

2010-2011 YEAR END REPORT



Voted "School of the Year" by the Catholic League in 2011

**Notre Dame Athletics
July 2011**

TABLE OF CONTENTS

Athletic Department Overview	3
Participation	4
Tournaments Hosted.....	4
College Signings (Seniors).....	4
Participation Numbers by Gender	5
Participation (2009-2011)	6
NDP Team Accomplishments	7
NDP Individual Accomplishments.....	8
Coaching Honors.....	11
NDP Athletes of the Year	12
NDP Scholar-Athletes of the Year	13
Athletic Program Highlights	14
Notre Dame Marist Accomplishments.....	15
New School Records.....	16

Notre Dame Prep is a Catholic, college prep school committed to academic excellence and the moral foundation of its students. The athletic program is intended to reinforce the aims and goals of the academic program and is an integral part of the educational system designed to promote the physical, moral, spiritual, emotional, and social development of the individual student. As stated in the school mission, "With God...we form Christian People, Upright Citizens, and Academic Scholars."

NOTRE DAME ATHLETICS

2010



2011

ATHLETIC DEPARTMENT OVERVIEW

Ms. Betty Wroubel, C.A.A.	Athletic Director NDP/MA Head Varsity Volleyball Coach Head Varsity Softball Coach Assistant Principal Department Chair, Health and Physical Education
Mr. Marty Simmonds, C.A.A.	Assistant Athletic Director NDP/MA Scheduling Coordinator NDP/MA Head Girls Golf Coach
Ms. Megan Thayer, C.A.A.	Assistant Athletic Director NDP/MA Physical Education Teacher (Lower Division) School Calendar Coordinator Head Girls and Boys Varsity Track Coach
Ms. Mary Jo Leseman	Administrative Assistant for Athletics
Mr. Chris Polsinelli	Certified Athletic Trainer
Mr. Duane Holmes	Athletic Assistant

Department Initiatives/Advancements

- ***NDP/MA Coaches Retreat***—hosted third annual retreat in August 2010 to bring together coaches from all levels for a weekend of coaching education, sharing of ideas, and camaraderie
- ***MHSAA Coaches Advancement Program***—hosted Level 2 and Level 3 in August and Level 1 in March
- ***Life of an Athlete***—mandated that coaches and teams watch a Life of an Athlete video which features the founder of the program, John Underwood, addressing students about healthy lifestyle choices and what it means to be an athlete
- ***Recruiting Realities***—brought Jack Renkens to campus to speak to athletes and parents about the realities of the college athlete recruiting process

2010-2011 BY THE NUMBERS

- 1** Regional Championship Team...Wendy's High School Heisman State Finalist
- 2** Individual State Champions...Catholic League Championship Teams...All American Athletes
- 3** Regional Finalist Teams...State Finals Qualifying Teams...Catholic League Coaches of the Year
- 4** District Championship Teams...Catholic League Scholar Athlete Leader Award Winners
- 6** Individual Catholic League Championships
- 7** Athletes who were Regional Champions
- 8** Coaches who completed a level of the MHSAA Coaches Advancement Program
- 9** Sunkist/Oakland Press Athletes of the Week
- 10** Seniors who will play sports in college
- 11** Academic All State Teams
- 14 CHSL Division Championship Teams
- 21 First Team All State Athletes
- 31 Academic All State Athletes
- 35 School Records Broken
- 54 All Catholic Athletes

NOTRE DAME ATHLETICS

2010



2011

PARTICIPATION

- Sponsored 45 interscholastic high school athletic programs
- Sponsored 3 interscholastic high school athletic clubs (sideline cheer, dance/pom, equestrian)
- Sponsored 25 interscholastic middle school athletic programs
- Notre Dame Prep/Notre Dame Marist athletes participated in 947 contests (367 home, 580 away)
- Staffed 106 coaching positions at Notre Dame Prep and Notre Dame Marist
- 28 volunteer coaching positions at Notre Dame Prep and Notre Dame Marist
- 488 athletes in grades 9-12 participated in at least one sport/club sport (73%) (488/669 of the students enrolled at Notre Dame Prep)
- 182 athletes in grades 5-8 participated in at least one sport/club activity (79%) (182/230 of the students enrolled in grades 5-8 at Notre Dame Marist Academy Middle and Lower divisions)

