

CPMS KNIGHT REPORT



Canyon Park Middle School
Principal: Sebastian Ziz

23723 - 23rd Ave. SE
Bothell, WA 98021

Happy Holidays

December
2019

Winter break 12/23/19-1/3/2020

Dear Canyon Park Middle School Families,

It's the most wonderful time of the year! At Canyon Park, the air is filled with energy as classes, festivities, and the season's general hustle-bustle has everyone on their toes preparing for Winter Break. I'm sure you are looking forward to spending some quality time with friends and family, just as we are.

Students are working diligently in preparation for the break. I recommend that students take this opportunity during the break to check how they are doing academically, get organized, and clean out/check backpacks for school supply refills. This is a good time to reflect, set goals, and make resolutions for academic successes for the coming New Year. When we return from break there will be three weeks remaining of first semester.

One common theme of many winter holidays is helping those in need, and this message is particularly powerful for young teens who are learning to see beyond themselves. Many students at this age believe that helping others needs to be monetary or material, and that real help is adult work. What we try to teach students at Canyon Park is that they are surrounded every day with people who need help that they can provide. Our students often go out of their way to support each other and do the right thing, even when it is hard.

I hope you have had an opportunity amid all of your busy preparations to take part in some of our wonderful holiday events, such as the drama production or the performances of our band, choir, and orchestra students. From the staff at CPMS, we wish you and yours a very happy holiday and a well-deserved restful break. See you in 2020!

Go Knights!
-Principal Sebastian Ziz

Mark Your Calendar
(Dates & Times Subject to Change)

December
Winter Break
12/23/19- 1/3/2020
First Day back to school from break- January 6th 2020

general school information

Please be mindful while driving in the parking lot or turning into the parking lot!

School Parking Lots: Safety First - To protect our children, please follow these safety rules:

- Do not enter the bus area between 8:00 am and 3:25 pm.
- All student drop-offs and pick-ups must occur either from the sidewalk or at the designated student drop-off area.
- Only CPMS staff may drive beyond the fire lane gates.
- Do not put students and adults at risk by passing other vehicles in the student drop-off area. We have had some near misses caused by impatient drivers.
- Students are not allowed on campus before **8:00 am** unless accompanied by a parent—as **supervision is not available**.
- Safety must precede all other concerns. Please help keep our children safe.

School Hours

- School hours are from 8:30am to 3:05pm, Monday, Tuesday, Thursday, Friday; and 8:30am to 1:35pm on Wednesday.
- The office is open from 7:30am to 4:00pm.
- To excuse absences, call 425.408.6310 in the morning; you can leave a message if you call before/after school hours.

Odds and Ends

- The price for a **school lunch** is \$3.55 and breakfast is \$2.30 (subject to change). You may prepay with the cooks before classes start at 8am. Make checks payable to Northshore School District.
- We will have activity buses for sports, clubs, and detention. These buses will run on M/T/Th/F, leaving CPMS at 4:45pm.
- **Bicycles**, skateboards, roller blades, scooters or other wheeled devices cannot be ridden on campus at any time. Bicycles must be secured to bike racks located near the school's readerboard and other wheeled devices must be able to be stored in lockers.
- CPMS is a **closed campus to student visitors** during school hours all year long.
- District policy requires that all **visitors** to CPMS must first check into the Main Office before entering any campus areas.
- **Electronics/digital devices** and headphones must be turned off and stored prior to entering instructional areas, assemblies, and emergency drills and remain stored during class time (including hallways, bathrooms, etc.), **unless** organized and approved by a staff member for academic purposes. Confiscated equipment is released to parents only, and an Admin referral may result.
- **Student insurance** brochures will be available at orientation and in the Main Office.
- Washington state law does not permit students to carry **prescription** or **over-the-counter** medication to school. Please read the health and nursing services information sheet in this newsletter regarding distribution of medication. If your student has any life threatening diseases or allergies, please make arrangements to meet with the nurse before or on the first day of school.

*****NOW IS THE TIME FOR FAMILIES TO REGISTER FOR 3rd SEASON SPORTS!**

- Coed Wrestling 6/7/8 (non-cut sport)
- Girls 7/8 Boys Basketball (cut sport)
- Girls 6th Basketball (non-cut sport)

The season will start on **January 21st for coed wrestling and 7/8 girls basketball; and January 28th for 6th grade girls basketball**. Practices are from 3:15 pm – 4:45 pm on Mondays, Tuesdays, Thursdays, and Fridays.

All students need to be registered on Finalforms and have a completed sports physical on file in the main office before they can participate - this includes both practices and try-outs. Physicals are good for 2 years from the date of the exam.

Please note that both parent and student signatures are required. Once parents have completed their portion, students should receive an email from Finalforms in their student email account.

For links to the required sports physical and/or Finalforms, or for more information on sports, please visit the Canyon Park Middle School website and look under Activities>Sports.

Activity buses will be available for regular bus riders. For more information on activity buses and/or sports, please visit our website.

Thank you to our Turkey Trot Sponsors! We appreciate you.

