



PARK TUDOR AFTERSCHOOL

# FALL CATALOG

LOWER SCHOOL &  
HILBERT CENTER

SEPTEMBER - DECEMBER 2018

# MONDAY

## CROUCHING TIGERS CUBS

Fall and Winter Registration  
(23 Sessions - choose one time)  
Grades JK/SK "Cubs" (2:50-3:25) or  
(3:25-3:55)  
Mondays: September 17-March 18

\$300.00\* (plus \$25.00 for any  
new student)  
\*billed half in Sept. and second half  
in November

The Crouching Tigers class introduces martial arts principles through games, stories, activities and uses positive reinforcement to build confidence and promote social and motor skills. In this unit, students will learn a non-threatening version of "bully proofing" taught through stories, life-skills of empathy and valor, and games. You'll never hear us use labels like "bully" for the young ages that we reach and we, instead, teach skills like how to be a good friend, how to stand up for yourself and your friends and how to show empathy and kindness to others

CUBS Promotion Ceremony: Dec. 17 (Parents Welcome)  
NO MONDAY CLASS ON: Jan. 21; Feb 18

## CROUCHING TIGERS LEADERSHIP

Fall and Winter Registration  
(21 Sessions)  
Grades 1-5 "Leadership" (4:00-5:00)  
Mondays: September 10-February 25

\$325.00\*  
\*billed half in Sept. and second half  
in November

The Crouching Tigers Leadership Class teaches character building skills through dynamic, interactive lessons incorporating martial arts and self-defense. Students will receive a workbook to help further their knowledge of the martial art background, life skills and the specific martial art skills they will showcase at the promotion ceremony. The workbooks are specific to each rank they earn. The students will progress in rank from white rank to black rank. The martial art that will be studied in this unit is Ninjutsu. \*New enrollment accepted for grades 1-3 only.

Promotion Ceremonies: Nov. 12 and February 25  
(Parents Welcome)



# MONDAY

## GARDENING CLUB WITH MS. MCINTOSH

(8 Sessions)

Grades 1-5 (3:30-4:30)

September 17- November 5

\$100.00

Come spend your afternoon exploring the world inside our Lower School Learning Garden. We will dig, plant, and harvest our way through the garden! We'll plant seeds and learn about the intricate systems that allow our plants to flourish and experience our world through hands-on learning and plant cultivation. We'll explore each step needed to grow a healthy plant, and learn how soil composition, water and sun play an important role in the health of our garden! Children will learn how to harvest ripe ingredients for at-home cooking, while continuing to care for plants still bearing vegetables. We will interact with our chickens each day, keep the coop tidy, collect their eggs, and make sure they have plenty of food and water. Join us to discover the many life forces that make our Lower School Garden thrive!

## ACTING 101 WITH KATIE HORWITZ

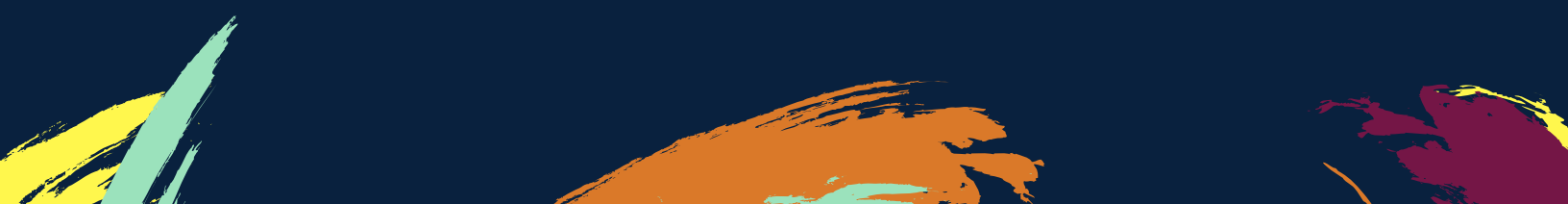
(8 Sessions)

Grades 3-5 (3:30-4:45)

September 10-October 29

\$160.00

Each week the students will start with energizing and focusing exercises. The second part of class will include games that introduce basic principles of acting including: how to work together, how to be free and make bold choices, how to behave in different situations as different characters, how to build a character physically, and finally how to put it all together!