TOURNAMENTS HOSTED

- MHSAA Volleyball Quarterfinal (Class B and Class C)
- MHSAA Boys Soccer District
- MHSAA Boys Soccer Regional
- MHSAA Softball District
- MHSAA Baseball District
- MHSAA Ice Hockey Regional Final
- MHSAA Wrestling Team District
- CHSL Volleyball Semifinals
- CHSL Boys Soccer Finals
- CHSL Boys Lacrosse Finals
- CHSL Girls Lacrosse Finals
- CYO Volleyball Regional/Quarterfinal
- CYO Boys Basketball Final
- CYO Girls Basketball Final

COLLEGE SIGNINGS (SENIORS)

Brandon Beauregard	Boys Lacrosse	University of Detroit Mercy
Brooke Borowski	Girls Basketball	Hillsdale College
Thomas Constand	Baseball	Western Illinois University
Joseph Gifford	Boys Lacrosse	University of Detroit Mercy
Brooke Ingraham	Girls Lacrosse	Grand Valley State University
Brandon Katta	Baseball	Spring Arbor University
Katrina Stencil	Girls Soccer	Oakland University
Dalton Tolliver	Volleyball	University of Maryland-Baltimore County
MacKenzie Chesley	Girls Swimming	Albion College
Tom Wyza	Baseball	Northwood University

NOTRE DAME ATHLETICS

2010



2011

PARTICIPATION NUMBERS BY GENDER

HIGH SCHOOL

<u>Number of Participants</u> (counts multiple sport athletes each time)		
Male	387	47 %
Female	<u>442</u>	53 %
	829	
<u>Actual Number of Student Athletes</u>		
Male	233	48%
Female	<u>255</u>	52%
	488	
<u>Two Sport Athletes</u>		
Male	82	
Female	108	
<u>Three Sport Athletes</u>		
Male	31	
Female	32	
<u>Number of Sports</u>		
Male	13	
Female	12 (15 with clubs)	
<u>Number of Teams</u>		
Male	22	
Female	23 (27 with clubs)	
<u>Paid Coaches</u>		
Male	52	
Female	23	
<u>On Staff Coaches</u>		
Male	12	
Female	8	

MIDDLE SCHOOL

<u>Number of Participants</u> (counts multiple sport athletes each time)		
Male	183 *	52%
Female	<u>170 *</u>	48%
	353	
<u>Actual Number of Student Athletes</u>		
Male	102 *	50%
Female	<u>101 *</u>	50%
	203	
<u>Two Sport Athletes</u>		
Male	41	
Female	36 *	
<u>Three Sport Athletes</u>		
Male	18	
Female	14	
<u>Number of Sports</u>		
Male	7	
Female	7	
<u>Number of Teams</u>		
Male	11	
Female	14	
<u>Paid Coaches</u>		
Male	19	
Female	10	
<u>On Staff Coaches</u>		
Male	3	
Female	3	

* Figure includes non-Marist players who paid fee

ATHLETIC PARTICIPATION FIGURES (2009-2011)

NOTRE DAME PREPARATORY

	MALE			FEMALE			TOTAL		
	2009	2010	2011	2009	2010	2011	2009	2010	2011
Number of Participants (counts multiple sports athletes each time)	377	368	387	355	409	442	732	777	829
Actual Number of Student Athletes	242	233	233	228	244	255	470	477	488
Two Sport Athletes	100	94	82	78	90	108	178	184	190
Three Sport Athletes	17	20	31	26	37	32	43	57	63
On Staff Coaches	10	12	12	11	7	8	21	19	20

MARIST ACADEMY

	MALE			FEMALE			TOTAL		
	2009	2010	2011	2009	2010	2011	2009	2010	2011
Number of Participants (counts multiple sports athletes each time)	197	190	183	190	145	170	387	335	353
Actual Number of Student Athletes	115	104	102	112	86	101	227	190	203
Two Sport Athletes	38	38	41	35	29	36	73	67	77
Three Sport Athletes	22	23	18	33	14	14	55	37	32
On Staff Coaches	4	4	3	0	1	3	4	5	6

NOTRE DAME ATHLETICS

2010



2011

TEAM ACCOMPLISHMENTS

Final Four

Boys Lacrosse

Elite Eight

Boys Lacrosse

Regional Champions

Boys Lacrosse

Sweet Sixteen

Boys Lacrosse
Boys Basketball
Girls Basketball
Softball

District Champions

Volleyball
Boys Basketball
Girls Basketball
Softball

State Finals Qualifying Teams

Girls Ski
Competitive Cheer (3rd at state finals)
Girls Tennis



Academic All State

Volleyball (3.72 GPA)
Boys Tennis
Boys Basketball (#10 in Class B with 3.4982 GPA)
Girls Basketball (HM #12 in Class B with 3.68)
Competitive Cheer (#1 in Division 3 with 3.7 GPA)
Boys Ski (#4 in Division 2 with 3.64 GPA)
Girls Ski (#2 in Division 2 with 3.72 GPA)
Baseball (#1 in all division with 3.678 GPA)
Girls Soccer (3.74 GPA)
Softball
Girls Tennis (3.70 GPA)

