

A Journey to an Integrated K-12 Social-Emotional Learning (SEL) System



Report to the Board
January 15, 2019

Welcome!



Peggy Wolff
Board Member



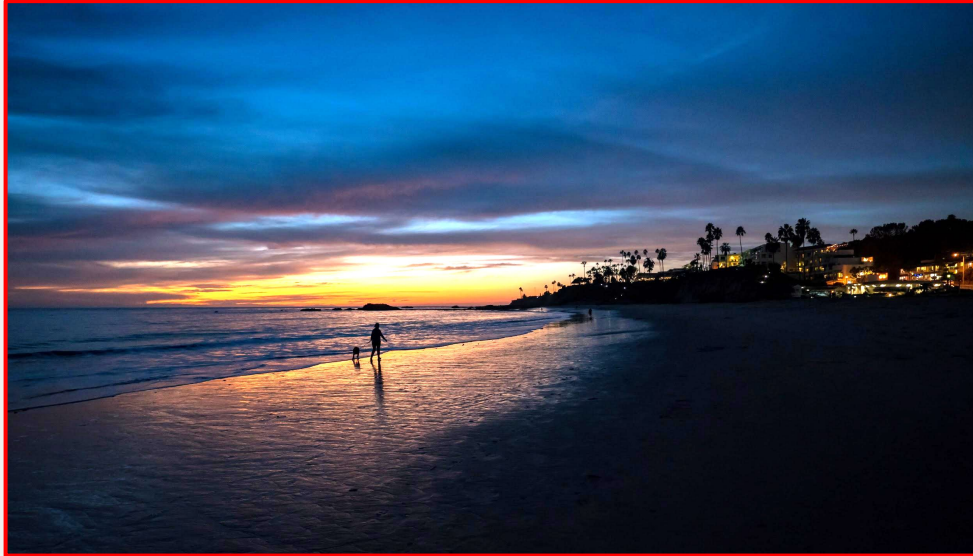
Jason Vilorio, Ed.D.
Superintendent
Laguna Beach Unified School District



Michael Keller, Ed.D., LEP, NCSP
Director, Social Emotional Support
Laguna Beach Unified School District



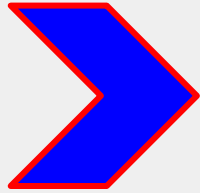
Laguna Beach Unified Profile



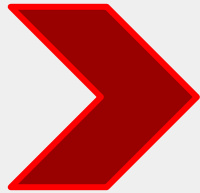
A Little About LBUSD

- 2,900 Students
- 10-14% FRLP
- High Achieving
- High Expectations
- Strong Community Support
- Funding- \$18k

Our Focus in LBUSD



Every Student, Every Day



Focus on Continuous Improvement



It's all about Relationships

Vision, Mission, & Long-Term View



*Social Emotional Learning:
Not a “nice to have,” but a “must have.”*

Why the Focus on SEL?



Local Control Accountability Plan

Goal #1

Increase student academic achievement and social/emotional strength through collaboration, critical thinking, creativity, and communication.

What do we want for ALL students?



thrive

/THrīv/

-grow or develop well or vigorously
-prosper; flourish.



When we help students to engage productively with one another, understand themselves and how they think, and better handle the stresses and challenges in their lives, we prepare them for success now and in the future.”

~Dr. Linda Darling-Hammond



Item		LBUSD 7th	LBUSD 9th	LBUSD 11th
Reasons for Absence, Past 30 days “In the past 30 days, did you miss school for any of the following reasons?”	Felt very sad, hopeless, anxious, stressed, or angry	3%	9%	21%
	Didn't get enough sleep	10%	15%	35%
	Were behind in schoolwork or weren't prepared for a test or class assignment	2%	7%	26%



Item		LBUSD 7th	State 7th	LBUSD 9th	State 9th	LBUSD 11th	State 11th
Chronic Sadness, Past 12 Months “During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more that you stopped doing some usual activities?” Response: “Yes”	2015-2016	18%	23%	24%	30%	38%	32%
	2017-2018	14%		25%		31%	

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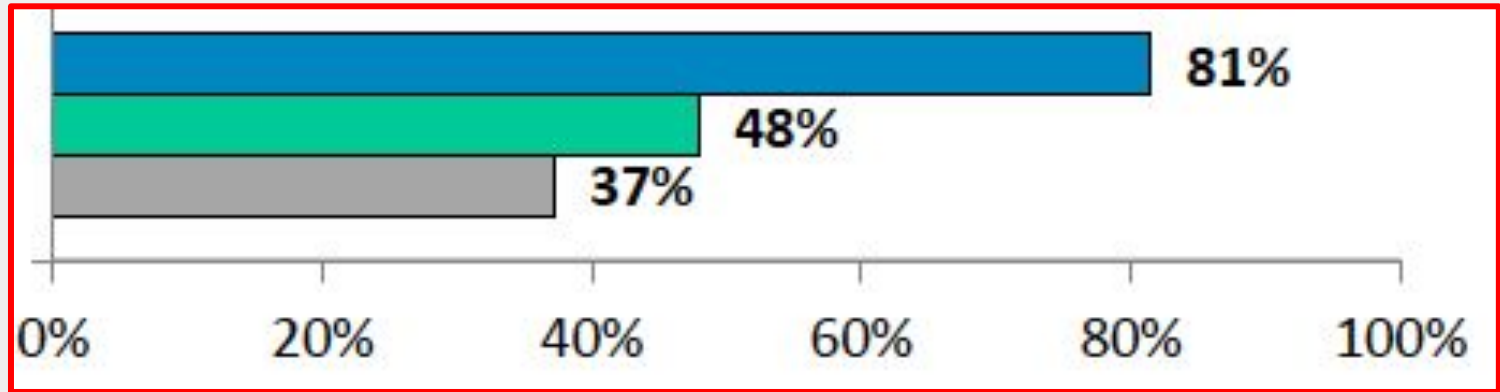
California Healthy Kids Survey 2016 & 2018:
Secondary (7th, 9th, and 11th) Other Mental Health Risks



