



PARKLAND HIGH SCHOOL

Parent Newsletter

January 2020

FROM THE PRINCIPAL'S DESK

Happy New Year!

Dear Parents:

Each new year is marked by resolutions and opportunities for a fresh start for students, parents, teachers and administrators. At PHS, students will quickly be reacquainted with their curricular opportunities as our course registration process begins as soon as we return in January. This month each student's 2020-2021 educational program will be created through various meetings with teachers, counselors, parents, and administrators.

Parkland High School offers a rigorous and standards aligned curriculum for students of all ability levels. Our students for the 2020-2021 school year will receive a course offerings menu unparalleled in its diversity and quality. Students currently in grades 9, 10 and 11 will receive their course registration books along with a live course registration process television presentation during an extended homeroom period on Thursday, January 2, 2020. All parents of students currently enrolled in grades 9, 10 and 11 are invited to and should attend a **"Parent Meeting for Course Registration for Classes of 2021, 2022, 2023"** on Thursday, January 2, 2020 at 7 PM in the Parkland High School Auditorium.

New this year for high school students is Online Registration. Students will use Home Access Center to see teacher recommendations and choose their courses for next year. Instructions will be sent via school messenger to all parents prior to the New Year. Students should complete their course registration selections by Friday, January 17. Throughout the months of January and February counselors will meet with your child during English classes to finalize the course selection process.

The high school and middle schools use a team approach to provide course registration information to our current 8th grade students and parents. Activities involving career inventories will take place at the middle schools during early January to aid our students in selecting a career pathway. Course registration books will be provided to each 8th grade student at Orefield and Springhouse in a joint presentation at Parkland High School on Friday, January 3, 2020. All parents of 8th grade students at Orefield and Springhouse are invited to and should attend a **"Parent Meeting for Course Registration for the Class of 2024"** on Monday, January 6, 2020 at 7:00 PM in the Parkland High School Auditorium.

All 8th grade students must submit their 2020-2021 course requests online through Home Access Center by Friday, January 17. New to parents and students will be the selection from various Elective programs which are available at the high school. Parents will also receive directions to support them through this course selection process. Throughout the month of January, teachers, counselors, and administration will assist your child with the course selection process.

Just a reminder for parents: Students who did not yet demonstrate proficiency on the Algebra or Biology Keystone Exam will be retested on January 7 & 8 (Biology) and January 9 & 10 (Algebra). Midterm exams, including dismissal at 11 AM will be held January 22 & 23. World Language exams will be administered in class on January 16 & 17. Please review the calendar on page 3 for specific midterm test dates and times. On Friday, January 24, we will have a 1 PM dismissal.

Athletically our winter sports teams are off to an outstanding start to their seasons. It may be the off-season for some sports but you'd be impressed with the dedication our athletes show while training to always improve. The gymnasiums and weight rooms are used all nights in preparation for next season's goals. If you didn't hear about this yet, our wrestling team, led by PHS Science Teacher Jon Trence, has 12 girls who are eager to leave their mark on the mat. Overall, the team is reestablishing itself under Coach Trence's tutelage and setting their sights on new team accomplishments. Tuesday, December 17's edition of The Morning Call has a great article highlighting the "Band of Sisters" new to the team.

Congratulations to our music program on their wonderful winter concert performances this past month. The exceptional quality of their concerts showcases the talents of our students, their incredible work ethic, and the passion shared by our music educators and students. This year's concerts were remarkable and helped make this principal's holiday season that much more enjoyable!

Sincerely,

James E. Moniz II
Principal

monizj@parklandsd.org

COUNSELING CORNER

COURSE REGISTRATION

The registration and scheduling process for the 2020-2021 school year begins at Parkland High School during the month of January. Throughout the next few months, students will be selecting courses that best meet their academic goals, administrators will be calculating student enrollments, staffing assignments will be prepared, and a master schedule will be created for next school year.

To begin the registration process, all students, eighth through eleventh grade, will receive a copy of the 2020-2021 Parkland High School Course Study Guide. This is a valuable resource and reference guide for students and parents selecting a program of study for the next school year. Several informational meetings will be held for parents and students throughout the month of January to highlight new course offerings, review graduation requirements and provide guidelines for selecting appropriate course levels. **New to the high school this year will be ONLINE COURSE REGISTRATION. Students will receive instruction on how to enter their courses on January 3. Students will then enter their course requests from January 13 – 17.** More detailed information regarding the online course registration process will follow. Planning your child's program of study is one of the most important tasks completed each school year. Counselors, faculty, and administrators will work closely together to guide your child through this important process.