AVCA Team Academic Award

Volleyball

CHSL Champions

Boys Lacrosse
Girls Lacrosse



CHSL Sectional Champions

Varsity Volleyball
Varsity Boys Basketball
Varsity Girls Basketball
Varsity Girls Lacrosse
Varsity Boys Lacrosse
Varsity Girls Soccer
Girls Track & Field
JV Volleyball
JV Football
JV Boys Basketball
JV Girls Lacrosse
JV Boys Lacrosse
Freshman Volleyball
Freshman Girls Basketball

Tournament/Relay Champions

Girls Swim/Dive—Romeo Relays
Varsity Volleyball—Berkley, Goodrich, Oxford
JV Volleyball—West Bloomfield
Freshman Volleyball—Farmington, Birch Run
Competitive Cheer—CCCAM Invite @ Wyandotte,
Sterling Heights Stevenson, Warren Mott, Berkley,
Southgate Anderson, Ferndale
Girls Tennis—Goodrich Tournament

NOTRE DAME ATHLETICS

2010



2011

INDIVIDUAL ACCOMPLISHMENTS

NDP Athletes of the Year

Brooke Borowski
Joseph Gifford

NDP Scholar-Athletes of the Year

Alex Rink
Katrina Stencel

NDP Dirty Dozen Award (12 consecutive seasons)

Jane Fountain
Mary Kate Zinn

9 seasons award (9 consecutive seasons in grades 9-11)

Erin Collins	Daniel Durkin
Christa Guest	Gabrielle Guzzardo
Andrew Lauer	Julie Pieciak

Wendy's High School Heisman State Finalist

Brooke Borowski

Wendy's High School Heisman School Winners

Brooke Borowski
Joseph Gifford

CHSL Scholar-Athlete Leader Award Winners

Boys Basketball	Joey DeMartis
Softball	Stephanie Karlewski
Girls Track & Field	Natalie DeLave
Volleyball	Dalton Tolliver

Detroit Free Press Scholar-Athlete

Joseph Gifford

MHSAA Scholar-Athlete Award Nominees

Jordan Baginski	Brooke Borowski
Joey DeMartis	Danny Dulapa
Jane Fountain	Nicole Hogan
Michael Sewell	Mary Alyssa Varsanik

MHSAA Student Advisory Council Selection

Carly Joseph

All American

Volleyball	Dalton Tolliver (Hon. Mention)
Boys Lacrosse	Brandon Beauregard

Individual State Champions

Girls Track	Sara Barron (800 Meter Run)
Boys Golf	Aaron Knutson

Catholic League Hall of Fame Induction

Distinguished Service Brother Louis Plourde

All State

Boys Soccer	Connor Rehm (Honorable Mention)
Volleyball	Dalton Tolliver (1st Team) Lindsay Kander (3rd Team)
Girls Swim/Dive	Marin McInerney (1st & 2nd Team) MacKenzie Chesley (1st Team) Payton Hoff (1st & 2nd Team) Kaleigh Mullen (1st & 2nd Team)
Boys Basketball	Kellen McCormick (1st Team)
Girls Basketball	Brooke Borowski (1st Team) Jane Fountain (Special Mention)
Boys Ski	Alex Rink (Honorable Mention) Mike Sewell (Honorable Mention)
Girls Ski	Katrina Stencel (3rd Team SL) Rachel Dawson (Honorable Mention) Reine Mager (Honorable Mention)
Comp. Cheer	Erin Collins (1st Team) Julie Pieciak (1st Team) Shannon Staeb (1st Team) Gabby Guzzardo (2nd Team) Courtney Avromov (2nd Team) Hannah Genord (Honorable Mention) Emily Rodriguez (Honorable Mention)
Baseball	Thomas Constand (1st Team) Matt Avromov (1st Team)
Boys Lacrosse	Brandon Beauregard (1st Team) Kyle Beauregard (1st Team) Paul Nardone (1st Team) Joseph Gifford (1st Team) David Cedras (1st Team) Jacob Edgar (2nd Team) Matt Siatczynski (Honorable Mention)
Girls Soccer	Katrina Stencel (1st Team) Lauren Jbara (3rd Team) Taylor Timko (Honorable Mention)
Girls Track	Sara Barron (1st & 2nd Team) Candice Mack (2nd Team) Maria Redoutey (2nd Team) Taylor Timko (1st & 2nd Team)
Boys Golf	Aaron Knutson (1st Team/Super Team)
Softball	Stephanie Karlewski (Hon. Mention)

