates:** Every Friday 1/10 — 2/14

You must label each piece of equipment or bag with your contact information and strap/bag ski poles to your skis to keep them together. Bus leaves at 3:30pm.

Volunteers Needed: Students and Parents are needed for drop off and pick up times. It is a simple check in and check out process and counts towards student volunteer hours. Please sign up at [www.leotaptsa.com](http://www.leotaptsa.com) or [https://www.signupgenius.com/go/10C0448ACAD2CA1F58-volunteer](https://www.signupgenius.com/go/10C0448ACAD2CA1F58-volunteer).
PTA Reflections is a nationally acclaimed student recognition program to encourage artistic creativity in the classroom and at home. It helps students explore their own thoughts, feelings, and ideas; develop artistic literacy; increase confidence; and find a love for learning that will help them become more successful not only in school but in life.

Northshore Council PTSA had 27 PTAs participate this year and received 357 submissions across six categories. The district had 67 State Qualifiers and 54 pieces that received the honorable Judges Choice Awards.

Leota Middle School had three students qualify to continue onto the state level for further judging. In addition, two students from Leota received the honorable Judge’s Choice Award.

Congratulations to all who participated and to those who qualified for further consideration!

**State Qualifiers**
Allison Pope – Literature – The Teenaged Mind
Amogh Patil – Literature – What If We?
Chloe Haworth – Visual Arts – Catching Stars

**Judge’s Choice Award**
Jiya Joshi – Photography – Hope for Sunlight
Kourosh Shafaei – Music Composition

**Reflections Celebration, January 11, 2020 @ 2:30pm**
Leota Middle School Cafeteria VOLUNTEERS NEEDED!

Northshore Council PTSA invites you to join us in celebrating our amazing student artists who participated in this year's Reflections program. More than 350 pieces by students from across Northshore will be featured and on display Saturday, January 11, 2020, from 2:30 – 5:00pm at the Leota Middle School Cafeteria (19301 168th Ave NE, Woodinville, WA 98072). Any artists needing a quieter environment to look at art may arrive early for a quiet viewing time from 2:00 – 2:30pm.

We will need several helping hands for this event. Saturday morning, we will need help setting up the art panels and displays and then help is needed after the event to take everything down and clean up. Please consider signing up to volunteer: [https://www.signupgenius.com/go/20f084babaf28a4fe1-2020](https://www.signupgenius.com/go/20f084babaf28a4fe1-2020)
Staff Appreciation, January 15, 2020: A Healthy Start

VOLUNTEERS NEEDED!

For our January staff appreciation event, we are going to help our staff kick off a healthy start to the new year with a full salad bar and all the fixings. Sign up to bring such items as veggies, fruits, nuts, cheese, and bacon crumbles to allow our teachers and staff to assemble their own personal salad creations.

Thank you for all your help! It is fun to see so many people helping in all different ways--it comes together so beautifully. We couldn't do it without you!

Sign up to participate: https://signup.com/go/ARwKQWV

PTSA Community Café: January 17, 2020, Teacher’s Lounge

With registration for next year coming up for Leota and the High Schools, we will have guidance counselors at the next community cafe to answer your questions and tell you what meetings and information is available.
Find out what other parents are thinking and doing for their students. And of course, meet and greet with other parents in the school.

**Parent Education Night @ Inglemoor High School, Moorlands PTSA**

**January 28, 2020 @ Inglemoor High School Theater**

5:30pm *Screenagers* Screening
6:30pm School & Home Emergency Prep
8:00pm *Screenagers, the Next Chapter*

The Moorlands Elementary PTSA is holding a parent’s education night on January 28, 2020 at Inglemoor High school. The night will kick off with a screening of *Screenagers*, a film about raising children in the digital age at **5:30pm**.

Starting at 6:30pm, there will be a School & Home Emergency Preparedness information session—learn about how to be ready when something big hits!

- **6:30pm** Prepare Smart – Home Emergency Preparedness
- **6:50pm** School Emergency Preparedness – Henry Simon & Bill Brooks
- **7:15pm** Reunification - Clark Combs
- **7:40pm** Be Smart – Home Weapon Safety – Mom’s Demand

The night will finish off with a screening of *Screenagers, the Next Chapter*, a follow up film to the original at **8:00pm**.

Come join and bring a food item to share! There will also be a dessert auction, if you would like to bring a dessert item for donation. All funds raised from the auction will go toward Emergency Preparedness at Moorlands Elementary.