Item		LBUSD 9th	State 9th (15-17)	LBUSD 11th	State 11th (15-17)
Seriously Considered Attempting Suicide, Past 12 Months “During the past 12 months, did you ever seriously consider attempting suicide?” Response: “Yes”	2015-2016	11%	16%	16%	16%
	2017-2018	11%		13%	



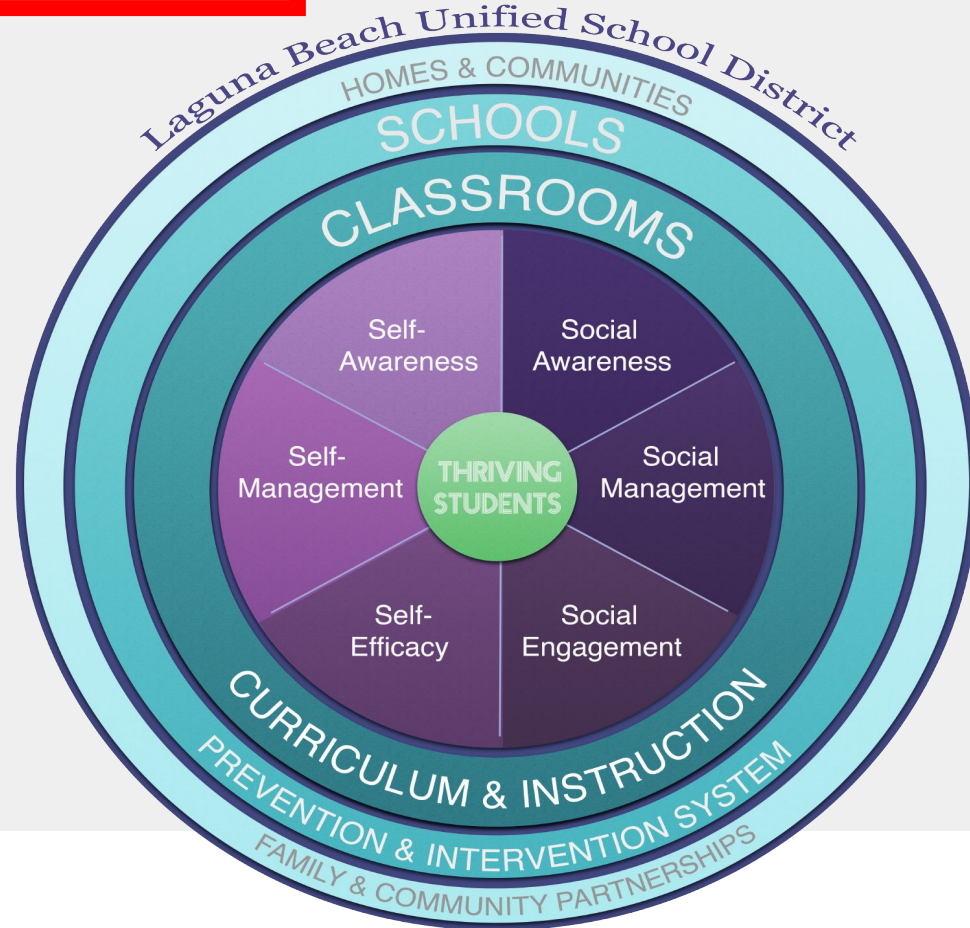
...students are comfortable talking to school staff about their social and emotional concerns.



