



Winter Explorations

January - March 2019

HILBERT CENTER
& LOWER SCHOOL

PARK TUDOR



Monday



Gymnastics with Jeanie Gensheimer

(7 sessions)

Jan. 14-Mar. 11

Grades JK/SK (2:50-3:25)

\$125.00

Join Jeanie Gensheimer from Rapunzel's Gymnastics for tumbling fun this winter! Children are encouraged to explore the joy of movement and achieve a sense of accomplishment through gymnastics. Skills include tumbling, movement education, gymnastics bar, balance beam, springboard and rhythmic gymnastics.

Gymnastics with Jeanie Gensheimer

(7 sessions)

Jan. 14-Mar. 11

Grades 1-2 (3:30-4:15)

\$135.00

Gymnastics is the best sport to improve strength, flexibility and coordination! Sensei Gensheimer teaches martial arts and gymnastics at 11 locations around Indianapolis!

No clubs 1/21 and 2/18

My Lego City with Mrs. Bohnert

(6 sessions)

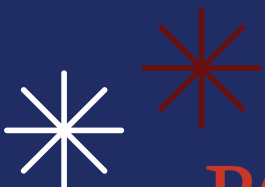
Jan. 14-Mar 4

Grades 1-3 (3:30-4:15)

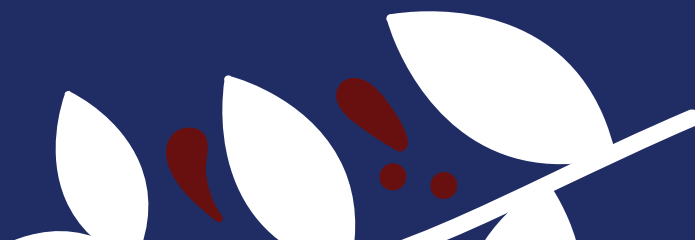
\$75.00

As our students build a fully-planned and intricately-designed model Lego city, they also learn to govern it. Students learn about elections, constitutions, flags, currency, economics, budgets and the environment as they serve on a city council which must make key governing decisions about the city. Students have the opportunity to run for mayor, open their own business, debate city issues and respond to natural disasters and citizen concerns. Social studies, history and civics have never been so fun!

No clubs 1/21 and 2/18



PARK TUDOR





Monday



Crouching Tigers - Cubs

(9 sessions)

Jan. 7-Mar. 18

Grades JK/SK (2:50-3:20)

Grades JK/SK (3:25-3:55)

\$125.00

The Crouching Tigers class introduces martial arts principles through games, stories, activities and uses positive reinforcement to build confidence and promote social and motor skills. In this unit, students will learn a non-threatening version of “bully proofing” taught through stories, life-skills of empathy and valor, and games. You’ll never hear us use labels like “bully” for the young ages that we reach and we, instead, teach skills like how to be a good friend, how to stand up for yourself and your friends and how to show empathy and kindness to others.

No clubs 1/21 and 2/18 *NOTE two different time options are available for this age group. If you enrolled in the fall, you do NOT need to re-register!

Crouching Tigers - Leadership

(9 sessions)

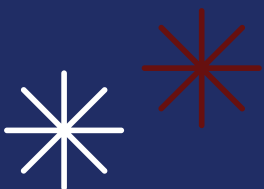
Jan. 7-Mar. 18

Grades 1-5 (4:00-5:00)

\$135.00

The Crouching Tigers Leadership Class teaches character building skills through dynamic, interactive lessons incorporating martial arts and self-defense. Students will receive a workbook to help further their knowledge of the martial art background, life skills and the specific martial art skills they will showcase at the promotion ceremony. The workbooks are specific to each rank they earn. The students will progress in rank from white rank to black rank. The martial art that will be studied in this unit is Kenpo. *New enrollment accepted for grades 1-3 only.

No clubs 1/21 and 2/18. If you enrolled in the fall, you do NOT need to re-register!



PARK TUDOR





Monday



J'aime le Français! French Friends Club with Mrs. Reale

(6 sessions)

Jan. 14-Mar. 4

Grades 3-5 (3:30-4:30)

\$75.00

A note from Madame Reale: I have always loved the French language, and I want our French Friends Club members to love it too. Does this sound intéressant to you? Bon! Then join us for six fabulous Monday Exploration classes, and we'll learn some French words, phrases and customs, and even do some drawing and acting. We'll have a pique-nique (picnic) with French foods as part of our last club gathering! I hope you'll join us, més amies!

