

January TPS Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
1. Breaded Chicken Drumstick Seasoned Fries 2. Cheese Quesadilla Salsa Fresh Celery Sticks Fresh Orange Wedges	1. Classic American Cheeseburger/Hamburger Oven Baked Curly Fries 2. Cheese Stuffed Breadsticks Marinara Sauce Oven Baked Curly Fries Fresh Carrots Seedless Grapes	1.Classic cheese Pizza 2.Classic pepperoni Pizza Fresh Broccoli Florets Fresh Banana	1. Chicken Nuggets Seasoned Zucchini 2. Cheese Stuffed Breadsticks Marinara Sauce Sliced Cucumbers Rosy Applesauce	1. French Toast & Hash Browns 2. Muffin/Goldfish Fun Lunch Fresh Broccoli Florets Sliced Fresh Blueberries
1. Crispy Chicken Breast Sandwich Seasoned Corn 2. Soy Butter & Grape Jelly Sandwich Fresh Celery Sticks Fresh Orange Wedges	1. Turkey Taco Meat Mexican Style Refried Beans Soft Flour Tortilla 2. Cheese Stuffed Breadsticks Marinara Sauce Fresh Carrots Fresh Red Seedless Grapes	15 1.Classic Cheese Pizza 2.Classic Pepperoni Pizza Sliced Cucumbers Fresh Banana	16 1. Macaroni & Cheese Savory Green Beans 2. Cheese Stuffed Breadsticks Marinara Sauce Fresh Broccoli Florets Rosy Applesauce	1. Whole Grain Waffles Turkey Sausage Patty 2. Muffin & Granola Fun Lunch Sliced Cucumbers Sliced Fresh Blueberries
No School Martin Luther King Jr. Day	Classic American Cheeseburger/ Hamburger Seasoned Waffle Fries 2.Cheese Stuffed Breadsticks Marinara Sauce Fresh Carrots Fresh Red Seedless Grapes	1.Classic Cheese Pizza 2.Classic Pepperoni Pizza Sliced Cucumbers Fresh Banana	1. Turkey Hot Dog Seasoned Fries 2. Cheese Stuffed Breadsticks Marinara Sauce Fresh Broccoli Florets Rosy Applesauce	1.Pancakes Turkey Sausage Patty 2.Muffin & Goldfish Fun Lunch Fresh Carrots Sliced Fresh Blueberries
1. Chicken Nuggets Mashed Potatoes Chicken Gravy 2. Soy Butter & Grape Jelly Sandwich	1. Turkey Nachos Mexican Style Refried Beans 2. Cheese Stuffed Breadsticks Marinara Sauce	1.Classic Cheese Pizza 2.Classic Pepperoni Pizza Sliced Cucumbers Fresh Banana	30 1. Turkey Corn Dog Tater Tots 2. Cheese Stuffed Breadsticks Marinara Sauce Fresh Broccoli Florets	31 1. Turkey, Turkey Ham, & Cheese Sub 2. Whole Grain Cheese Tortellini Alfredo Whole Grain Toasted Garlic Bread

A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (l) fruit side dish, and a choice of milk. Milk choices include 1% white and 1% cho :olate. This institution is an equal opportunity provider.

* Menusubject to change

Daily salads can be made with or without meat for a vegetarian choice, protein will be replaced with a cheese stick.