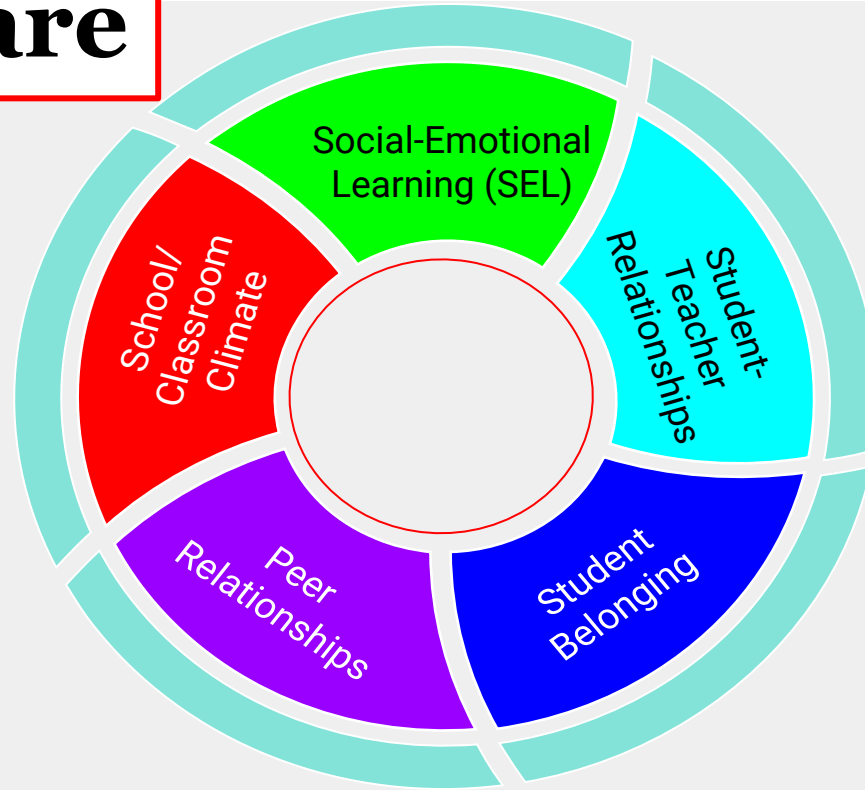
12

Hanover Research (May, 2017):
School Climate Survey, Students, Parents, Staff

Social Emotional Learning Framework



Climate of Care



14

Stanford University's Challenge Success Model (2015)



