



2019-2020 STAFFORD MIDDLE LUNCH CYCLE MENU



Monday	Tuesday	Wednesday	Thursday	Friday
CYCLE 1 CHICKEN NUGGETS HOMEMADE ROLL STEAMED BROCCOLI MASHED POTATOES VARIETY OF SANDWICHES OVEN FRIED POATOES LETTUCE & TOMATO SALAD CHEESE & PEPPERONI PIZZA	CYCLE 1 CHICKEN WING BASKET HOMEMADE ROLL CARROT & CELERY STICKS CHEESE & PEPPERONI PIZZA SPICY CHICKEN SANDWICH HAMBURGER FRENCH FRIES HAMBURGER SALAD	CYCLE 1 CHIPOLTLÉ BOWL CILANTRO RICE MEXI-PINTO BEANS CHILLED CORN SALSA VARIETY OF SANDWICHES OVEN FRIED POATOES LETTUCE & TOMATO SALAD CHEESE & PEPPERONI PIZZA	CYCLE 1 ORANGE CHICKEN STEAMED BROCCOLI BROWN RICE VARIETY OF SANDWICHES OVEN FRIED POATOES LETTUCE & TOMATO SALAD CHEESE & PEPPERONI PIZZA BOSCO CHEESE BREAD STICK	CYCLE 1 CHEESE AND PEPPERONI PIZZA WALKING NACHOS STEAMED CORN ON THE COB GARDEN SALAD VARIETY OF SANDWICHES OVEN FRIED POATOES LETTUCE & TOMATO SALAD
CYCLE 2 CHILI CHEESE NACHOS STEAMED BROCCOLI PICO DE GALLO CHEESE & PEPPERONI PIZZA BOSCO CHEESE STICKS MARIANA SAUCE ASSORTED SANDWICHES LETTUCE & TOMATO SALAD	CYCLE 2 WHOLE GRAIN CHICKEN CORNDOG GREEN BEANS SWEET POTATO FRIES CHEESE & PEPPERONI PIZZA ASSORTED SANDWICHES OVEN FRIED POTATOES LETTUCE & TOMATO SALAD	CYCLE 2 CRISPY TACOS CILANTRO RICE MEXI-PINTO BEANS PICO DE GALLO, SALSA VARIETY OF SANDWICHES OVEN FRIED POTATOES LETTUCE & TOMATO SALAD CHEESE & PEPPERONI PIZZA	CYCLE 2 TERIYAKI CHICKEN STEAMED BROWN RICE ASIAN STYLE VEGGIES SWEET POTATO FRIES CHEESE & PEPPERONI PIZZA ASSORTED SANDWICHES LETTUCE & TOMATO SALAD GARDEN SALAD	CYCLE 2 CHEESE & PEPPERONI PIZZA CHILI CHEESE FRIES BOWL CORNBREAD STEAMED CORN ON THE COB GARDEN SALAD CHEESEBURGER LETTUCE & TOMATO SALAD
CYCLE 3 SPICY POPCORN CHICKEN MACARONI & CHEESE GARLIC BREAD STEAMED BROCCOLI GARDEN ROMAINE SALAD CHEESE & PEPPERONI PIZZA ASSORTED SANDWICHES OVEN FRIED POTATOES LETTUCE & TOMATO SALAD	CYCLE 3 CHICKEN & WAFFLES POTATO TOTS STEAMED CARROTS CHEESE PIZZA HAMBURGER ON A BUN LETTUCE & TOMATO SALAD	CYCLE 3 MEXICAN LASAGNA MEXI-PINTO BEANS PICO DE GALLO VARIETY OF SANDWICHES OVEN FRIED POTATOES LETTUCE & TOMATO SALAD CHEESE & PEPPERONI PIZZA	CYCLE 3 OVEN ROASTED CHICKEN MASHED POTATOES & GRAVY GREEN BEANS HOMEMADE ROLL CHEESE & PEPPERONI PIZZA SAUSAGE CALZONE ASSORTED SANDWICHES OVEN FRIED POTATOES LETTUCE & TOMATO SALAD	CYCLE 3 CHEESE AND PEPPERONI PIZZA WALKING NACHOS STEAMED CORN ON THE COB GARDEN SALAD VARIETY OF SANDWICHES OVEN FRIED POTATOES LETTUCE & TOMATO SALAD
CYCLE 4 BAKED POTATO with BBQ BEEF HOMEMADE ROLL VARIETY OF SANDWICHES OVEN FRIED POTATOES LETTUCE & TOMATO SALAD CHEESE & PEPPERONI PIZZA	CYCLE 4 CARNITA BOWL HOMEMADE ROLL STRAWBERRY & SPINACH SALAD CHEESE & PEPPERONI PIZZA SPICY CHICKEN SANDWICH HAMBURGER FRENCH FRIES HAMBURGER SALAD	CYCLE 4 CHIPOLTLÉ BOWL CILANTRO RICE MEXI-PINTO BEANS CHILLED CORN SALSA VARIETY OF SANDWICHES OVEN FRIED POTATOES LETTUCE & TOMATO SALAD CHEESE & PEPPERONI PIZZA	CYCLE 4 SPAGETTI AND MEATSAUCE GARLIC BREAD GREEN BEANS GARDEN SALAD VARIETY OF SANDWICHES OVEN FRIED POTATOES LETTUCE & TOMATO SALAD CHEESE & PEPPERONI PIZZA	CYCLE 4 CHEESE & PEPPERONI PIZZA CHILI CHEESE FRIES BOWL CORNBREAD STEAMED CORN ON THE COB GARDEN SALAD CHEESEBURGER LETTUCE & TOMATO SALAD
CYCLE 1 WEEK OF 8/14/19 - 8/16/19 9/9/19 - 9/13/19 10/7/19 - 10/11/19 11/4/19 - 11/8/19 12/2/19 - 12/6/19 1/27/20 - 1/31/20 2/24/20 - 2/28/20 3/23/20 - 3/27/20 4/20/20 - 4/24/20 Manager's Choice 5/18/20 - 5/22/20	CYCLE 2 WEEK OF 8/19/19 - 8/23/19 9/16/19 - 9/20/19 10/14/19 - 10/18/19 11/11/19 - 11/15/19 12/9/19 - 12/13/19 1/6/20 - 1/10/20 2/3/20 - 2/7/20 3/2/20 - 3/6/20 3/30/20 - 4/3/20 4/27/20 - 5/1/20	CYCLE 3 WEEK OF 8/26/19 - 8/30/19 9/23/19 - 9/27/19 10/21/19 - 10/25/19 11/18/19 - 11/22/19 12/16/19 - 12/19/19 1/13/20 - 1/17/20 2/10/20 - 2/14/20 4/6/20 - 4/10/20 5/4/20 - 5/8/20	CYCLE 4 WEEK OF 9/2/19 - 9/6/19 9/30/19 - 10/4/19 10/28/19 - 11/1/19 1/20/20 - 1/24/20 2/17/20 - 2/21/20 3/16/20 - 3/20/20 4/13/20 - 4/17/20 5/11/20 - 5/15/20 MENUS SUBJECT TO CHANGE	To make a payment or view student balance information please visit www.schoolcafe.com Meal Prices Breakfast FREE Lunch FREE Adult Breakfast \$2.50 Adult Lunch \$3.75

OFFERED DAILY: ASSORTED FRESH FRUITS, 1% WHITE MILK, FAT FREE CHOCOLATE & STRAWBERRY MILK
CAFETERIA MANAGER: Pat Briones 281-261-9273 or pbriones@staffordmsd.org



FUELING THE MINDS OF TOMORROW



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