# MONDAY

## GYMNASTICS WITH JEANIE GENSHEIMER

(8 Sessions)

Grades JK/SK (2:50-3:30)

September 10- October 29

\$140.00

Gymnastics is the BEST sport for developing coordination, flexibility and strength. Children love the challenge of gymnastics. Gymnasts will explore the joy of movement. Fun activities including tumbling, springboard, low beam, gymnastics bar, and rhythmic training. Students will develop over all fitness, poise, confidence and self-discipline.

## RUNNING CLUB WITH MS. HERMAN

(8 Sessions)

Grades 1-5 (3:30-4:30)

September 17-November 5

\$100.00

Running Club is designed to be a non-competitive program where children can run, walk, and be active in the outdoors at their own pace. Each child is encouraged to set individual goals and work to meet them, but the emphasis is on having fun, building friendships, and getting some exercise. We strive to make your child's first running experience a positive one.

## FASHION REDESIGN FOR YOUR DOLL WITH MRS. PETROV

(8 Sessions)

Grades 1-5 (3:30-5:00)

September 10-October 29

\$175.00

Design and sew fall fashions and accessories for your doll by repurposing clothes you no longer wear! Some of the projects you will make are: a pair of leggings from a sock, refitting a sweater for your doll, sewing a skirt from a shirt and finger knitting a scarf to complete the ensemble. With time, you will also be able to make a pillow and blanket or stuffy for your doll.

# MONDAY

## SOCCER SHOTS CLASSIC

(9 Sessions)

Grades JK/SK (2:50-3:20)

September 10-November 5

\$135.00

(Registration Fee included  
in price)

Soccer Shots is a nationally recognized and awarded program that offers high energy, fun, and age appropriate soccer lessons. Soccer Shots Classic is a high-energy and fun program that utilizes creative and imaginative games to teach soccer skills like dribbling, shooting, and passing/trapping. We also highlight a positive character trait each session such as respect, teamwork, and appreciation, and play scrimmages to learn the rules and concepts of soccer games.

We are driven by the belief that a positive experience with sports can make a lasting impact on a child's life.

## SOCCER SHOTS PREMIER

(9 Sessions)

Grades 1-3 (3:30-4:15)

September 10-November 5

\$165.00

(Registration Fee included  
in price)

Soccer Shots is a nationally recognized and awarded program that offers high energy, fun, and age appropriate soccer lessons. Soccer Shots Premier is for school-aged children that want to build upon the soccer skills they have already learned, as well as those that are new to soccer. Focusing on individual skill, fitness, and sportsmanship, each session provides an opportunity for players to be challenged through fun games and team competitions. Players will also be introduced to tactical elements and concepts of game play through weekly scrimmages. We also use the platform that soccer provides us as a tool for teaching character development lessons each week. Thus, players not only learn new skills and participate in fun games, scrimmages, and team challenges each week, but also learn teamwork, cooperation, leadership, and confidence, etc.

\*Registration fee: is charged once per Soccer Shots school year (Sept 18-July 19) and includes one Soccer Shots jersey per school year (MSRP \$35). The fee is invested in excellent coaches, state-aligned curricula, and communication, so that we can provide the best Children's Soccer Experience. The fee is also invested in special events for families such as OrangeFest and collegiate soccer days, which will allow families to meet coaches and see their children participate in a Soccer Shots class, etc.

\*NOTE: families need to register on the Soccer Shots website: <https://marionandhendricks.ssreg.org/> after enrolling with Park Tudor, so that the Soccer Shots waiver can be signed.

For additional information, please visit our website at: <https://www.soccershots.org/marionandhendricks/> and <https://marionandhendricks.ssreg.org/>

\*\*All Students should bring sneakers and weather appropriate, comfortable clothing to play soccer in. Additional soccer gear is not required.

Questions? Please contact Kevin Rebholz at 814-380-8203 or [kevinr@soccershots.org](mailto:kevinr@soccershots.org)



# TUESDAY

## EVERYDAY SPANISH 1 WITH EVERYDAY LANGUAGE, LLC

(8 Sessions)

Grades JK/SK (2:50-3:25)

September 4-October 30

\$100.00

Expand your child's Spanish knowledge and vocabulary with our activity filled program! This session will include fun activities, games, and songs, while speaking Spanish. We will focus on description words and questions while talking about ourselves, animals on the farm, and marine animals.