Measuring SEL: Results Matter

K-3

Student Risk Screening Scale
October/April-May

4-12

CoVitality
October/April-May



DATA

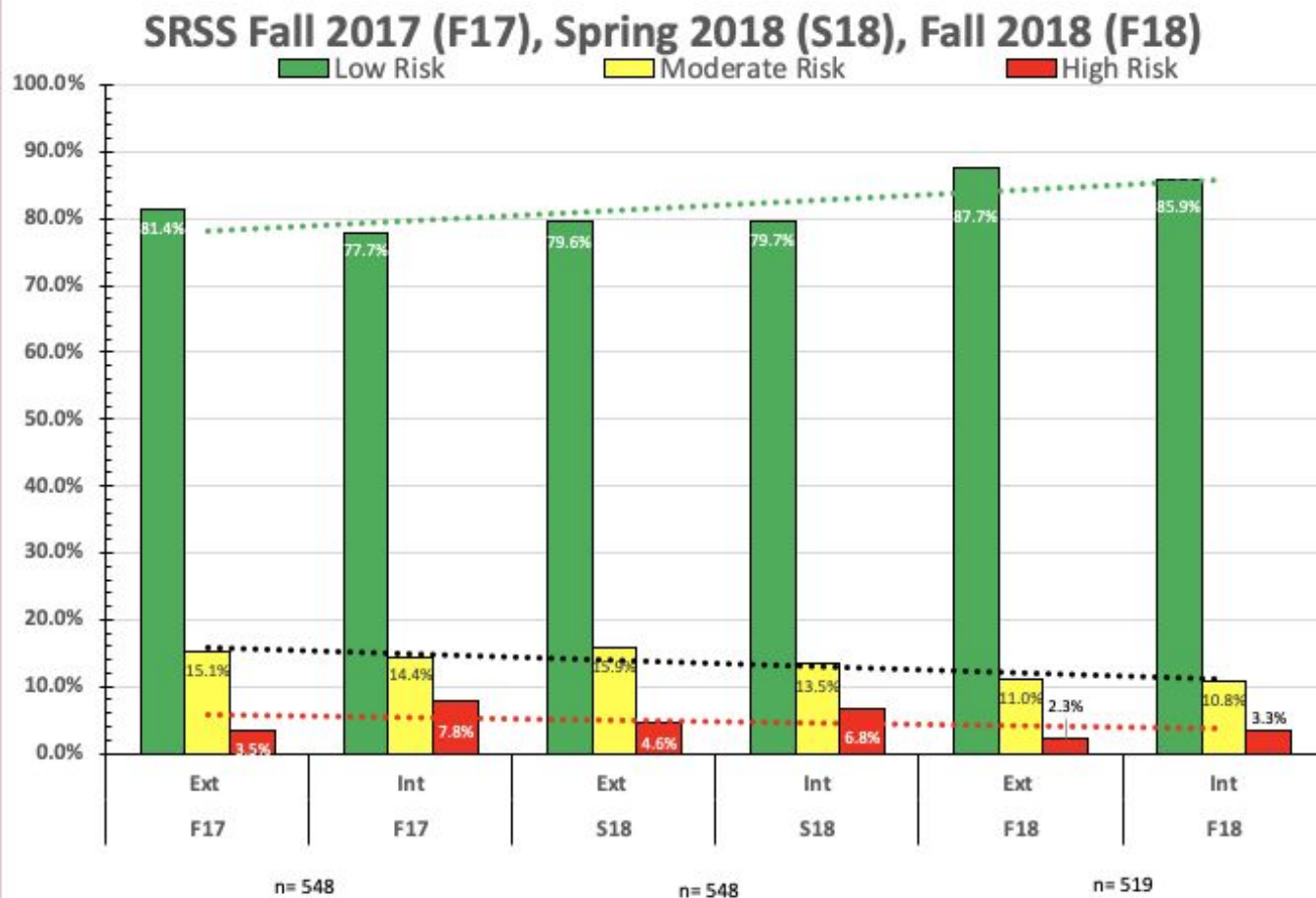


KNOWLEDGE



ACTION

Student Risk Screening Scale (SRSS) K-3



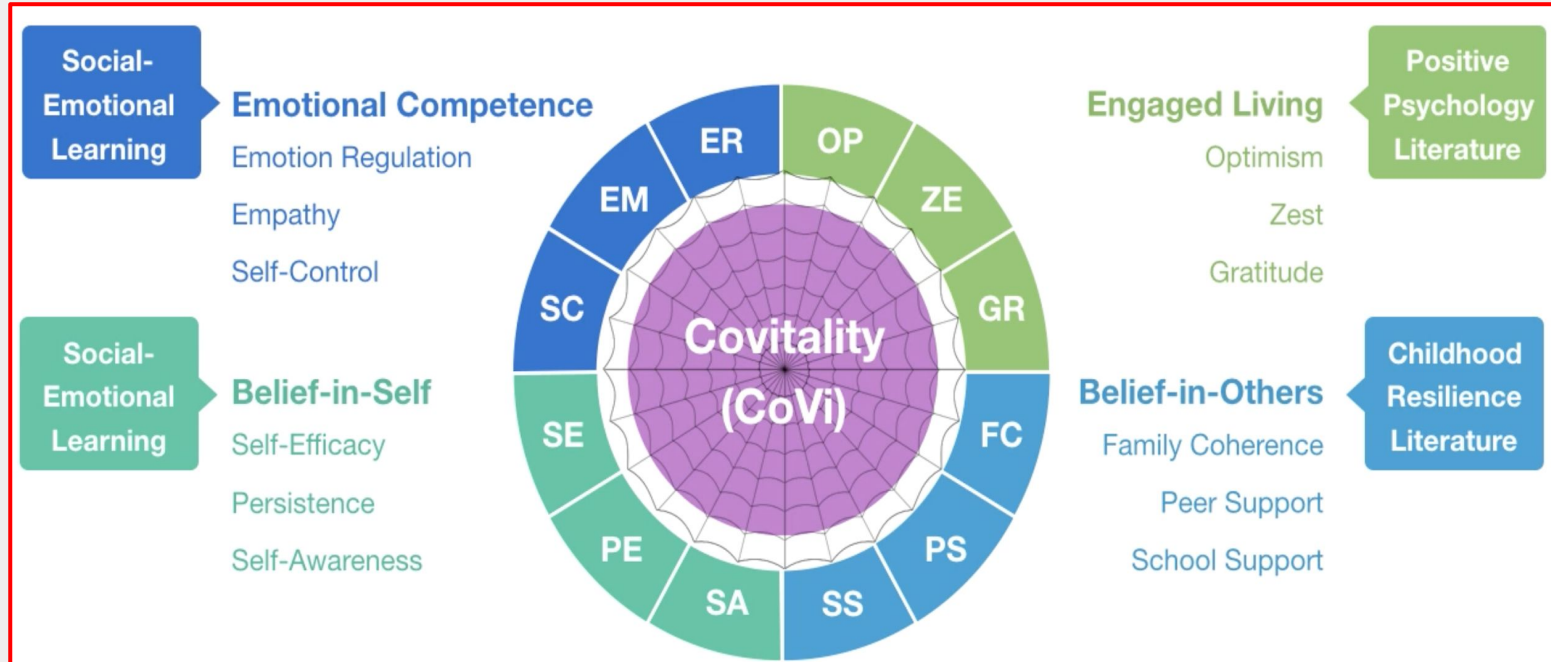
CoVitality (4-12)

Social Emotional Health Survey +
Social Emotional Distress Scale



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The whole is greater than the sum of its parts.

