



# JANUARY | 2020

## Maryville Junior High School

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>30 <i>No School</i></p> 	<p>31 <i>No School</i></p> 	<p>1</p> 	<p>2 <i>No School</i></p> 	<p>3 <i>No School</i></p> 
<p>6 <i>No School</i></p> 	<p>7 Chicken Filet WG Bun, Pickles Baked Beans California Blend</p>	<p>8 Vegetable Beef Soup Seasoned Biscuit</p>	<p>9 Steak &amp; Gravy Mashed potatoes Peas Rolls</p>	<p>10 Hamburger or Fish WG Bun Fries Mixed Vegetables</p>
<p>13 Orange Chicken Fried Rice Stir Fry Veggie Egg Roll</p>	<p>14 Tacos/Soft Shell Refried Beans Rice Lettuce/Tomato/Cheese</p>	<p>15 Hot Dog or Grilled Chicken WG Bun Tater Tots Carrots</p>	<p>16 Chicken Tenders Au Gratin Potatoes Broccoli</p>	<p>17 Biscuit &amp; Gravy Sausage Scrambled Eggs Tri Taters</p>
<p>20 <i>No School</i> <i>Holiday</i></p>	<p>21 Chili or Corndog Tater Tots Fritos</p>	<p>22 Teriyaki Chicken Soft Shell, Rice Oriental Blend Peppers &amp; Onions</p>	<p>23 Mini Corndogs Nachos &amp; Cheese Broccoli</p>	<p>24 Boneless Hot Wings Curly Fries Garlic Breadstick Celery Sticks</p>
<p>27 Chicken Nuggets Macaroni &amp; Cheese Broccoli</p>	<p>28 Steak &amp; Gravy Mashed Potatoes Peas Rolls</p>	<p>29 Chicken Filet or Riblet, WG Bun Sweet Potato Tots California Blend</p>	<p>30 BBQ Pork WG Buns Baked Beans Coleslaw</p>	<p>31 Hamburger or Meatball Sub Potato Wedges Mixed Vegetables</p>

### News

**Offered Daily with All Meals:** Veggie Bar, Fresh and Canned Fruit

**Mayfield Milk Choices:** Skim, 1%, NF Chocolate, Vanilla, & Strawberry

**2<sup>nd</sup> meal option:** Fresh Made! Fresh Baked! Smart Mouth Pizza. Everyday!

**3<sup>rd</sup> meal option:** PBJ Uncrustable grab & go

#### **Breakfast:**

**Monday:** Muffins

**Tuesday:** Cinnny Minny's

**Wednesday:** French Toast

**Thursday:** Pancakes

**Friday:** Egg Omelet

**Offered Daily with All Meals:** Cereal, Fruit & 100% Fruit Juice – Must Choose One Milk

#### **9:35 Break Wed & Thurs**

Choice of: Biscuits

Sausage Biscuits

Chicken Sliders

*Menu subject to change without notice*

*"This institution is an equal opportunity provider"*