

McL High, Steen's, FES, RHS, RUES, RES, Pisgah

Monday	Tuesday	Wednesday	Thursday	Friday
Cereal 1 oz 3 Cinnamon Crunch Filled Pastry Assorted Fruit Juices Fresh Fruit Bowl Assorted Milk	Assorted Breakfast Bread 4 Southern Biscuit Bacon Strips, Hot Grits Fresh Fruit Bowl Assorted Fruit Juices Assorted Milk	Belgium Waffles 5 Breakfast Sausage Pizza Fresh Fruit Bowl Assorted Fruit Juices Assorted Milk	Smoked Sausage & Biscuit 6 Hot Grits Cereal Bowl Variety 2 oz Apple Slices in a Bag Assorted Fruit Juices Assorted Milk	Dunkin Stix 7 Sausage & Pancake on a Stick Fresh Apples Assorted Fruit Juices Assorted Milk
Assorted Breakfast Bread 10 Assorted Muffin Loaves Assorted Fruit Juices Fresh Fruit Bowl Low Fat Milk Chocolate Milk	Mini Cinnis 11 Cheese Toast Hot Grits Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Low Fat Milk	Donuts, Variety 12 Breakfast Sausage Pizza Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Low Fat Milk	Sausage and Biscuit 13 Hot Grits Cereal Bowl Variety 2 oz Apple Slices in a Bag Assorted Fruit Juices Chocolate Milk Fat Free Milk	Pancake Bites 14 Sausage & Pancake on a Stick Fresh Apples Assorted Fruit Juices Chocolate Milk Low Fat Milk
17 HOLIDAY President's Day	Assorted Breakfast Bread 18 Southern Biscuit Bacon Strips Hot Grits Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Low Fat Milk	Belgium Waffles 19 Breakfast Sausage Pizza Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Low Fat Milk	Smoked Sausage & Biscuit 20 Hot Grits Cereal Bowl Variety 2 oz Apple Slices in a Bag Assorted Fruit Juices Chocolate Milk Fat Free Milk	Dunkin Stix 21 Sausage & Pancake on a Stick Fresh Apples Assorted Fruit Juices Chocolate Milk Low Fat Milk
Frudel 24 Cinnamon Crunch Filled Pastry Assorted Fruit Juices Fresh Fruit Bowl Low Fat Milk Chocolate Milk	Mini Cinnis 25 Cheese Toast Fresh Bananas Hot Grits Assorted Fruit Juices Chocolate Milk Low Fat Milk	Cinnamon Rolls 26 Pancake Bites Assorted Fruit Juices Fresh Fruit Bowl Chocolate Milk Low Fat Milk	Sausage and Biscuit 27 Hot Grits Cereal Bowl Variety 2 oz Fresh Orange Smiles Assorted Fruit Juices Chocolate Milk Low Fat Milk	Banana Muffin 28 Sausage & Pancake on a Stick Fresh Apples Assorted Fruit Juices Chocolate Milk Low Fat Milk



Served Daily: Assorted Milks-Low fat, Chocolate, Strawberry, Vanilla Fat Free
 Assorted Fruit Juices-Apple, Orange, Pineapple Orange
 Condiments: Pancake Syrup, Assorted Jellies