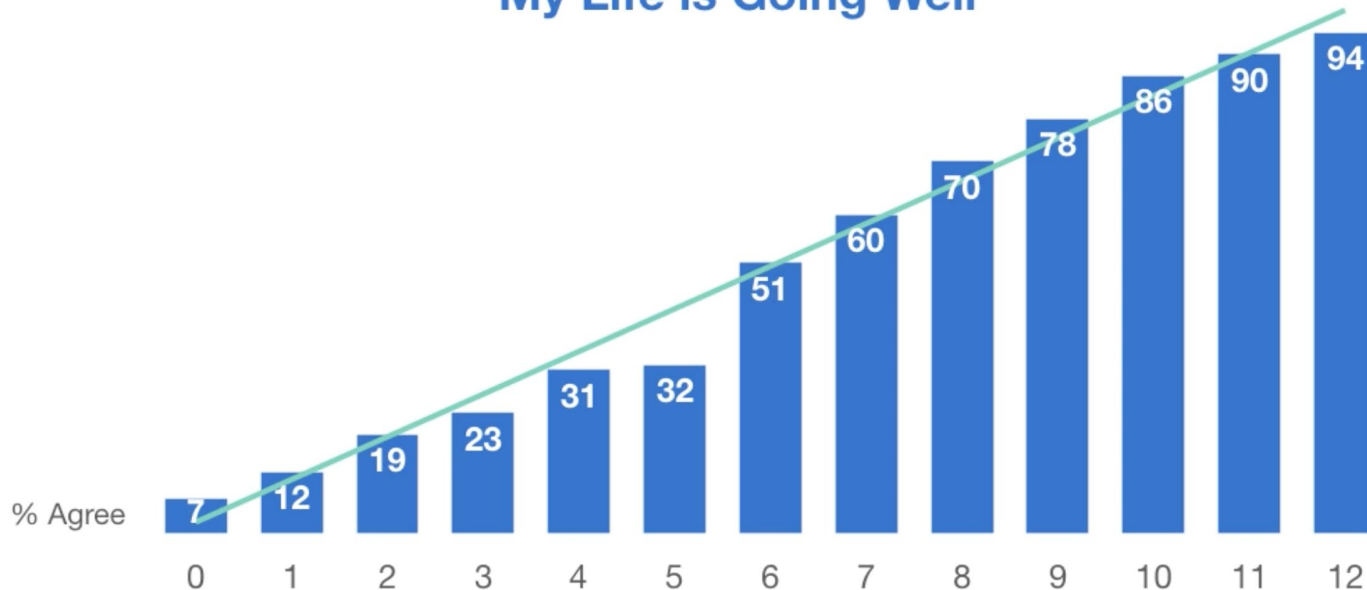
Subjective Well-Being



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“My Life is Going Well”





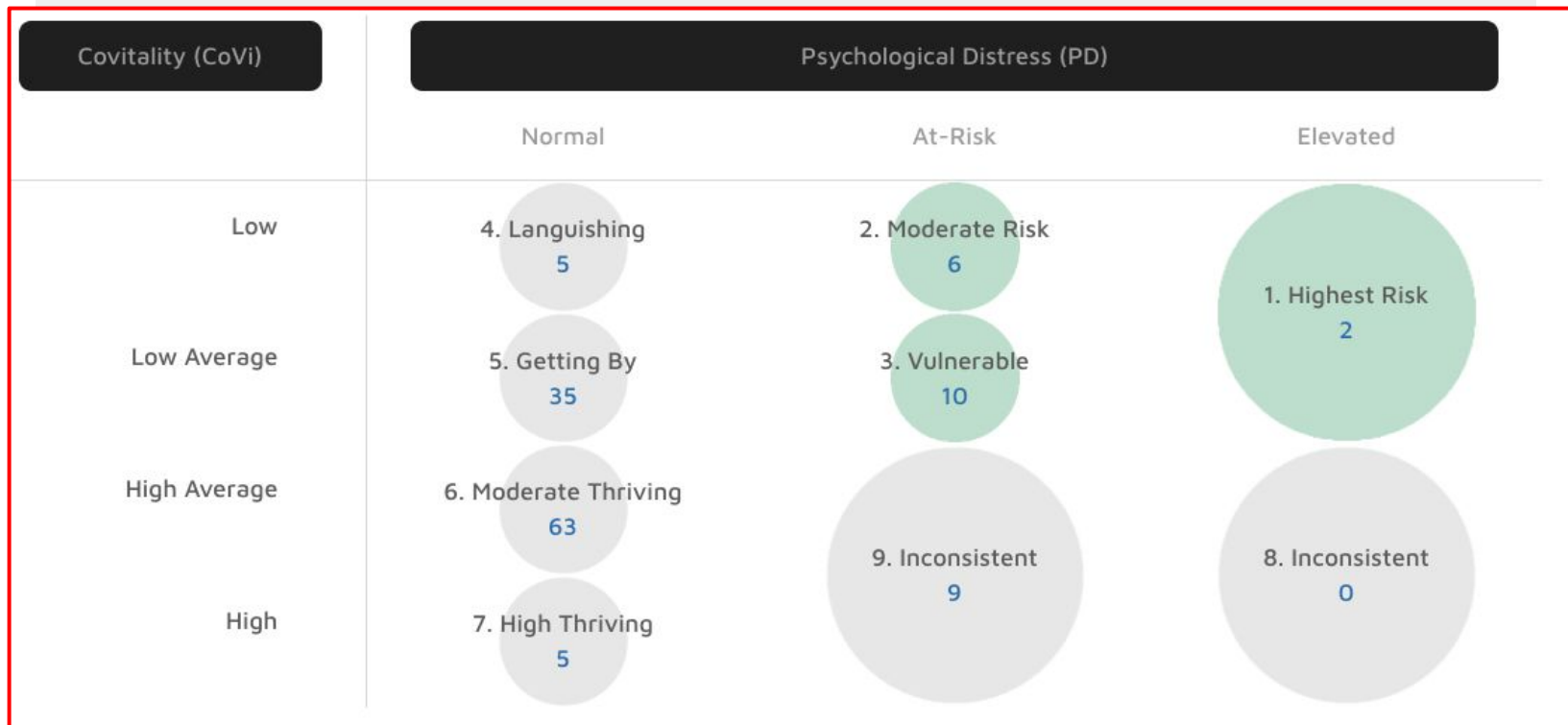
Belief-in-Self		Belief-in-Others	
Self-Awareness	Perceiving and attending to the private and public aspects of one's self	Peer Support	Appraising the caring and helpful nature of one's relationships with peers
Persistence	Working diligently to accomplish one's goals, including maintaining interest in the face of adversity and failure	School Support	Appraising the caring and helpful nature of one's relationships with teachers
Self-Efficacy	Sensing one's ability to act effectively to meet environmental demands	Family Coherence	Appraising the caring and helpful nature of one's relationships with family
Emotional Competence		Engaged Living	
Empathy	Perceiving, sharing, and considering the emotional states expressed by others	Gratitude	Sensing thankfulness that arises in response to one's benefitting from some kind of transactional means
Emotional Regulation	Effectively expressing one's positive emotions (e.g. happiness) and managing one's negative emotions	Zest	Experiencing one's life in the present moment as exciting and energizing
Self-Control	Effectively expressing and managing one's behavior within given contexts	Optimism	Expecting the occurrence of good events and beneficial outcomes in one's future