Turkey Trot Competition Sponsors,

On behalf of the Health & Fitness staff and students we would like to thank the Downtown Bothell & Canyon Park communities for supporting another successful Turkey Trot Square Dance Competition at Canyon Park Middle School (CPMS). Without their generous donations the students who participate would not be rewarded for their commitment and hard work during this unit. We would also like to extend a big thank you to the Canyon Park PTSA for their annual donations that help support this amazing competition. Please continue to make this community a special place and show your support by giving back to those businesses who supported us. This year's prizes were donated by the following businesses:

McDonald's
Little Caesars Pizza
Canyon Park QFC
Canyon Park Starbucks
Applebee's
Canyon Park Baskin & Robbins
Mod Pizza
Boba Tea
Uncle Peteza's
Arby's
Countryside Donut House
Hillcrest Bakery
Zulu's Board Game Café
Alexa's Café
Pinkabella
Social Grounds
The Cottage
90 degree Bangkok

Does your student have PE second semester? Now is the time to order PE clothes.

Here is the link. It is now open. It will close on January 12th in order to have the items back to school for the start of second semester.

Thank you!

<https://tcspan.printavo.com/merch/cpmpe>

sports, athletics, and asb information

ATHLETICS:

ACADEMIC ELIGIBILITY REQUIREMENTS
2.0 GPA ON SEMESTER REPORT CARDS &
PASSING 5 OF 6 CLASSES BEFORE AND DURING THE SEASON

MIDDLE SCHOOL SPORT OFFERINGS AT CANYON PARK

SEASON 1	SEASON 2	SEASON 3	SEASON 4
7/8 Volleyball (G)	7/8 Basketball (B)	7/8 Basketball (G)	6/7/8 Track (C/NC)
Soccer Girls 6 th Girls 7/8 cut	6 th grade Basketball (B)	6/7/8 Wrestling (C/NC)	7/8 Soccer (B) cut 6 th (B) Soccer N/C
6/7/8 Cross Country (C/NC)		6 th grade Basketball (G)	7/8 Tennis (G) cut
7/8 Tennis (B) cut			6 Volleyball (G/NC)

B=Boys, G=Girls, C=Co-ed, NC=No Cut

Eligibility and How-to Information Practice times: Typically 3:15-4:40 daily

Sport registration is online at **Final Forms**. Here is the link and it can also be found on our website:

<https://northshore-wa.finalforms.com/>

<https://resources.finalsite.net/images/v1525900952/nsdorg/gimyyeqlmbfmvsunwseq/Physical-Examination-Form-English.pdf>

Physical forms may be downloaded from the district site or picked up at Canyon Park and must be turned in prior to the start of the sports season. A CPMS ASB card is a requirement for eligibility.

- Have a physical on file ready for the first day of turn-out. (Physicals are good for 2 years.)
- Pay the middle school participation fee(s).

PLEASE NOTE: Transportation will be provided for practices. Transportation to away games and matches will continue to be one way only. This will necessitate the need for students to find alternative transportation after games and matches either with a parent or in a carpool with other parents.

Student Recognition at CPMS

CPMS staff along with our PTSA are excited to continue our newly revamped student recognition program this year. We continued the tradition of our 3.5 GPA celebration under our Excellence pillar, and held three additional recognition events to highlight our other pillars. CPMS staff members will nominate students for these awards, and then celebrations will be held during Round Table. We look forward to recognizing students' actions that exemplify our four pillars.

CPMS CLUBS AND ACTIVITIES

Art Club	Math Club
Junior Honor Society	Jazz Band
Science Olympiad	Robotics
Green Club	Pep Squad
Safety Team	One Voice



Canyon Park PTSA

Excellence | Community | Respect | Responsibility
Canyon Park Middle School (CPMS)

Important Upcoming Dates

Dec 16th – Middle School Gym Night – Frank Love 5:00-6:15pm

Dec 18th – Threads and Treads open for shopping 3-6pm

Dec 23rd – Jan 4th – Winter Break

Jan 6th – Middle School Gym Night – Frank Love 5:00-6:15pm

Jan 8th – Threads and Treads open for shopping 3-6pm

Jan 10th – Popcorn Friday

Jan 11th – Threads and Treads open for shopping 9-12pm (Saturday)

Jan 13th – Middle School Gym Night – Frank Love 5:00-6:15pm

Jan 15th – PTSA General Meeting 7pm in Library

Jan 17th – Staff Appreciation Luncheon

President's Message

Happy Holidays! This is my favorite time of year during the school year. All the fantastic music concerts, the play, snow is falling in the mountains, basketball games and more. At Canyon Park we continue to support our fantastic staff with monthly lunches or some sort of goodies. Thank you to all of you that contribute!

It is that time of year where the PTSA is gearing up for Spring. We are looking for a nominating committee to help get next year's Board of Directors & Committee Chairs. If you can help us with finding people or you know someone that would be amazing – Please contact anyone involved with PTSA.

Threads & Treads needs new underwear of all gender & sizes, hoodies, winter jackets and more. We have 1 more Wednesday before we go on Winter Holiday. You can drop off your donations in the Big Blue recycle bins in the office all next week or at Bothell United Methodist Church during Winter Break when school buildings are closed.