No Clubs Oct. 16

## EVERYDAY SPANISH II WITH EVERYDAY LANGUAGE, LLC

(8 Sessions)

Grades 1-5 (3:30-4:30)

September 4-October 30

\$125.00

Your elementary student will continue to expand their vocabulary through a variety of games and activities that will bring out Spanish conversation. We will learn sport and nature vocab. This will include keeping score, science activities, outdoor activities, and much more. Your student will enjoy learning by doing and having fun along the way!

No Clubs Oct. 16

## BASKETBALL CLUB WITH COACH ADAMS

(8 Sessions - two time slots available)

Grades 3-8 (3:30-4:30)

September 4-October 30

\$100.00

Park Tudor Boys Basketball staff would like to invite you to a clinic style class that teaches the rules and skills needed to enjoy the game in a fun, low pressure environment. Each week students will learn a new skill such as dribbling, passing, shooting, rules of the game, etc. Students will play fun basketball activities as well as exciting instructional scrimmaging. \*Skill Development Work based on grade of students.

No Clubs Oct. 16

# TUESDAY

## AS SEEN ON TV WITH MS. BUTLER AND MS. FALLON

(8 Sessions)

Grades 3-5 (3:30-4:30)

September 4-October 30

\$110.00

Have you ever imagined yourself being on television? Maybe you've pictured yourself backstage eating and laughing in the green room with hosts from shows like **Family Feud** or **Minute to Win It**. Well, we **Double Dare** you to join Ms. Fallon and Ms. Butler as we create and recreate some of the most exciting and thrilling game shows ever played! You will spend time backstage in the green room, create your very own show, role play and so much more! So don't find yourself in **Jeopardy** by not joining **The Chase** for your chance to win big! The banker has phoned in and this offer for a fun-filled afternoon is on the table, **Deal or No Deal?** **No Clubs Oct. 16**

## LITTLE HATS, BIG HEARTS KNITTING IN CIRCLES WITH MRS. WATSON

(8 Sessions)

Grades 1- 5 (3:30-4:30)

September 4-October 30

\$130.00

Welcome back! We have been invited to once again knit hats for the Heart Association's program for newborns "Little Hats, Big Hearts". Students will begin by knitting one newborn hat to contribute to this worthy program. Students are then allowed to create and knit for themselves. All skill levels are welcome - students work at their own pace - supplies provided. Knitting on a circular loom is fun and easy - please come join us! **No Clubs Oct. 16**

## PANTHER MUSICIANS WITH MR. MURRAY

(8 Sessions)

Grades 4-6 (3:30-5:00)

September 4-October 30

\$125.00

(Students will need to provide their own Hohner Yamaha recorder)

Come join us as we develop our musicianship skills through singing in harmony while learning to play the xylophone, tubano drum, recorder, and hand percussion instruments. Students will learn to accompany themselves while singing pieces from a variety of styles including blues, musical theatre, various world music pieces, and more. Whether you are already an experienced musician or just want to improve your singing and/or instrumental skills, there is a place for you in the Panther Musicians club. **No Clubs Oct. 16**

# WEDNESDAY

## CREATIVE WRITING WITH PROFESSOR WATERMELON - 1

Grades JK - SK (2:50-3:30)  
September 5- November 7  
(8 sessions)  
\$135.00

## CREATIVE WRITING WITH PROFESSOR WATERMELON - 2

Grades 1-5 (3:30-4:30)  
September 5- November 7  
(8 sessions)  
\$175.00

Join Professor Watermelon each week for an exciting story time with his beloved dragon puppets, Zeek and Zeus. Then use the uncovered knowledge from this story time to create your own unique stories and illustrations. Professor Watermelon will guide you as you learn how to write and become a young author.

Join Professor Watermelon each week to uncover knowledge about interesting PEOPLE, PLACES and THINGS from our world and beyond. Learn how to use this knowledge as a springboard for art and storytelling. Explore ways to create memorable characters, exciting plots, and clever dialogue. And don't forget the Melon Money you'll earn for the prize auction after each workshop! With Professor Watermelon, the exciting world of creative writing is at your fingertips. So grab a pen, and let's begin!

No Wednesday Class: Oct. 17, 31

## FUN-KEY BOARDING WITH MRS. EVERETT

(15 Sessions) Tuesdays and Wednesdays  
Grades 1- 5 (3:30-4:30)  
September 4-October 30  
\$150.00 (both days)  
\$85.00 (Thursdays only - 8 Sessions)  
\$75.00 (Wednesdays only - 7 sessions)

We're taking keyboarding to a whole new level! Not only will we practice our keyboarding skills with Typing Pal, we'll use "Funkeys" to:

- Build our own keyboards
- Create games
- Code in Scratch
- Make music
- Design circuits

Please note: This is a two day club - one day club is option via email request.