El Morro School: Fall 2018 Strengths by Risk



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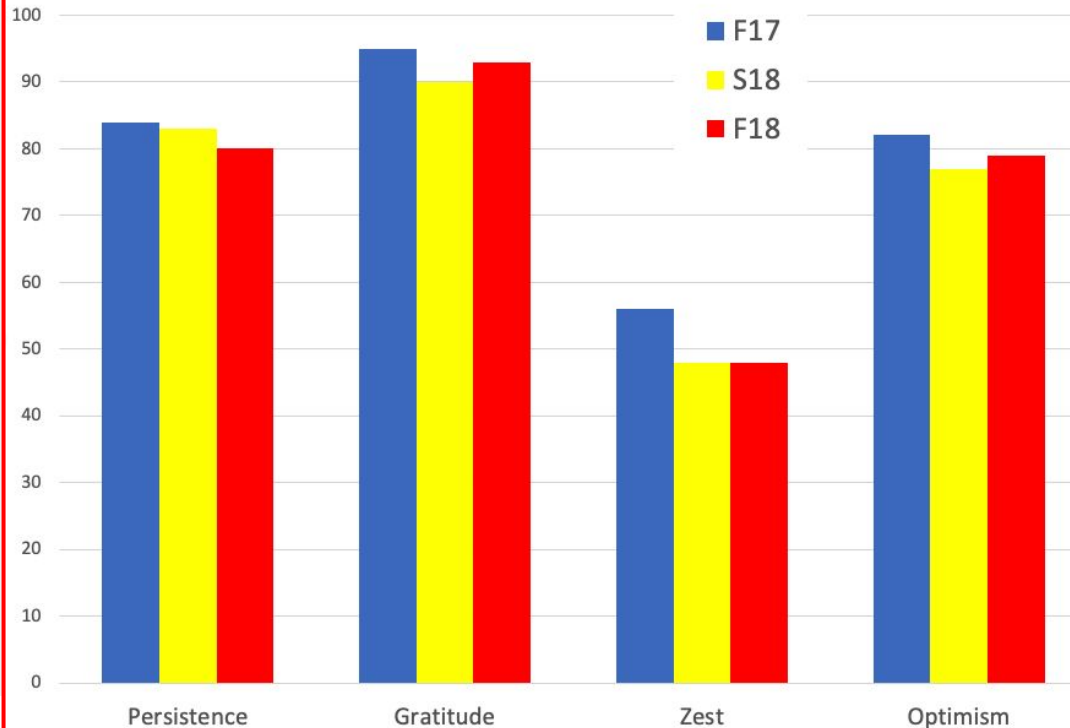


EL Morro:

