

Trask Parent Newsletter for the Week of January 5, 2020
Title I Compact for Student Success

News & Updates

- The Science Olympiad team will have their first after school work session this upcoming Monday January 6th from 4:00 - 5:30 in Mr. Law's mobile unit. All parents are welcome to come and work with our team. Please email Mr. Law if you plan on attending our work session at gregory.law@nhcs.net.
- Athletic Packets are due Friday, January 10. Forms are on the [Trask Athletic](#) website. Girls basketball and boys soccer tryouts will be 1/15 and 1/16.
- Times almost up! AIG nominations will be accepted through Jan 10. Testing will take place between March 9-20 and the match team will convene between Mar 23 - Apr 3.
- Attention 8th graders! Due to upcoming renovations at Northside Church, the 8th grade social will be held on Friday, May 8 instead of the May 17. Please save the date for May 8!
- On 12/10, we shared updates for renovations at the PTA meeting. Please see the linked document for the spring timeline. The main office will be moving on 1/24/2020-1/27/2020.
- Want to know when your bus is coming? January 2nd is our "Go Live" date for the [Edulog Parent Portal Transportation App](#)! Contact the data manager (wendy.samuels@nhcs.net) if you have questions.

Information, Community Outreach & Resources

- This is a great article explaining why teens have so much anxiety today. Please read to learn more.
- Are you struggling to survive middle school as a parent? Read this [helpful guide](#) to learn how to survive.
- Did your child get a new phone for Christmas? Learn more about [TikTok](#) and [Snapchat](#) and other tips for [online safety](#).
- The [Nasher Teens Program](#) and [Organizing Against Racism Durham](#) welcome all area teens (ages 13-19), their parents and caregivers, and adults who work with local teens to attend a special Groundwater Presentation by the Racial Equity Institute. This program will take place on Thursday, January 23, 2020 from 5PM to 8:30PM at the Nasher Museum. The event is free to all participants, but we ask that teens and adults register in advance: [PLEASE REGISTER HERE!](#)
- Summer Accelerator is an exciting summer program created by the North Carolina School of Science and Mathematics for exceptional rising 5th-12th graders. We introduce students to exciting topics in hopes to encourage their interests in STEM concepts. The [Early Accelerator for rising 5th and 6th Graders](#) and [Accelerator for rising 7th - 9th Graders](#) are both great opportunities!
- Do you know someone who is struggling with addiction? According to addiction experts across the US, the vast majority of people who need treatment for substance abuse disorders do not seek it or may be discouraged by the expense. You can learn more about how to help in the [linked guide](#).

If you want to stay informed about what is going on at Trask Middle, sign up for Remind 101 and follow us on social media. We are on Facebook, Twitter, and Instagram.

Save the date for upcoming Trask events

01/06	4:00	Science Olympiad Work Session
01/08	4:00	Soccer @ RGMS
01/08	4:00	Basketball @ RGMS
01/09	4:00	Basketball @ Virgo
01/10	3:00	AIG Nominations Due
01/10	2:00	Athletic Forms Due

Quote of the Week: "What good is the warmth of summer, without the cold of winter to give it sweetness."