NOTRE DAME ATHLETICS

2010



2011

INDIVIDUAL ACCOMPLISHMENTS

Academic All State

Volleyball	Lindsay Kander, Brooke Scollin, Dalton Tolliver
Girls Golf	Jane Fountain
Girls Basketball	Brooke Borowski, Jane Fountain
Comp. Cheer	Alyssa George, Ashley Agosta, Shannon Cash, Erin Collins, Hannah Genord, Gabrielle Guzzardo, Maria Molnar, Gabrielle Phillips, Kayla Piskorowski, Nicole Sollmer, Lauren Wood
Ice Hockey	Ryan Higgins, Paul Nardone
Baseball	Pat Bartoli, Joey DeMartis, Danny Dulapa, Brandon Katta
Girls Soccer	Taylor Aiello, Alexandra Genord, Lauren Jbara, Marisa Mancinotti, Katrina Stencel
Softball	Amanda Bokshan, Stephanie Karlewski
Girls Track	Sara Barron

Individual Regional Champions

Girls Track	Sara Barron (800 Meter Run) Sara Barron (1600 Meter Run) Sara Barron (1600 Meter Relay) Candice Mack (1600 Meter Relay) Ellen Green (1600 Meter Relay) Taylor Timko (1600 Meter Relay)
Girls Tennis	Lisa Savagian (#1 Singles) Heather Eason (#3 Doubles) Cara Stewart (#3 Doubles)

MHSAA State Finals Individual Qualifiers

Girls Golf	Lexie Cipa
Girls Swim	Mackenzie Chesley, Ava Healy, Payton Hoff, Emily Kaye, Marin McInerney, Kaleigh Mullin, Stephanie Rutila, Alyssa Varsanik
Cross Country	Sara Barron, Jamie Hanson
Boys Skiing	Alex Rink, Mike Sewell
Boys Track	Troy Kauffman
Girls Track	Sara Barron, Ellen Green, Candice Mack, Maria Redoutey, Taylor Timko

All Region

Boys Soccer	Connor Rehm
Volleyball	Lindsay Kander, Brooke Scollin, Dalton Tolliver, Mary Kate Zinn
Comp. Cheer	1st Team—Erin Collins, Gabby Guzzardo, Julie Pieciak, Shannon Staeb, 2nd Team—Courtney Avromov, Hannah Genord, Emily Rodriguez, Honorable Mention—Ashley Agosta, Maria Molnar
Boys Ski	Alex Rink, Mike Sewell, Kevin Ziegler
Girls Ski	Rachel Dawson, Reine Mager, Kara Pietrowski, Katrina Stencel
Baseball	Matt Avromov, Thomas Constand
Softball	Erin Collins, Carly Joseph, Stephanie Karlewski, Katy Roose
Girls Soccer	Lauren Jbara, Katrina Stencel, Taylor Timko

All District

Boys Soccer	Ruairi McGreevy, Nate Navarre, Jake Pusheck, Connor Rehm
Comp. Cheer	1st Team—Erin Collins, Gabby Guzzardo, Julie Pieciak, Shannon Staeb, 2nd Team—Courtney Avromov, Hannah Genord, Emily Rodriguez, Honorable Mention—Ashley Agosta, Maria Molnar
Girls Ski	Rachel Dawson, Reine Mager, Kara Pietrowski, Katrina Stencel
Baseball	Matt Avromov, Thomas Constand, Aidan Cullen, Shane Frakes
Girls Soccer	Taylor Aiello, Alexandra Genord, Lauren Jbara, Katrina Stencel, Taylor Timko, Honorable Mention—Ana Gomez, Alex Arnoldy, Erica Scaccia
Softball	Stephanie Karlewski, Courtney Wroubel, Courtney Avromov, Katy Roose, Erin Collins, Carly Joseph, Gabby Fazio
Girls Soccer	Taylor Aiello, Alexandra Genord, Lauren Jbara, Katrina Stencel, Taylor Timko, Honorable Mention— Ana Gomez, Alexandra Arnoldy, Erica Scaccia