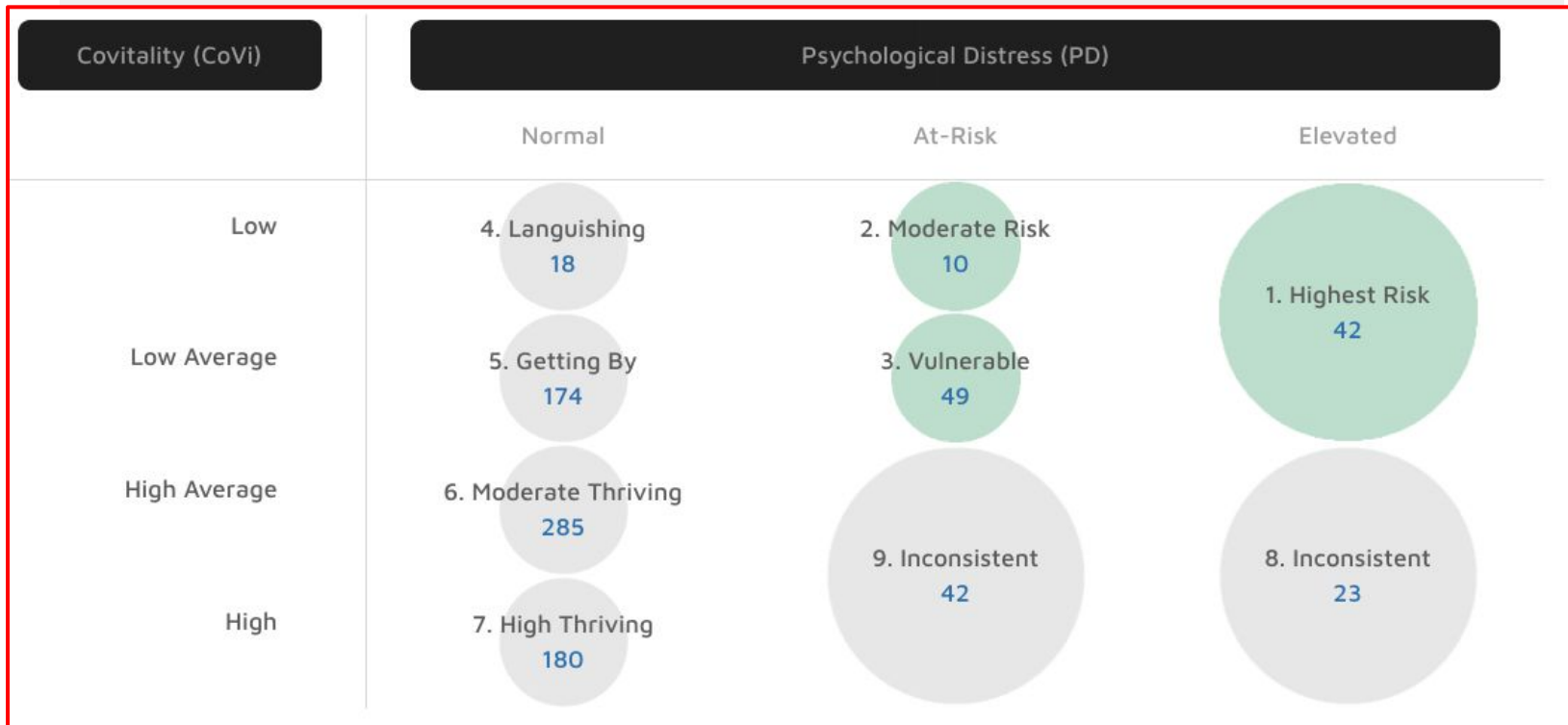
CoVitality Strength Scores (4 of 4)