No clubs 1/21 and 2/18

Park Tudor Robotics with Mr. Waters

(14 sessions)

Jan. 14-Mar. 6

Grades 3-5 (3:30-5:00)

\$175.00

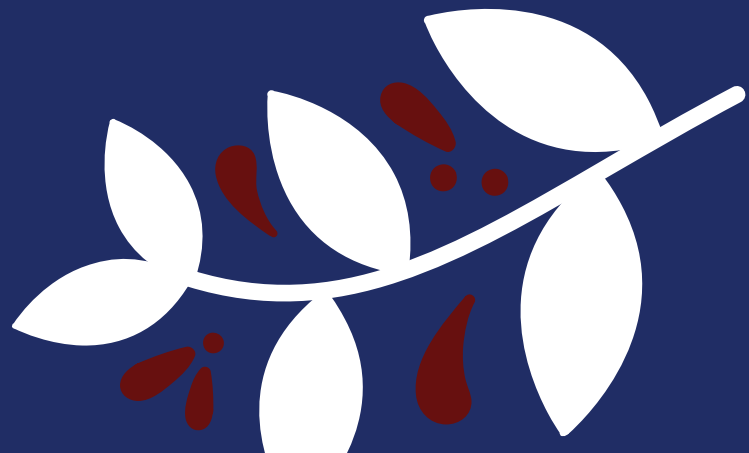
NOTE: This club is on Mondays and Wednesdays

Throughout these 14 sessions, students will be working in partners to learn how to program a LEGO robot. Students will program the robot to move forward and backwards, turn, make noises, and much more! Students will be presented with a challenge to complete each class. Bring your problem solving skills and have fun! All experience levels are welcome!

No clubs 1/21 and 2/18



PARK TUDOR





Tuesday



Knitting In Circles with Mrs. Watson

(8 sessions)

Jan. 15-Mar 5

Grades 1-5 (3:30-4:30)

\$100.00 (+\$30.00 loom fee for new students)

Come join friends for a fun afternoon learning to knit. Knitting on a circular loom is fun and easy! Project ideas include hats, cowls, and bags as well as leg warmers and hand warmers - add details and decorations with flowers, fringe, and pom poms. All skill levels invited - students work at their own pace. Supplies provided for new students - includes a circular loom, hook, skein of yarn and carry-all bag. Returning students, please bring your supplies - a first skein of yarn will be provided.

Everyday Spanish by Everyday Language, LLC

(8 sessions)

Jan. 15-Mar. 5

Grades JK/SK (2:50-3:25)

\$115.00

Learn more Spanish vocabulary while having fun creating science projects and building projects! For the first half of the session your students will become Spanish speaking scientists while mixing different substances and seeing what happens! We will make slimy monsters in the last science class. The second half of our class we will read the story of the 3 little pigs. We will use our Legos, sticks, and other substances to build houses and to see if we can blow them down!



PARK TUDOR





Tuesday



Soccer Shots is a nationally recognized and awarded program that offers high energy, fun, and age appropriate soccer lessons. We are driven by the belief that a positive experience with sports can make a lasting impact on a child's life. We believe that soccer is a perfect platform to help prepare children for success, on—and off the field. At Soccer Shots, we believe that it's not only our opportunity but also our responsibility to positively impact children's lives.

Soccer Shots Classic is a high-energy and fun program that utilizes creative and imaginative games to teach soccer skills like dribbling, shooting, and passing/trapping. We also highlight a positive character trait each session such as respect, teamwork, and appreciation, and play scrimmages to learn the rules and concepts of soccer games. **Clubs will be held indoors in the Hilbert Activity Room.**

Soccer Shots Premier is for school-aged children that want to build upon the soccer skills they have already learned, as well as those that are new to soccer. Focusing on individual skill, fitness, and sportsmanship, each session provides an opportunity for players to be challenged through fun games and team competitions. Players will also be introduced to tactical elements and concepts of game play through weekly scrimmages. We also use the platform that soccer provides us as a tool for teaching character development lessons each week. Thus, players not only learn new skills and participate in fun games, scrimmages, and team challenges each week, but also learn teamwork, cooperation, leadership, and confidence, etc. **Clubs will be held indoors in the Hilbert Activity Room.**



Soccer Shots - Classic

(10 sessions)

Jan. 15-Mar 19

Grades JK/SK (2:50-3:30)

\$130.00 (returning students)

\$145.00 (new students)

Soccer Shots - Premier

(10 sessions)

Jan. 15-Mar. 19

Grades 1-3 (3:30-4:15)

\$170.00 (returning students)

\$185.00 (new students)

*Registration fee: is charged once per Soccer Shots school year (Sept 18-July 19) and includes one Soccer Shots jersey per school year (MSRP \$35). The fee is invested in excellent coaches, state-aligned curricula, and communication, so that we can provide the best Children's Soccer Experience. The fee is also invested in special events for families such as OrangeFest and collegiate soccer days, which will allow families to meet coaches and see their children participate in a Soccer Shots class, etc. *NOTE: families need to register on the Soccer Shots website: <https://marionandhendricks.ssreg.org/> after enrolling with Park Tudor, so that the Soccer Shots waiver can be signed.