No Clubs Oct. 16, 17, Oct. 31



# WEDNESDAY

## LITTLE MUSKETEERS SABRE FENCING PROGRAM

Grades 3-5 (4:00-5:00)

September 5 - November 7  
(8 sessions)

\$200.00

+\$15.00 Fencing Glove Cost

LITTLE MUSKETEERS Sabre Fencing Program is specifically tailored for children of a young age who have not fenced before. The goal is to safely teach students the basics of the sport of Fencing by introducing proper actions and lead them through a variety of conditioned exercises that will improve their balance, agility and timing.

The classes are organized to build upon their fencing skills, techniques and knowledge. Fencing beginners set (mask, jacket and sabre) is provided for each student by IndySabre Fencing Club; we will assist you in purchasing a fencing glove.

Fencing classes consist of conditioning sessions, warm-up stretches, fencing footwork, blade work, individual and group instructions, various relevant games and drills, practice bouting, introduction to refereeing and more. Fencing is a workout for both the body and mind; sometimes being referred to as a mental chess game. Each session concludes with a practice tournament and Awards Ceremony.

Please note that parental consent is required prior to actual use of fencing equipment; all students will need a parent/guardian to fully complete and sign IndySabre's waiver form.

En garde!

No Wednesday Class: Oct. 17, 31

# THURSDAY

## SPORTS SAMPLER WITH PRIMETIME SPORTS

(8 Sessions)

September 6 - November 1  
Grades JK - SK (2:50-3:30)  
\$150.00

Grades 1-5 (3:30-4:30)  
\$175.00

Indiana Primetime Sports is excited to be offering this wonderful class at Park Tudor. The class is designed around team sports, and other physical activities, helping build athleticism, confidence and self-esteem. Our sports activities encourage the development of language, large and small motor skills, social and emotional skills as well as the importance of teamwork. The Primetime staff is experienced working with young children in a teams sports environment. In this class we will spend most of our time focusing on basketball, soccer, whiffleball, and kickball. We'll add some awesome other activities into the program as well!

No clubs Oct. 18

## CHESS CLUB WITH LEARNING THROUGH GAMES

Grades JK/SK (2:50-3:25)  
September 6 - November 29  
(11 sessions)  
\$125.00

Learning Through Games has been making chess fun for children in Indiana for years and it has produced many state champions. This class is designed for all levels and ages and is taught in a friendly environment. Chess fosters logic, creativity and critical thinking while improving concentration and memory.

No club Oct. 18

## QUILT PROJECTS WITH MRS. PETROV

Grades 2-5 (3:30-5:00)  
September 6 - November 1  
(8 sessions)  
\$175.00

Learn to quilt by starting with patchwork squares or stripes. If there is time you can expand your skills with another pattern such as: sewing a small pinwheel, log cabin or postage stamp pattern quilt. You will make the pattern pieces, cut and stitch them together with hand stitching techniques. Next you will sew on a back and bind the edges. The quilt will be finished with a decorative top stitch to hold the top and bottom together. This small sample can be used with your dolls, stuffed animals, pets or a decorative addition to your holiday table!

No club Oct. 18

## DON'T FORGET!

Park Tudor Fine Arts runs dance classes this semester, Thursdays and Fridays

# THURSDAY

## CHINESE MANDARIN LEVEL 11

(8 Sessions)

September 6 - November 1

Grades 1-5 (3:30-5:00)

\$175.00

By the end of the 8 lessons, students continuing on from previous sessions will be able to recognize 150-200 characters. Students will be gradually introduced to the Chinese language patterns and hold simple conversations about daily routines, means of transportation, and colors.

The class is also designed to have hands-on classroom and cultural activities to keep students active throughout the class. The activities that we have planned include language practice games and a Chinese Mid-Autumn Festival Celebration!

No clubs on Oct. 18

## FUN-KEY BOARDING WITH MRS. EVERETT

(15 Sessions) Tuesdays and Wednesdays

Grades 1- 5 (3:30-4:30)

September 4-October 30

\$150.00 (both days)

\$85.00 (Thursdays only - 8 Sessions)

\$75.00 (Wednesdays only - 7 sessions)

We're taking keyboarding to a whole new level! Not only will we practice our keyboarding skills with Typing Pal, we'll use "Funkeys" to:

- Build our own keyboards

- Create games

- Code in Scratch

- Make music

- Design circuits

Please note: This is a two day club - one day club is option via email request.