NOTRE DAME ATHLETICS

2010



2011

INDIVIDUAL ACCOMPLISHMENTS

All Oakland County

Cross Country	Sara Barron (Hon. Mention)
Football	Joe Gifford (Hon. Mention) Jeff Stelmach (Hon. Mention)
Girls Golf	Lexie Cipa (Hon. Mention)
Boys Soccer	Connor Rehm (Hon. Mention)
Volleyball	Dalton Tolliver (Dream Team) Lindsay Kander (1st Team) Brooke Scollin (Hon. Mention) Mary Kate Zinn (Hon. Mention)
Boys Basketball	Kellen McCormick (3rd Team) Danny Dulapa (Hon. Mention)
Girls Basketball	Brooke Borowski (3rd Team) Jane Fountain (Hon. Mention)
Boys Ski	Nick Bonello (Hon. Mention) Alex Rink (Hon. Mention) Mike Sewell (Hon. Mention) Kevin Ziegler (Hon. Mention)
Girls Ski	Rachel Dawson (Hon. Mention) Reine Mager (Hon. Mention) Kara Pietrowski (Hon. Mention) Katrina Stencel (Hon. Mention)
Boys Golf	Aaron Knutson (Dream Team)
Baseball	Thomas Constand (1st Team) Matt Avromov (2nd Team)
Girls Soccer	Katrina Stencel (2nd Team) Alexandra Genord (Hon. Mention) Lauren Jbara (Hon. Mention) Taylor Timko (Hon. Mention)
Softball	Stephanie Karlewski (1st Team) Courtney Wroubel (2nd Team) Katy Roose (2nd Team) Gabby Fazio (Hon. Mention)
Boys Lacrosse	Brandon Beauregard (1st Team) Joe Gifford (2nd Team)
Girls Tennis	Lisa Savagian (Hon. Mention)
Boys Track	Troy Kauffman (Hon. Mention)
Girls Track	Sara Barron (1st Team) Taylor Timko (2nd Team)

CHSL Champion

Wrestling	James Yanik (171 lbs)
Girls Tennis	Lauren MacLean (#2 Singles) Erin Moncrief (#3 Singles)
Girls Track & Field	Sara Barron (800 M Run) Sara Barron (1600 M Run) Taylor Timko (400 M Dash)

CHSL All Catholic

Cross Country	Sara Barron, Jamie Hanson
Football	Joe Gifford, Jeff Stelmach
Girls Golf	Brooke Borowski
Boys Soccer	Nate Navarre, Connor Rehm
Girls Swim & Dive	MacKenzie Chesley, Payton Hoff, Emily Kaye, Marin McInerney, Kaleigh Mullen, Megan Neiheisel, Stephanie Rutila, Jane Smith
Boys Tennis	Mike Amici, Chad Barnhart, Mark Stefanyshyn
Volleyball	Lindsay Kander, Dalton Tolliver
Girls Basketball	Brooke Borowski, Jane Fountain
Boys Basketball	Danny Dulapa, Kellen McCormick
Competitive Cheer	Erin Collins, Hannah Genord, Gabby Guzzardo, Julie Pieciak, Emily Rodriguez, Shannon Staeb
Hockey	Jerry Carnago
Wrestling	James Yanik
Baseball	Thomas Constand
Boys Golf	Aaron Knutson
Boys Lacrosse	Brandon Beauregard, Joe Gifford, Paul Nardone
Girls Lacrosse	Stefanie Apruzzese, Brooke Ingraham, Tia Jurkiw, Sarah Klieman
Girls Soccer	Alexandra Genord, Lauren Jbara, Katrina Stencel, Taylor Timko
Softball	Stephanie Karlewski, Katy Roose
Girls Tennis	Lisa Savagian
Girls Track & Field	Sara Barron, Maria Gomez, Christa Guest, Maggie Martinez, Maria Redoutey, Taylor Timko

NOTRE DAME ATHLETICS

2010



2011

INDIVIDUAL ACCOMPLISHMENTS

CHSL All League

Football	Connor Cervone, Shane Frakes
Boys Tennis	Tyler Jackson, Steve Saksa
Boys Soccer	Chris Holsbeke, Andrew Scales
Volleyball	Stefanie Apruzzese, Lindsay Kander, Brooke Scollin, Dalton Tolliver, Mary Kate Zinn
Girls Basketball	Mary Kate Zinn
Boys Basketball	Joey DeMartis
Hockey	Matt Fahr
Baseball	Matt Avromov, Pat Bartoli, Shane Frakes
Girls Lacrosse	Mary Eicher, Leah Kalas, Julie Picciak, Audrey Tatum
Boys Lacrosse	Kyle Beauregard, Jacob Edgar, Matt Siatczynski
Girls Soccer	Taylor Aiello, Savannah Baumgart, Ana Gomez, Erica Scaccia
Softball	Erin Collins, Courtney Wroubel
Girls Tennis	Lauren MacLean