COLLEGE ADMISSIONS TESTING

Juniors interested in taking the SAT should select and register for a March, May, June and/or August test. Registration for the SAT is now available online at www.sat.org/register. Many SAT prep courses are available to students. Detailed information can be found in the College and Career Resource Room. Juniors should carefully plan their spring testing schedule and follow the registration procedures required by the College Board.

JANUARY TESTING CALENDAR

January 10, 2020

Registration deadline for the February 8, 2020 administration of the ACT and ACT Assessment plus Writing.

Juniors planning to apply to selective schools, where SAT II: Subject Tests are required, need to remember that these tests are offered in the spring/summer months of March, May, June and August.

Underclassmen may want to consider registering for an SAT II: Subject Test if they are currently completing an honors or advanced placement course where no further study is available (i.e. AP United States History).

Juniors may also want to consider the ACT as a college admission test option. The ACT is offered in February, April, June and July in the Lehigh Valley. Students can register for the ACT at www.act.org/student. All colleges and universities will accept the SAT and/or the ACT for admission purposes.

Please feel free to consult your counselor if you have any questions.

PAR KEY'S 2020 YEARBOOK

Get Yours Today

<https://sites.google.com/a/parklandsd.net/par-key/>

DEADLINES AND PRICING

Now through April 25, 2020*, the price is \$85**

* This is the last day for advance orders. Availability is not guaranteed after this date.

** Price does not include tax.

** Personalization offered online for \$7 extra until January 31, 2020.

DID YOU MISS OUT ON ORDERING PREVIOUS YEARS OF THE PAR KEY YEARBOOK?

⇒ Visit the Par Key Table in the Cafeteria
2019 yearbooks are sold for \$75.

2019 supplement pages are available if you did not receive yours in the mail.

2006–2018 yearbooks are also available for \$75.

SHELLER SCHOLARSHIP OPENS DOORS FOR EARLY COLLEGE STUDENTS

High school students from the nine school districts in Lehigh County, as well as Tamaqua High School, will have additional financial support to earn a college degree from Lehigh Carbon Community College (LCCC) while still in high school, thanks to funds from the Lisa Jane Scheller Scholarship.

The college recently announced this new scholarship opportunity at a news conference at the main campus. LCCC's Early College program allows high school students to take college-level courses for their junior and senior years of high school. At the end of those two years, they graduate with both a high school diploma and a general studies associate's degree from LCCC. Scholarships will be available to high school students who demonstrate financial need through eligibility for free and reduced lunch beginning in the fall 2020 semester. Scheller scholarships will cover tuition for the entire degree, a value of \$3,300.

For more information on LCCC's Early College program, contact Jennifer Aquila at 610-799-1120, ext. 1120 or JAquila@LCCC.edu.

PHS UPCOMING EVENTS

Wednesday	1/1	Happy New Year!
Thursday	1/2	“B” Schedule Course Book Distribution Class of 2021, 2022, 2023 Parent Meeting 7 PM (Auditorium)
Monday	1/6	Class of 2024 Parent Meeting 7 PM (Auditorium)
Tuesday	1/7	Winter Keystone Exams — Biology NEHS Meeting 3 PM (C200)
Wednesday	1/8	Winter Keystone Exams — Biology Key Club Meeting 7 AM (C200)
Thursday	1/9	Winter Keystone Exams — Algebra 1 NEHS Meeting 3 PM (C200)
Friday	1/10	Winter Keystone Exams — Algebra 1
Tuesday	1/14	Post Prom Committee Meeting 7 PM (Library Classroom)
Wednesday	1/15	LEO Club Meeting 7:15 AM (C200) Parent Forum 6 PM (C200)
Thursday	1/16	Key Club Blood Drive 7 AM (Auxiliary Gym) World Language Midterm Exams
Friday	1/17	World Language Midterm Exams
Monday	1/20	School Closed — Professional Development Day
Wednesday	1/22	Midterm Exams Early Dismissal 11 AM
Thursday	1/23	Midterm Exams Early Dismissal 11 AM
Friday	1/24	Makeup Exams (Auxiliary Gym) Early Dismissal 1 PM “C” Schedule End of 2 nd Marking Period
Monday	1/27	1 st Day of 2 nd Semester “B” Schedule
Wednesday	1/29	Skills USA 7 PM (Auditorium)
Thursday	1/30	Skills USA Snow Date

MIDTERM EXAMS

Thursday, 1/16 and Friday, 1/17
World Language Midterm Exams done in class

Wednesday, 1/22
English Midterm Exams
7:40 AM — 9:13 AM
Social Studies Midterm Exams
9:17 AM — 10:55 AM

Thursday, 1/23
Math Midterm Exams
7:40 AM — 9:13 AM
Science Midterm Exams
9:17 AM — 10:55 AM

Friday, 1/24
Makeup Exams / Extra Exams

Students who missed a midterm exam(s) may make it up in the Auxiliary Gym. Students should bring their doctor’s note with them when reporting for makeups. In addition, students with a second subject exam (i.e., AP Econ and AP Gov or AP Physics and AP Bio or Algebra 2 and Geometry, etc.) will take their extra exam at this time. Students should listen to the announcements and report for makeups/extra exam testing when their grade level is called.