For additional information, please visit our website at: <https://www.soccershots.org/marionandhendricks/> and <https://marionandhendricks.ssreg.org/> **All Students should bring sneakers and weather appropriate, comfortable clothing to play soccer in. Additional soccer gear is not required.

Questions? Please contact Kevin Rebholz at 814-380-8203 or kevinr@soccershots.org

PARK TUDOR





Wednesday

**Creative Writing with
Professor Watermelon - I**
(8 sessions)
Jan. 16 - Mar. 6
Grades JK/SK (2:50-3:25)
\$135.00

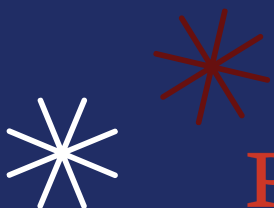
Join Professor Watermelon each week for an exciting story time with his beloved dragon puppets, Zeek and Zeus. Then use the uncovered knowledge from this story time to create your own unique stories and illustrations. Professor Watermelon will guide you as you learn how to write and become a young author.

**Creative Writing with
Professor Watermelon - II**
(8 sessions)
Jan. 16 - Mar. 6
Grades 1-5 (3:30-4:30)
\$175.00

Join Professor Watermelon each week to uncover knowledge about interesting PEOPLE, PLACES and THINGS from our world and beyond. Learn how to use this knowledge as a springboard for art and storytelling. Explore ways to create memorable characters, exciting plots, and clever dialogue. And don't forget the Melon Money you'll earn for the prize auction after each workshop! With Professor Watermelon, the exciting world of creative writing is at your fingertips. So grab a pen, and let's begin!

**Park Tudor Robotics with
Mr. Waters**

NOTE: This club is Mondays and Wednesdays
[See Monday for description](#)



PARK TUDOR





Wednesday



Winter Workouts with Ms. Herman

(8 sessions)

Jan. 16 - Mar. 6

Grades 3-5 (3:30-4:30)

\$100.00

Want to shake off those winter blues? Join Ms. Herman for some fun and energizing activities! Students will enjoy getting up and moving with weekly themed workouts like partner exercise, dancing, interval training and more! This is a great way to keep your student active in the winter months.

Winter WonderLab with Mrs. Everett

(8 sessions)

Jan. 16 - Mar. 6

Grades 1-3 (3:30-4:30)

\$110.00

Come and play in our Winter WONDERlab! We'll create with littleBits, go on BreakoutEdu adventures, design with Scratch, and build amazing Destination Imagination projects!



Kids Yoga Club with Ms. Boyle

(8 sessions)

Jan. 16- Mar. 6

Grades JK-1 (3:50-4:25)

\$50.00

Kids yoga club focuses on melting away stressors from the day. We will be doing gentle stretching, learning new yoga poses, meditation, learning about "yoga language", and open discussion time. With dim lighting and calm music, yoga club is a positive, relaxing and uplifting space for students to reflect and unwind.

Kids Yoga Club with Ms. Boyle

(8 sessions)

Jan. 16- Mar. 6

Grades 1-5 (4:30-5:30)

\$65.00

Students are encouraged to bring their own yoga mat or towel and are welcome to change into "comfy" yoga attire. **NOTE*** 1st grade students can choose between the half hour or hour session.



PARK TUDOR






Wednesday



Little Musketeers Fencing
with IndySabre
(10 sessions)
Jan. 16-Mar. 20
Grades 4-5 (4:00-5:00)
\$250.00

LITTLE MUSKETEERS Sabre Fencing Program is specifically tailored for children of a young age who have not fenced before. The goal is to safely teach students the basics of the sport of Fencing by introducing proper actions and lead them through a variety of conditioned exercises that will improve their balance, agility and timing.

The classes are organized to build upon their fencing skills, techniques and knowledge. Fencing beginners set (mask, jacket and sabre) is provided for each student by IndySabre Fencing Club; we will assist you in purchasing a fencing glove.