CHSL All Academic

Boys Soccer	Hayden Smith
Football	Ty Kraniak
Boys Tennis	Luciano Moriguchi
Volleyball	Brooke Scollin
Girls Basketball	Brooke Scollin
Boys Basketball	Joey DeMartis
Hockey	Paul Nardone
Baseball	Brandon Katta
Girls Lacrosse	Leah Kalas
Boys Lacrosse	Alex Rink
Girls Soccer	Jennifer Klei
Softball	Amanda Bokshan
Girls Tennis	Kara Herbert

CHSL Honorable Mention

Volleyball	Tia Jurkiw, Diana Sciacca, Hannah Strat
Softball	Gabby Fazio, Carly Joseph

Coaches Association All Star Game Participants

Girls Basketball	Brooke Borowski
Baseball	Tom Constand

Michigan Metro Hockey League Honors

Jerry Carnago (2nd Team), Drew Guibord (2nd Team),
Paul Nardone (2nd Team), Ryan Higgins (HM),
Alex Reaume (Sportsmanship Award)

Hobie Baker Character Award (Hockey)

Jerry Carnago

Oakland Press Female Athlete of the Week

Girls Track & Field Sara Barron (June 1)

Sunkist/Oakland Press Student-Athlete of the Week

Girls Cross Country	Sara Barron (Nov 11)
Volleyball	Dalton Tolliver (Sept 16) Dalton Tolliver (Oct 21)
Girls Basketball	Brooke Borowski (Jan 6)
Boys Ski	Alex Rink (Feb 10)
Girls Ski	Katrina Stencel (Feb 10)
Girls Track & Field	Sara Barron (April 14)
Boys Track & Field	Jacob Romeo (April 14)
Baseball	Thomas Constand (April 14)

Detroit News Preps Salute

Girls Swim & Dive	MacKenzie Chesley (Oct 12)
Volleyball	Dalton Tolliver (Nov 2)

COACHING HONORS

Regional Coach of the Year

Comp Cheer	Rachel Woollbright
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Oakland County Coach of the Year

Boys Basketball	Brandon Jezdimir
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District Coach of the Year

Softball	Betty Wroubel
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Catholic League Coach of the Year

Volleyball	Betty Wroubel
Boys Basketball	Brandon Jezdimir
Girls Basketball	Pat Battani

Coaches Advancement Program Certifications

Beginner—Brandon Jezdimir, Marty Simmonds,
Dolan Street, Intermediate—Pat Battani, Jerry McGhee,
Peter Riley, Dolan Street, Rachel Woolbright,
Betty Wroubel

NOTRE DAME ATHLETICS

2010



2011

NDP ATHLETES OF THE YEAR

BROOKE BOROWSKI

Wendy's High School Heisman State Finalist & School Winner
 MHSAA Scholar Athlete Award Nominee
 CHSL Frank Connolly Girls Basketball Scholar-Athlete Leader Award Nominee
 CHSL Girls Golf Scholar-Athlete Leader Award Nominee
 Holds 8 individual school records in Girls Basketball and 3 in Girls Golf
 Girls Basketball BCAM's Best All State (11th Grade and 12th Grade),
 Girls Basketball BCAM's Best Special Mention All State (10th Grade)
 Girls Basketball Academic All State (11th and 12th Grade)
 Girls Basketball CHSL All Catholic (10th Grade, 11th Grade and 12th Grade)
 Girls Golf CHSL All Catholic (12th Grade)
 Girls Basketball All County Third Team (12th Grade)
 Girls Basketball All County Honorable Mention (11th Grade)
 Girls Basketball BCAM All Star Game Participant,
 Girls Basketball BCAM Free Throw State Champion (11th Grade)
 Girls Basketball Sunkist/Oakland Press Athlete of the Week (11th Grade and 12th Grade)
 Hillsdale College Athletic Scholarship
 * **Brooke is attending Hillsdale College where she will play basketball**