**We Need YOU! 2020 Career Day at Leota Middle School**

**Happy New Year! Please Save the Date - Thursday, March 19, 2020**

Planning is underway for PTSA’s Career Day 2020 for Leota’s students and we need over 60 panelists to make this day a success. We are currently 1/2 of our needed panelists confirmed. Please make a gift of your time—you will truly impact a student! This amazing day can only happen with YOUR help. Please sign up today!

Career Day is a PTSA event that offers our students insight into many different career paths. It gives our students an opportunity to learn what is needed to be successful in their career interests. But more importantly, we want our students to understand that no career path is ever a straight line and within any career there are lots of different avenues they can follow.
We are looking for panelists from ALL career fields and paths, including professional, trade, service industry, stay at home parents--you name it, we welcome it! Our past surveys show that students are eager to hear about every type of job, not just those in the STEM fields.

As a speaker, you will be a part of a 3-4 person panel that will meet 3-4 rounds of students. During each round each panelist will have approximately 5 minutes to share their career journey. Students will then be given an opportunity to ask questions of the panel. The question and answer session is the place where panelists have a chance to share real life experiences and advice based on questions from the students.

_Past speakers have raved about how engaged the students were and thought it was an incredible experience._

Career Day will be held on March 19, 2020. Are you able to give a few hours (9:30 am - Noon) to serve as a panelist? If you can help, please email careerdayleotaptsa@gmail.com as soon as possible with your information:

- Your Full Name
- Field of Work
- Current Position (Or the field and position you would like to present)
- Current Employer

Do you have other skills or time you’d like to share? If you want to participate in Career Day in a non-panelist role, we would love to have your help! Please include EVENT VOLUNTEER in your email message.

If you know of someone that you feel would be an asset to our panels, please feel free to forward this invitation to anyone interested.

We will be getting back to you in late January with more details. Thank you for your time and consideration.

If you have any questions or need more information, please contact Suzette Hart at 360-815-3018 or at careerdayleotaptsa@gmail.com.

**Community Events: YMCA Technovation Girls**

The Y will partner with Technovation Girls to run a coding and leadership development program January 2020-May 2020. By joining Technovation Girls, participants will have an opportunity to learn coding skills through a step by step process to build their own app that solves a problem they care about in their community. Each week participants take on lessons of coding, marketing, and business with the help of a mentor. In May they will Pitch their app to community members and professionals to compete against participants all over Washington State, if selected they can even compete nationally! NO CODING EXPERIENCE is necessary to join our chapter, where they can choose to work individually or with a team.
We are also looking for mentors who are willing to help guide our participants through this program. We are looking for anyone who has computer programming, marketing, business, community engagement experience to be mentors.

**When We Meet:**
Starting January 15th Wednesdays  
5:00pm-6:30pm  
Northshore YMCA  
11811 NE 195th St  
Bothell, WA 98011

**Register a Participant:** [https://forms.gle/MSzoJxPre5sqvVNCa](https://forms.gle/MSzoJxPre5sqvVNCa)

**Register a Mentor (21+):** [https://forms.gle/EWLkhXdxVWRkjeTX6](https://forms.gle/EWLkhXdxVWRkjeTX6)

**HAVE YOUR PTSA MEMBERSHIP? Come join us!**
We invite you to become a member of the Leota PTSA.

In addition to being in the know about what happens in the school, your membership is a big show of support for all volunteers and activities that our PTSA hosts throughout the year.

No volunteering is required to be a member, but membership has its benefits. Sign up at [www.leotaptsa.com](http://www.leotaptsa.com).

**Make your volunteers hours count!**

**Did You Know Your Company May Donate When You Volunteer?**
Many companies will donate for hours volunteered in addition to matching financial donations. Please check with your company to see if you have a dollars for doers or similar volunteer hours matching program and take a few minutes to register your hours towards a Leota Middle School PTSA donation.

**Amazon Smile is Also A Great Way to Donate**
Visit [https://smile.amazon.com/](https://smile.amazon.com/) all year long, every time you are making purchases with Amazon. Whenever a purchase is made with Leota PTSA as the beneficiary, Amazon will send us a donation. Be sure to select Leota PTSA as your beneficiary.

**Join the Leota PTSA Volunteer And Info Facebook Group**
Join our Leota PTSA Volunteers and Info closed Facebook group if you would like to hear more about volunteer opportunities:

[https://www.facebook.com/groups/LeotaPTSAVolunteers/](https://www.facebook.com/groups/LeotaPTSAVolunteers/)

There is no requirement to volunteer. By joining, we hope you feel part of the Leota parent community and are better informed about what is happening at our school.