STUDENT EXPECTATIONS

- On Wednesday, 1/22, and Thursday, 1/23, students will report directly to their midterm exam testing rooms. In instances where students do not have an exam (example: no science class), they may report to the Upper Gym if taking our school buses home.
 - Students must be on time for their exams. No extra time is given in instances where students are late for an exam.
 - In instances where a student must complete an online midterm exam, students will be required to bring their charged Chromebooks to school. Teachers will communicate with students if they need their Chromebooks for exams. **Loaner Chromebooks will not be available to students, and so students should plan accordingly.**
 - If a student is absent from school on the day of an exam, please provide a doctor’s note for the absence as is stated in the Student Handbook. Please also contact PHS Attendance at 610-351-5655 to notify the office of the absence.
- If a student is taking more than one core subject during a testing period (example: 2 sciences, AP Chemistry and AP Biology), students will take one exam during the assigned testing period and the other during makeup testing in the Auxiliary Gym on Friday, 1/24. Students should work with their teachers to decide which exam they will take on the testing day and which one they’ll take on Friday during makeup testing.

VISUAL AND PERFORMING ARTS

December was a very rewarding month, with many of our students qualifying for recognition in their field.

PMEA DISTRICT 10 BAND AND ORCHESTRA

Congratulations to the following PHS Band members who successfully qualified for the PMEA District 10 Band this month:

Megumi Takahashi – flute
Laura Ruozzi – flute
Alexander Tang – clarinet
Olivia Wilkinson – clarinet
Jordan Bucks – clarinet
Meredith Schmoyer – bass clarinet
Magdalena Gareca – horn
Mitchell Roth – trumpet
Jared Lazansky – euphonium
Isabella Landis – euphonium
Coby Lindenmuth – bass
 Approximately 800 students from the surrounding seven-county area auditioned for positions in the

Pennsylvania Music Educators Association (PMEA) District 10 Band and Orchestra. Of the 75 schools who sent students to audition, Parkland placed the most students in the band with a total of 11 who qualified. The festival will be held in February at Exeter Township Senior High School.

Special congratulations to **Megumi Takahashi, Alexander Tang, Olivia Wilkinson, Magdalena Gareca** and **Mitchell Roth** who also qualified for District Orchestra by placing at the top of their respective sections. Parkland Band also has the highest representation of wind players in the orchestra.

SPRING MUSICAL

Parkland High School is proud to announce the Spring Musical for 2020. We will be bringing the classic story, ***Tuck Everlasting***, to the main stage **April 15 –19**.

What would you do if you had all eternity? Eleven-year-old Winnie Foster yearns for a life of adventure beyond her white picket fence, but not until she becomes unexpectedly entwined with the Tuck family does she get more than she could have imagined. When Winnie learns of the magic behind the Tuck's unending youth, she must fight to protect their secret from those who would do anything for a chance at eternal life. As her adventure unfolds, Winnie faces an extraordinary choice: return to her life, or continue with the Tucks on their infinite journey.

Based on the best-selling children's classic by Natalie Babbitt, and adapted for the stage by Claudia Shear and Tim Federle, *Tuck Everlasting* features a soaring score from Chris Miller and Nathan Tysen. Appropriate for ages 10 and up, this is a story the whole family can share. **Tickets for *Tuck Everlasting* are on sale now.** All Parkland show tickets are available online at www.showtix4u.com. Prices are \$11 for adults; \$9 for students and senior citizens 65+.



SOPHOMORES CLASS OF 2022

Please remember to pay your class dues of \$20. Send cash or check to Mrs. Sarah Yenser in Room C241. Make checks payable to Parkland High School and put "Class of 2022" in the memo space. Contact Mrs. Yenser with any questions.

JUNIORS CLASS OF 2021

The class of 2021 and the Parkland TV Studio are having a fundraiser with the **Philadelphia Flyers**. Everyone may purchase tickets to any games in our promotional feature. The proceeds will be shared by the Class of 2021 and the Parkland TV Studio.