Thank you for being a part of our Canyon Park Middle School Community!

Theresa Ahdieh

PTSA President

Emergency Preparedness



Memorize this image. This is the sign for "Reunification" used by all schools within our district. Did you know that ALL Northshore schools have plans in place in case of emergency, including how to reunite students with their guardians? These plans are VERY detailed - even taking into account if the process can happen on-site indoors, on-site outdoors or even at an off-site location!

In the event of an emergency, here are the TOP 4 things you can do to help the reunification process run smoothly - some of them need to be done NOW:

- 1) MAKE SURE YOUR INFORMATION IN PARENTVUE IS UP TO DATE! The information (phone#, email, etc.) in this system is how the school will communicate with you in the event of an emergency.
- 2) MAKE SURE YOU HAVE BACK-UP! Be sure to have multiple people listed as authorized individuals that can pick up your kiddos. Make sure it's not just Grandma, but maybe a close friend or neighbor. It's even better if they also have a child at the same school. They must be listed in ParentVue under "In Case of Emergency: Persons who can assume temporary responsibility".
- 3) DO NOT RUSH TO THE SCHOOL TO PICK UP YOUR CHILD! The school will communicate to you where you should go and when to pick up your child.
- 4) MAKE SURE YOU (OR YOUR BACKUP) BRING PHOTO ID! You will need this in order for the student(s) to be released to you.

Learn more about Northshore Districts Safety and Security efforts [here](#):

Learn more about what district PTA's are doing for our schools as well as Safety and Emergency Prep info for your household at the [Northshore PTSA Council website](#).

Middle School Gym Nights

All 6th, 7th and 8th graders are welcome to hang out, shoot hoops, play dodgeball and eat pizza!

Monday nights at Frank Love Elementary, 5:00-6:15pm. A **HUGE** thank you to Uncle Petezas for the pizza donations each Monday! This program is sponsored and staffed by the CPMS PTSA.

Membership

Joining the PTA is the easiest way to make a difference and help! Parents, students, relatives, neighbors, community members - anyone can join! The more the merrier and the stronger our voice is when we advocate for student and education issues. Don't wait, do it today! **Free student directory included with your membership.** Additional benefits at places like Wild Waves, Great Wolf Lodge, and more! Visit the [state website](#) for a full list of discounts provided with a PTA membership! Become a member today and add your voice to the oldest child advocacy organization in existence!

Learn more on our [website](#).

Staff Appreciation

Thank you to everyone who contributed to our Souper Luncheon in December! On January 17th, we will be helping our CPMS staff to start the year off in a healthy way with a Salad Bar! We have lots of items to sign up for, so please check [our website](#) to sign up! Questions? Email Susan Switzer at staffappreciation@cpptsa.org.

National PTA Reflections Art Competition

Congratulations to the CPMS artists whose 2019-20 Reflections artwork advanced to the district competition level! All of our CPMS artists work will be on display, along with artists from around the district, on Saturday, January 11th at the Northshore Council PTSA Reflections Celebration held at Woodinville High School

Commons. From 2:00pm-2:30pm, anyone needing a quieter environment to view the art are welcome to attend. Beginning at 2:30pm and running until 5:00pm, the display will be open to the general public. Anyone can stop in and witness the talent that we have here in Northshore!

If you would like to assist with setup, during the event or with clean up, please volunteer! Lots of hands are needed to make this event a success. Students are welcome to sign up for community service hours. [Visit this link](#) to help out.

Threads & Treads

Threads & Treads provides Northshore families free, quality donated clothing for school-age youth, teens, young adults and parents. Clothing items include appropriate clothing for the school day and special events, sportswear, shoes and accessories. All Northshore families in need of clothing assistance are welcome to shop each month for up to three outfits. We are open every Wednesday 3-6pm and are now open the first Saturday of the month 9-12pm. The next Saturday will be **January 11th**. Please let anyone you know who might need to take advantage of this program know!

We need donations! Our donation pile has slimmed down quite a bit! Colder weather is here! If you find yourself cleaning out closets, please think of Threads and Treads! We take all kinds of clothing – Sizes 5T-Adult, Male and Female, Casual to Formal.

We're always looking for volunteers to help sort & stock or to help during shopping hours. Visit our PTSA [Volunteer Sign-Ups webpage](#) to sign up.

Any questions or concerns, please email us at tandt@cpptsa.org for more information. For more information on this incredible program, visit [our webpage](#). This program is sponsored and staffed by the CPMS PTSA.

Volunteer Opportunities

As you can see, there is a lot going on at CPMS this month!!! Our Volunteer Sign-up page is a one-stop shop with all the information on how you can help not only with PTSA, but with ASB/school sponsored events as well: <http://cpptsa.org/ways-to-help/volunteer-sign-ups/>. Thank you for any help you can give this month and throughout the year!

Facebook & Website

Just about all of our communication is done on our [Facebook page](#) and [website](#). Like our Facebook page to get reminders, important info and volunteer opportunities to show up on your newsfeed. Check out our website for an up-to-date calendar, detailed information on events, volunteer sign-ups, quick links and handy documents. **You do not need to have a Facebook account to view our page!**