

B Resilient

Youth Treatment Group by Broderick, LMFT
Research Based Resiliency Skills & Treatment

Why

To help youth prepare to transition into adulthood. **Resilience is learnable!**

How

Using researched based treatment, youth and parents will learn, practice, process, and teach resiliency skills.

Who

Youth ages 14-18 and their parents are welcome to participate.

What

Informative parent orientations and 10 weekly resilience building treatment sessions for youth. Parents and youth combine for sessions five and ten.

Cost

Parent orientation:
\$10.00 per family

10 group treatment sessions:
\$350.00 per youth



Kevin & Sherie Broderick
Group Facilitators

Sherie earned a bachelor's degree in Sociology from Boise State University and has over 18 years experience working in foster care and adoption services with parents and youth. Kevin earned his master's degree in Child and Family Development from Virginia Tech and is a licensed Marriage and Family Therapist with over 24 years experience working with parents and youth.

Questions or to register, call, text or email



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Photograph by K. Craig Broderick