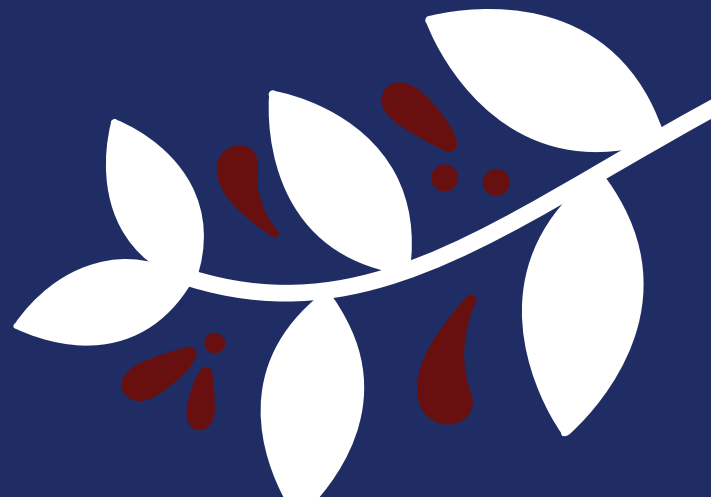


Fencing classes consist of conditioning sessions, warm-up stretches, fencing footwork, blade work, individual and group instructions, various relevant games and drills, practice bouting, introduction to refereeing and more. Fencing is a workout for both the body and mind; sometimes being referred to as a mental chess game. Each session concludes with a practice tournament and Awards Ceremony.

Please note that parental consent is required prior to actual use of fencing equipment; all students will need a parent/guardian to fully complete and sign IndySabre's waiver form. En garde!



PARK TUDOR





Thursday



Public Speaking Skills with Ms. Herman


(8 sessions)

Jan. 17 - Mar. 7

Grades 3-5 (3:30-4:30)

\$110.00

Famously, Americans' number one fear is public speaking, while death only ranks number two! If that's so, this profound fear probably starts at an early age. In our Public Speaking class, we take the fear out of speaking before an audience by getting kids talking in front of a supportive group about things in which they are interested. Our public speaking class will help students perfect these skills by writing speeches on subjects of their choice and practicing delivering them to the assembled students. As the kids practice in this low-pressure environment, they learn skills like standing up tall, using a loud voice and making eye contact. We also watch speeches of public figures and critique what is successful and unsuccessful in their speeches and hold fun and engaging debates in which students are asked to take a position on given issues such as "Should school have homework" and "What time should kids go to bed?" If this class is successful, our students won't list public speaking as their #1 fear when they grow up!



Chess 1 with Mr. Dean

(9 sessions)

Jan. 17 - Mar. 21

Grades JK/SK (2:50-3:25)

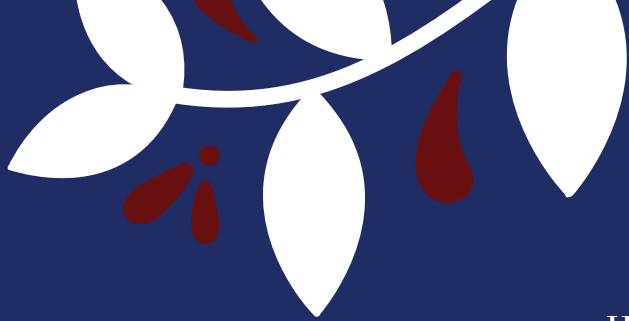
\$115.00

Learning Through Games has been making Chess fun for children in Indiana for years and it has produced many state champions. This class is designed for all levels and ages and is taught in a friendly environment. Chess fosters logic, creativity and critical thinking while improving concentration and memory.



PARK TUDOR





Thursday



Bricks 4 Kidz
(8 sessions)
Jan. 17-Mar. 7
Grades JK/SK (2:50-3:25)
\$125.00



Have your child stay after school for Bricks 4 Kidz LEGO class. Our fun-filled model plans designed by engineers and architects, teach children to learn with LEGO® Bricks. Our project kits motivate children by reinforcing S.T.E.M. based principles while enhancing self-esteem, improving fine motor skills, and teaching important classroom lessons such as organization and following directions. Our models are either kid-powered or fully motorized. We will build vehicles, contraptions, inventions, animals and much more. Come join the fun!

