# **2019-2020 STAFFORD MIDDLE BREAKFAST MENU**

Your body needs fuel to start the day and a nutritious breakfast at the Fuel Café is a great way to start your day!

#### **OFFERED DAILY:**

ASSORTMENT OF CEREALS
YOGURT PARFAIT
POP TART
WHOLE GRAIN BUN
VARIETY OF JUICE
ASSORTMENT OF FRUITS
1% WHITE MILK
FAT FREE CHOCOLATE MILK

### **MONDAYS & FRIDAYS:**

CHICKEN BISCUIT

## **TUESDAYS & THURSDAYS:**

PANCAKE SAUSAGE ON A STICK BREAKFAST PIZZA

#### **WEDNESDAYS**:

WAFFLE & SAUSAGE SANDWICH

To make a payment or view student balance information please visit

www.schoolcafe.com

**Meal Prices** 

**Breakfast** FREE

Lunch FREE

Adult Breakfast \$2.50

Adult Lunch \$3.75

CAFETERIA MANAGER: Pat Briones 281-261-9273 or pbriones@staffordmsd.org





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