JOSEPH GIFFORD

Detroit Free Press Scholar Athlete
 Wendy's High School Heisman School Winner
 CHSL John Shada Football Scholar-Athlete Leader Award Nominee
 Boys Lacrosse First Team All State (12th Grade)
 Boys Lacrosse Second Team All State (11th Grade)
 Boys Lacrosse All County Second Team (12th Grade)
 Football All County Honorable Mention (12th Grade)
 Boys Lacrosse CHSL All Catholic (11th Grade and 12th Grade)
 Boys Lacrosse CHSL All League (10th Grade)
 Football CHSL All Catholic (12th Grade)
 Football CHSL All League (11th Grade)
 University of Detroit Mercy Athletic Scholarship
 * **Joe is attending University of Detroit Mercy where he will play lacrosse**



NOTRE DAME ATHLETICS

2010



2011

NDP SCHOLAR ATHLETES OF THE YEAR

KATRINA STENCEL

CHSL Girls Ski Scholar-Athlete Leader Award Nominee
 Girls Soccer First Team All State (12th Grade)
 Girls Soccer Third Team All State (11th Grade)
 Girls Ski Third Team All State (11th Grade and 12th Grade)
 Girls Ski Honorable Mention All State (10th Grade)
 Girls Soccer Academic All State (12th Grade)
 Girls Soccer All County Second Team (12th Grade)
 Girls Soccer Honorable Mention All County (11th Grade)
 Girls Ski All County Honorable Mention (12th Grade)
 Girls Soccer All Region (11th Grade and 12th Grade)
 Girls Ski All Region (10th Grade, 11th Grade and 12th Grade)
 Girls Soccer All District (9th Grade, 11th Grade and 12th Grade)
 Girls Soccer All Catholic (12th Grade)
 Girls Ski Sunkist/Oakland Press Athlete of the Week (12th Grade)
 Oakland University Athletic Scholarship

* **Katrina is attending Oakland University where she will play soccer**



ALEXANDER RINK

CHSL Mike Jolly Boys Lacrosse Scholar-Athlete Leader Award Nominee
 Boys Ski MHSAA Finals Individual Qualifier (11th Grade and 12th Grade)
 Boys Ski All State Honorable Mention (11th Grade and 12th Grade)
 Boys Ski All County Honorable Mention (11th and 12th Grade)
 Boys Ski All Region (11th Grade and 12th Grade)
 Boys Lacrosse CHSL All Academic (12th Grade)



NOTRE DAME ATHLETICS

2010



2011

ATHLETIC PROGRAM HIGHLIGHTS

- Boys lacrosse advanced to the state semifinal where they fell to Detroit Country Day 8-5. Their final season record was 18-4.
- Sarah Barron won the 800 Meter Run state championship at the MHSAA Division 2 Track and Field finals with a time of 2:13.49. She broke 5 school records in running (5K, 800 Meter Run, 1600 Meter Run, 3200 Meter Run, 1600 Meter Relay) and now holds six total cross country and track school records.
- Competitive cheer had their best season in school history, finishing third at the MHSAA Division 3 state finals. They qualified for the finals for the first time in 2009 and finished eighth out of eight teams in 2010. They broke school records in all three rounds and total score throughout the season.
- Boys and girls lacrosse both defended their CHSL championship and division titles. The boys have won four straight CHSL championships and division titles while the girls have won three straight CHSL championships and four straight division titles.
- Girls swimming and diving had their best finish in school history at the state finals, scoring 81 points. Three school records were set, including Kaleigh Mullen in the 500 Free, the 400 Free relay and the 200 Free relay. Marin McInerney finished seventh in the 100 Back, earning first team all state honors. The 400 Free relay also earned first team all state honors.
- Volleyball won their 13th district title (they have now won four straight) and 11th CHSL division title in school history.
- Softball won their ninth district title in school history (they have now won five straight).
- Boys basketball won their seventh district title in school history (they have now won four straight). Girls basketball won their fifth district title in school history.
- Competitive cheer and baseball had the highest GPAs in the state for their divisions. Eleven NDP teams earned Academic All State honors.
- School records in sprinting events were broken in boys track and field for the first time since 2005. Jacob Romeo broke the 100 Meter Dash record. The 400 Meter Relay and 800 Meter Relay records were also broken.
- Girls ski and girls tennis both qualified as teams to compete at their respective state finals.
- Notre Dame Marist JV boys basketball won a CYO division championship.
- Notre Dame Marist boys track and field broke school records in four events. Eric Leduc was the CYO champion in the boys shot put with a new school record throw and Andrea Pangori was the CYO champion in girls high jump with a new school record jump.