<https://groupmatics.events/s/other/ParklandSD>



SENIORS CLASS OF 2020

Class of 2020 dues must be paid by **April 3, 2020**. Dues are a one-time payment of \$20. Cash or checks should be made payable to Parkland School District. Payments may be dropped off or mailed to Mrs. Greth in B118. If you have any questions please e-mail Mrs. Greth at gretha@parklandsd.org.

ATHLETIC NEWS

FALL AND WINTER SPORTS: TEAM ACCOMPLISHMENTS

Girls Basketball won the Bristol Tip-Off Coaches for Cancer Classic Tournament and are currently 4-0.

Boys Basketball is 3-0.

Wrestling placed 5 wrestlers in the Penn Manor Tournament.

Both **Girls and Boys Swimming** are 1-0 with a very good showing in the Cedar Crest meet.



CONGRATULATIONS

To the following **Volleyball** players on being named 1st Team All State:

Amber Resendez

Brynn Dreisbach

Leah Brunnabend

Jacqueline Malitzki

Field Hockey: 2nd Team All State — **Madison Molchany**
Oliva Vaccari

Honorable Mention — **Aubrey Semler**
Erica Steele

MARK YOUR SPORTS CALENDAR!

College Media Day

College Media Day will be **Tuesday, April 21, 2020, at 9:30 AM** in the Auditorium. We will recognize all senior athletes that will be continuing their athletic career at the collegiate level. This is for any senior athlete who participated here at Parkland in a PIAA sport during their senior year. Parents, family and friends are all welcome to attend.

Spring 2019-2020 sports physicals will be held **Saturday, February 8, 2020 at Parkland High School.**

Boys 8 AM — 9:30 AM, Girls 9:30 AM — 11 AM

They are free.

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**ImPACT tests will also be given Saturday, February 8, 2020 from 8 AM — 10:30 AM in the Parkland High School Library.**

No student can participate in a spring sport without a full PIAA physical. Recertification forms may be used for a spring sport if the athlete had a full physical for a fall or winter sport in 2019. The Parkland Athletic Department understands that it may not be convenient to come to our scheduled free physical event. However, those who miss must get a PIAA physical on their own prior to March 2, 2020. Paperwork for this is on the PHS website <https://phs.parklandsd.org/> under Departments - Athletics - Forms. All Parkland athletes must get an ImPACT test once during their four years at PHS and before participation.

**The first day of spring sports is Monday, March 2, 2020.**

# INFORMATION FROM THE HEALTH ROOM

## PREVENTIVE MEASURES

The cold and flu season is in full force and the Health Room would like to remind you of some information about prevention:

- Wash your hands frequently.
- Cover your cough.
- Get a flu shot.
- Get adequate rest.
- Eat healthy, nutritious food.

## GUIDELINES FOR ILLNESS

Please keep your child home from school, despite scheduled tests or sporting events, if he or she is experiencing any of the following symptoms:

- fever of 100 degrees or more
- vomiting/diarrhea
- severe head cold
- persistent cough
- severe sore throat

Students should not return to school until they are fever-free for 24 hours without the use of fever-reducing medications.

These are the same criteria the Health Room uses as a guideline when sending students home ill from school.

The Health Room does not have cold or allergy medicine.

## JUNIORS

### 11th GRADE PHYSICALS

All eleventh grade students should return their physical forms to the Health Room as soon as possible.

### NEW IMMUNIZATION REQUIREMENT

The Meningitis Vaccine is required on or after the student's 16<sup>th</sup> birthday. Students in the 11<sup>th</sup> grade will be required to have this immunization on the first day of their senior year. The 11<sup>th</sup> grade physical is a good time to be sure this immunization is completed.

Forms for the Health Room can be downloaded from the [PHS website](#).

We are here to assist you with any questions regarding the health of your son or daughter. You may contact the Health Room at 610-351-5616.

## LIBRARY LINES

CURATE. COLLABORATE. CREATE.

### RESEARCH PROJECT ASSISTANCE

Welcome back for an exciting new year in the PHS Library Research Center and Makerspace. January is full of research projects; stop by if you're unfamiliar with our resources, and Mrs. Dickerson or Mrs. Brader can suggest print or online information. Research projects go smoother when they are scheduled into a student's routine, and entered into their agenda books to break down the research project and stay on track with deadlines. If you feel unorganized and overwhelmed by project management, make an appointment with one of the Librarians to get on track.

