




January 2020

				
<p>First Day Back 6</p> <p>French Toast Fruit, Juice, Cold Cereal Yogurt</p> <p>Chicken nuggets Fruit Salad, carrots</p>	<p>7</p> <p>Whole grain english muffin Ham & egg scramble Fruit, juice, yogurt</p> <p>Cheeseburgers WG chips, watermelon, Fruit, salad, gr. Beans</p>	<p>8</p> <p>WG Breakfast sandwich Fruit, cold cereal, juice Yogurt</p> <p>Chicken pot pie Salad Fruit, baked beans</p>	<p>9</p> <p>WG muffin & eggs Fruit, cold cereal, juice Yogurt</p> <p>Tuna Cassarole Fruit Salad, peas</p>	<p>10</p> <p>WG pancakes Fruit, cold cereal, juice Yogurt</p> <p>Soft WG tacos, refried beans Fruit, salad, corn</p>
<p>13</p> <p>French toast Fruit, cold cereal, juice Yogurt</p> <p>Spaghetti, scalloped potatoes Fruit, salad, WG bread stick</p>	<p>14</p> <p>Sausage & scrambled eggs Cold cereal, yogurt Fruit, juice</p> <p>Chicken strips Fruit, salad, gr. Beans W.G. chips</p>	<p>15</p> <p>WG Breakfast burritos Fruit, cold cereal, juice Yogurt</p> <p>Tater tot casserole Corn Salad Fruit</p>	<p>16</p> <p>WG oatmeal Fruit, cold cereal, juice Yogurt</p> <p>Pulled pork sandwich Watermelon Cole slaw Baked beans</p>	<p>17</p> <p>WG waffles Fruit, cold cereal, juice Yogurt</p> <p>Chicken Broccoli alfredo Apples, salad Carrots</p>
<p>20</p> <p>M.L.K. Day</p>  <p>No School</p>	<p>21</p> <p>Eggs & hash browns Fruit, cold cereal, juice Yogurt</p> <p>Teriyaki chicken, rice Fruit, salad, carrots</p>	<p>22</p> <p>Breakfast sandwich Fruit, cold cereal, juice Yogurt</p> <p>Grilled cheese sandwich Fruit, salad, soup Peas</p>	<p>23</p> <p>Oatmeal Fruit, cold cereal, juice Yogurt</p> <p>Chicken sandwich, tator tots Fruit, gr. Beans Salad</p>	<p>24</p> <p>WG bagel & cream cheese Fruit, cold cereal, juice Yogurt</p> <p>Spaghetti & meat sauce Fruit, salad, corn</p>
<p>27</p> <p>Breakfast sandwich Fruit, cold cereal, juice Yogurt</p> <p>Baked chicken, scalloped potatoes Fruit, salad, WG bread stick Gr. Beans</p>	<p>28</p> <p>Muffin & eggs Fruit, cold cereal, juice Yogurt</p> <p>Orange chicken, WG rice Salad, fruit, corn</p>	<p>29</p> <p>Waffles Fruit, cold cereal, juice Yogurt</p> <p>Pizza rollups, tator tots Fruit, salad, baked beans</p>	<p>30</p> <p>Bagel & Cream Cheese Fruit, Cold Cereal, Juice Yogurt</p> <p>Baked macaroni & cheese Celery & peanut butter, fruit Salad, carrots</p>	<p>31</p> <p>Pancakes Fruit, Cold Cereal, Juice Yogurt</p> <p>Sub sandwich, fries Fruit, broccoli Salad</p>