NOTRE DAME ATHLETICS

2010



2011

NOTRE DAME MARIST TEAM ACCOMPLISHMENTS

CYO Division Championships

JV Boys Basketball

NOTRE DAME MARIST SCHOOL RECORDS

Notre Dame Marist Boys Track and Field

Shot Put	44'4"	Eric Leduc (8th Grade)
100 Meter Dash	11.75	Ryan Moreno (8th Grade)
200 Meter Dash	25.03	Ryan Moreno (8th Grade)

Notre Dame Marist Girls Track and Field

High Jump	4'10"	Andrea Pangori (8th Grade)
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NOTRE DAME MARIST INDIVIDUAL ACCOLADES

Marist Fall Scholar Athletes

Samantha Houle
Killian Kosik

Marist Winter Scholar Athletes

Sean Gowdy
Samantha Houle

Marist Spring Scholar Athletes

Kyler Kirk
Andrea Pangori

Marist Athletes of the Year

Hailey Atkins
Eric Leduc

Marist Scholar Athletes of the Year

Sean Gowdy
Samantha Houle

CYO Track & Field Champions

Boys Shot Put—Eric Leduc (44'4")
Girls High Jump—Andrea Pangori (4'10")



NOTRE DAME ATHLETICS

2010



2011

NOTRE DAME PREP NEW SCHOOL RECORDS

Girls Cross Country

5 Kilometer Race 19:11 Sara Barron (11th Grade)

Boys Golf

18 Hole Season Average 73.0 Aaron Knutson (11th Grade)

18 Hole Individual Score 68 Aaron Knutson (11th Grade)

Girls Golf

18 Hole Individual Score 73 Brooke Borowski (12th Grade)

18 Hole Team Score 354 Oakland County Championship

(Brooke Borowski (12), Lexie Cipa (11), Cathy Robinson (11), Natalie Stroster (10))

Girls Swimming and Diving

500 Free 5:27.42 Kaleigh Mullen (11th Grade)

400 Free Relay 3:43.58 MHSAA Division 3 Finals

MacKenzie Chesley (12), Kaleigh Mullen (11), Payton Hoff (10), Marin McInerney (10)

200 Free Relay 1:42.11 MHSAA Division 3 Finals

Stephanie Rutila (11), Marin McInerney (10), Kaleigh Mullen (11), MacKenzie Chesley (12)

Girls Basketball

Most Points in a Game 29 Brooke Borowski (12th Grade)

Most 3 Pointers in a Game 6 Brooke Borowski (12th Grade)

Most Assists in a Game 10 Brooke Borowski (12th Grade)

Most Steals in a Game 10 Brooke Borowski (12th Grade)

Most Assists in a Season 112 Brooke Borowski (12th Grade)

Most Steals in a Season 93 Brooke Borowski (12th Grade)

Most Steals in a Career 247 Brooke Borowski (12th Grade)

Most 2 Point Field Goals in a Season 109 Jane Fountain (12th Grade)

Most Team Wins in a Season 18

Most Team Steals in a Season 331

Most Team Assists in a Season 281

Lowest Team Points Per Game 34

Allowed for Season

Most Team Wins in a Row 7

Competitive Cheer

Round 1 Score 234.3 Warren Mott Invite

Round 2 Score 227.1840 Warren Mott Invite

Round 3 Score 320.1 Sterling Heights Stevenson Invite

Total Score 779.1840 Warren Mott Invite

NOTRE DAME ATHLETICS

2010



2011

NOTRE DAME PREP NEW SCHOOL RECORDS

Girls Track and Field

Shot Put	34'3"	Jane Fountain (12th Grade)
800 Meter Run	2:13.49	Sara Barron (11th Grade)
1600 Meter Run	4:59.73	Sara Barron (11th Grade)
3200 Meter Run	11:31.67	Sara Barron (11th Grade)
800 Meter Relay	1:49.42	Oakland County Championship
Candice Mack (11), Maria Redoutey (9), Maggie Martinez (10), Taylor Timko (9)		
1600 Meter Relay	4:05.65	MHSAA Finals
Sara Barron (11), Candice Mack (11), Maria Redoutey (9), Taylor Timko (9)		

Boys Track and Field

Long Jump	18'2.75"	Matthew Swazer (12th Grade)
100 Meter Dash	11.07	Jacob Romeo (11th Grade)
400 Meter Relay	46.2	Lutheran North Invite
Kyle DeCarolis (11), Daniel Durkin (11), Joseph Mancinotti (11), Jacob Romeo (11)		
800 Meter Relay	1:35.9	
Matthew Swazer (12), John Ireland (11), Brian Cain (11), Daniel Durkin (11)		