### ONLINE DATABASES AVAILABLE THROUGH CLEVER

As a reminder, students can access the Library's online databases through Clever without an additional password. Along with our subscription databases, we offer the Gale Testing and Education Reference Center accounts. Students create their own logins and are able to access practice tests including SAT, ACT, ASVAB, AP Subjects, SAT Subjects, along with practice guides at no cost to the student. Stop by if you need more information.

#### Library Media Center (District)



### MAKERSPACE

Our Makerspace is always looking for student guest makers after school to share their creative talents. If interested, stop by for more information. The Makerspace is open to students at no charge to work on school projects or use as a creative outlet. Need a technology reset? Come in and unplug for a period while you read, create or just breath. Look for more on this topic next month.

## DRIVER'S EDUCATION

Remember, if winter weather is forecast, eliminate all unnecessary travel. This will keep you and your family safe and allow PennDOT to more easily perform its winter duties. However, if you must travel, PennDOT offers the following tips for safe driving this winter season.

- Carry a winter emergency travel kit.
- Listen to weather and travel advisories, but if you don't have to travel in bad weather, do not.
- Keep your gas tank at least half full.
- Slow down and increase following distance.
- Avoid sudden stops and starts.
- Beware of roads that may look wet, but are actually frozen, often referred to as "black ice."
- Use extra caution on bridges and ramps, where ice can often form without warning.
- Be sure to carry a *charged* cellphone.
- Do not use cruise control while driving on snow-covered roads.
- State law requires you to turn on your headlights when your wipers are on.
- Use your low beams in particularly bad weather, especially in cases of heavy or blowing snow.

Plan ahead, take your time and arrive safely.

### BEHIND-THE-WHEEL PROGRAM

If your child has received his or her learner's permit, they are eligible to take the Behind-the-Wheel program offered through the Carbon Lehigh Intermediate Unit 21 (CLIU-21). For more information and to register, visit [www.cliu.org/driversed](http://www.cliu.org/driversed). Contact 610-769-4111 x1299 for answers to specific questions.

### JANUARY STUDENT SEMINARS

**8** | Seminar 1  
**Test Anxiety/Test Prep**  
For PHS students grades 9 – 12  
Room B108  
Register at the following link:  
<https://forms.gle/B14KN1p6KQNTu5CD9>

**15** | Seminar 2  
**Mindfulness Practices to Calm the Anxious Mind**  
For PHS students grades 9 – 12  
Room B108  
Register at the following link:  
<https://forms.gle/gWyGz5nWuVcMKyX76>

**16** | Seminar 3  
**Beating the Winter Blues with Hygge**  
For PHS students grades 9 – 12  
Room B108  
Register at the following link:  
<https://forms.gle/FyUqHznW9ATQ252F6>

**28** | Seminar 4  
**Anger Expression, Conflict Resolution, and Assertiveness**  
For PHS students grades 9 – 12\*  
Room B108  
Register at the following link:  
<https://forms.gle/FhHtVa5JdXgRDDqQ8>  
*\* Students may sign up for this seminar. Parents, administrators, guidance counselors and/or school psychologists can also sign up your child for this seminar.*

### STUDENT ASSISTANCE PROGRAM (SAP)

#### JANUARY PARENT SEMINARS

**3** | Seminar 1\*  
**Test Anxiety/Test Prep**  
For parents of Parkland students grades 6 – 12  
Troxell Building Library  
Register at the following link:  
<https://forms.gle/3LzygXEqsfx59ZKj7>  
*\* Weather permitting*

**10** | Seminar 2\*  
**Mindfulness Practices to Calm the Anxious Mind**  
For parents of Parkland students grades 6 – 12  
Troxell Building Library  
Register at the following link:  
<https://forms.gle/Mxqu8WhA6eeF7oPC8>  
*\* Weather permitting*

**JOIN IN**

  
A morning and afternoon **Tobacco Cessation Group** will start on January 31.

  
**Seeking Students** to join a loss group.

  
**Seeking Students** to start a group on Children of Parents/Guardians with Substance Abuse Issues.

To learn more or to indicate interest in any of these SAP opportunities, please e-mail: **Lori Fitch**, Student Assistance Program Coordinator at [fitchl@parklandsd.org](mailto:fitchl@parklandsd.org)

# CLASS OF 2020 SENIOR SHIRTS ARE IN!!!

\$10 FOR BLACK SHORT SLEEVE  
AND \$15 FOR GRAY LONG SLEEVE

OR

BUY BOTH FOR \$20



Contact  
Mrs. Greth at  
[gretha@  
parklandsd.org](mailto:gretha@parklandsd.org)  
for any  
questions  
about  
purchasing!