El Morro CoVitality Strengths Fall 2017 to Fall 2018



Laguna Beach High School: Fall 2018 Strengths by Risk

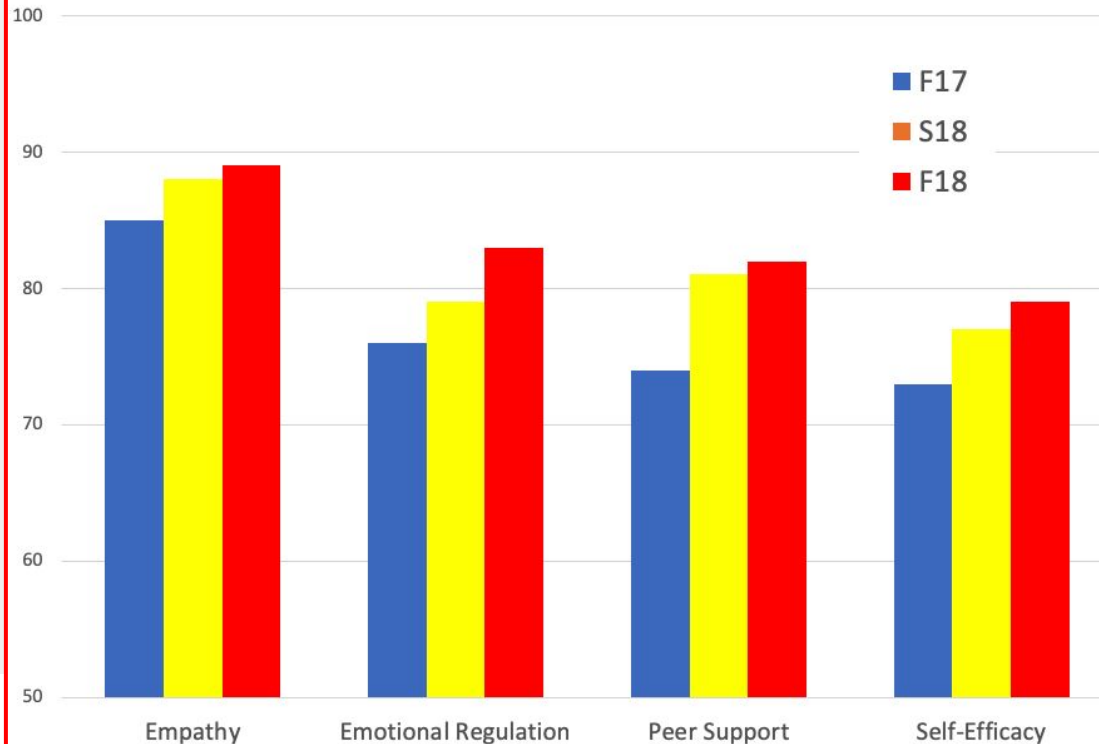


Laguna Beach High School:

Top Four CoVitality Strength Scores (of 12)



LBHS CoVitality Top Four (4) Strengths Fall 2017 to Fall 2018



Laguna Beach High School:

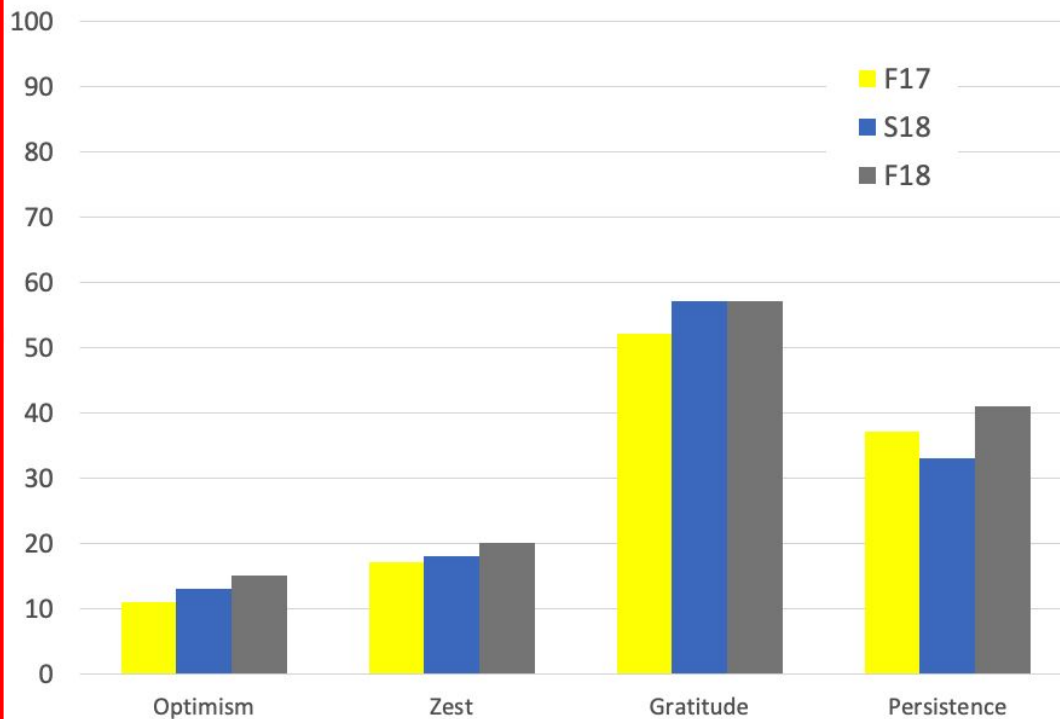
Bottom Four CoVitality Strength Scores



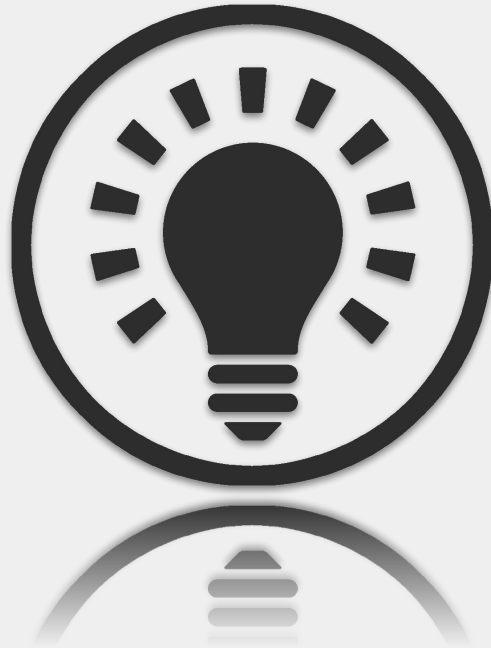
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LBHS CoVitality Bottom Four (4) Strengths Fall 2017 to Fall 2018



Leadership Strategies



Adding Personnel vs. Shuffling Deck



Opportunity Costs



\$1.00

or

\$11.00



Word of the Week

Zest

noun

Zestful
Zestfully

DEFINITION

- Living life with a sense of excitement, anticipation, and energy
- Approaching life as an adventure
- Performing tasks wholeheartedly



Thank You

You can find us @

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