**Backstrap Loom Weaving
with Mrs. Petrov**
(8 sessions)
Jan. 17-Mar. 7
Grades 4-5 (3:30-5:00)
\$165.00

Backstrap weaving is an ancient art that has been practiced in many parts of the world. People in Guatemala, Peru, China and Mexico are a few countries that have used this style of loom to make things like belts, ponchos, bags, hatbands and carrying cloths. We will use a simplified type of rigid heddle backstrap style loom and start with a scarf. Yarn and looms will be provided.

**Furry Friends Fan Club with
Mrs. Davison**
(8 sessions)
Jan. 17-Mar. 7
Grades 1-2 (3:30-4:30)
\$110.00

Welcome to the Furry Friends Fan Club! In this club we will create arts & crafts projects, all centered around our favorite furry friends (dogs and cats). We will explore a variety of techniques, including: pen and ink, paint, sculpture, shrinky dinks, and mixed medium. Students are encouraged to bring along photos of their pets, or favorite furry friend to incorporate in our projects.

**Music and Sign Language
with Mrs. Crafton**
(8 sessions)
Jan. 17-Mar. 7
Grades 1-5 (3:30-4:30)
\$100.00

Come enjoy learning sign language through music. We will learn sign language to multiple songs, and perform one of them in front of the Lower School student body at our weekly Community Meeting in early March.





Friday



Escape Room with Ms. Butler

(7 sessions)

Jan. 18-Mar.8

Grades 3-5 (3:30-4:30)

\$85.00

Escape Rooms are one of the best ways to combine your creativity, critical thinking, and teamwork skills. You will use clues, hints and strategies to create an entertaining escape room for your friends to try and "breakout" of. You will choose the setting, write the story and create the puzzles or riddles needed for your escape room! Are you ready to join in on a fascinating adventure created by you?! **No club on 2/15.**

Chess II with Mr. Dean

(9 sessions)

Jan. 11 - Mar. 22

Grades 1-5 (3:35-4:30)

\$115.00

Learning Through Games has been making Chess fun for children in Indiana for years and it has produced many state champions. This class is designed for all levels and ages and is taught in a friendly environment. Chess fosters logic, creativity and critical thinking while improving concentration and memory. **No club on 2/15.**

Slime Time with Mrs. Blankenbaker

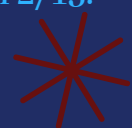
(7 sessions)

Jan. 18 - Mar. 8

Grades 2-5 (3:35-4:30)

\$115.00

Each week we will make our very own varieties of slime, oobleck, bouncy balls, and other gooey science concoctions. It's a great way to incorporate math, science, measurement, and FUN! **No club on 2/15.**



Winter WonderLab with Mrs. Everett

(7 sessions)

Jan. 18 - Mar. 8

Grades 4-5 (3:30-4:30)

\$100.00

Come and play in our Winter WONDERlab! We'll create with littleBits, go on BreakoutEdu adventures, design with Scratch, and build amazing Destination Imagination projects! **No club on 2/15.**



PARK TUDOR





Coming Soon



Chinese Mandarin II with
IndyNihao Mandarin
Dates TBD
Grades 1-5 (3:30-5:00)

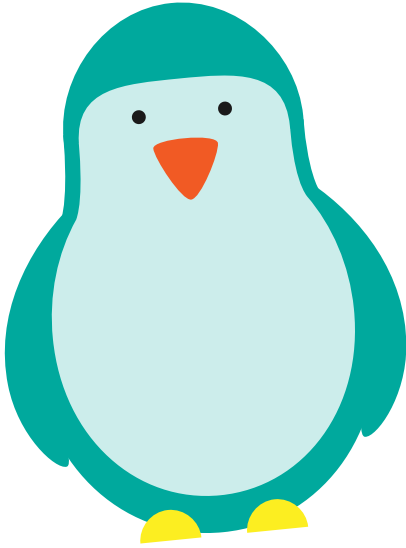
For the Winter club, we are planning to have the students review the Pinyin, Date, Time, Weather, Age and Means of Transportation. Since we are starting with a thorough review, we welcome new students to join our class as well! We will be gradually introducing Chinese language patterns in order to hold simple conversations about Colors and Body Parts. In the class we will sing Chinese songs, have hands-on classroom and cultural activities that will keep students active throughout the class. The cultural topics we have planned for the winter term include a Chinese New Year celebration, learning your Chinese Zodiac animal, Valentine's Day, etc.



PARK TUDOR



A Gift For You!



To : _____

From : _____

You have been registered for
a Winter Exploration at Park Tudor!

PARK TUDOR

Happy Holidays, Explorer!

To : _____

From : _____

You have been registered for
a Winter Exploration at Park Tudor!



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