No Clubs Oct. 16, 17, Oct. 31

# THURSDAY

## BRICKS 4 KIDZ

(8 Sessions)

September 6 - November 1

Grades JK/SK (2:50-3:25)

\$110.00

At Bricks 4 Kidz- We Learn, We Build, We Play! Our program reinforces essential preschool skills with a fun approach based on the time-tested popularity of LEGO Bricks.

Watch your child's creativity blossom as we use stories, songs, LEGO, and Duplo to help them learn more about the world around them. Children will practice letter recognition, size comparison, shape and color identification, counting, placement vocab, and patterning. Children will also have the opportunity to experiment with motorized LEGO pieces to make models that move! Come build with B4K!

No clubs on Oct. 18

## PUBLIC SPEAKING WITH MS. HERMAN

(8 Sessions)

September 13 - November 8

Grades 3-5 (3:30-4:30)

\$100.00

Famously, Americans' number one fear is public speaking while death only ranks number two. If that's so, this profound fear probably starts at an early age. In our Public Speaking class, we take the fear out of speaking before an audience by getting kids talking in front of a supportive group about things in which they are interested. Because public speaking is such a valuable lifelong skill, Park Tudor provides opportunities for public speaking throughout their time in the Lower School - from classroom presentations, Community Meetings, Morning Announcements, and through special programs like plays and exhibits. Our public speaking class will help students perfect these skills by writing speeches on subjects of their choice and practicing delivering them to the assembled students. As the kids practice in this low-pressure environment, they learn skills like standing up tall, using a loud voice and making eye contact. We also watch speeches of public figures and critique what is successful and unsuccessful in their speeches and hold fun and engaging debates. If this class is successful, our students won't list public speaking as their #1 fear when they grow up!

No clubs on Oct. 18

# FRIDAY

## CHESS CLUB WITH LEARNING THROUGH GAMES

Grades 1-5 (3:35-4:35)  
September 7 - November 30  
(11 sessions)  
\$125.00

## BRICKS 4 KIDZ

Grades 1-5 (3:30-4:30)  
September 7 - November 9  
(8 sessions)  
\$110.00

## HISTORY OF ROCK & ROLL WITH MRS. SALATICH

Grades JK/SK (2:50-3:30)  
Septemer 7 - November 2  
(8 sessions)  
\$75.00

Learning Through Games has been making chess fun for children in Indiana for years and it has produced many state champions. This class is designed for all levels and ages and is taught in a friendly environment. Chess fosters logic, creativity and critical thinking while improving concentration and memory.  
No clubs on Oct. 19

At Bricks 4 Kidz- We Learn, We Build, We Play...with LEGO bricks! See how the world around us works and looks through the eyes of LEGO®. Students will complete a new building challenge each week. They will use LEGO bricks, gears, axles, and motors to create moving machines while learning about the science and technology behind each creation! Themes for each session may include: transportation, animals, space, construction/architecture, inventions, and more. Each lesson introduces key terminology related to each model build as well as reinforces S.T.E.M. concepts. Students also have the opportunity to enjoy creative LEGO exploration time after the lesson.

\*Every student builds a custom LEGO® mini-figure and takes it home to keep at the end of the session!

No clubs on Oct. 19 & Nov. 2

The History of Rock & Roll offers a look into the musical past by focusing on a decade of music each class session. Junior and Senior Kindergarten students will dance their way through a wide variety of music, while having the opportunity to play simple instruments and complete at least one hands on activity and/or creative experience per class. If your child would be interested in learning about Elvis Presley, Johnny Cash, the Beatles, Neil Diamond, U2, Jefferson Starship, ACDC, Pearl Jam and Nickelback... this is the class for them!





# FRIDAY

## UNICORN FAN CLUB WITH MRS. BOHNERT

Grades SK-3 (3:30-4:15)  
September 7 - November 2  
(8 sessions)  
\$100.00

If your child loves the magic of unicorns, glitter, and crafting, they will enjoy the charming projects made in this club! Each student will design and create a unicorn themed dream-catcher, sleeping mask, figurine, pumpkin, and much more that will add a little sparkle into their life!!

No clubs on Oct. 19

